



BOARD OF SUPERVISORS  
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors  
105 E. Anapamu Street, Suite 407  
Santa Barbara, CA 93101  
(805) 568-2240

**Department Name:** Probation  
**Department No.:** 022  
**For Agenda Of:** September 19, 2017  
**Placement:** Administrative  
**Estimated Time:** n/a  
**Continued Item:** No  
**If Yes, date from:** n/a  
**Vote Required:** 4/5

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**TO:** Board of Supervisors

**FROM:** Department Director(s) Beverly A. Taylor, Acting Chief Probation Officer 882-3652  
Contact Info: Tanja Heitman, Deputy Chief Probation Officer 739-8537

**SUBJECT:** Three-year Agreements commencing in Federal Fiscal Year (FFY) 2017 to deliver services related to the Santa Barbara Veterans Entering Treatment Services (SB-VETS) grant program.

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**County Counsel Concurrence**

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

**Auditor-Controller Concurrence**

As to form: Yes

**Recommended Actions:**

That the Board of Supervisors:

- A. Approve and authorize the Chair to execute the Agreement for Services of Independent Contractor with the Council on Alcohol and Drug Abuse (CADA) (a local vendor) to provide training to mentors, and develop a multi-generational veteran peer mentoring program, gender specific/co-occurring treatment groups, detoxification and short-term residential treatment to veterans participating in the SB-VETS grant program in FFY 2017-2020, with a total contract amount not to exceed \$245,970 (Attachment A);
- B. Approve and authorize the Chair to execute the Agreement for Services of Independent Contractor with New Beginnings Counseling Center (NBCC) (a local vendor) to provide Dialectical Behavioral Therapy (DBT) focused psychotherapy groups and a Court Liaison for veterans participating in the SB-VETS grant program in FFY 2017-2020, with a total contract amount not to exceed \$75,000 (Attachment B);
- C. Approve and authorize the Chair to execute the Agreement for Services of Independent Contractor with the University of California, Santa Barbara (UCSB) (a local vendor) to provide

the evaluation component of the SB-VETS grant program in FFY 2017-2020, with a total contract amount not to exceed \$105,000 (Attachment C);

- D. Authorize the Chief Probation Officer or designee to approve subsequent line-item budget changes to Attachment B-1 of each Agreement in an amount not to exceed 10% of the stated line-item budgeted amounts for each service, as long as the total contract amount of each Agreement is not increased, and as long as the total budgeted amounts by each funding source are not exceeded;
- E. Approve the attached Budget Revision Request (Attachment D).
- F. Determine that approval of the Agreements are exempt from the California Environmental Quality Act (CEQA) pursuant to CEQA Guidelines Section 15061(b)(3), finding that this activity is covered by the general rule that CEQA applies only to projects which have the potential for causing a significant effect on the environment, and where it can be seen with certainty that there is no possibility that this activity may have a significant effect on the environment, the activity is not subject to CEQA, and direct staff to file a Notice of Exemption (Attachment E).

**Summary Text:**

The Substance Abuse and Mental Health Services Administration (SAMHSA) SB-VETS grant was awarded on June 7, 2017, for three (3) years (September 30, 2017 to September 29, 2020) for a total amount of \$975,000. The attached Budget Revision Request appropriates funding for Fiscal Year (FY) 2017-2018 salaries and benefits, evaluation, and for community based organizations services.

The attached Agreements with CADA and NBCC provide access to appropriate treatment services for veterans who participate in the SB-VETS grant program. The range of services include outpatient treatment for veterans with substance abuse and co-occurring disorders, gender specific treatment groups, residential detoxification (detox), DBT informed psychotherapy, and a Court Liaison who will represent the treatment perspective in the courtroom, assess the veterans' suitability for treatment, provide guidance and support to participants in program completion, and advise the Judge on each client's progress. The Agreements are supported by SB-VETS project grant funding, awarded by SAMHSA Treatment Drug Courts program.

The Agreement with UCSB will provide an outcome evaluation of the SB-VETS program, including Government Performance and Results Modernization Act of 2010 (GPRA) analysis.

**Background:**

While the majority of veterans are strengthened by their military service, combat experience has unfortunately left a growing number of veterans with Post-Traumatic Stress Disorder (PTSD) and Traumatic Brain Injury (TBI). Research continues to draw a link between substance abuse and combat-related mental illness. These afflictions have also been shown to lead to depression, joblessness, and homelessness. Santa Barbara's Veterans Treatment Court (VTC) was established in 2012 to support veteran-offenders who suffer from the aforementioned issues, in that it provides a 12-18 month program which includes regular court appearances, Probation supervision and case management, individualized mental health and substance abuse treatment, peer support, and other wraparound services.

Recognizing that enhancement of substance use and mental health treatment services would greatly improve outcomes for veteran-offenders in Santa Barbara's VTC, on December 6, 2016, the Board of Supervisors authorized the Probation Department to apply for and accept funding in the amount of \$325,000 per year for three (3) years from SAMHSA to implement the SB-VETS program. While primarily concerned with criminal activity, alcohol and other drug (AOD) use, and mental illness, access to grant funding will allow the region's VTC team to increase their focus on other issues faced by the population, such as primary medical problems, transmittable diseases, homelessness, basic educational deficits, unemployment, inadequate job preparation, domestic problems, and the ongoing effects of wartime trauma.

Execution of the CADA Agreement will provide treatment groups, detox services and short-term residential treatment program for SB-VETS program participants. CADA will deliver gender specific/co-occurring treatment groups ranging from 30-90 minutes and be available to groups of up to 12 clients per group. The groups will focus on Living in Balance and Moral Reconciliation Therapy (MRT), and treatment will include the use of relapse prevention workbook and lessons. CADA will also provide up to 14 days residential detox to clients referred through VTC. Detox includes, but is not limited to, structured and group activities, monitoring of medications, supportive social services, and random drug screening to verify continued abstinence. Lastly, the Agreement with CADA will provide short-term residential treatment for clients needing inpatient treatment programming, including individual treatment plans and discharge planning.

Execution of the NBCC Agreement will provide DBT focused group sessions ranging from 90-120 minutes, which will be available to groups of up to six (6) clients per group, and a Court Liaison who will attend Santa Barbara VTC staffing and court hearings, collaborate with the VTC team to provide treatment recommendations, and provide updates regarding clients' participation in the DBT groups.

Execution of the UCSB Agreement will allow UCSB to evaluate procedures to address the substance abuse and mental health needs of veterans in the justice system, monitor implementation, and conduct an evaluation of Santa Barbara's VTC.

### **Performance Measures:**

#### A. CADA Performance Measures:

1. Eighty-five percent (85%) of individual intake appointments and assessments will occur within one (1) week of receiving referral.
2. Collection of the GPRA assessments at intake, six (6) months post intake, and at discharge with no less than eighty percent (80%) follow-up rate.
3. Ninety percent (90%) of clients that are referred will successfully complete the Detox Program and receive a written discharge and aftercare plan within two (2) days before discharge.
4. Ninety percent (90%) of clients that are referred will successfully complete the Residential Drug and Alcohol Treatment Program and receive a written discharge and aftercare plan within two (2) days before discharge.
5. Data correlating to these performance measures will be provided to Probation on a quarterly basis, beginning January 1, 2018.

**B. NBCC Performance Measures:**

1. Eighty-five percent (85%) of individual intake appointment with clients will occur within one (1) week of receiving referral.
2. Ninety percent (90%) of clients that are successfully discharged from treatment groups will receive a written discharge plan two (2) weeks before discharge.
3. Collection of the GPRA at intake, six (6) months post intake, and at discharge with no less than eighty percent (80%) follow-up rate.
4. Court Liaison will have a ninety percent (90%) attendance rate at VTC hearings.
5. Data correlating to these performance measures will be provided on a quarterly basis, beginning January 1, 2018.

**C. UCSB will provide Probation with evaluation reports. Specifically, reports will be prepared as per the following schedule:**

1. The SB-VETS outcome data no later than September 29, 2018;
2. The SB-VETS outcome data no later than September 29, 2019; and
3. The SB-VETS outcome data no later than September 29, 2020.

**Fiscal and Facilities Impacts:**

Budgeted: No

**Fiscal Analysis:**

<b>Funding Sources</b>	<b>Current FY Cost:</b>	<b>Annualized On-going Cost:</b>	<b>Total One-Time Project Cost</b>
General Fund			
State			
Federal	\$ 246,911.00		\$ 975,000.00
Fees			
Other:			
<b>Total</b>	<b>\$ 246,911.00</b>	<b>\$ -</b>	<b>\$ 975,000.00</b>

**Fiscal Narrative:**

The attached Agreements for treatment services and evaluation of SB-VETS are fully funded by the SAMHSA grant. In addition, the grant will fund 1.0 FTE of staffing in Probation. The three-year grant total is \$975,000.

Current year appropriations of \$246,911 will fund a Probation staff at .75 FTE (1.0 FTE for nine [9] months) and contracts for evaluation and community based organization services. This cost is not in the current year adopted budget. However, the attached Budget Revision Request will adjust appropriations for FY 2017-2018. The subsequent year costs and revenues will be included in the proposed budget. Execution of the Agreement will not increase the General Fund Contribution to the Probation Department.

**Key Contract Risks:**

The risk analysis has been completed and no key contract risks have been identified.

**Staffing Impacts:**

<b><u>Legal Positions:</u></b>	<b><u>FTEs:</u></b>
0	.75

**Special Instructions:**

Please send one (1) fully executed original of each of the three (3) Agreements to: Michael Cameron, Probation Department, 117 E. Carrillo Street, Santa Barbara, 93101.

**Attachments:**

- Attachment A: CADA, FFY 2017-2020 Agreement
- Attachment B: NBCC, FFY 2017-2020 Agreement
- Attachment C: UCSB, FFY 2017-2020 Agreement
- Attachment D: Budget Revision Request
- Attachment E: CEQA Notice of Exemption

**Authored by:**

Sylvia Talaugon, Probation Manager

**CC:**

N/A