

SANTA BARBARA COUNTY BOARD AGENDA LETTER



Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Agenda Number:
Prepared on: 04/24/2005
Department Name: Alcohol, Drug & Mental Health
Department No.: 043
Agenda Date: 06/28/2005
Placement: Administrative
Estimate Time:
Continued Item: NO
If Yes, date from:

TO: Board of Supervisors

FROM: James L. Broderick, Ph.D., Director
Alcohol, Drug & Mental Health Services

STAFF CONTACT: Carrie Topliffe, ADMHS Assistant Director - Administration
805.681.5231

SUBJECT: Sanctuary and Aurora Vista del Mar Hospital Contract Amendments

Recommendation(s):

1. Approve and execute a contract amendment in the amount of \$431,235, with Sanctuary Psychiatric Centers of Santa Barbara (Sanctuary), a local vendor, to continue providing residential and psychiatric services to seriously mentally ill adults. The new contract term is from July 1, 2004, through June 30, 2006.
2. Approve and execute a contract amendment in the amount of \$700,000, with Aurora Vista del Mar Hospital (Vista del Mar), not a local vendor, to continue providing acute hospital services to seriously mentally ill adults. The contract term is from July 1, 2004, through June 30, 2005, and the new total contract amount will be \$1,300,000.
3. Authorize the Director of ADMHS to approve amendments to the proposed contracts, provided that any such amendments do not exceed ten percent (10%) of the contract's dollar amount

Alignment with Board Strategic Plan:

The recommendation(s) are primarily aligned with Goal No. 2. A Safe and Healthy Community in Which to Live, Work and Visit.

Executive Summary and Discussion:

Sanctuary Psychiatric Centers of Santa Barbara (Sanctuary) provides residential and psychiatric rehabilitation services to seriously mentally ill adults in Santa Barbara. Services provided are both group and individual and are designed to aid clients in learning skills that increase their self sufficiency. Sanctuary also runs Sanctuary House, a transitional residential social rehabilitation facility in Santa Barbara. Last year, Sanctuary provided residential services to three clients totaling 390 bed days. The Arlington Outpatient

Center provided more than 2000 hours of social and psychiatric rehabilitation services to clients from Sanctuary house as well as other Medi-Cal eligible clients in the community. Sanctuary has already exceeded that level of service for this year.

Aurora Vista Del Mar provides adult acute Psychiatric Inpatient Hospital Services to Medi-Cal beneficiaries exhibiting severe mental illness (SMI). Vista del Mar is a fully licensed hospital designated as a “5150” facility. This designation allows for clients to be involuntarily admitted there for treatment. Routine hospital services and all hospital-based ancillary services are among those services provided. Intensive Psychiatric Inpatient Day Services consist of hospital services and hospital-based ancillary services provided to clients requiring one-to-one intensive supervision. Intensive one-to-one staffing may be ordered by an attending physician should the client meet the threshold of medical necessity.

Aurora Vista Del Mar is the primary acute inpatient hospital providing services to county clients in need of hospitalization when the Santa Barbara County Psychiatric Health Facility (PHF) is at capacity. North County clients are referred to the San Luis Obispo County PHF when there is an opening.

This year ADMHS has experienced a very large and unanticipated increase in involuntary hospitalizations. Cottage Hospital relinquished its “5150” designation and continues to not accept involuntary clients. This, combined with scarce other local resources and a PHF that is nearly always at capacity, has resulted in significant growth in the number of individuals with acutely severe mental illness being placed with Vista Del Mar. Through April of this year, more than 308 clients experiencing over than 387 different episodes have been admitted to Aurora Vista del Mar.

Your Board is now requested to approve the amendments to the Sanctuary Psychiatric Centers of Santa Barbara and Aurora Vista del Mar Hospital contracts. Approval of these contracts allows for continued care to the County’s Seriously Mentally Ill residents.

Outcomes:

The **Sanctuary and Aurora Vista del Mar** contracts helps ADMHS meet **Recurring Performance Measure 0215**, to provide effective mental health care to 4,200 seriously mentally ill adults.

The **Aurora Vista del Mar** contracts helps ADMHS meet **Recurring Performance Measure 0219** to provide 900 hospital bed days per month for individuals in acute crisis.

Mandates and Service Levels:

Mental Health Services are mandated by the Welfare and Institutions Code, Section 5600.

Fiscal and Facilities Impacts:

The **Sanctuary and Aurora Vista del Mar**, contracts are funded by Medi-Cal and realignment funds. These funding sources are identified in the Adopted FY 2004-05, Budget, line items 5404, Medi-Cal; and 4102, realignment funds in the Adult Services Division, page D-146.

These actions will not result in a need for any additional facilities.

Special Instructions:

Please send one (1) fully executed copy of each contract and endorsed minute order to:

Alcohol, Drug & Mental Health Services
ATTN: Dana Fahey, Contracts Analyst
300 N. San Antonio Road
Santa Barbara, CA 93110

Concurrence:

Auditor-Controller
Risk Management