

# Santa Barbara County Sheriff's Office

# Jail Services

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Jail services are a broad definition of what is offered to persons incarcerated in the Santa Barbara County Jail. Included in this informational handout are services and programs offered to the inmate population. Items labeled as services are provided to the entire inmate population. Items labeled as programs are provided to inmates that meet specific criteria. All services and programs will be listed with a brief explanation of them.

*September 2015*

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# Jail Services

## *Medical*

- **Initial Medical Screening**  
All inmates that enter the jail are seen by a nurse at Receiving and their immediate medical needs are identified and addressed.
- **14-Day Medical Evaluation**  
Each inmate that stays in jail for 14 days or longer is required to have a medical evaluation performed. The evaluation consists of a registered nurse performing a series of tests and asking questions to determine a person's health status. A tuberculosis screening test is administered at this time.
- **Nurses Sick Call**  
Any inmate may complete a medical form to request care for their specific medical need. These slips are picked up only by the nursing staff. Inmates are placed on the sick call list based upon acuity and seen within three days.
- **Doctor's/Practitioner's Sick Call**  
Chronic and/or acute medical issues are referred by the Nursing staff to the Doctor/Practitioner for evaluation. The Doctor and/or Practitioner are on site Monday – Friday and on call 24/7. Nurses determine if inmate is placed on Nurses sick call or Doctor's sick call.
- **Dental Exams**  
Inmates needing dental care may submit a medical form. The type of service provided is for basic dental care only.
- **Mental Health Assessments**  
Mental Health staff receives referrals from Medical, Classification, family members, the courts, outside clinicians and Jail staff regarding an inmate's mental health issues. On a daily basis the Mental Health staff triage the referrals; all are seen within 72 hours with the most urgent given priority. Those needing further attention are referred to the Jail Psychiatrist.

# Jail Services

## *Medical*

- **Jail Psychiatrist**

A psychiatrist is on site at the jail 25 hours per week and on call 24/7. The psychiatrist evaluates and prescribes medications for individuals who are in custody. Referrals to the psychiatrist are made by the Mental Health staff.

- **Eye Exams**

The jail has contracted with an Optometrist to provide eye exams inside the jail. A jail nurse first performs a visual acuity test; the inmate may then be referred to the Optometrist for further evaluation and prescription eye glasses.

- **X-Ray Services**

A portable X-ray machine is brought into the jail to take X-ray's for Tuberculosis, bone fractures and other needed areas.

# Jail Services

## *Inmate Programs*

- **Discharge Planning**  
All sentenced inmates are provided some type of discharge planning prior to release. The level of service is determined based upon need and is specific to each inmate.
- **Adult Basic Education**  
G.E.D. preparation and/or high school instruction for those that need only a small amount of credits to earn a high school diploma.
- **G.E.D. Testing**  
High school diploma equivalency. Must be conducted on-line.
- **ServeSafe**  
A vocational program that provides culinary arts required certification required by the State of California. All food handling establishments require this certification for employment.
- **Personal Development Class**  
In collaboration with Santa Barbara City College, a credit-earning course in Personal Development is now offered. Enrolled students receive Board of Governor Grants to cover the cost of their tuition. This is a 16-week intensive program that includes homework and operates on the same schedule and in the same manner as a normal SBCC college course.
- **Sheriff' Treatment Program (STP)**  
A 60-day comprehensive program developed with the National Institute of Corrections and the Urban Institute as part of the Transition from Jails to Community Technical Grant. This is targeted for high risk based upon an initial screening tool (proxy). As a pilot program this is operated for the male inmates housed in Unit 400 of the Main Jail.

Upon full implementation, the STP program will consist of two classes of instruction per week day. Curriculum includes:

# Jail Services

## *Inmate Programs*

- **STP (continued)**
  - *Thinking for a Change*  
The key theme to this class is to promote cognitive self-change, social skills and problem solving skills.
  - *Relapse Prevention*  
Addresses common relapse triggers and shows how to create a crisis management plan to avoid relapse.
  - *Release and Reintegration*  
This program is aimed at helping train the chemically dependent to challenge their thinking in order to change their criminal and addictive pattern.
  - *Connections Curriculum*  
Utilizes strategies to help recognize shame as a universal experience and defines shame, practicing empathy, exploring triggers and vulnerabilities, practicing ethical awareness, reaching out to others, creating, embracing and inspiring change.
  - *Anger Management*  
This program helps participants learn to management anger effectively, develop control over thoughts and actions and to stop violence or the threat of violence.
- **Narcotics Anonymous**  
Volunteers from the Narcotics Anonymous Hospital and Institutions panel provide group meeting on a weekly basis. Meetings are held at the Medium Security Facility (male and female) and the STP Unit.

# Jail Services

## *Inmate Programs*

- **Alcoholics Anonymous**  
Volunteers from Alcoholics Anonymous provide group meetings on a weekly basis at the Medium Security Facility (male and female) and the STP unit.
- **Yoga**  
Local Yoga instructors volunteer to provide classes to help with musculo – skeletal and mental health improvements. Classes are held on a weekly basis at the Medium Security Facility (male and female).
- **Recycle a Bicycle**  
Inmate students repair donated and unclaimed or stolen bicycles to brand new condition. These bikes are then donated to local charities, organizations, and agencies throughout Santa Barbara County.
- **United Way Reading Plus Program**  
A personalized reading program that helps develop reading capacity, efficiency and motivation. This is an on-line program and tailored to each person's reading level. Reading Plus is a self-paced program that can increase a person's reading ability by two grades. Additional benefits include an improvement in comprehension, speed and vocabulary.



# Jail Services

## *Inmate Services*

- **Professional Visit**  
Attorney's, Investigator's, Clergy, Social Service Providers, Physicians, Law Enforcement Officers and other professional visitors have the ability to visit with an inmate on a 24/7 basis. Visits take place in a professional visitation booth to allow for privacy.
- **Ombudsman**  
In cooperation with the local American Civil Liberties Union, an Ombudsman regularly visits the jail to speak with inmates regarding areas of concern that are not addressed through the grievance process. Once the Ombudsman speaks to an inmate regarding a specific jail issue, they try to help mediate and resolve the issue.
- **Court Video**  
Probation and Public Defender both have access to privately communicate with their clients in a confidential manner without having to leave their office buildings. The Probation Officer or the Public Defender notifies the Administrative Custody Deputy to identify the person with whom they wish to speak. The inmate is then placed into the Court Video booth and the requestor is called and informed that their client is in the booth.
- **Transportation to Medical/Dental Appointments**  
Inmates have the right to attend their own doctor and/or dentist. All scheduling is done through the jail medical service for security reasons. In order to utilize this service, the inmate and/or their family must pay for this service
- **Marriages**  
Marriages between inmates and civilians can be facilitated. The proper request form and a confidential marriage license must be obtained prior to the ceremony. There is no contact between the two participants.

# Jail Services

## *Inmate Services*

- **Visitation**

Each inmate is provided two visitation periods per week with up to two (2) visitors per occurrence. Each visitation period is approximately 45 minutes in length. This is longer than is required by Title 15, California Code of Regulations.

- **Library Services**

A recreational library is maintained which provides books in Spanish and English. Books are distributed as often as practical. A new supply of donated books is delivered to the library on a regular basis.

- **Telephone Services**

Telephones are placed all of the multiple occupancy cells for inmates to call friends, family and attorneys. All calls placed to attorneys are designated as privileged calls. Calls may be placed as collect, Pre Paid .

- **Commissary**

Inmates may purchase items such as snacks, foods, drinks, eye ware, shoes, stationary, stamps and personal hygiene items from commissary. There is a weekly spending limit of \$100.00

- **Legal Research**

Law library services for inmates requesting research on legal issues. Pro-per inmates simply submit an unlimited amount of Legal Information Request slip identifying the area of research and forward to Inmate Services. Non pro-per inmates may only submit only one request per month. Once received in Inmate Services, there is a 24 hour turnaround time.



# Jail Services

## *Inmate Services*

- **Religious Services**

Religious programming includes a cross-section of recognized religious groups within the community that help reach the spiritual needs of those incarcerated. Each person's sincere religious belief is recognized and addressed in the most appropriate fashion. Over ninety religious services are provided on a monthly basis.

- **Voting**

Inmates incarcerated within Santa Barbara facilities will meet specific requirements in order that they may vote or register to vote in the State of California. The Registrar of Voters office will be the ultimate authority in qualifying or denying a person to vote. Coordination of this effort is made through the Inmate Services Division.

- **Affordable Care Act**

In partnership with the Department of Social Services, the Sheriff's Department identifies sentenced individuals that may qualify for enrollment into the Affordable Care Act. A representative from the Department of Social Services enters the jail on a weekly basis and provides information and enrollment applications to inmates on the Affordable Care Act and other services provided by the Department of Social Services.

- **Community Release Programs**

The Sheriff's Office operates two different types of Community Release Programs:

*Electronic Monitoring:*

Allows qualified individuals to continue their employment or continue their full time education while completing their court ordered sentence. Participants are confined to their residence after work or during non-school hours. A Global Positioning System (GPS) monitors each participant twenty-four hours a day.

# Jail Services

## *Inmate Services*

### *Sheriff's Work Alternative Program (SWAP)*

Allows qualified individuals to serve their jail sentence performing community service work, at approved work sites, within the community on a pre-approved schedule. These participants live at home and continue their employment or education on non-scheduled SWAP workdays. The Alternative Sentencing Unit staff makes periodic random work site checks.

- **Indigent Care**

Custody Operations provides basic essential services free of charge for inmates who are classified as indigent. Eligibility for free indigent services is defined as any inmate who is booked into the facility with funds of less than \$2.00 dollars, and/or any inmate who maintains a balance of less than \$2.00 dollars on their account for a period of twenty one (21) consecutive days or more prior to the needed expenditure.

- *Welfare Package from Commissary*

- Comb
- Toothbrush
- Toothpaste
- Soap
- Pencil
- Paper
- Envelope (stamped)
- Razor

- *Hygiene Package at Dress-In (provided to all)*

- Comb
- Toothpaste
- Soap
- Pencil

# Jail Services

## *Inmate Services*

- **Ride programs**

The jail offers several options for releases from jail dependent upon their financial status and preferred location:

- *Bus Token*

Inmates that have \$2.00 or less upon release can receive a bus token for the Santa Barbara MTD bus.

- *Clean Air Express Ticket*

Inmates that have \$7.00 or less upon release can receive a Clean Air Express ticket Monday – Friday for a return to Buellton, Lompoc or Santa Maria.

- *Greyhound Bus Voucher*

Inmates that have \$30.00 or less upon release can receive a Greyhound Bus Voucher to be used to obtain transportation from Santa Barbara to Santa Maria on Saturday and Sunday only.

- *Taxi Ticket*

In partnership with Good Samaritan Services, an inmate that has \$30.00 or less upon release between the hours of 8 p.m. and 8 a.m. can receive a Taxi Ticket for transport to:

- Santa Barbara Rescue Mission
- Santa Barbara Transit Center
- Santa Barbara Salvation Army
- St. Athanasius Church – Isla Vista

- **Light's On**

A program developed to assist inmates upon release from jail during the late night hours. The program is operated in partnership with the Believer's Edge Community Group out of the jail Inmate Reception Center lobby and providing snacks, cell phone charging, and taxi ride coordination from 10 pm. to 2 am Tuesday - Thursday.

# Jail Services

## *Inmate Services*

- **Books and Newspapers**

Inmates may have friends/family member order books through a major on-line book retailer. Books must be soft cover and not espouse any hatred, violence, nudity, compromise safety and security or contain subject matter that may jeopardize penological interests.

# Jail Services

## Programs In Development:

### *Project B.R.A.C.E.*

Project Breaking Recidivism and Creating Empowerment is being developed as an evidence-based counseling program that brings services directly to inmates in jail who suffer from severe mental illness and substance abuse disorders. It will serve 45 incarcerated individuals who, because of their criminal behavior coupled with mental illness and substance abuse, require specialized services and coordinated care. This collaborative program is being developed through the efforts of the Sheriff's Office, Sanctuary House, Probation Department and Corizon Correctional Health Care.

### ▪ *Most Vulnerable*

Very initial talks have begun amongst a multi-disciplinary team made up of the Sheriff's Office, Justice Alliance, ADMHS, Probation, Corizon Correctional Health Care, Good Samaritan Services and Community Solutions Inc to formulate a way to address persons that have the greatest number of jail bookings and tend to be the county's most vulnerable population. These people tend to use and need the most services in the county.

### ▪ *Post STP Housing*

Additional programming opportunities are being developed in one of the housing units which will allow inmates that have completed the protective custody Sheriff's Treatment Program to participate in additional programming. Focus will be on building the skills learned in STP. Facilitation of programming will be provided by a volunteer force.

# Jail Services

## *Inmate Services*

### **Programs In Development (cont.):**

- **ACTS**

Applied Corrections Transition Strategy software was recently purchased to provide a comprehensive case management system for STP and Discharge Planning Services. This program will allow a continuum of care for inmates beginning from the start of their incarceration and lasting until they are released back into the community. All notes, class attendance and other programming needs are included and available for all practitioners involved with the inmate to see. The expected installation and training is tentatively scheduled for the week of November 02, 2015.