

APPENDIX A: Work Plan

PRACTICE WORK PLAN

LEAD CLINIC ENTITY

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A C	RESPONSIBLE	START	END	OUTCOME	DELIVERABLE	NOTES
<p>List activities that contribute towards each of the three overarching PRACTICE grant goals, not to exceed 5 activities per goal.</p>	<p>List person/partner in charge of each activity.</p>	<p>List the start date of the activity.</p>	<p>List the approximate end date of the activity.</p>	<p>Anticipated outcome from activity.</p>	<p>List associated deliverable(s).</p>	
<p>Goal #1: Partnerships</p>						
<p>1) Partnerships: Strengthen partnerships among community health centers and clinics, CBOs, and Medi-Cal managed care plans to screen for ACEs and respond to and help prevent toxic stress with support from the academic UCAAN partnership to ensure academic rigor in these efforts.</p>						
<p>Activity 1.1 Establish regular partnership meetings, execute MOUs, and define responsibilities within the system of care</p>	<p>Cottage Health/Santa Barbara Neighborhood Clinics</p>	<p>September 2022</p>	<p>-December 2022</p>	<p>Strong partnerships and shared priorities among the three participating entities (CBO + clinic + health plan) that result in defined roles and responsibilities for partners within a system of care</p>	<p>Executed partner MOUs and/or agreements and membership list with roles and expectations</p>	
<p>Activity 1.2 All partners will implement IT referral platform, FindHelp, and define data sharing</p>	<p>Cottage Health</p>	<p>September 2022</p>	<p>November, 30 2023</p>	<p>Functional bidirectional referrals and data sharing across partnerships</p>	<p>Data sharing agreements across grant partners</p>	
<p>Activity 1.3 Develop plan for mining, sharing and analyzing data across partners and use data to assess and identify gaps in services needed to respond to and help prevent toxic stress</p> <ul style="list-style-type: none"> - Stratifying data by demographics to explore inequities - Identifying future opportunities to fill gaps in the ability to respond to and help prevent toxic stress - Work with CenCal on future reimbursement plans 	<p>Cottage Health/CenCal</p>	<p>September 2022</p>	<p>November 30, 2023</p>	<p>Codified, system-wide implementation of workflows for identifying ACE-Associated Health Conditions and evidence-based interventions to target and treat toxic stress</p> <p>Resources are leveraged to sustain workforce growth and utilization</p> <p>Sustainability plan for expanded/new services and workforce in place and addressing gaps in services needed to respond to and help prevent toxic stress</p>	<p>Evaluation summary report</p> <p>Sustainability Plan</p>	

<p>ACTIVITY 1.4 Continue to convene Santa Barbara County Network of Care Leadership Committee to foster ongoing collaboration throughout the county</p>	<p>Cottage Health</p>	<p>September 2022</p>	<p>November 30, 2023</p>	<p>Strong partnerships and shared priorities among the three participating entities (CBO + clinic + health plan) that result in defined roles and responsibilities for partners within a system of care</p>	<p>Executed partner MOUs and/or agreements and membership list with roles and expectations</p>	
<p>Goal #2: Services Development</p>						
<p>2) Services development: Develop sustainable, community-informed, evidence-based services that treat and prevent toxic stress physiology and ACE-Associated Health Conditions among Medi-Cal beneficiaries.</p>						
<p>Activity 2.1 Increase access and utilization of navigation support</p> <ul style="list-style-type: none"> - Increased navigation services from Family Service Agency accessible to SBNC, Public Health, and AIHS - Implement IT referral platform, FindHelp, for navigation coordination across all partners - Identify plans across all partners for sustainable and continued services and a workforce that will respond to ACEs and help prevent toxic stress 	<p>Family Service Agency</p>	<p>September 2022</p>	<p>November 30, 2023</p>	<p>Increased access to and utilization of services prioritized by partners and patients to prevent and respond to ACE Associated Health Conditions</p> <p>Implementation provides positive impact on patient health or wellbeing. Interventions are recorded and trackable</p>	<p>Evaluation summary report, including a summary of FindHelp platform integration across all partners</p> <p>Sustainability Plan</p>	
<p>Activity 2.2 Fund mini-grants to expand access to evidence-based buffering services that have been successful in the past.</p> <ul style="list-style-type: none"> • Provide training to grantees on ACEs and toxic stress • Implement services that address identified gaps in responding to and helping prevent toxic stress 	<p>Cottage Health</p>	<p>October 2022</p>	<p>November 30, 2023</p>	<p>Increased access to and utilization of services prioritized by partners and patients to prevent and respond to ACE Associated Health Conditions</p>	<p>Evaluation summary report, including a summary of new services</p> <p>Training plans for grantees on ACEs and toxic stress</p>	
<p>Activity 2.3 Increase access and utilization of behavioral health supports</p> <ul style="list-style-type: none"> - Explore and fund new and/or expanded behavioral health services that are not reimbursed by MediCal and address identified gaps in responding to and helping prevent toxic stress - Fund coordination time with clinics and navigators, as well as supervision, to increase behavioral health services 	<p>CALM</p>	<p>September 2022</p>	<p>November 30, 2023</p>	<p>Increased access to and utilization of services prioritized by partners and patients to prevent and respond to ACE Associated Health Conditions</p>	<p>Evaluation summary report, including a summary of new services</p> <p>New services workflow</p>	
<p>Activity 2.4: Track improvements in patient health and well-being (pre and post questionnaires)</p> <ul style="list-style-type: none"> - Stratifying data by demographics to explore inequities 	<p>Cottage Health</p>	<p>September 2022</p>	<p>November 30, 2023</p>	<p>Implementation of practices/products to address health equity</p>	<p>Evaluation summary report</p>	
<p>Activity 2.5: Engage a Parent Board to incorporate community participation in grant activities</p>	<p>Santa Barbara Neighborhood Clinics</p>	<p>September 2022</p>	<p>November 30, 2023</p>	<p>Implementation of practices/products to address health equity</p>	<p>Summary report</p>	

3) Workforce development: Build a sustainable workforce that supports ACE screening, toxic stress response, and prevention of ACEs, toxic stress, and ACE-Associated Health Conditions, utilizing equitable and data-driven approaches.						
<p>Activity 3.1: Support SBNC, PH, and AIHS providers in completing core training, attesting of training completion, and expanding screening with plans for sustainability</p> <ul style="list-style-type: none"> - SBNC implements QI processes to improve screening process, if improvements are needed and tracks screening rates - Public Health clinics, Lompoc and Santa Maria Health Care Centers, develop plans and workflows to expand screening to children of all ages - American Indian Health and Services develops plans and workflows to expand screening to all ages - In partnership with CenCal, coordinate plans across all partners for sustainable and continued services and a workforce that will respond to ACEs and help prevent toxic stress 	<p>Santa Barbara Neighborhood Clinics, Public Health, American Indian Health and Services</p>	<p>September 2022</p>	<p>November 30, 2023</p>	<p>Increased number of health care team members who have completed core trainings and supplemental trainings related to ACE screening, toxic stress, trauma-informed care, and management</p> <p>Improved ACE screening among Medi-Cal beneficiaries in participating clinics</p> <p>Provider/staff changes in knowledge, attitudes, and/or practice related to addressing and implementing interventions on ACEs-Associated Health Conditions</p>	<p>Evaluation summary report</p> <p>Sustainability Plan</p>	
<p>Activity 3.2: Implement workforce improvements aligned to address identified needs and gaps and overcome barriers to services.</p> <ul style="list-style-type: none"> - SBNC (4 clinics) <ul style="list-style-type: none"> o Increase capacity of internal wellness navigators at SBNC, including with hiring additional navigators o SBNC wellness navigators participate in Network of Family Resource Center trainings and meetings o Increase referral resources for adults impacted by ACEs at SBNC - Santa Maria and Lompoc Health Care Center (SBCPH) <ul style="list-style-type: none"> o Increase internal capacity for screening at Santa Maria and Lompoc Health Care Center o Develop and implement social media tools to inform the community of the impacts of toxic stress and community services available through their healthcare provider - American Indian Health and Services <ul style="list-style-type: none"> o Increase group services to expand access to care and connectiveness in a healing atmosphere for patients o Develop and implement social media tools to inform the community of the impacts of toxic stress and community services available through their healthcare provider o Expand case management program and community wellness group and chief cultural and outreach office efforts 	<p>Santa Barbara Neighborhood Clinics, County of Santa Barbara Public Health, American Indian Health and Services</p>	<p>September 2022</p>	<p>November 30, 2023</p>	<p>Workforce improvements aligned to address identified needs and gaps and overcome barriers to services (includes expansions in workforce and/or its capacity to care for certain patient populations or numbers of patients)</p>	<p>Evaluation summary report, including number and type of new workforce</p> <p>New workforce position descriptions</p> <p>Executed partner MOUs and/or agreements with workforce commitments</p>	
<p>Activity 3.3: - Provide resources and supports to all clinic staff to improve provider well-being and reduce burnout</p>	<p>CALM</p>	<p>January 2023</p>	<p>November 30, 2023</p>	<p>Implementation of practices/products to improve provider/staff satisfaction, reduce burnout, and increase wellbeing</p>	<p>Evaluation summary report</p>	
<p>Activity 3.4: DEI trainings</p> <ul style="list-style-type: none"> - Implement implicit bias trainings in clinics part of the grant team for all their staff - Provide trauma informed care trainings in clinics part of the grant team for all their staff - Develop and provide culturally based training, tools and resources for staff and community members - Create a sustainability plan for DEI trainings 	<p>Consultant</p>	<p>January 2023</p>	<p>November, 30 2023</p>	<p>Implementation of practices/products to address health equity</p>	<p>Evaluation summary report</p> <p>Sustainability Plan</p>	

Activity 3.5: Explore the feasibility of building a model to integrate promotores/community health workers to support the efforts in service provision and coordination for patients/families impacted by ACEs

Cottage Health

January 2023

November 30, 2023

Resources are leveraged to sustain workforce growth and utilization

Model plan

Acknowledgements

- Participation in First 30 Days of Contract activities for Learning Collaborative and Evaluation
- Participation in monthly coaching calls, webinars, peer-to-peer sharing sessions, and development of required materials
- Quarterly participation in all-cohort convenings and other activities
- Quarterly submission of progress reports that will include service utilization data and written summaries of progress
- Participation in evaluation focus groups, surveys, and interviews—to include active distribution of recruitment flyers to patients and families
- Submission of all final versions of documentation required of the learning collaborative

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September 2022

November 30, 2023

Quarterly progress reports and all final versions of documentation required of the learning collaborative