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BOARD OF SUPERVISORS  
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors  
105 E. Anapamu Street, Suite 407  
Santa Barbara, CA 93101  
(805) 568-2240

Department Name: Behavioral Wellness  
Department No.: 043  
For Agenda Of: February 6, 2024  
Placement: Administrative  
Estimated Time: N/A  
Continued Item: No  
If Yes, date from:  
Vote Required: 4/5

**TO:** Board of Supervisors

**FROM:** Department Antonette Navarro, LMFT, Director  
Director: Department of Behavioral Wellness, (805) 681-5220  
Contact Info: Chris Ribeiro, Chief Financial Officer  
Department of Behavioral Wellness, (805) 681-5220

**SUBJECT:** **Crestwood Behavioral Health, Inc. Second Amendment to the FY 20-24 Service Agreement for Champion Healing Center Mental Health Rehabilitation Center (MHRC) Services**

**County Counsel Concurrence**

As to form: Yes

**Other Concurrence:** Risk Management

As to form: Yes

**Auditor-Controller Concurrence**

As to form: Yes

**Other Concurrence:** CEO Budget

As to form: Yes

**Recommended Actions:**

That the Board of Supervisors:

- a. Approve, ratify, and authorize the Chair to execute a Second Amendment to the Agreement for Services of Independent Contractor with **Crestwood Behavioral Health, Inc.**, a Delaware corporation (not a local vendor), (BC 20-147) for the provision of additional in-County Mental Health Rehabilitation Center services for justice involved conservatees and to increase the contract amount by **\$531,440** for FY 23-24 for a new total maximum contract amount not to exceed **\$17,887,440** for the period of October 5, 2020 to June 30, 2024, inclusive of \$3,291,000 for FY 20-21; \$4,665,000 for FY 21-22; \$4,400,000 for FY 22-23; and \$5,531,440 for FY 23-24 (Attachment A);
- b. Approve a Budget Revision Request (BJE Number BJE-0009396) to establish appropriations of \$531,440 in Behavioral Wellness Mental Health Services Fund for Services/Supplies, funded by an operating transfer from the Probation Department General Fund, and to increase appropriations of \$531,440 in Probation Department General Fund for Other Financing Uses, funded by the release of the Restricted Local Realignment 2011 fund balance for an operating transfer to Behavioral Wellness Mental Health Services Fund (Attachment D);

- c. Delegate to the Director of the Department of Behavioral Wellness or designee the authority to make immaterial changes to the Agreement per section 25 of the Agreement; adjust the daily rate for special services to accommodate clients with acute needs, additional monitoring, or medical complexity and reallocate funds between funding sources per Exhibits B and B-1s; and amend the program goals, outcomes, and measures per Exhibit Es, all without altering the maximum contract amount and without requiring the Board's approval of an amendment of the Agreement, subject to the Board's ability to rescind this delegated authority at any time; and
- d. Determine that the above actions are government funding mechanisms or other government fiscal activities that do not involve any commitment to any specific project which may result in a potentially significant physical impact on the environment and are therefore not a project under the California Environmental Quality Act (CEQA) pursuant to section 15378(b)(4) of the CEQA Guidelines.

**Summary Text:**

This item is on the agenda to request Board of Supervisors' approval to execute a Second Amendment to the Agreement for Services of Independent Contractor with Crestwood Behavioral Health, Inc. ("Crestwood") to add a new Statement of Work to the Agreement for the provision of four (4) additional beds available to justice involved conservatees as a pilot program from March 1, 2024 through June 30, 2026. The pilot program extends to June 30, 2026, which is beyond the existing overall contract term. The department's intention is to renew the contract for another 4-year term and will include the pilot program in the first two years of the renewal. The objective of this pilot program is to decrease length of time in custody for Justice Involved Conservatees (JIC) with severe and persistent mental illness or co-occurring disorders, that are appropriate for, and can benefit from, treatment at the Mental Health Rehabilitation Center, who otherwise would remain in custody or be referred to more restrictive settings. This pilot project is referred to as the "JIC Program."

This second amendment will also increase the contract amount by **\$531,440** for FY 23-24 for a new total maximum contract amount not to exceed **\$17,887,440** for the period of October 5, 2020 to June 30, 2024, inclusive of \$3,291,000 for FY 20-21; \$4,665,000 for FY 21-22; \$4,400,000 for FY 22-23; and \$5,531,440 for FY 23-24. BWell is also requesting that the Board of Supervisors delegate authority to the Director of the Department of Behavioral Wellness or designee the authority to make immaterial changes to the Agreement per section 25 of the Agreement; adjust the daily rate for special services to accommodate clients with acute needs, additional monitoring, or medical complexity and reallocate funds between funding sources per Exhibits B and B-1s; and amend the program goals, outcomes, and measures per Exhibit Es, all without altering the maximum contract amount and without requiring the Board's approval of an amendment of the Agreement, subject to the Board's ability to rescind this delegated authority at any time.

Approval of the recommended actions will allow for the creation of a new pilot program for justice involved conservatees.

**Background:**

The Department of Behavioral Wellness (BWell) provides a continuum of services to County residents, including inpatient treatment services, to best meet the needs of individuals with severe mental illness. Institutions for Mental Disease (IMDs) are facilities, including hospitals, nursing facilities, Mental Health Rehabilitation Centers (MHRCs), or other institutions, of more than 16 beds that are primarily engaged in providing diagnosis, treatment, or care, of persons with mental illness, including medical attention, nursing care, and related services.

On October 6, 2020, the County of Santa Barbara Board of Supervisors approved the Agreement with Crestwood Behavioral Health, Inc. for the provision of in-county MHRC services at the Champion Healing Center (BC 20-147). The County receives access to a minimum of 32 MHRC beds at the Champion Healing Center for County mental health clients in need of long-term rehabilitative care services.

The Champion Healing Center is the first and only IMD in the County and offers broad opportunities to expand needed mental health services within the County. MHRCs are primarily engaged in providing long-term rehabilitative care for those with mental health issues to develop residents' skills to increase independence. At the Champion Healing Center, Crestwood generally provides three levels of care of increasingly enhanced services at varying acuity levels for clients requiring a locked service setting. Additionally, Crestwood offers a specialized level of care for clients requiring additional monitoring or medical complexity.

This amendment is requesting approval for the addition of four (4) beds dedicated for use by inmates in Santa Barbara County jails or other local forensic facilities, who are already conserved under the Lanterman Petris Short (LPS) Act or qualify for temporary conservatorship (TCON) and are suitable for placement out of custody to an MHRC level of care. The new JIC Program will add four (4) beds for County mental health clients in need of long-term rehabilitative care services, bringing the total number of beds under the Agreement to 36 beds, with flexibility to 38 beds when available. While at Champion Healing Center, these clients will receive intensive mental health treatment services in order to stabilize and discharge to a lower level of care. Services include, but are not limited to: intensive medication education and management; supportive housing and post-discharge linkage; skill development in activities of daily living; occupational, vocational, and educational skill development; and opportunities to participate in pro-social activities and interpersonal skill development. Triage into the designated beds will be initiated by BWell's Medical Director, who will identify individuals in custody during a LPS conservatorship establishment process and collaborate with the County Justice Alliance and long-term care team to prioritize bed placement. BWell will monitor the usage of these beds through case management services and the review of monthly invoices from Crestwood by the designated BWell Program Manager monitoring the program. Monthly invoices submitted by Crestwood will include client names utilizing JIC beds. Payment will be authorized for the four JIC reserved bed regardless of actual bed utilization.

### **Performance Measures:**

The Program Goals for Crestwood pertaining to the Champion Healing Center MHRC Service Agreement are: 1) To reduce mental health and substance abuse symptoms for clients, resulting in reduced utilization of involuntary care and emergency rooms for mental health and physical health problems; and 2) Assist clients in their mental health recovery process and with developing the skills necessary to lead independent, healthy, and productive lives in the community.

Crestwood has the following outcomes and measures for this four (4) bed pilot Justice Involved Conservatee (JIC) program:

### ***Goal #1: Reduce mental health and substance abuse symptoms resulting in reduced utilization of involuntary care and emergency rooms for mental health and physical health problems.***

- Reduce the number of incarcerations per quarter to less than or equal to 5%
- Maintain the average quarterly percentage of acute psychiatric inpatient admissions to less than or equal to 10%

**Goal #2: Assist clients in their mental health recovery process and with developing the skills necessary to lead healthy and productive lives in the community.**

- Engaged in purposeful activity (educational, vocational, volunteer) equal to 40% or more
- Maintain the percentage of discharged clients who transitioned to a higher level of care (i.e., State Hospital, locked IMD, or long-term stabilization on inpatient unit) due to psychiatric conditions less than or equal to 15%.
- Incidents requiring a higher level of supervision less than or equal to 5%
- Percent of participants who completed client satisfaction surveys equal to 100%

**Performance Outcomes:**

During the four quarters of FY 2022-2023, Crestwood Champions Healing Center accomplished the following:

Crestwood met seven (7) of their nine (9) goals.

Crestwood served an average of 34.3 clients per quarter with an average of 4.8 discharged. Goals Met: 0% of clients were incarcerated with a goal of 5% or less; 0% of clients were admitted to acute psychiatric inpatient care with a goal of 10% or less; 1% of clients received emergency care for physical health with a goal of 10% or less; 1% of clients were hospitalized for psychical health with a goal of 10% or less; 100% of clients had stable/permanent housing; 100% of clients were engaged in purposeful activity; 6% of clients were discharged to a higher level of care with a goal of 15% or less. Goals Not Met: 29% of clients were discharged to a lower level of care with a goal of 85% or higher; and 16% of clients had incidents requiring a higher level of supervision with a goal of 5% or less.

Program outcomes for the JIC Program will become available after the program starts in March 2024 and quarterly reports are received.

**Fiscal and Facilities Impacts:**

Budgeted: Yes

**Fiscal Analysis:**

<b><u>Funding Sources</u></b>	<b><u>FY 20-21 Cost</u></b>	<b><u>FY 21-22 Cost</u></b>	<b><u>FY 22-23 Cost</u></b>	<b><u>FY 23-24 Cost</u></b>	<b><u>Overall FY 20-24 Cost</u></b>
General Fund					
State	\$ 3,200,000	\$ 4,300,000	\$ 4,400,000	\$ 5,000,000	\$ 16,900,000
Federal					\$ -
Fees					
Other: CCP	\$ 91,000	\$ 365,000		\$ 531,440	\$ 987,440
<b>Total</b>	<b>\$ 3,291,000</b>	<b>\$ 4,665,000</b>	<b>\$ 4,400,000</b>	<b>\$ 5,531,440</b>	<b>\$ 17,887,440</b>

Narrative: The above-referenced contract is funded by State funds. The proposed additional four (4) beds are funded by the Community Corrections Partnership (CCP) indicated in the FY 23-24 budget.

BWell is requesting a revision to the FY 23-24 Adopted Budget to increase appropriations of \$531,440 in Probation Department General Fund for Other Financing Uses, funded by the release of the Restricted Local Realignment 2011 fund balance for an operating transfer to Behavioral Wellness Mental Health

Services; and establish appropriations of \$531,440 in Behavioral Wellness Mental Health Services Fund for Services/Supplies, funded by an operating transfer from the Probation Department General Fund.

**Key Contract Risks:**

As with any contract funded by State sources, there is a risk of future audit disallowances and repayments. BWell contracts include language requiring contractors to repay any amounts disallowed in audit findings, minimizing financial risks to the County.

**Special Instructions:**

Please email one (1) complete executed Contract and one (1) minute order to [mejohanson@sbcbswell.org](mailto:mejohanson@sbcbswell.org) and [bwellcontractsstaff@bwellshbc.org](mailto:bwellcontractsstaff@bwellshbc.org).

**Attachments:**

Attachment A: Crestwood Behavioral Health, Inc. Champion Healing Center FY 20-24 BC Second Amendment

Attachment B: Crestwood Behavioral Health, Inc. Champion Healing Center FY 20-24 BC First Amendment

Attachment C: Crestwood Behavioral Health, Inc. Champion Healing Center FY 20-24 BC

Attachment D: Budget Revision Request (BJE Number BJE-0009396)

**Authored by:**

M. Johnson

L. Zeitz