



**BOARD OF SUPERVISORS
AGENDA LETTER**

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Department Name: ADMHS
Department No.: 043
For Agenda Of: 4-2-13
Placement: Administrative
Estimated Tme: N/A
Continued Item: No
If Yes, date from:
Vote Required: Majority

TO: Board of Supervisors
FROM: Department Takashi Wada, MD, MPH, Interim Director
Director(s) Alcohol, Drug and Mental Health Services, 681-5220
Contact Info: Marianne Garrity, R.N., ADMHS Deputy Director, 681-5220
SUBJECT: FY 12-13 Sylmar, Davis Guest Home, and Crestwood Contract Amendments

County Counsel Concurrence

As to form: Yes

Auditor-Controller Concurrence

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

Recommended Actions:

That the Board of Supervisors:

- 1) Approve and authorize the Chair to execute an amendment to the contract with Sylmar Health and Rehabilitation Center (not a local vendor) an institute for mental disease, to increase the contract by \$75,000 for a total contract not to exceed \$350,000 through June 30, 2013.
- 2) Approve and authorize the Chair to execute an amendment to the contract with Davis Guest Home (not a local vendor) for the provision of adult residential treatment services, to increase the existing contract by \$51,000 for a total contract not to exceed \$156,000 through June 30, 2013.
- 3) Approve and authorize the Chair to execute an amendment to the contract with Crestwood Behavioral Health Center, Inc. (not a local vendor), an institute for mental disease, to decrease the contract by \$126,000 for a total contract not to exceed \$554,000 through June 30, 2013.
- 4) Determine under CEQA Guidelines Section 15061(b)(3) that this activity is exempt from review on the basis that it can be seen with certainty that there is no possibility that the activity may have a significant effect on the environment.

Summary Text:

The Alcohol, Drug and Mental Health Services (ADMHS) Department provides mental health services to Santa Barbara County residents. ADMHS analyzes service levels throughout the Fiscal Year and

makes adjustments to contracts accordingly. The proposed contract amendments will adjust the mix of services consistent with assessed needs of clients and available bed capacity at the various facilities. The increases are offset by lower anticipated usage at Crestwood Behavioral Health Center, Inc. These amendments do not alter ADMHS' overall FY 12-13 budget projections.

Background:

ADMHS provides a continuum of services, including inpatient and residential treatment services to best meet the needs of individuals with severe mental illness. Institutions for Mental Disease (IMD) are facilities including hospitals, nursing facilities, or other institutions of more than 16 beds, that are primarily engaged in providing diagnosis, treatment, or care of persons with mental illness, including medical attention, nursing care, and related services. There are a limited number of these highly structured residential treatment services in California and none in Santa Barbara County. ADMHS examines the current caseload and historical use of IMD and residential facilities in order to project the following year's contract amounts within the budget constraints. During the year, placements are made according to client's needs and availability of beds at each facility. As a result, ADMHS is adjusting the contracts described herein to accommodate the current year's trends for each facility. ADMHS anticipates that Sylmar Health and Rehabilitation Centers and Davis Guest Home will provide a greater number of services than originally contemplated, and will incur expenses beyond the value of the existing agreements. Conversely, ADMHS has utilized Crestwood facilities less than anticipated, and is making a reduction to that contract. Approval of the recommended action will allow ADMHS to continue to provide clients with critical mental health services throughout the remainder of FY 12-13.

Sylmar Health and Rehabilitation Centers (Sylmar) is a locked facility for adults with severe mental illness located in Los Angeles County. Sylmar provides intensive psychiatric mental health treatment, medical assessment, diagnosis and monitoring, and treatment groups for clients, including those diagnosed with co-occurring disorders. This facility is able to accommodate medically complex or fragile individuals. Approval of the amendment accommodates one additional bed at Sylmar, for a total of approximately six beds throughout FY 12-13.

Davis Guest Home (Davis Guest) is located in Modesto and provides residential treatment services to adult clients as a step down from IMDs. Davis Guest provides residents with support to enhance activities of daily living skills such as hygiene, budgeting, use of public transportation, and meal planning and food preparation. Davis Guest also provides opportunities to participate in socialization/group interaction activities. Approval of the contract amendment accommodates two additional beds at Davis Guest, for an average of approximately six beds in FY 12-13.

Crestwood Behavioral Health Center, Inc. (Crestwood), located in Kern, Shasta and Santa Clara counties, provides intensive psychiatric mental health treatment, medical assessment, diagnosis, and monitoring, and treatment groups for clients, including those diagnosed with co-occurring disorders. These skill building and symptom management services are designed to support clients in returning to community living as soon as possible. The contract will accommodate an average of approximately seven Crestwood beds throughout FY 12-13.

Performance Measure:

Approval of the recommended actions will help ADMHS meet the following Recurring Performance Measure:

To improve the quality of life for members of the community with serious mental illness (including MHSA clients), the department will provide mental health services to approximately 5,000 unduplicated adult clients annually.

Fiscal and Facilities Impacts:

Budgeted: Yes

Fiscal Analysis:

<u>Funding Sources</u>	<u>Current FY Cost:</u>	<u>Annualized On-going Cost:</u>	<u>Total One-Time Project Cost</u>
General Fund			
State	\$ 1,060,000.00		
Federal	\$ -		
Fees			
Other:			
Total	\$ 1,060,000.00	\$ -	\$ -

Narrative:

The Sylmar, Davis Guest, and Crestwood amendments are funded by State revenue. The increases to Sylmar and Davis Guest are offset by lower than anticipated usage of Crestwood. The funding source is identified in the FY 2012-14 Adopted Budget, Federal and State Revenues (page D-84 in the FY 2012-14 County Budget). Execution of these amendments will not increase the use of general fund dollars by the ADMHS Department.

Special Instructions:

Please send one (1) complete copy of each executed contract agreement and one (1) minute order to:

Alcohol, Drug and Mental Health Services

Attn: Contracts

300 North San Antonio Road, Bldg 3

Santa Barbara, CA 93110

Attachments:

Sylmar contract amendment

Davis Guest contract amendment

Crestwood contract amendment

Authored by:

D. Spahn