



BOARD OF SUPERVISORS  
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors  
105 E. Anapamu Street, Suite 407  
Santa Barbara, CA 93101  
(805) 568-2240

**Department Name:** ADMHS  
**Department No.:** 043  
**For Agenda Of:** January 6, 2015  
**Placement:** Administrative  
**Estimated Tme:**  
**Continued Item:** No  
**If Yes, date from:**  
**Vote Required:** Majority

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**TO:** Board of Supervisors

**FROM:** Department Alice Gleghorn, Ph.D., Director  
Director(s) Alcohol, Drug and Mental Health Services, 681-5220  
Contact Info: Ole Behrendtsen, Medical Director

**SUBJECT:** California Psychiatric Transitions FY 14-15 Contract

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**County Counsel Concurrence**

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

**Auditor-Controller Concurrence**

As to form: Yes

**Recommended Actions:**

That the Board of Supervisors:

- 1) Approve and authorize the Chair to execute an Agreement for Services of Independent Contractor with **California Psychiatric Transitions** (not a local vendor), an Institution for Mental Disease, for a total contract amount not to exceed \$250,000 for the period of September 12, 2014 through June 30, 2015.
- 2) Determine that these activities are exempt from California Environmental Quality Act review per CEQA Guidelines Section 15378(b)(4) since the recommended actions are government fiscal activities which do not involve commitment to any specific project which may result in potentially significant physical impact on the environment..

**Summary Text:**

ADMHS provides a continuum of services, including inpatient treatment services to best meet the needs of individuals with severe mental illness. Institutions for Mental Disease (IMDs) are facilities including hospitals, nursing facilities, or other institutions of more than 16 beds that are primarily engaged in providing diagnosis, treatment, or care of persons with mental illness, including medical attention, nursing care, and related services. There are a small number of patients for whom ADMHS' existing system resources cannot provide long term care because of such issues as assaultive behavior, hypersexuality, property damage, flight risk and treatment planning non-compliance. As a result, there are

instances of clients being housed at the county Psychiatric Health Facility (PHF) beyond their needs for acute level treatment, due to such concerns making the current alternative placements nonviable for these clients. ADMHS is adding California Psychiatric Transitions (CPT) to the mix of beds available for Santa Barbara County clients in order to provide an additional level in our spectrum of care for these hard-to-place individuals.

**Background:**

As previously approved by the Board with the ADMHS FY 14-15 budget, ADMHS is in the process of enhancing and transforming the outpatient system of care and recovery - to be more accessible, welcoming, and outcome- and recovery-oriented, and reducing ADMHS's reliance on expensive involuntary psychiatric facilities, as well as jails. Contracts with facilities providing services at various levels of care are key to ensuring that the needs of clients are optimally met. Adding the contract with CPT will fill a currently unmet need for care at a higher level than existing outpatient programs but less restrictive than acute hospitalization at the PHF.

The Santa Barbara Psychiatric Health Facility (PHF) serves up to 16 clients who, as a result of mental disorder, have been admitted because of potential danger to self or others, or because of grave disability (the inability to accept or provide food, clothing or shelter). Even after acute mental illness has resolved, some seriously mentally ill individuals in the PHF require ongoing placement to achieve a level of recovery that would allow discharge to less restrictive options, such as homeless shelters, home, or even intensive residential programs. IMDs can provide this extended duration of treatment so that the PHF can serve ongoing community demands for acute services. There are no IMDs in Santa Barbara County; therefore, ADMHS is currently responsible for 111 clients residing in IMD-level placements outside of Santa Barbara County. In order to ensure that care is optimized, and lengths of stay do not exceed the medical necessity for the placement, clients in IMDs are monitored by ADMHS through attendance at formal case conferences, telephone case conferences, site visits, review of progress notes and reports from the facilities.

For a subset of individuals in the PHF (because of issues noted in the summary text) many IMDs will decline to admit. It is this population that may be well served at CPT. CPT is licensed as a Mental Health Rehabilitation Center (MHRC), a type of IMD, providing two on-site psychiatrists, a medical doctor, and 24-hour nursing staff. CPT provides individualized care in a highly structured program focusing on activities of daily living, interactive groups, and work programs, helping clients to learn social and domestic skills that will prepare them for reentry into the community. A specialized CPT program focuses on clients with disruptive behaviors, helping clients to address, correct, and minimize the occurrence of these behaviors. In addition, CPT operates a facility tailored to the needs of individuals who have been deemed incompetent to stand trial (IST), also known as 1370s, referring to California Penal Code section 1370.01. The IST program focuses on restoring trial competency, including understanding of courtroom proceedings, penalties, charges and defenses, and legal terminology.

The contract with CPT will accommodate approximately 3 beds through the end of the fiscal year, including one client placed at CPT on 9/12/14 subject to a single-patient agreement, which will be replaced by this contract.

**Key Contract Risks:**

There is risk that the number of contracted IMD beds may increase beyond what the department has projected. In that case, the department would return to the Board of Supervisors to request an increase to the contract maximum where needed.

**Fiscal and Facilities Impacts:**

Budgeted: No

**Fiscal Analysis:**

<b><u>Funding Sources</u></b>	<b><u>Current FY Cost:</u></b>	<b><u>Annualized On-going Cost:</u></b>	<b><u>Total One-Time Project Cost</u></b>
General Fund			
State	\$ 250,000.00		
Federal			
Fees			
Other:			
Total	\$ 250,000.00	\$ -	\$ -

Narrative:

The above referenced contract is funded by State funds. The funding sources are included in the FY 2014-15 Adopted Budget. Execution of this contract may increase the use of general fund dollars by ADMHS. ADMHS will return to the Board should the actual utilization of IMD beds exceed the availability of State funding.

**Special Instructions:**

Please email one (1) complete copy of each executed contract and one (1) minute order to [admhscontractsstaff@co.santa-barbara.ca.us](mailto:admhscontractsstaff@co.santa-barbara.ca.us).

**Attachments:**

California Psychiatric Transitions Contract