



Annual Report of Services

# Santa Barbara County Detention Facilities

## 2018-2019



# Wellpath – The New CCS and CMGC



*We are the right people, striving to do the right thing. We will continue to create healthier communities wherever we go, wherever we grow - one patient at a time.*

- October of 2018, CFMG's parent company, Correctional Medical Group Companies (CMGC), joined with Correct Care Solutions (CCS) to form Wellpath
- 16,000 professionals at 550 facilities in 34 states across America and Australia
- Medical and behavioral healthcare services for more than 300,000 patients each day.
- Over 35 years in jails, prisons, psychiatric hospitals and treatment facilities.

# Community Outreach

- Wellpath & SBSO Custody Branch give 200 Holiday care packages to Santa Barbara's homeless two years in a row.
- SBSO-Wellpath softball raises \$1,200 for the Teddy Bear Cancer Foundation.



*Our commitment to patients and community.*



# Community Partnerships



- Common goals
  - Improve collaboration
  - Continuity of care
  - Reduce barriers to treatment in custody and during reentry
- Strong partnerships with County Behavioral Wellness and the Public Defender's Office
- Sheriff's Office Grievance Oversight Committee
- Sheriff's Office Behavioral Sciences Unit



# Staff Education

**Wellpath provides training year-round for S.B.S.O. recruits in the C.O.R.E. Academy as well as to Probation Juvenile Institution staff.**

**The training is built on the following critical areas:**

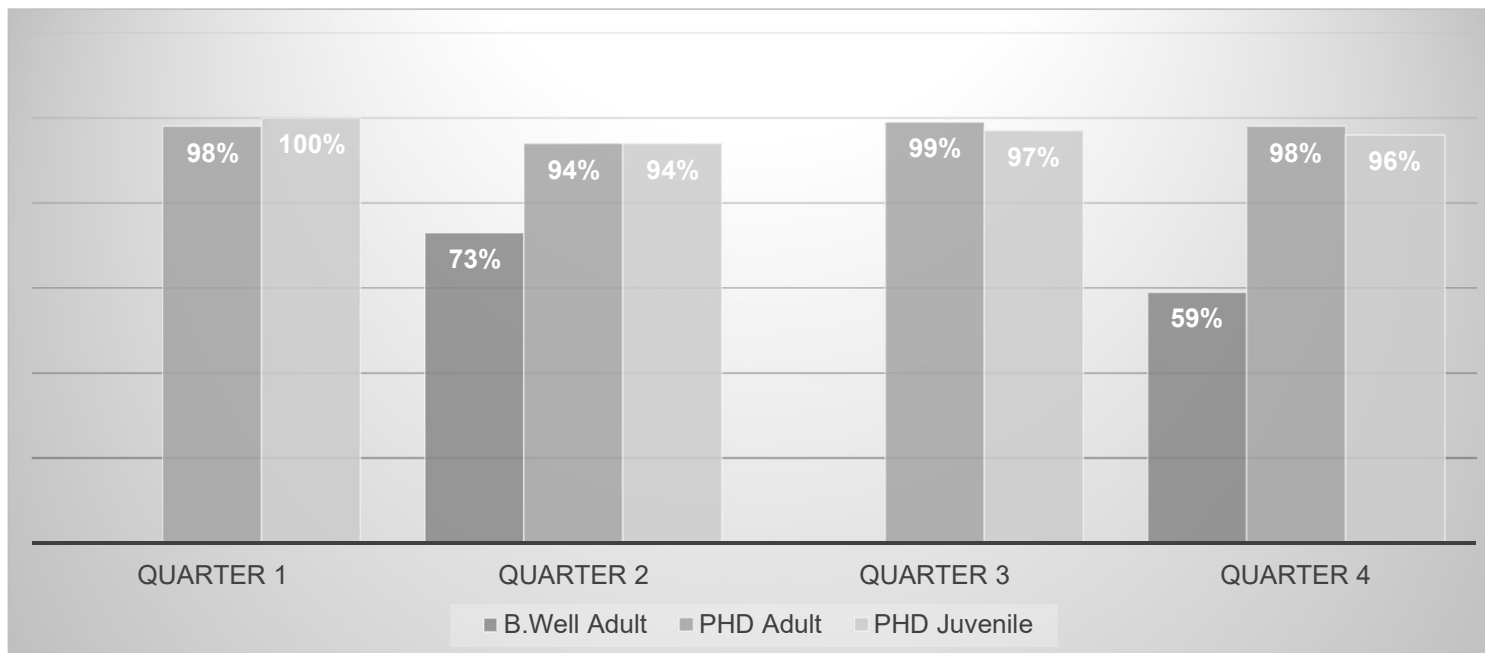
- Crisis intervention
- Suicide prevention and intervention
- Responding to medical and mental health emergencies
- Blood borne pathogens and standard precautions
- Common medical and mental health conditions encountered in custody
- HIPAA compliance



*The C.O.R.E. academy is taught by a Registered Nurse and Psychiatrist from Wellpath*

# Service Level Agreements

Behavioral Wellness and Public Health complete quarterly audits on the service level agreements (SLA) between Wellpath and Santa Barbara County Probation Department and the Sheriff's Office.





*New pregnancy coordinator oversees the collaborative care of all pregnant patients to ensure all standards are being followed and community standards are exceeded*

### **CQI areas for improvement:**

- Coordination of care and discharge of pregnant patients.

### **Improvement plan:**

- Pregnancy Coordinator
  - Oversees collaborative care of all pregnant patients.
  - Meets with patient within first 5 days of incarceration.
- All patients receive educational materials.
- Helps patients to understand their rights while incarcerated and their options for care.
- Patients provided with 6-month supply of prenatal vitamins and other resources, coupons and samples.

# Off-Site Clinic Services



- **Community Appointments**
  - Adult facility - **330**
  - Juvenile Hall and Boys Camp – **192**
    - Dental: **46%**
    - Optometry: **14%**
    - X-Ray: **14%**
- **Adult**
  - ED Send outs - **193** to both Santa Barbara and Goleta Valley Cottage Hospitals
  - Hospital Admissions - **63**
- **Juvenile**
  - ED Send outs - **13** to Marian hospital
  - Hospitalizations – **0**
  - 5585 hospitalizations - **2**



# Clinical Staffing

No staffing vacancies that exceeded 60 days

- **Adult facility:**

- 9.2 Licensed Vocational Nurse full time equivalents (FTE)
- 9 Registered Nurse FTE's
- 0.4 Medical Director FTE's
- 0.75 Nurse Practitioner FTE's.

- **Juvenile sites:**

- 3.05 Registered Nurse FTE's,
- 1.05 Licensed Vocational Nurse FTE's
- 0.6 Medical Director FTE's.

Services provided 0700-2100. No Mental Health or Dental services provided by Wellpath



# On-Site Clinic Services



## Adult Sick Call

- **16,095** sick call requests
- 9,944 completed by Registered Nurses
  - 1,070 by Family Nurse Practitioner
  - 314 by our contracted Medical Director
- Call slips triaged three times a day. An increase in access to care from previous year.
- Depending on the triage, requests are addressed in person same day or within 24 hours by medical or mental health staff.
- Patient encounters are possible because of our dedicated Medical Escort Team (MET's) - 4 Custody Deputies

# On-Site Clinic Services

## Juvenile Sick Call

- Sick call requests collected twice daily and triaged within 4 hours when nursing is on site.
- All triaged sick calls are seen by the RN within 24 hours.
- Staff contact on-call physician for any emergent or urgent medical need place youth on next physician sick call for non-urgent needs.

## Juvenile Hall

- **417** physician sick calls
- **234** physician annual exams
- **204** physician interval exams
- **63** chronic care visits
- **2,573** RN sick calls
- **116** RN interval exams
- **321** immunizations

## Los Prietos Boys Camp

- **191** physician sick calls
- **11** physician annual exams
- **73** chronic care visits
- **931** RN sick calls
- **44** immunizations





# On-Site Clinic Services



- **Radiology:**
  - Adult - **353** mobile diagnostics x-rays
- **Lab:**
  - Transitioned to Bioreference Laboratories
  - **3,601** adult laboratory tests submitted
  - **467** juvenile laboratory tests sent to Santa Barbara Public Health department's laboratory.
- **Dental:**
  - 16 – hours contracted to provide dental service per week to adults. Not contracted to provide dental to youth.
  - Adult - **908** on-site dental clinic visits completed
  - Juvenile Hall and Los Prietos Boys Camp - **90** community appointments



# In-Custody Deaths

## Adult In-custody deaths - 2

- **July 5<sup>th</sup>, 2018:** In-custody in facility death was the result of a suicide.
- **January 10<sup>th</sup>, 2019:** In-custody out of facility death. Patient had a terminal illness and was able to spend his last days surrounded by his loving family.

**Juvenile** - There were no in-custody deaths in the Juvenile Detention facilities.

# Correct Rx



- Transition from Diamond to Correct Rx
- Adult facility went from stock to patient specific medications. Juvenile Hall and Los Prietos stayed patient specific.
- Enhanced patient safety
- Recommend cost-saving alternatives
- Correct Rx provides detailed utilization reports
- We have noticed a decrease in waste, expired medications and medication errors since our switch to patient specific medications.

# Pharmaceutical Utilization and Management



## Medications Dispensed

### Adult: 377,533

- Average daily population: **963** adult inmate patients
- Population on medications: **29.6%**
- Population on psychotropic medications: **12%**
- Patients prescribed medications: **7,256** annually
- Patients prescribed psychotropic medications: **2,988** annually

*Correct Rx Pharmacy completed all quarterly pharmaceutical inspections in 2018 and 2019. This is a thorough 64-point evaluation and inspection. There were no issues noted during any of the audits. Please see Exhibit II for our medication utilization reports.*

### Youth: 23,890

#### Juvenile Hall

- Average daily population at Juvenile Hall: **38**
- Patients prescribed medications: **16.5** each month
- Patients prescribed psychotropic medications: **13.6** each month

#### Los Prietos Boys Camp

- Average daily population: **22**
- Patients prescribed medications: **6.9** each month
- Patients prescribed psychotropic medications: **3.5** each month

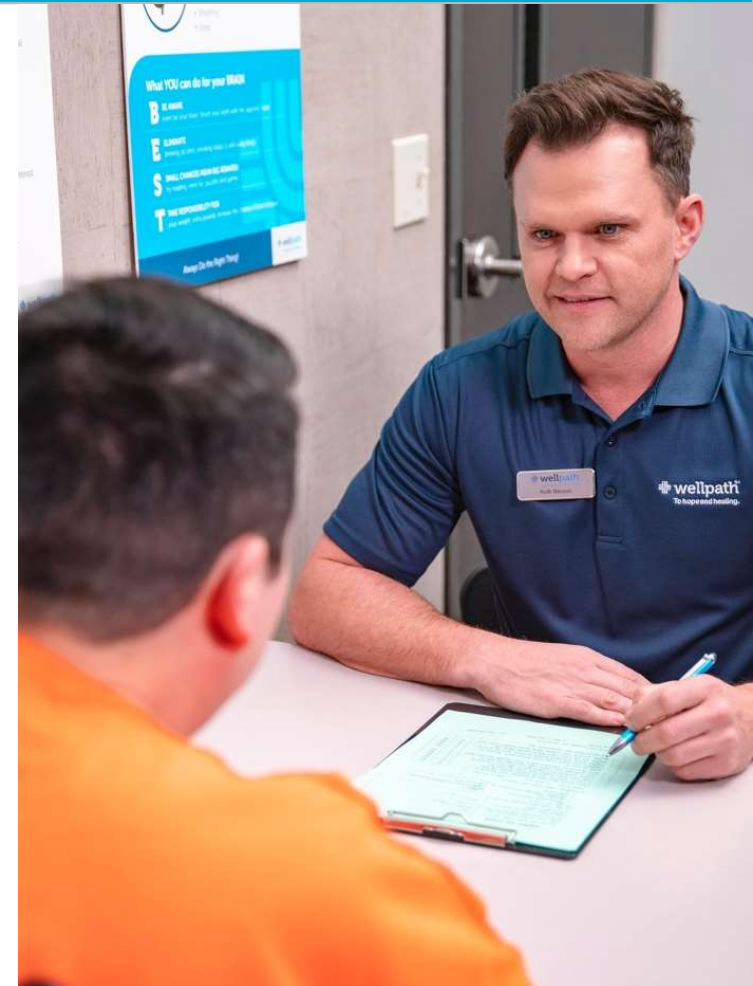
# Mental Health Overview

## Our Mental Health Professional staffing

- 1 - Psychiatrist - on-site 40 hours a week
- 2 - Psychiatric RNs (Board Certified Mental Health RNs).
- 3 - Full-time Licensed Marriage and Family Therapists (LMFT)
- 1 - Licensed Clinical Social Worker (LCSW)

## Patient Visits

- Psychiatric RNs: **3,200**
- LCSW/LMFT: **7,441**
- Psychiatrist: **2,045** visits and **670** Abnormal Involuntary Movement Scale (AIMS) assessments.





# Mental Health Overview

## **Seriously Mentally Ill (SMI) patients and patients deemed incompetent to stand trial (IST)**

- SMI and IST patients began to be tracked and communicated between Wellpath, Behavioral Wellness, and the Public Defender's Office.
- Formed the idea that patients could ultimately be stabilized and possibly eligible for re-assessment of competency.
- Two patients sentenced to the Department of State Hospitals and one to county Behavioral Wellness placement were restored to competency in our custody prior to a bed becoming available and they were re-evaluated for competency and the IST removed.

## **Patients unwilling to accept services, but who were deemed to be in need**

- Closely followed on segregation rounds and follow up appointments; services were repeatedly offered.
- Psychiatrist rounds attempt to gain the patients trust and encourage them to attend a psychiatry visit.
- Meetings and consultations held between clinicians and the psychiatrist when patient deemed to need extra engagement, even after multiple refusals, to prevent patients from falling through the cracks.
- Practice has significantly increased the number of patients willing to accept services and medication therapy.
- Also our goal to decrease the number of patients deemed incompetent to stand trial and expected to endure lengthy stays in custody while awaiting placement with the Department of State Hospitals.



# Medication Assisted Treatment Program



- Wellpath in conjunction with the Sheriff's Office, Probation, Behavioral Wellness, Cottage Hospital, Marian Hospital, the Public Defender's Office and the Drug Treatment Courts applied for a grant, "Expanding access to M.A.T. in County Criminal Justice Settings."
- The first cohort of this program with 21 other counties. August 2018 - January 2020.
- Initial grant funding: \$25,000 to cover the cost of attending the in person learning sessions and participation in other MAT related activities.
- Additional funding was also made available to each participating county.
- Santa Barbara received an additional \$160,000 to help implement the M.A.T. program within the jail.

*Medication assisted treatment (M.A.T.) is a component of the new standard of care in the treatment of individuals with Opioid Use Disorders.*



# Medication Assisted Treatment Program



- **M.A.T. Pilot Program**

- November 2018, Santa Barbara County Jail
- Began to provide substance use treatment with naltrexone (Vivitrol) to a select group of inmates with a history of opiate dependence and a willingness to get help.
- The pilot group has shown some success. At the end of March, 2019 four patients had been through the pilot M.A.T program.

*Medication assisted treatment (M.A.T.) is a component of the new standard of care in the treatment of individuals with Opioid Use Disorders.*



# Northern Branch Jail Project

Negotiations for contracted healthcare services are nearing completion. The contract will be presented to the Board of Supervisors later this year.







***In 2018 the National Commission on Correctional Health Care (NCCHC) released a new set of standards for Adult Jails.***

***The Wellpath Director of Accreditation and Compliance conducted site surveys.***

## Survey Results

- Adult facility
  - Meeting 78% of Essential Standards
  - Meeting 65% of Important Standards
  - Adult facility has begun the application process for NCCHC
- Juvenile Facility
  - Meeting 73% of Essential Standards
  - Meeting 88% of Important Standards
  - Wellpath has begun the NCCHC application process for our Juvenile sites.

Both juvenile facilities were reaccredited by the Institute of Medical Quality (IMQ) in 2018. Wellpath and Probation are committed to maintaining IMQ accreditation along with NCCHC accreditation.



Thank you.



Annual Report of Services

# Santa Barbara County Detention Facilities

## 2018-2019



# Wellpath – The New CCS and CMGC



*We are the right people, striving to do the right thing. We will continue to create healthier communities wherever we go, wherever we grow - one patient at a time.*

- October of 2018, CFMG's parent company, Correctional Medical Group Companies (CMGC), joined with Correct Care Solutions (CCS) to form Wellpath
- 16,000 professionals at 550 facilities in 34 states across America and Australia
- Medical and behavioral healthcare services for more than 300,000 patients each day.
- Over 35 years in jails, prisons, psychiatric hospitals and treatment facilities.



# Community Outreach

- Wellpath & SBSO Custody Branch give 200 Holiday care packages to Santa Barbara's homeless two years in a row.
- SBSO-Wellpath softball raises \$1,200 for the Teddy Bear Cancer Foundation.



*Our commitment to patients and community.*





# Community Partnerships



- Common goals
  - Improve collaboration
  - Continuity of care
  - Reduce barriers to treatment in custody and during reentry
- Strong partnerships with County Behavioral Wellness and the Public Defender's Office
- Sheriff's Office Grievance Oversight Committee
- Sheriff's Office Behavioral Sciences Unit

# Staff Education

**Wellpath provides training year-round for S.B.S.O. recruits in the C.O.R.E. Academy as well as to Probation Juvenile Institution staff.**

**The training is built on the following critical areas:**

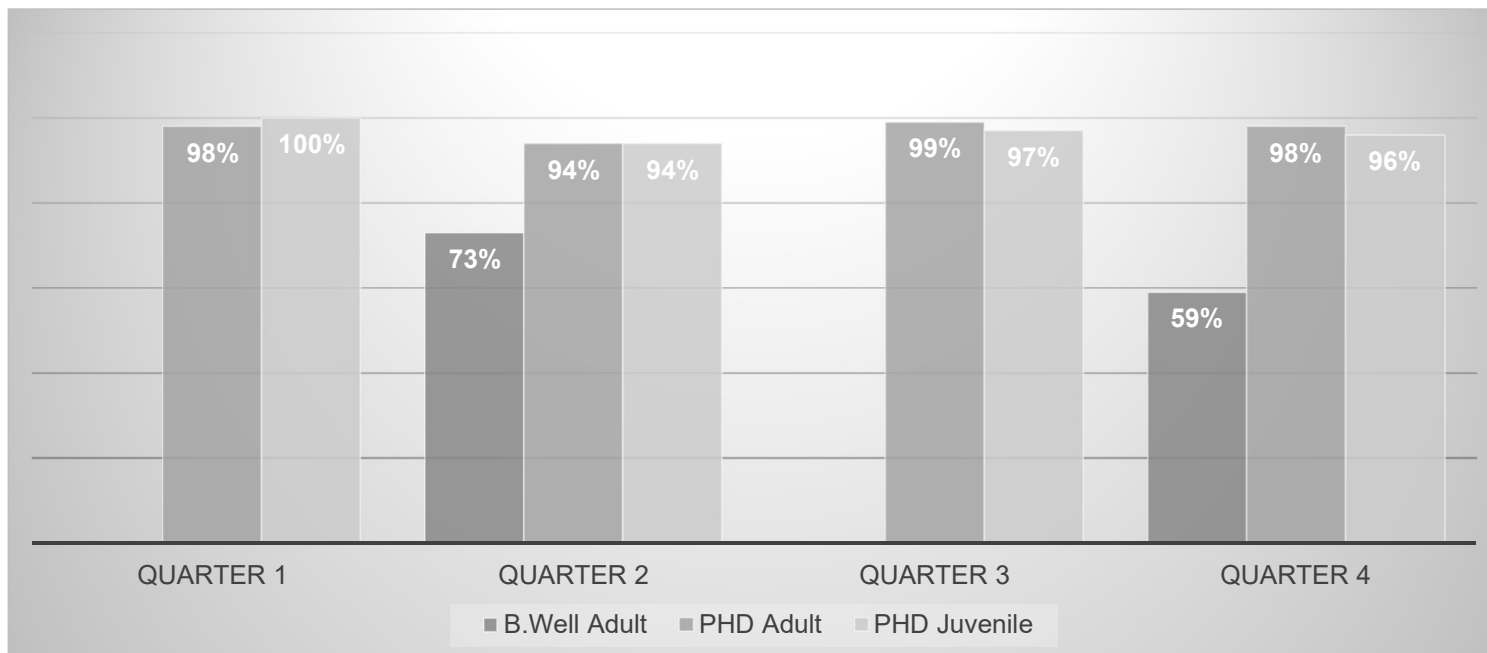
- Crisis intervention
- Suicide prevention and intervention
- Responding to medical and mental health emergencies
- Blood borne pathogens and standard precautions
- Common medical and mental health conditions encountered in custody
- HIPAA compliance



*The C.O.R.E. academy is taught by a Registered Nurse and Psychiatrist from Wellpath*

# Service Level Agreements

Behavioral Wellness and Public Health complete quarterly audits on the service level agreements (SLA) between Wellpath and Santa Barbara County Probation Department and the Sheriff's Office.





*New pregnancy coordinator oversees the collaborative care of all pregnant patients to ensure all standards are being followed and community standards are exceeded*

### **CQI areas for improvement:**

- Coordination of care and discharge of pregnant patients.

### **Improvement plan:**

- Pregnancy Coordinator
  - Oversees collaborative care of all pregnant patients.
  - Meets with patient within first 5 days of incarceration.
- All patients receive educational materials.
- Helps patients to understand their rights while incarcerated and their options for care.
- Patients provided with 6-month supply of prenatal vitamins and other resources, coupons and samples.

# Off-Site Clinic Services



- **Community Appointments**
  - Adult facility - **330**
  - Juvenile Hall and Boys Camp – **192**
    - Dental: **46%**
    - Optometry: **14%**
    - X-Ray: **14%**
- **Adult**
  - ED Send outs - **193** to both Santa Barbara and Goleta Valley Cottage Hospitals
  - Hospital Admissions - **63**
- **Juvenile**
  - ED Send outs - **13** to Marian hospital
  - Hospitalizations – **0**
  - 5585 hospitalizations - **2**



# Clinical Staffing

No staffing vacancies that exceeded 60 days

- **Adult facility:**

- 9.2 Licensed Vocational Nurse full time equivalents (FTE)
- 9 Registered Nurse FTE's
- 0.4 Medical Director FTE's
- 0.75 Nurse Practitioner FTE's.

- **Juvenile sites:**

- 3.05 Registered Nurse FTE's,
- 1.05 Licensed Vocational Nurse FTE's
- 0.6 Medical Director FTE's.

Services provided 0700-2100. No Mental Health or Dental services provided by Wellpath



# On-Site Clinic Services



## Adult Sick Call

- **16,095** sick call requests
- 9,944 completed by Registered Nurses
  - 1,070 by Family Nurse Practitioner
  - 314 by our contracted Medical Director
- Call slips triaged three times a day. An increase in access to care from previous year.
- Depending on the triage, requests are addressed in person same day or within 24 hours by medical or mental health staff.
- Patient encounters are possible because of our dedicated Medical Escort Team (MET's) - 4 Custody Deputies

# On-Site Clinic Services

## Juvenile Sick Call

- Sick call requests collected twice daily and triaged within 4 hours when nursing is on site.
- All triaged sick calls are seen by the RN within 24 hours.
- Staff contact on-call physician for any emergent or urgent medical need place youth on next physician sick call for non-urgent needs.

## Juvenile Hall

- **417** physician sick calls
- **234** physician annual exams
- **204** physician interval exams
- **63** chronic care visits
- **2,573** RN sick calls
- **116** RN interval exams
- **321** immunizations

## Los Prietos Boys Camp

- **191** physician sick calls
- **11** physician annual exams
- **73** chronic care visits
- **931** RN sick calls
- **44** immunizations





# On-Site Clinic Services



- **Radiology:**
  - Adult - **353** mobile diagnostics x-rays
- **Lab:**
  - Transitioned to Bioreference Laboratories
  - **3,601** adult laboratory tests submitted
  - **467** juvenile laboratory tests sent to Santa Barbara Public Health department's laboratory.
- **Dental:**
  - 16 – hours contracted to provide dental service per week to adults. Not contracted to provide dental to youth.
  - Adult - **908** on-site dental clinic visits completed
  - Juvenile Hall and Los Prietos Boys Camp - **90** community appointments

# In-Custody Deaths

## Adult In-custody deaths - 2

- **July 5<sup>th</sup>, 2018:** In-custody in facility death was the result of a suicide.
- **January 10<sup>th</sup>, 2019:** In-custody out of facility death. Patient had a terminal illness and was able to spend his last days surrounded by his loving family.

**Juvenile** - There were no in-custody deaths in the Juvenile Detention facilities.



# Correct Rx



- Transition from Diamond to Correct Rx
- Adult facility went from stock to patient specific medications. Juvenile Hall and Los Prietos stayed patient specific.
- Enhanced patient safety
- Recommend cost-saving alternatives
- Correct Rx provides detailed utilization reports
- We have noticed a decrease in waste, expired medications and medication errors since our switch to patient specific medications.

# Pharmaceutical Utilization and Management



## Medications Dispensed

### Adult: 377,533

- Average daily population: **963** adult inmate patients
- Population on medications: **29.6%**
- Population on psychotropic medications: **12%**
- Patients prescribed medications: **7,256** annually
- Patients prescribed psychotropic medications: **2,988** annually

*Correct Rx Pharmacy completed all quarterly pharmaceutical inspections in 2018 and 2019. This is a thorough 64-point evaluation and inspection. There were no issues noted during any of the audits. Please see Exhibit II for our medication utilization reports.*

### Youth: 23,890

#### Juvenile Hall

- Average daily population at Juvenile Hall: **38**
- Patients prescribed medications: **16.5** each month
- Patients prescribed psychotropic medications: **13.6** each month

#### Los Prietos Boys Camp

- Average daily population: **22**
- Patients prescribed medications: **6.9** each month
- Patients prescribed psychotropic medications: **3.5** each month

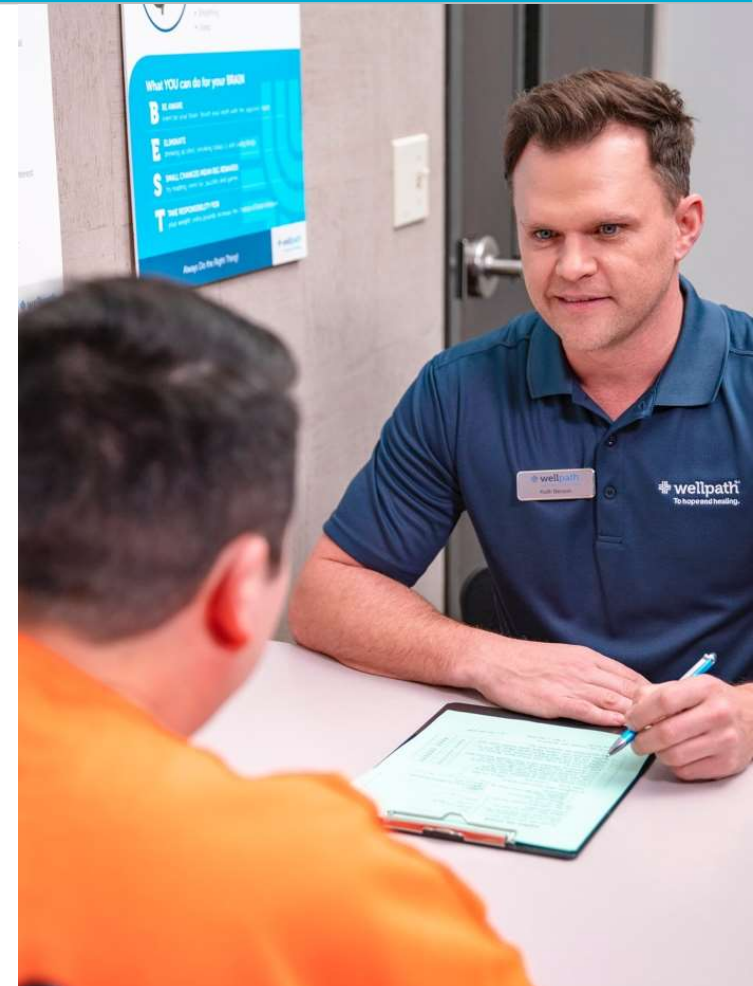
# Mental Health Overview

## Our Mental Health Professional staffing

- 1 - Psychiatrist - on-site 40 hours a week
- 2 - Psychiatric RNs (Board Certified Mental Health RNs).
- 3 - Full-time Licensed Marriage and Family Therapists (LMFT)
- 1 - Licensed Clinical Social Worker (LCSW)

## Patient Visits

- Psychiatric RNs: **3,200**
- LCSW/LMFT: **7,441**
- Psychiatrist: **2,045** visits and **670** Abnormal Involuntary Movement Scale (AIMS) assessments.



# Mental Health Overview

## **Seriously Mentally Ill (SMI) patients and patients deemed incompetent to stand trial (IST)**

- SMI and IST patients began to be tracked and communicated between Wellpath, Behavioral Wellness, and the Public Defender's Office.
- Formed the idea that patients could ultimately be stabilized and possibly eligible for re-assessment of competency.
- Two patients sentenced to the Department of State Hospitals and one to county Behavioral Wellness placement were restored to competency in our custody prior to a bed becoming available and they were re-evaluated for competency and the IST removed.

## **Patients unwilling to accept services, but who were deemed to be in need**

- Closely followed on segregation rounds and follow up appointments; services were repeatedly offered.
- Psychiatrist rounds attempt to gain the patients trust and encourage them to attend a psychiatry visit.
- Meetings and consultations held between clinicians and the psychiatrist when patient deemed to need extra engagement, even after multiple refusals, to prevent patients from falling through the cracks.
- Practice has significantly increased the number of patients willing to accept services and medication therapy.
- Also our goal to decrease the number of patients deemed incompetent to stand trial and expected to endure lengthy stays in custody while awaiting placement with the Department of State Hospitals.



# Medication Assisted Treatment Program



- Wellpath in conjunction with the Sheriff's Office, Probation, Behavioral Wellness, Cottage Hospital, Marian Hospital, the Public Defender's Office and the Drug Treatment Courts applied for a grant, "Expanding access to M.A.T. in County Criminal Justice Settings."
- The first cohort of this program with 21 other counties. August 2018 - January 2020.
- Initial grant funding: \$25,000 to cover the cost of attending the in person learning sessions and participation in other MAT related activities.
- Additional funding was also made available to each participating county.
- Santa Barbara received an additional \$160,000 to help implement the M.A.T. program within the jail.

*Medication assisted treatment (M.A.T.) is a component of the new standard of care in the treatment of individuals with Opioid Use Disorders.*





# Medication Assisted Treatment Program



- **M.A.T. Pilot Program**

- November 2018, Santa Barbara County Jail
- Began to provide substance use treatment with naltrexone (Vivitrol) to a select group of inmates with a history of opiate dependence and a willingness to get help.
- The pilot group has shown some success. At the end of March, 2019 four patients had been through the pilot M.A.T program.

*Medication assisted treatment (M.A.T.) is a component of the new standard of care in the treatment of individuals with Opioid Use Disorders.*



# Northern Branch Jail Project

Negotiations for contracted healthcare services are nearing completion. The contract will be presented to the Board of Supervisors later this year.





*In 2018 the National Commission on Correctional Health Care (NCCHC) released a new set of standards for Adult Jails.*

*The Wellpath Director of Accreditation and Compliance conducted site surveys.*

## Survey Results

- Adult facility
  - Meeting 78% of Essential Standards
  - Meeting 65% of Important Standards
  - Adult facility has begun the application process for NCCHC
- Juvenile Facility
  - Meeting 73% of Essential Standards
  - Meeting 88% of Important Standards
  - Wellpath has begun the NCCHC application process for our Juvenile sites.

Both juvenile facilities were reaccredited by the Institute of Medical Quality (IMQ) in 2018. Wellpath and Probation are committed to maintaining IMQ accreditation along with NCCHC accreditation.



Thank you.



Annual Report of Services

# Santa Barbara County Detention Facilities

## 2018-2019





# Wellpath – The New CCS and CMGC



*We are the right people, striving to do the right thing. We will continue to create healthier communities wherever we go, wherever we grow - one patient at a time.*

- October of 2018, CFMG's parent company, Correctional Medical Group Companies (CMGC), joined with Correct Care Solutions (CCS) to form Wellpath
- 16,000 professionals at 550 facilities in 34 states across America and Australia
- Medical and behavioral healthcare services for more than 300,000 patients each day.
- Over 35 years in jails, prisons, psychiatric hospitals and treatment facilities.

# Community Outreach

- Wellpath & SBSO Custody Branch give 200 Holiday care packages to Santa Barbara's homeless two years in a row.
- SBSO-Wellpath softball raises \$1,200 for the Teddy Bear Cancer Foundation.



*Our commitment to patients and community.*



# Community Partnerships



- Common goals
  - Improve collaboration
  - Continuity of care
  - Reduce barriers to treatment in custody and during reentry
- Strong partnerships with County Behavioral Wellness and the Public Defender's Office
- Sheriff's Office Grievance Oversight Committee
- Sheriff's Office Behavioral Sciences Unit



# Staff Education

**Wellpath provides training year-round for S.B.S.O. recruits in the C.O.R.E. Academy as well as to Probation Juvenile Institution staff.**

**The training is built on the following critical areas:**

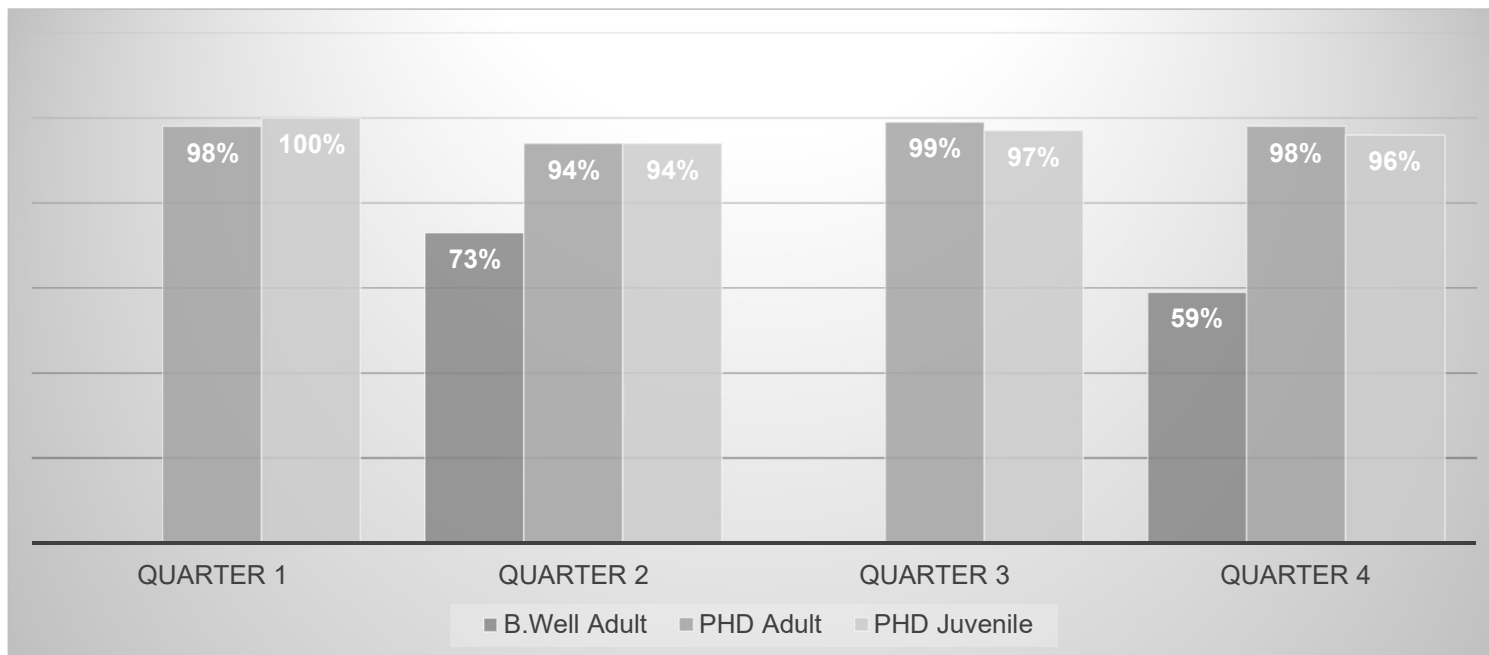
- Crisis intervention
- Suicide prevention and intervention
- Responding to medical and mental health emergencies
- Blood borne pathogens and standard precautions
- Common medical and mental health conditions encountered in custody
- HIPAA compliance



*The C.O.R.E. academy is taught by a Registered Nurse and Psychiatrist from Wellpath*

# Service Level Agreements

Behavioral Wellness and Public Health complete quarterly audits on the service level agreements (SLA) between Wellpath and Santa Barbara County Probation Department and the Sheriff's Office.







*New pregnancy coordinator oversees the collaborative care of all pregnant patients to ensure all standards are being followed and community standards are exceeded*

### **CQI areas for improvement:**

- Coordination of care and discharge of pregnant patients.

### **Improvement plan:**

- Pregnancy Coordinator
  - Oversees collaborative care of all pregnant patients.
  - Meets with patient within first 5 days of incarceration.
- All patients receive educational materials.
- Helps patients to understand their rights while incarcerated and their options for care.
- Patients provided with 6-month supply of prenatal vitamins and other resources, coupons and samples.

# Off-Site Clinic Services



- **Community Appointments**
  - Adult facility - **330**
  - Juvenile Hall and Boys Camp – **192**
    - Dental: **46%**
    - Optometry: **14%**
    - X-Ray: **14%**
- **Adult**
  - ED Send outs - **193** to both Santa Barbara and Goleta Valley Cottage Hospitals
  - Hospital Admissions - **63**
- **Juvenile**
  - ED Send outs - **13** to Marian hospital
  - Hospitalizations – **0**
  - 5585 hospitalizations - **2**

# Clinical Staffing

No staffing vacancies that exceeded 60 days

- **Adult facility:**

- 9.2 Licensed Vocational Nurse full time equivalents (FTE)
- 9 Registered Nurse FTE's
- 0.4 Medical Director FTE's
- 0.75 Nurse Practitioner FTE's.

- **Juvenile sites:**

- 3.05 Registered Nurse FTE's,
- 1.05 Licensed Vocational Nurse FTE's
- 0.6 Medical Director FTE's.

Services provided 0700-2100. No Mental Health or Dental services provided by Wellpath



# On-Site Clinic Services



## Adult Sick Call

- **16,095** sick call requests
- 9,944 completed by Registered Nurses
  - 1,070 by Family Nurse Practitioner
  - 314 by our contracted Medical Director
- Call slips triaged three times a day. An increase in access to care from previous year.
- Depending on the triage, requests are addressed in person same day or within 24 hours by medical or mental health staff.
- Patient encounters are possible because of our dedicated Medical Escort Team (MET's) - 4 Custody Deputies



# On-Site Clinic Services

## Juvenile Sick Call

- Sick call requests collected twice daily and triaged within 4 hours when nursing is on site.
- All triaged sick calls are seen by the RN within 24 hours.
- Staff contact on-call physician for any emergent or urgent medical need place youth on next physician sick call for non-urgent needs.

## Juvenile Hall

- **417** physician sick calls
- **234** physician annual exams
- **204** physician interval exams
- **63** chronic care visits
- **2,573** RN sick calls
- **116** RN interval exams
- **321** immunizations

## Los Prietos Boys Camp

- **191** physician sick calls
- **11** physician annual exams
- **73** chronic care visits
- **931** RN sick calls
- **44** immunizations





# On-Site Clinic Services



- **Radiology:**
  - Adult - **353** mobile diagnostics x-rays
- **Lab:**
  - Transitioned to Bioreference Laboratories
  - **3,601** adult laboratory tests submitted
  - **467** juvenile laboratory tests sent to Santa Barbara Public Health department's laboratory.
- **Dental:**
  - 16 – hours contracted to provide dental service per week to adults. Not contracted to provide dental to youth.
  - Adult - **908** on-site dental clinic visits completed
  - Juvenile Hall and Los Prietos Boys Camp - **90** community appointments

# In-Custody Deaths

## Adult In-custody deaths - 2

- **July 5<sup>th</sup>, 2018:** In-custody in facility death was the result of a suicide.
- **January 10<sup>th</sup>, 2019:** In-custody out of facility death. Patient had a terminal illness and was able to spend his last days surrounded by his loving family.

**Juvenile** - There were no in-custody deaths in the Juvenile Detention facilities.

# Correct Rx



- Transition from Diamond to Correct Rx
- Adult facility went from stock to patient specific medications. Juvenile Hall and Los Prietos stayed patient specific.
- Enhanced patient safety
- Recommend cost-saving alternatives
- Correct Rx provides detailed utilization reports
- We have noticed a decrease in waste, expired medications and medication errors since our switch to patient specific medications.

# Pharmaceutical Utilization and Management



## Medications Dispensed

### Adult: 377,533

- Average daily population: **963** adult inmate patients
- Population on medications: **29.6%**
- Population on psychotropic medications: **12%**
- Patients prescribed medications: **7,256** annually
- Patients prescribed psychotropic medications: **2,988** annually

*Correct Rx Pharmacy completed all quarterly pharmaceutical inspections in 2018 and 2019. This is a thorough 64-point evaluation and inspection. There were no issues noted during any of the audits. Please see Exhibit II for our medication utilization reports.*

### Youth: 23,890

#### Juvenile Hall

- Average daily population at Juvenile Hall: **38**
- Patients prescribed medications: **16.5** each month
- Patients prescribed psychotropic medications: **13.6** each month

#### Los Prietos Boys Camp

- Average daily population: **22**
- Patients prescribed medications: **6.9** each month
- Patients prescribed psychotropic medications: **3.5** each month

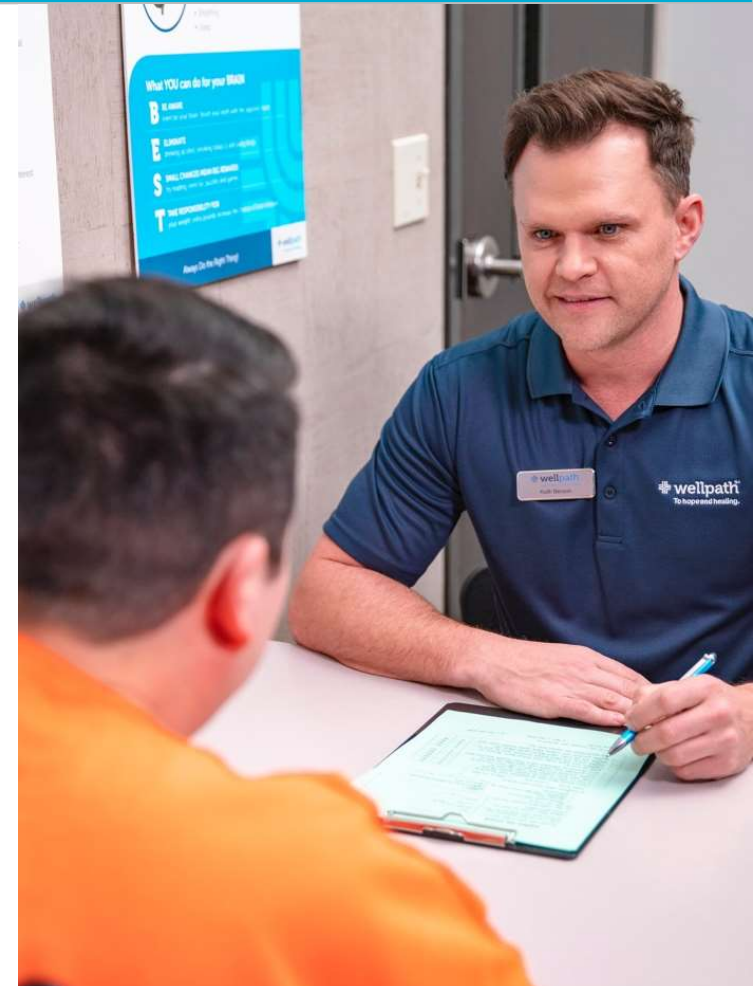
# Mental Health Overview

## Our Mental Health Professional staffing

- 1 - Psychiatrist - on-site 40 hours a week
- 2 - Psychiatric RNs (Board Certified Mental Health RNs).
- 3 - Full-time Licensed Marriage and Family Therapists (LMFT)
- 1 - Licensed Clinical Social Worker (LCSW)

## Patient Visits

- Psychiatric RNs: **3,200**
- LCSW/LMFT: **7,441**
- Psychiatrist: **2,045** visits and **670** Abnormal Involuntary Movement Scale (AIMS) assessments.





# Mental Health Overview

## **Seriously Mentally Ill (SMI) patients and patients deemed incompetent to stand trial (IST)**

- SMI and IST patients began to be tracked and communicated between Wellpath, Behavioral Wellness, and the Public Defender's Office.
- Formed the idea that patients could ultimately be stabilized and possibly eligible for re-assessment of competency.
- Two patients sentenced to the Department of State Hospitals and one to county Behavioral Wellness placement were restored to competency in our custody prior to a bed becoming available and they were re-evaluated for competency and the IST removed.

## **Patients unwilling to accept services, but who were deemed to be in need**

- Closely followed on segregation rounds and follow up appointments; services were repeatedly offered.
- Psychiatrist rounds attempt to gain the patients trust and encourage them to attend a psychiatry visit.
- Meetings and consultations held between clinicians and the psychiatrist when patient deemed to need extra engagement, even after multiple refusals, to prevent patients from falling through the cracks.
- Practice has significantly increased the number of patients willing to accept services and medication therapy.
- Also our goal to decrease the number of patients deemed incompetent to stand trial and expected to endure lengthy stays in custody while awaiting placement with the Department of State Hospitals.



# Medication Assisted Treatment Program



- Wellpath in conjunction with the Sheriff’s Office, Probation, Behavioral Wellness, Cottage Hospital, Marian Hospital, the Public Defender’s Office and the Drug Treatment Courts applied for a grant, “Expanding access to M.A.T. in County Criminal Justice Settings.”
- The first cohort of this program with 21 other counties. August 2018 - January 2020.
- Initial grant funding: \$25,000 to cover the cost of attending the in person learning sessions and participation in other MAT related activities.
- Additional funding was also made available to each participating county.
- Santa Barbara received an additional \$160,000 to help implement the M.A.T. program within the jail.

*Medication assisted treatment (M.A.T.) is a component of the new standard of care in the treatment of individuals with Opioid Use Disorders.*



# Medication Assisted Treatment Program



- **M.A.T. Pilot Program**

- November 2018, Santa Barbara County Jail
- Began to provide substance use treatment with naltrexone (Vivitrol) to a select group of inmates with a history of opiate dependence and a willingness to get help.
- The pilot group has shown some success. At the end of March, 2019 four patients had been through the pilot M.A.T program.

*Medication assisted treatment (M.A.T.) is a component of the new standard of care in the treatment of individuals with Opioid Use Disorders.*



# Northern Branch Jail Project

Negotiations for contracted healthcare services are nearing completion. The contract will be presented to the Board of Supervisors later this year.





***In 2018 the National Commission on Correctional Health Care (NCCHC) released a new set of standards for Adult Jails.***

***The Wellpath Director of Accreditation and Compliance conducted site surveys.***

## Survey Results

- Adult facility
  - Meeting 78% of Essential Standards
  - Meeting 65% of Important Standards
  - Adult facility has begun the application process for NCCHC
- Juvenile Facility
  - Meeting 73% of Essential Standards
  - Meeting 88% of Important Standards
  - Wellpath has begun the NCCHC application process for our Juvenile sites.

Both juvenile facilities were reaccredited by the Institute of Medical Quality (IMQ) in 2018. Wellpath and Probation are committed to maintaining IMQ accreditation along with NCCHC accreditation.





Thank you.



Annual Report of Services

# Santa Barbara County Detention Facilities

## 2018-2019



# Wellpath – The New CCS and CMGC



*We are the right people, striving to do the right thing. We will continue to create healthier communities wherever we go, wherever we grow - one patient at a time.*

- October of 2018, CFMG's parent company, Correctional Medical Group Companies (CMGC), joined with Correct Care Solutions (CCS) to form Wellpath
- 16,000 professionals at 550 facilities in 34 states across America and Australia
- Medical and behavioral healthcare services for more than 300,000 patients each day.
- Over 35 years in jails, prisons, psychiatric hospitals and treatment facilities.

# Community Outreach

- Wellpath & SBSO Custody Branch give 200 Holiday care packages to Santa Barbara's homeless two years in a row.
- SBSO-Wellpath softball raises \$1,200 for the Teddy Bear Cancer Foundation.



*Our commitment to patients and community.*





# Community Partnerships



- Common goals
  - Improve collaboration
  - Continuity of care
  - Reduce barriers to treatment in custody and during reentry
- Strong partnerships with County Behavioral Wellness and the Public Defender's Office
- Sheriff's Office Grievance Oversight Committee
- Sheriff's Office Behavioral Sciences Unit



# Staff Education

**Wellpath provides training year-round for S.B.S.O. recruits in the C.O.R.E. Academy as well as to Probation Juvenile Institution staff.**

**The training is built on the following critical areas:**

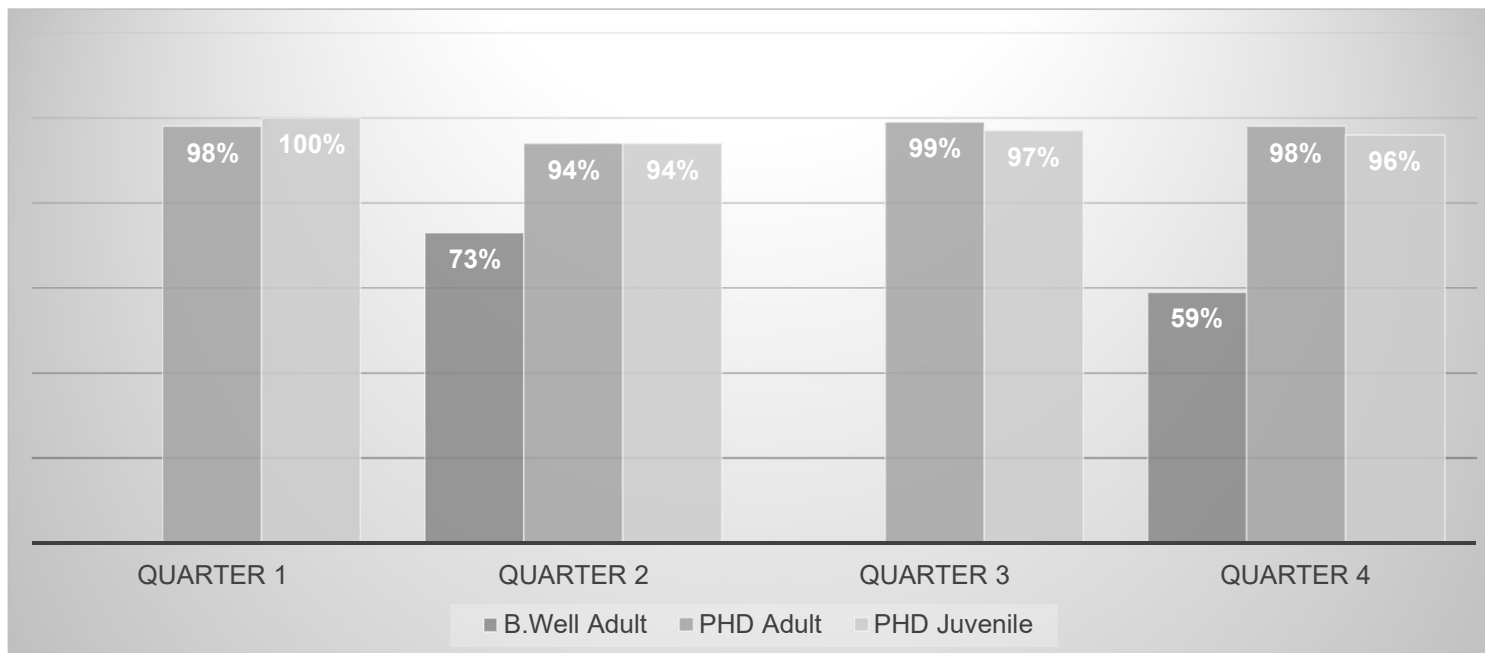
- Crisis intervention
- Suicide prevention and intervention
- Responding to medical and mental health emergencies
- Blood borne pathogens and standard precautions
- Common medical and mental health conditions encountered in custody
- HIPAA compliance



*The C.O.R.E. academy is taught by a Registered Nurse and Psychiatrist from Wellpath*

# Service Level Agreements

Behavioral Wellness and Public Health complete quarterly audits on the service level agreements (SLA) between Wellpath and Santa Barbara County Probation Department and the Sheriff's Office.





*New pregnancy coordinator oversees the collaborative care of all pregnant patients to ensure all standards are being followed and community standards are exceeded*

### **CQI areas for improvement:**

- Coordination of care and discharge of pregnant patients.

### **Improvement plan:**

- Pregnancy Coordinator
  - Oversees collaborative care of all pregnant patients.
  - Meets with patient within first 5 days of incarceration.
- All patients receive educational materials.
- Helps patients to understand their rights while incarcerated and their options for care.
- Patients provided with 6-month supply of prenatal vitamins and other resources, coupons and samples.

# Off-Site Clinic Services



- **Community Appointments**
  - Adult facility - **330**
  - Juvenile Hall and Boys Camp – **192**
    - Dental: **46%**
    - Optometry: **14%**
    - X-Ray: **14%**
- **Adult**
  - ED Send outs - **193** to both Santa Barbara and Goleta Valley Cottage Hospitals
  - Hospital Admissions - **63**
- **Juvenile**
  - ED Send outs - **13** to Marian hospital
  - Hospitalizations – **0**
  - 5585 hospitalizations - **2**

# Clinical Staffing

No staffing vacancies that exceeded 60 days

- **Adult facility:**

- 9.2 Licensed Vocational Nurse full time equivalents (FTE)
- 9 Registered Nurse FTE's
- 0.4 Medical Director FTE's
- 0.75 Nurse Practitioner FTE's.

- **Juvenile sites:**

- 3.05 Registered Nurse FTE's,
- 1.05 Licensed Vocational Nurse FTE's
- 0.6 Medical Director FTE's.

Services provided 0700-2100. No Mental Health or Dental services provided by Wellpath





# On-Site Clinic Services



## Adult Sick Call

- **16,095** sick call requests
- 9,944 completed by Registered Nurses
  - 1,070 by Family Nurse Practitioner
  - 314 by our contracted Medical Director
- Call slips triaged three times a day. An increase in access to care from previous year.
- Depending on the triage, requests are addressed in person same day or within 24 hours by medical or mental health staff.
- Patient encounters are possible because of our dedicated Medical Escort Team (MET's) - 4 Custody Deputies

# On-Site Clinic Services

## Juvenile Sick Call

- Sick call requests collected twice daily and triaged within 4 hours when nursing is on site.
- All triaged sick calls are seen by the RN within 24 hours.
- Staff contact on-call physician for any emergent or urgent medical need place youth on next physician sick call for non-urgent needs.

## Juvenile Hall

- **417** physician sick calls
- **234** physician annual exams
- **204** physician interval exams
- **63** chronic care visits
- **2,573** RN sick calls
- **116** RN interval exams
- **321** immunizations

## Los Prietos Boys Camp

- **191** physician sick calls
- **11** physician annual exams
- **73** chronic care visits
- **931** RN sick calls
- **44** immunizations



# On-Site Clinic Services



- **Radiology:**
  - Adult - **353** mobile diagnostics x-rays
- **Lab:**
  - Transitioned to Bioreference Laboratories
  - **3,601** adult laboratory tests submitted
  - **467** juvenile laboratory tests sent to Santa Barbara Public Health department's laboratory.
- **Dental:**
  - 16 – hours contracted to provide dental service per week to adults. Not contracted to provide dental to youth.
  - Adult - **908** on-site dental clinic visits completed
  - Juvenile Hall and Los Prietos Boys Camp - **90** community appointments

# In-Custody Deaths

## Adult In-custody deaths - 2

- **July 5<sup>th</sup>, 2018:** In-custody in facility death was the result of a suicide.
- **January 10<sup>th</sup>, 2019:** In-custody out of facility death. Patient had a terminal illness and was able to spend his last days surrounded by his loving family.

**Juvenile** - There were no in-custody deaths in the Juvenile Detention facilities.



# Correct Rx



- Transition from Diamond to Correct Rx
- Adult facility went from stock to patient specific medications. Juvenile Hall and Los Prietos stayed patient specific.
- Enhanced patient safety
- Recommend cost-saving alternatives
- Correct Rx provides detailed utilization reports
- We have noticed a decrease in waste, expired medications and medication errors since our switch to patient specific medications.



# Pharmaceutical Utilization and Management



## Medications Dispensed

### Adult: 377,533

- Average daily population: **963** adult inmate patients
- Population on medications: **29.6%**
- Population on psychotropic medications: **12%**
- Patients prescribed medications: **7,256** annually
- Patients prescribed psychotropic medications: **2,988** annually

*Correct Rx Pharmacy completed all quarterly pharmaceutical inspections in 2018 and 2019. This is a thorough 64-point evaluation and inspection. There were no issues noted during any of the audits. Please see Exhibit II for our medication utilization reports.*

### Youth: 23,890

#### Juvenile Hall

- Average daily population at Juvenile Hall: **38**
- Patients prescribed medications: **16.5** each month
- Patients prescribed psychotropic medications: **13.6** each month

#### Los Prietos Boys Camp

- Average daily population: **22**
- Patients prescribed medications: **6.9** each month
- Patients prescribed psychotropic medications: **3.5** each month

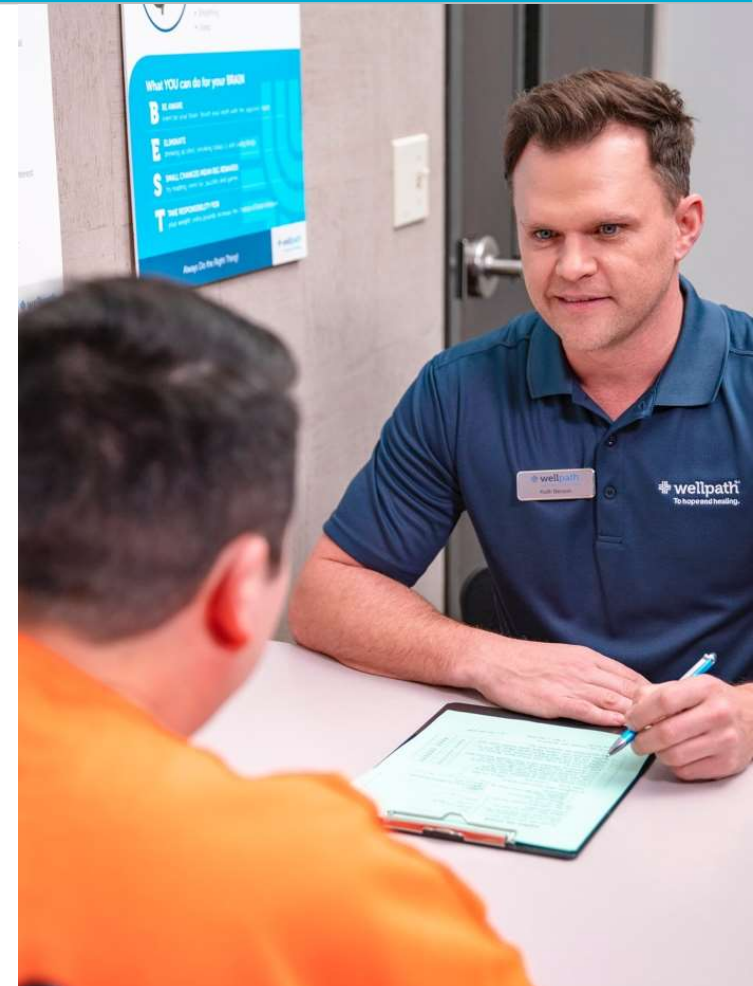
# Mental Health Overview

## Our Mental Health Professional staffing

- 1 - Psychiatrist - on-site 40 hours a week
- 2 - Psychiatric RNs (Board Certified Mental Health RNs).
- 3 - Full-time Licensed Marriage and Family Therapists (LMFT)
- 1 - Licensed Clinical Social Worker (LCSW)

## Patient Visits

- Psychiatric RNs: **3,200**
- LCSW/LMFT: **7,441**
- Psychiatrist: **2,045** visits and **670** Abnormal Involuntary Movement Scale (AIMS) assessments.



# Mental Health Overview

## **Seriously Mentally Ill (SMI) patients and patients deemed incompetent to stand trial (IST)**

- SMI and IST patients began to be tracked and communicated between Wellpath, Behavioral Wellness, and the Public Defender's Office.
- Formed the idea that patients could ultimately be stabilized and possibly eligible for re-assessment of competency.
- Two patients sentenced to the Department of State Hospitals and one to county Behavioral Wellness placement were restored to competency in our custody prior to a bed becoming available and they were re-evaluated for competency and the IST removed.

## **Patients unwilling to accept services, but who were deemed to be in need**

- Closely followed on segregation rounds and follow up appointments; services were repeatedly offered.
- Psychiatrist rounds attempt to gain the patients trust and encourage them to attend a psychiatry visit.
- Meetings and consultations held between clinicians and the psychiatrist when patient deemed to need extra engagement, even after multiple refusals, to prevent patients from falling through the cracks.
- Practice has significantly increased the number of patients willing to accept services and medication therapy.
- Also our goal to decrease the number of patients deemed incompetent to stand trial and expected to endure lengthy stays in custody while awaiting placement with the Department of State Hospitals.



# Medication Assisted Treatment Program



- Wellpath in conjunction with the Sheriff's Office, Probation, Behavioral Wellness, Cottage Hospital, Marian Hospital, the Public Defender's Office and the Drug Treatment Courts applied for a grant, "Expanding access to M.A.T. in County Criminal Justice Settings."
- The first cohort of this program with 21 other counties. August 2018 - January 2020.
- Initial grant funding: \$25,000 to cover the cost of attending the in person learning sessions and participation in other MAT related activities.
- Additional funding was also made available to each participating county.
- Santa Barbara received an additional \$160,000 to help implement the M.A.T. program within the jail.

*Medication assisted treatment (M.A.T.) is a component of the new standard of care in the treatment of individuals with Opioid Use Disorders.*



# Medication Assisted Treatment Program



- **M.A.T. Pilot Program**

- November 2018, Santa Barbara County Jail
- Began to provide substance use treatment with naltrexone (Vivitrol) to a select group of inmates with a history of opiate dependence and a willingness to get help.
- The pilot group has shown some success. At the end of March, 2019 four patients had been through the pilot M.A.T program.

*Medication assisted treatment (M.A.T.) is a component of the new standard of care in the treatment of individuals with Opioid Use Disorders.*





# Northern Branch Jail Project

Negotiations for contracted healthcare services are nearing completion. The contract will be presented to the Board of Supervisors later this year.





***In 2018 the National Commission on Correctional Health Care (NCCHC) released a new set of standards for Adult Jails.***

***The Wellpath Director of Accreditation and Compliance conducted site surveys.***

## Survey Results

- Adult facility
  - Meeting 78% of Essential Standards
  - Meeting 65% of Important Standards
  - Adult facility has begun the application process for NCCHC
- Juvenile Facility
  - Meeting 73% of Essential Standards
  - Meeting 88% of Important Standards
  - Wellpath has begun the NCCHC application process for our Juvenile sites.

Both juvenile facilities were reaccredited by the Institute of Medical Quality (IMQ) in 2018. Wellpath and Probation are committed to maintaining IMQ accreditation along with NCCHC accreditation.



Thank you.



Annual Report of Services

# Santa Barbara County Detention Facilities

## 2018-2019



# Wellpath – The New CCS and CMGC



*We are the right people, striving to do the right thing. We will continue to create healthier communities wherever we go, wherever we grow - one patient at a time.*

- October of 2018, CFMG's parent company, Correctional Medical Group Companies (CMGC), joined with Correct Care Solutions (CCS) to form Wellpath
- 16,000 professionals at 550 facilities in 34 states across America and Australia
- Medical and behavioral healthcare services for more than 300,000 patients each day.
- Over 35 years in jails, prisons, psychiatric hospitals and treatment facilities.



# Community Outreach

- Wellpath & SBSO Custody Branch give 200 Holiday care packages to Santa Barbara's homeless two years in a row.
- SBSO-Wellpath softball raises \$1,200 for the Teddy Bear Cancer Foundation.



*Our commitment to patients and community.*



# Community Partnerships



- Common goals
  - Improve collaboration
  - Continuity of care
  - Reduce barriers to treatment in custody and during reentry
- Strong partnerships with County Behavioral Wellness and the Public Defender's Office
- Sheriff's Office Grievance Oversight Committee
- Sheriff's Office Behavioral Sciences Unit

# Staff Education

**Wellpath provides training year-round for S.B.S.O. recruits in the C.O.R.E. Academy as well as to Probation Juvenile Institution staff.**

**The training is built on the following critical areas:**

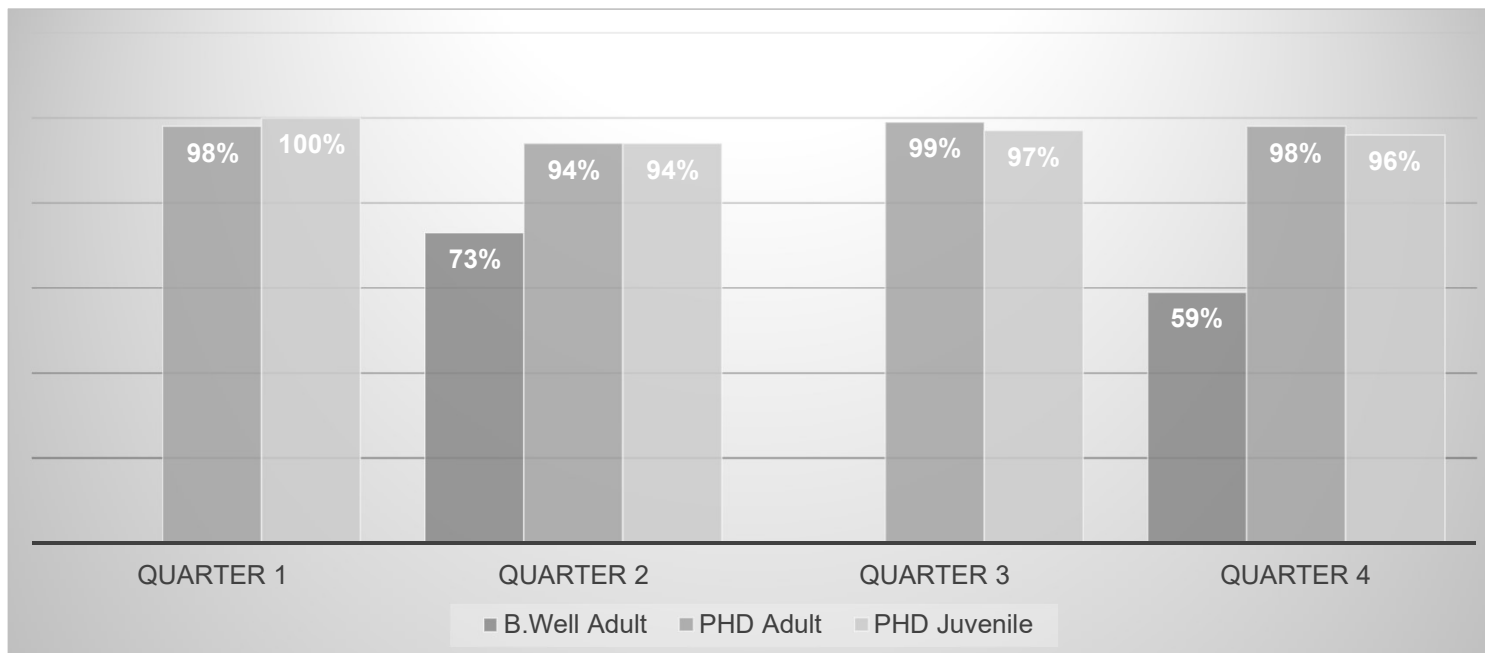
- Crisis intervention
- Suicide prevention and intervention
- Responding to medical and mental health emergencies
- Blood borne pathogens and standard precautions
- Common medical and mental health conditions encountered in custody
- HIPAA compliance



*The C.O.R.E. academy is taught by a Registered Nurse and Psychiatrist from Wellpath*

# Service Level Agreements

Behavioral Wellness and Public Health complete quarterly audits on the service level agreements (SLA) between Wellpath and Santa Barbara County Probation Department and the Sheriff's Office.







*New pregnancy coordinator oversees the collaborative care of all pregnant patients to ensure all standards are being followed and community standards are exceeded*

### **CQI areas for improvement:**

- Coordination of care and discharge of pregnant patients.

### **Improvement plan:**

- Pregnancy Coordinator
  - Oversees collaborative care of all pregnant patients.
  - Meets with patient within first 5 days of incarceration.
- All patients receive educational materials.
- Helps patients to understand their rights while incarcerated and their options for care.
- Patients provided with 6-month supply of prenatal vitamins and other resources, coupons and samples.



# Off-Site Clinic Services



- **Community Appointments**
  - Adult facility - **330**
  - Juvenile Hall and Boys Camp – **192**
    - Dental: **46%**
    - Optometry: **14%**
    - X-Ray: **14%**
- **Adult**
  - ED Send outs - **193** to both Santa Barbara and Goleta Valley Cottage Hospitals
  - Hospital Admissions - **63**
- **Juvenile**
  - ED Send outs - **13** to Marian hospital
  - Hospitalizations – **0**
  - 5585 hospitalizations - **2**

# Clinical Staffing

No staffing vacancies that exceeded 60 days

- **Adult facility:**

- 9.2 Licensed Vocational Nurse full time equivalents (FTE)
- 9 Registered Nurse FTE's
- 0.4 Medical Director FTE's
- 0.75 Nurse Practitioner FTE's.

- **Juvenile sites:**

- 3.05 Registered Nurse FTE's,
- 1.05 Licensed Vocational Nurse FTE's
- 0.6 Medical Director FTE's.

Services provided 0700-2100. No Mental Health or Dental services provided by Wellpath



# On-Site Clinic Services



## Adult Sick Call

- **16,095** sick call requests
- 9,944 completed by Registered Nurses
  - 1,070 by Family Nurse Practitioner
  - 314 by our contracted Medical Director
- Call slips triaged three times a day. An increase in access to care from previous year.
- Depending on the triage, requests are addressed in person same day or within 24 hours by medical or mental health staff.
- Patient encounters are possible because of our dedicated Medical Escort Team (MET's) - 4 Custody Deputies

# On-Site Clinic Services

## Juvenile Sick Call

- Sick call requests collected twice daily and triaged within 4 hours when nursing is on site.
- All triaged sick calls are seen by the RN within 24 hours.
- Staff contact on-call physician for any emergent or urgent medical need place youth on next physician sick call for non-urgent needs.

## Juvenile Hall

- **417** physician sick calls
- **234** physician annual exams
- **204** physician interval exams
- **63** chronic care visits
- **2,573** RN sick calls
- **116** RN interval exams
- **321** immunizations

## Los Prietos Boys Camp

- **191** physician sick calls
- **11** physician annual exams
- **73** chronic care visits
- **931** RN sick calls
- **44** immunizations





# On-Site Clinic Services



- **Radiology:**
  - Adult - **353** mobile diagnostics x-rays
- **Lab:**
  - Transitioned to Bioreference Laboratories
  - **3,601** adult laboratory tests submitted
  - **467** juvenile laboratory tests sent to Santa Barbara Public Health department's laboratory.
- **Dental:**
  - 16 – hours contracted to provide dental service per week to adults. Not contracted to provide dental to youth.
  - Adult - **908** on-site dental clinic visits completed
  - Juvenile Hall and Los Prietos Boys Camp - **90** community appointments



# In-Custody Deaths

## Adult In-custody deaths - 2

- **July 5<sup>th</sup>, 2018:** In-custody in facility death was the result of a suicide.
- **January 10<sup>th</sup>, 2019:** In-custody out of facility death. Patient had a terminal illness and was able to spend his last days surrounded by his loving family.

**Juvenile** - There were no in-custody deaths in the Juvenile Detention facilities.

# Correct Rx



- Transition from Diamond to Correct Rx
- Adult facility went from stock to patient specific medications. Juvenile Hall and Los Prietos stayed patient specific.
- Enhanced patient safety
- Recommend cost-saving alternatives
- Correct Rx provides detailed utilization reports
- We have noticed a decrease in waste, expired medications and medication errors since our switch to patient specific medications.

# Pharmaceutical Utilization and Management



## Medications Dispensed

### Adult: 377,533

- Average daily population: **963** adult inmate patients
- Population on medications: **29.6%**
- Population on psychotropic medications: **12%**
- Patients prescribed medications: **7,256** annually
- Patients prescribed psychotropic medications: **2,988** annually

*Correct Rx Pharmacy completed all quarterly pharmaceutical inspections in 2018 and 2019. This is a thorough 64-point evaluation and inspection. There were no issues noted during any of the audits. Please see Exhibit II for our medication utilization reports.*

### Youth: 23,890

#### Juvenile Hall

- Average daily population at Juvenile Hall: **38**
- Patients prescribed medications: **16.5** each month
- Patients prescribed psychotropic medications: **13.6** each month

#### Los Prietos Boys Camp

- Average daily population: **22**
- Patients prescribed medications: **6.9** each month
- Patients prescribed psychotropic medications: **3.5** each month

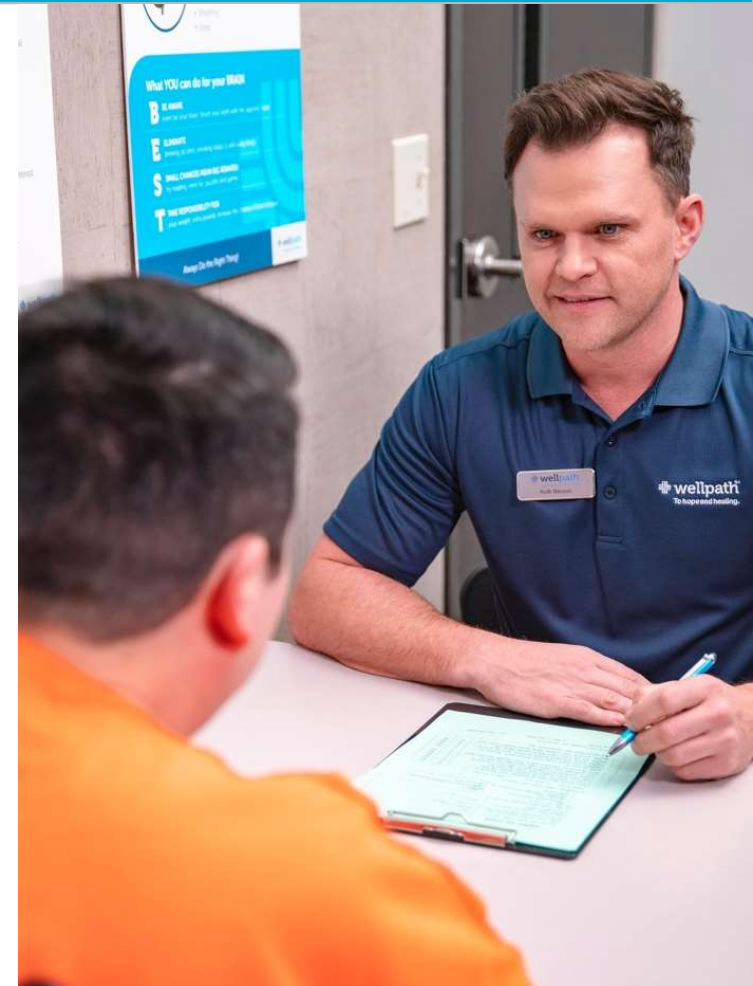
# Mental Health Overview

## Our Mental Health Professional staffing

- 1 - Psychiatrist - on-site 40 hours a week
- 2 - Psychiatric RNs (Board Certified Mental Health RNs).
- 3 - Full-time Licensed Marriage and Family Therapists (LMFT)
- 1 - Licensed Clinical Social Worker (LCSW)

## Patient Visits

- Psychiatric RNs: **3,200**
- LCSW/LMFT: **7,441**
- Psychiatrist: **2,045** visits and **670** Abnormal Involuntary Movement Scale (AIMS) assessments.



# Mental Health Overview

## **Seriously Mentally Ill (SMI) patients and patients deemed incompetent to stand trial (IST)**

- SMI and IST patients began to be tracked and communicated between Wellpath, Behavioral Wellness, and the Public Defender's Office.
- Formed the idea that patients could ultimately be stabilized and possibly eligible for re-assessment of competency.
- Two patients sentenced to the Department of State Hospitals and one to county Behavioral Wellness placement were restored to competency in our custody prior to a bed becoming available and they were re-evaluated for competency and the IST removed.

## **Patients unwilling to accept services, but who were deemed to be in need**

- Closely followed on segregation rounds and follow up appointments; services were repeatedly offered.
- Psychiatrist rounds attempt to gain the patients trust and encourage them to attend a psychiatry visit.
- Meetings and consultations held between clinicians and the psychiatrist when patient deemed to need extra engagement, even after multiple refusals, to prevent patients from falling through the cracks.
- Practice has significantly increased the number of patients willing to accept services and medication therapy.
- Also our goal to decrease the number of patients deemed incompetent to stand trial and expected to endure lengthy stays in custody while awaiting placement with the Department of State Hospitals.





# Medication Assisted Treatment Program



- Wellpath in conjunction with the Sheriff's Office, Probation, Behavioral Wellness, Cottage Hospital, Marian Hospital, the Public Defender's Office and the Drug Treatment Courts applied for a grant, "Expanding access to M.A.T. in County Criminal Justice Settings."
- The first cohort of this program with 21 other counties. August 2018 - January 2020.
- Initial grant funding: \$25,000 to cover the cost of attending the in person learning sessions and participation in other MAT related activities.
- Additional funding was also made available to each participating county.
- Santa Barbara received an additional \$160,000 to help implement the M.A.T. program within the jail.

*Medication assisted treatment (M.A.T.) is a component of the new standard of care in the treatment of individuals with Opioid Use Disorders.*



# Medication Assisted Treatment Program



- **M.A.T. Pilot Program**

- November 2018, Santa Barbara County Jail
- Began to provide substance use treatment with naltrexone (Vivitrol) to a select group of inmates with a history of opiate dependence and a willingness to get help.
- The pilot group has shown some success. At the end of March, 2019 four patients had been through the pilot M.A.T program.

*Medication assisted treatment (M.A.T.) is a component of the new standard of care in the treatment of individuals with Opioid Use Disorders.*



# Northern Branch Jail Project

Negotiations for contracted healthcare services are nearing completion. The contract will be presented to the Board of Supervisors later this year.





***In 2018 the National Commission on Correctional Health Care (NCCHC) released a new set of standards for Adult Jails.***

***The Wellpath Director of Accreditation and Compliance conducted site surveys.***

## Survey Results

- Adult facility
  - Meeting 78% of Essential Standards
  - Meeting 65% of Important Standards
  - Adult facility has begun the application process for NCCHC
- Juvenile Facility
  - Meeting 73% of Essential Standards
  - Meeting 88% of Important Standards
  - Wellpath has begun the NCCHC application process for our Juvenile sites.

Both juvenile facilities were reaccredited by the Institute of Medical Quality (IMQ) in 2018. Wellpath and Probation are committed to maintaining IMQ accreditation along with NCCHC accreditation.



Thank you.





Annual Report of Services

# Santa Barbara County Detention Facilities

## 2018-2019



# Wellpath – The New CCS and CMGC



*We are the right people, striving to do the right thing. We will continue to create healthier communities wherever we go, wherever we grow - one patient at a time.*

- October of 2018, CFMG's parent company, Correctional Medical Group Companies (CMGC), joined with Correct Care Solutions (CCS) to form Wellpath
- 16,000 professionals at 550 facilities in 34 states across America and Australia
- Medical and behavioral healthcare services for more than 300,000 patients each day.
- Over 35 years in jails, prisons, psychiatric hospitals and treatment facilities.

# Community Outreach

- Wellpath & SBSO Custody Branch give 200 Holiday care packages to Santa Barbara's homeless two years in a row.
- SBSO-Wellpath softball raises \$1,200 for the Teddy Bear Cancer Foundation.



*Our commitment to patients and community.*



# Community Partnerships



- Common goals
  - Improve collaboration
  - Continuity of care
  - Reduce barriers to treatment in custody and during reentry
- Strong partnerships with County Behavioral Wellness and the Public Defender's Office
- Sheriff's Office Grievance Oversight Committee
- Sheriff's Office Behavioral Sciences Unit



# Staff Education

**Wellpath provides training year-round for S.B.S.O. recruits in the C.O.R.E. Academy as well as to Probation Juvenile Institution staff.**

**The training is built on the following critical areas:**

- Crisis intervention
- Suicide prevention and intervention
- Responding to medical and mental health emergencies
- Blood borne pathogens and standard precautions
- Common medical and mental health conditions encountered in custody
- HIPAA compliance

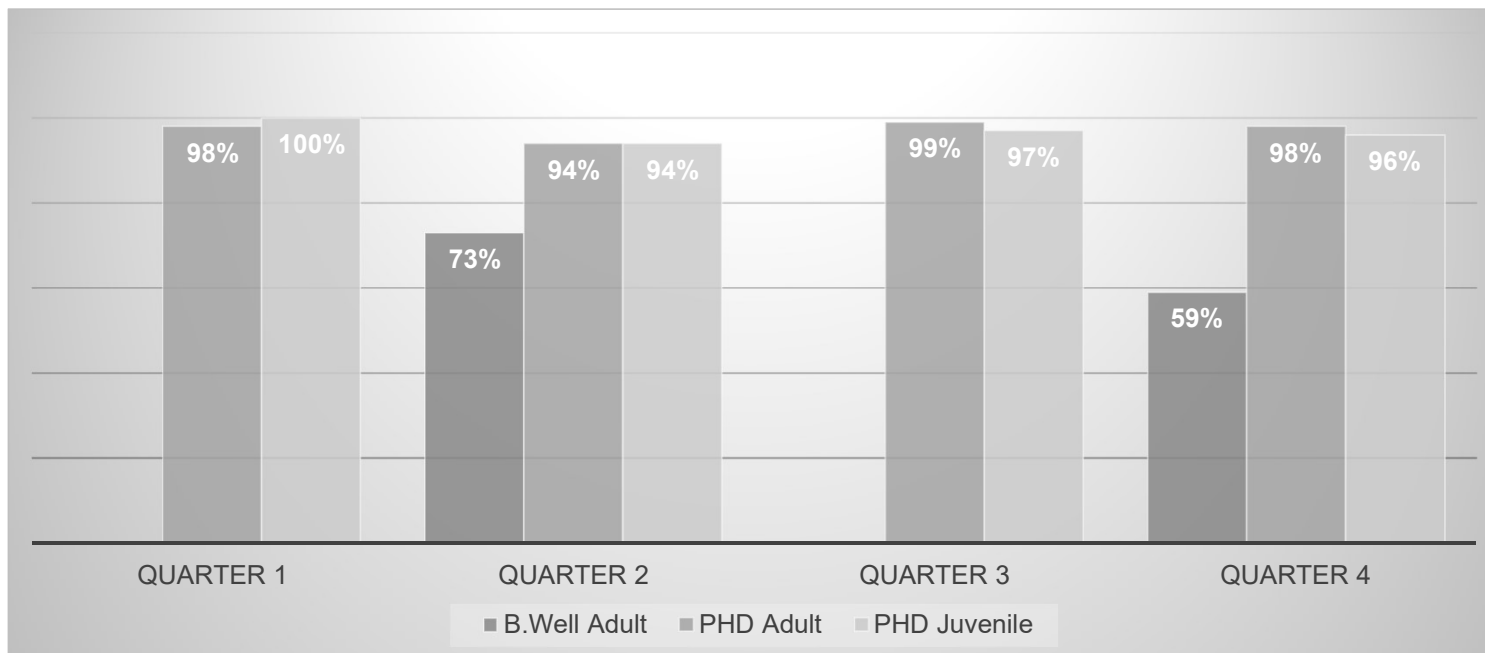


*The C.O.R.E. academy is taught by a Registered Nurse and Psychiatrist from Wellpath*



# Service Level Agreements

Behavioral Wellness and Public Health complete quarterly audits on the service level agreements (SLA) between Wellpath and Santa Barbara County Probation Department and the Sheriff's Office.





*New pregnancy coordinator oversees the collaborative care of all pregnant patients to ensure all standards are being followed and community standards are exceeded*

### **CQI areas for improvement:**

- Coordination of care and discharge of pregnant patients.

### **Improvement plan:**

- Pregnancy Coordinator
  - Oversees collaborative care of all pregnant patients.
  - Meets with patient within first 5 days of incarceration.
- All patients receive educational materials.
- Helps patients to understand their rights while incarcerated and their options for care.
- Patients provided with 6-month supply of prenatal vitamins and other resources, coupons and samples.

# Off-Site Clinic Services



- **Community Appointments**
  - Adult facility - **330**
  - Juvenile Hall and Boys Camp – **192**
    - Dental: **46%**
    - Optometry: **14%**
    - X-Ray: **14%**
- **Adult**
  - ED Send outs - **193** to both Santa Barbara and Goleta Valley Cottage Hospitals
  - Hospital Admissions - **63**
- **Juvenile**
  - ED Send outs - **13** to Marian hospital
  - Hospitalizations – **0**
  - 5585 hospitalizations - **2**

# Clinical Staffing

No staffing vacancies that exceeded 60 days

- **Adult facility:**

- 9.2 Licensed Vocational Nurse full time equivalents (FTE)
- 9 Registered Nurse FTE's
- 0.4 Medical Director FTE's
- 0.75 Nurse Practitioner FTE's.

- **Juvenile sites:**

- 3.05 Registered Nurse FTE's,
- 1.05 Licensed Vocational Nurse FTE's
- 0.6 Medical Director FTE's.

Services provided 0700-2100. No Mental Health or Dental services provided by Wellpath





# On-Site Clinic Services



## Adult Sick Call

- **16,095** sick call requests
- 9,944 completed by Registered Nurses
  - 1,070 by Family Nurse Practitioner
  - 314 by our contracted Medical Director
- Call slips triaged three times a day. An increase in access to care from previous year.
- Depending on the triage, requests are addressed in person same day or within 24 hours by medical or mental health staff.
- Patient encounters are possible because of our dedicated Medical Escort Team (MET's) - 4 Custody Deputies



# On-Site Clinic Services

## Juvenile Sick Call

- Sick call requests collected twice daily and triaged within 4 hours when nursing is on site.
- All triaged sick calls are seen by the RN within 24 hours.
- Staff contact on-call physician for any emergent or urgent medical need place youth on next physician sick call for non-urgent needs.

## Juvenile Hall

- **417** physician sick calls
- **234** physician annual exams
- **204** physician interval exams
- **63** chronic care visits
- **2,573** RN sick calls
- **116** RN interval exams
- **321** immunizations

## Los Prietos Boys Camp

- **191** physician sick calls
- **11** physician annual exams
- **73** chronic care visits
- **931** RN sick calls
- **44** immunizations



# On-Site Clinic Services



- **Radiology:**
  - Adult - **353** mobile diagnostics x-rays
- **Lab:**
  - Transitioned to Bioreference Laboratories
  - **3,601** adult laboratory tests submitted
  - **467** juvenile laboratory tests sent to Santa Barbara Public Health department's laboratory.
- **Dental:**
  - 16 – hours contracted to provide dental service per week to adults. Not contracted to provide dental to youth.
  - Adult - **908** on-site dental clinic visits completed
  - Juvenile Hall and Los Prietos Boys Camp - **90** community appointments

# In-Custody Deaths

## Adult In-custody deaths - 2

- **July 5<sup>th</sup>, 2018:** In-custody in facility death was the result of a suicide.
- **January 10<sup>th</sup>, 2019:** In-custody out of facility death. Patient had a terminal illness and was able to spend his last days surrounded by his loving family.

**Juvenile** - There were no in-custody deaths in the Juvenile Detention facilities.

# Correct Rx



- Transition from Diamond to Correct Rx
- Adult facility went from stock to patient specific medications. Juvenile Hall and Los Prietos stayed patient specific.
- Enhanced patient safety
- Recommend cost-saving alternatives
- Correct Rx provides detailed utilization reports
- We have noticed a decrease in waste, expired medications and medication errors since our switch to patient specific medications.

# Pharmaceutical Utilization and Management



## Medications Dispensed

### Adult: 377,533

- Average daily population: **963** adult inmate patients
- Population on medications: **29.6%**
- Population on psychotropic medications: **12%**
- Patients prescribed medications: **7,256** annually
- Patients prescribed psychotropic medications: **2,988** annually

*Correct Rx Pharmacy completed all quarterly pharmaceutical inspections in 2018 and 2019. This is a thorough 64-point evaluation and inspection. There were no issues noted during any of the audits. Please see Exhibit II for our medication utilization reports.*

### Youth: 23,890

#### Juvenile Hall

- Average daily population at Juvenile Hall: **38**
- Patients prescribed medications: **16.5** each month
- Patients prescribed psychotropic medications: **13.6** each month

#### Los Prietos Boys Camp

- Average daily population: **22**
- Patients prescribed medications: **6.9** each month
- Patients prescribed psychotropic medications: **3.5** each month



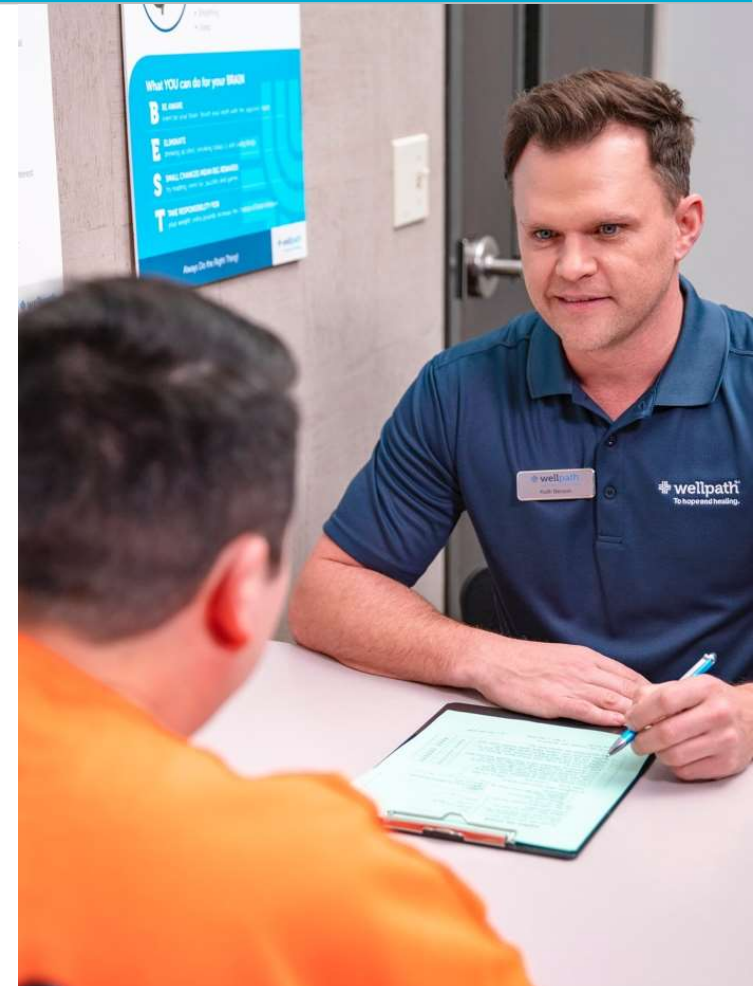
# Mental Health Overview

## Our Mental Health Professional staffing

- 1 - Psychiatrist - on-site 40 hours a week
- 2 - Psychiatric RNs (Board Certified Mental Health RNs).
- 3 - Full-time Licensed Marriage and Family Therapists (LMFT)
- 1 - Licensed Clinical Social Worker (LCSW)

## Patient Visits

- Psychiatric RNs: **3,200**
- LCSW/LMFT: **7,441**
- Psychiatrist: **2,045** visits and **670** Abnormal Involuntary Movement Scale (AIMS) assessments.



# Mental Health Overview

## **Seriously Mentally Ill (SMI) patients and patients deemed incompetent to stand trial (IST)**

- SMI and IST patients began to be tracked and communicated between Wellpath, Behavioral Wellness, and the Public Defender's Office.
- Formed the idea that patients could ultimately be stabilized and possibly eligible for re-assessment of competency.
- Two patients sentenced to the Department of State Hospitals and one to county Behavioral Wellness placement were restored to competency in our custody prior to a bed becoming available and they were re-evaluated for competency and the IST removed.

## **Patients unwilling to accept services, but who were deemed to be in need**

- Closely followed on segregation rounds and follow up appointments; services were repeatedly offered.
- Psychiatrist rounds attempt to gain the patients trust and encourage them to attend a psychiatry visit.
- Meetings and consultations held between clinicians and the psychiatrist when patient deemed to need extra engagement, even after multiple refusals, to prevent patients from falling through the cracks.
- Practice has significantly increased the number of patients willing to accept services and medication therapy.
- Also our goal to decrease the number of patients deemed incompetent to stand trial and expected to endure lengthy stays in custody while awaiting placement with the Department of State Hospitals.



# Medication Assisted Treatment Program



- Wellpath in conjunction with the Sheriff's Office, Probation, Behavioral Wellness, Cottage Hospital, Marian Hospital, the Public Defender's Office and the Drug Treatment Courts applied for a grant, "Expanding access to M.A.T. in County Criminal Justice Settings."
- The first cohort of this program with 21 other counties. August 2018 - January 2020.
- Initial grant funding: \$25,000 to cover the cost of attending the in person learning sessions and participation in other MAT related activities.
- Additional funding was also made available to each participating county.
- Santa Barbara received an additional \$160,000 to help implement the M.A.T. program within the jail.

*Medication assisted treatment (M.A.T.) is a component of the new standard of care in the treatment of individuals with Opioid Use Disorders.*



# Medication Assisted Treatment Program



- **M.A.T. Pilot Program**

- November 2018, Santa Barbara County Jail
- Began to provide substance use treatment with naltrexone (Vivitrol) to a select group of inmates with a history of opiate dependence and a willingness to get help.
- The pilot group has shown some success. At the end of March, 2019 four patients had been through the pilot M.A.T program.

*Medication assisted treatment (M.A.T.) is a component of the new standard of care in the treatment of individuals with Opioid Use Disorders.*



# Northern Branch Jail Project

Negotiations for contracted healthcare services are nearing completion. The contract will be presented to the Board of Supervisors later this year.







*In 2018 the National Commission on Correctional Health Care (NCCHC) released a new set of standards for Adult Jails.*

*The Wellpath Director of Accreditation and Compliance conducted site surveys.*

## Survey Results

- Adult facility
  - Meeting 78% of Essential Standards
  - Meeting 65% of Important Standards
  - Adult facility has begun the application process for NCCHC
- Juvenile Facility
  - Meeting 73% of Essential Standards
  - Meeting 88% of Important Standards
  - Wellpath has begun the NCCHC application process for our Juvenile sites.

Both juvenile facilities were reaccredited by the Institute of Medical Quality (IMQ) in 2018. Wellpath and Probation are committed to maintaining IMQ accreditation along with NCCHC accreditation.



Thank you.



Annual Report of Services

# Santa Barbara County Detention Facilities

## 2018-2019



# Wellpath – The New CCS and CMGC



*We are the right people, striving to do the right thing. We will continue to create healthier communities wherever we go, wherever we grow - one patient at a time.*

- October of 2018, CFMG's parent company, Correctional Medical Group Companies (CMGC), joined with Correct Care Solutions (CCS) to form Wellpath
- 16,000 professionals at 550 facilities in 34 states across America and Australia
- Medical and behavioral healthcare services for more than 300,000 patients each day.
- Over 35 years in jails, prisons, psychiatric hospitals and treatment facilities.



# Community Outreach

- Wellpath & SBSO Custody Branch give 200 Holiday care packages to Santa Barbara's homeless two years in a row.
- SBSO-Wellpath softball raises \$1,200 for the Teddy Bear Cancer Foundation.



*Our commitment to patients and community.*





# Community Partnerships



- Common goals
  - Improve collaboration
  - Continuity of care
  - Reduce barriers to treatment in custody and during reentry
- Strong partnerships with County Behavioral Wellness and the Public Defender's Office
- Sheriff's Office Grievance Oversight Committee
- Sheriff's Office Behavioral Sciences Unit

# Staff Education

**Wellpath provides training year-round for S.B.S.O. recruits in the C.O.R.E. Academy as well as to Probation Juvenile Institution staff.**

**The training is built on the following critical areas:**

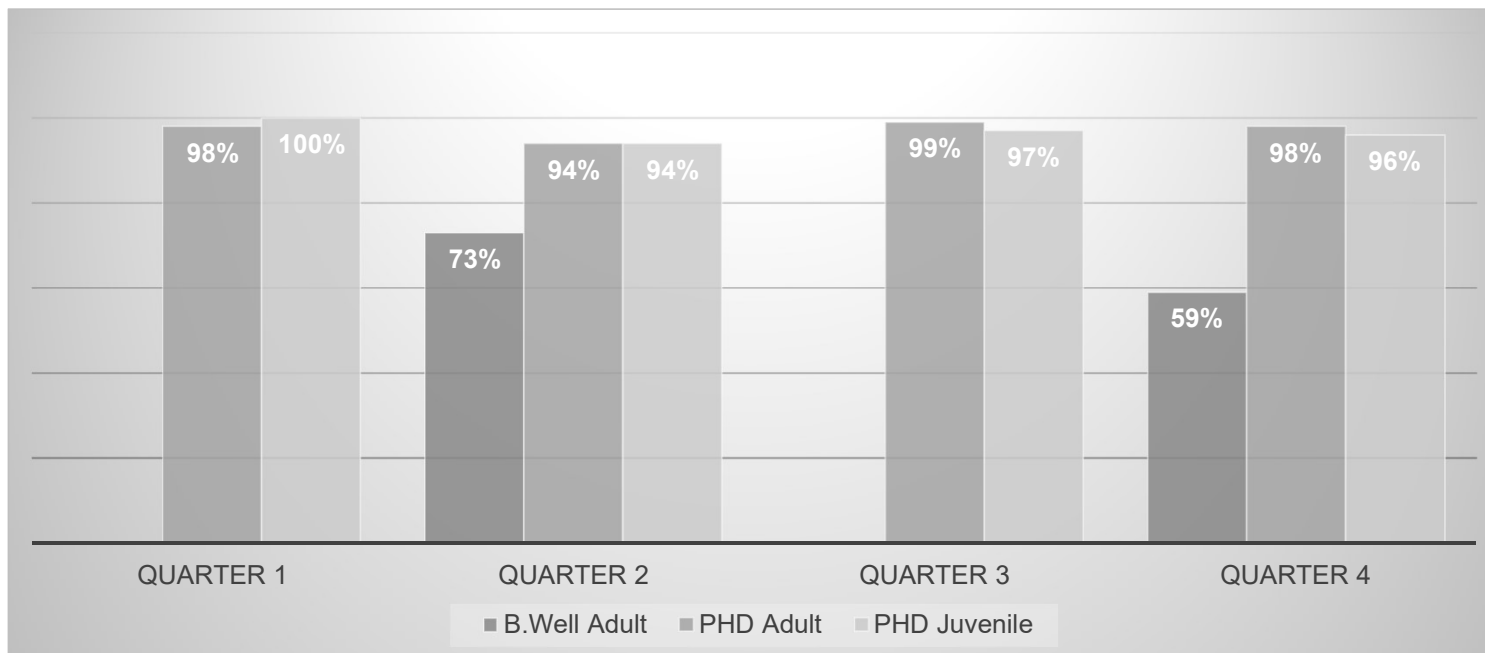
- Crisis intervention
- Suicide prevention and intervention
- Responding to medical and mental health emergencies
- Blood borne pathogens and standard precautions
- Common medical and mental health conditions encountered in custody
- HIPAA compliance



*The C.O.R.E. academy is taught by a Registered Nurse and Psychiatrist from Wellpath*

# Service Level Agreements

Behavioral Wellness and Public Health complete quarterly audits on the service level agreements (SLA) between Wellpath and Santa Barbara County Probation Department and the Sheriff's Office.





*New pregnancy coordinator oversees the collaborative care of all pregnant patients to ensure all standards are being followed and community standards are exceeded*

### **CQI areas for improvement:**

- Coordination of care and discharge of pregnant patients.

### **Improvement plan:**

- Pregnancy Coordinator
  - Oversees collaborative care of all pregnant patients.
  - Meets with patient within first 5 days of incarceration.
- All patients receive educational materials.
- Helps patients to understand their rights while incarcerated and their options for care.
- Patients provided with 6-month supply of prenatal vitamins and other resources, coupons and samples.

# Off-Site Clinic Services



- **Community Appointments**
  - Adult facility - **330**
  - Juvenile Hall and Boys Camp – **192**
    - Dental: **46%**
    - Optometry: **14%**
    - X-Ray: **14%**
- **Adult**
  - ED Send outs - **193** to both Santa Barbara and Goleta Valley Cottage Hospitals
  - Hospital Admissions - **63**
- **Juvenile**
  - ED Send outs - **13** to Marian hospital
  - Hospitalizations – **0**
  - 5585 hospitalizations - **2**



# Clinical Staffing

No staffing vacancies that exceeded 60 days

- **Adult facility:**

- 9.2 Licensed Vocational Nurse full time equivalents (FTE)
- 9 Registered Nurse FTE's
- 0.4 Medical Director FTE's
- 0.75 Nurse Practitioner FTE's.

- **Juvenile sites:**

- 3.05 Registered Nurse FTE's,
- 1.05 Licensed Vocational Nurse FTE's
- 0.6 Medical Director FTE's.

Services provided 0700-2100. No Mental Health or Dental services provided by Wellpath



# On-Site Clinic Services



## Adult Sick Call

- **16,095** sick call requests
- 9,944 completed by Registered Nurses
  - 1,070 by Family Nurse Practitioner
  - 314 by our contracted Medical Director
- Call slips triaged three times a day. An increase in access to care from previous year.
- Depending on the triage, requests are addressed in person same day or within 24 hours by medical or mental health staff.
- Patient encounters are possible because of our dedicated Medical Escort Team (MET's) - 4 Custody Deputies

# On-Site Clinic Services

## Juvenile Sick Call

- Sick call requests collected twice daily and triaged within 4 hours when nursing is on site.
- All triaged sick calls are seen by the RN within 24 hours.
- Staff contact on-call physician for any emergent or urgent medical need place youth on next physician sick call for non-urgent needs.

## Juvenile Hall

- **417** physician sick calls
- **234** physician annual exams
- **204** physician interval exams
- **63** chronic care visits
- **2,573** RN sick calls
- **116** RN interval exams
- **321** immunizations

## Los Prietos Boys Camp

- **191** physician sick calls
- **11** physician annual exams
- **73** chronic care visits
- **931** RN sick calls
- **44** immunizations





# On-Site Clinic Services



- **Radiology:**
  - Adult - **353** mobile diagnostics x-rays
- **Lab:**
  - Transitioned to Bioreference Laboratories
  - **3,601** adult laboratory tests submitted
  - **467** juvenile laboratory tests sent to Santa Barbara Public Health department's laboratory.
- **Dental:**
  - 16 – hours contracted to provide dental service per week to adults. Not contracted to provide dental to youth.
  - Adult - **908** on-site dental clinic visits completed
  - Juvenile Hall and Los Prietos Boys Camp - **90** community appointments

# In-Custody Deaths

## Adult In-custody deaths - 2

- **July 5<sup>th</sup>, 2018:** In-custody in facility death was the result of a suicide.
- **January 10<sup>th</sup>, 2019:** In-custody out of facility death. Patient had a terminal illness and was able to spend his last days surrounded by his loving family.

**Juvenile** - There were no in-custody deaths in the Juvenile Detention facilities.



# Correct Rx



- Transition from Diamond to Correct Rx
- Adult facility went from stock to patient specific medications. Juvenile Hall and Los Prietos stayed patient specific.
- Enhanced patient safety
- Recommend cost-saving alternatives
- Correct Rx provides detailed utilization reports
- We have noticed a decrease in waste, expired medications and medication errors since our switch to patient specific medications.

# Pharmaceutical Utilization and Management



## Medications Dispensed

### Adult: 377,533

- Average daily population: **963** adult inmate patients
- Population on medications: **29.6%**
- Population on psychotropic medications: **12%**
- Patients prescribed medications: **7,256** annually
- Patients prescribed psychotropic medications: **2,988** annually

*Correct Rx Pharmacy completed all quarterly pharmaceutical inspections in 2018 and 2019. This is a thorough 64-point evaluation and inspection. There were no issues noted during any of the audits. Please see Exhibit II for our medication utilization reports.*

### Youth: 23,890

#### Juvenile Hall

- Average daily population at Juvenile Hall: **38**
- Patients prescribed medications: **16.5** each month
- Patients prescribed psychotropic medications: **13.6** each month

#### Los Prietos Boys Camp

- Average daily population: **22**
- Patients prescribed medications: **6.9** each month
- Patients prescribed psychotropic medications: **3.5** each month

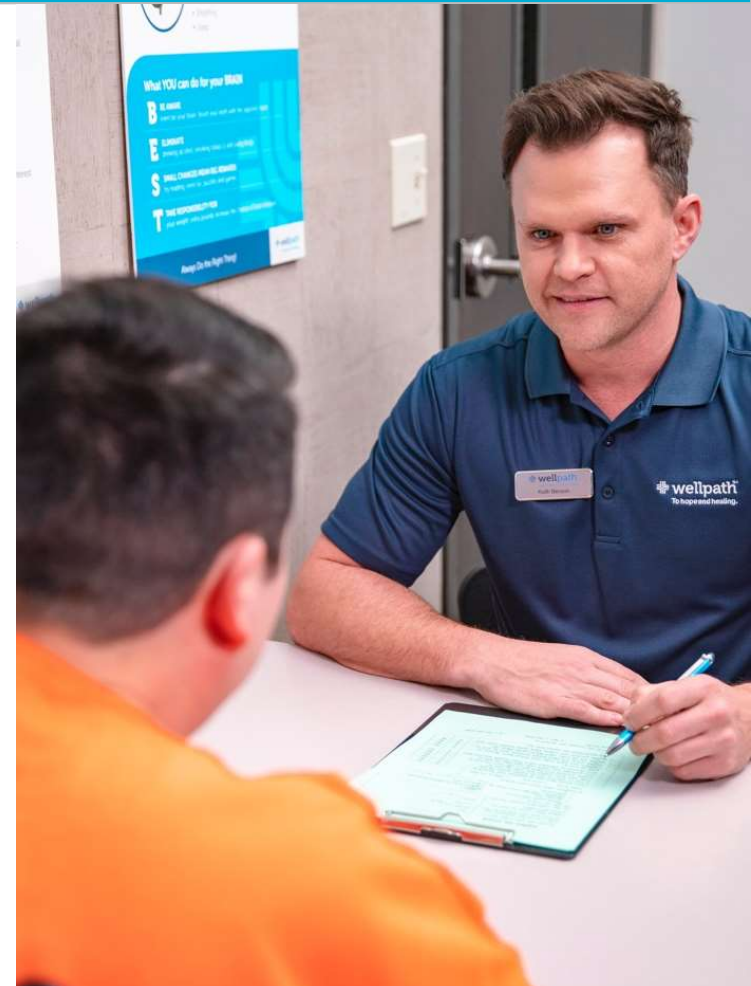
# Mental Health Overview

## Our Mental Health Professional staffing

- 1 - Psychiatrist - on-site 40 hours a week
- 2 - Psychiatric RNs (Board Certified Mental Health RNs).
- 3 - Full-time Licensed Marriage and Family Therapists (LMFT)
- 1 - Licensed Clinical Social Worker (LCSW)

## Patient Visits

- Psychiatric RNs: **3,200**
- LCSW/LMFT: **7,441**
- Psychiatrist: **2,045** visits and **670** Abnormal Involuntary Movement Scale (AIMS) assessments.



# Mental Health Overview

## **Seriously Mentally Ill (SMI) patients and patients deemed incompetent to stand trial (IST)**

- SMI and IST patients began to be tracked and communicated between Wellpath, Behavioral Wellness, and the Public Defender's Office.
- Formed the idea that patients could ultimately be stabilized and possibly eligible for re-assessment of competency.
- Two patients sentenced to the Department of State Hospitals and one to county Behavioral Wellness placement were restored to competency in our custody prior to a bed becoming available and they were re-evaluated for competency and the IST removed.

## **Patients unwilling to accept services, but who were deemed to be in need**

- Closely followed on segregation rounds and follow up appointments; services were repeatedly offered.
- Psychiatrist rounds attempt to gain the patients trust and encourage them to attend a psychiatry visit.
- Meetings and consultations held between clinicians and the psychiatrist when patient deemed to need extra engagement, even after multiple refusals, to prevent patients from falling through the cracks.
- Practice has significantly increased the number of patients willing to accept services and medication therapy.
- Also our goal to decrease the number of patients deemed incompetent to stand trial and expected to endure lengthy stays in custody while awaiting placement with the Department of State Hospitals.



# Medication Assisted Treatment Program



- Wellpath in conjunction with the Sheriff’s Office, Probation, Behavioral Wellness, Cottage Hospital, Marian Hospital, the Public Defender’s Office and the Drug Treatment Courts applied for a grant, “Expanding access to M.A.T. in County Criminal Justice Settings.”
- The first cohort of this program with 21 other counties. August 2018 - January 2020.
- Initial grant funding: \$25,000 to cover the cost of attending the in person learning sessions and participation in other MAT related activities.
- Additional funding was also made available to each participating county.
- Santa Barbara received an additional \$160,000 to help implement the M.A.T. program within the jail.

*Medication assisted treatment (M.A.T.) is a component of the new standard of care in the treatment of individuals with Opioid Use Disorders.*





# Medication Assisted Treatment Program



- **M.A.T. Pilot Program**

- November 2018, Santa Barbara County Jail
- Began to provide substance use treatment with naltrexone (Vivitrol) to a select group of inmates with a history of opiate dependence and a willingness to get help.
- The pilot group has shown some success. At the end of March, 2019 four patients had been through the pilot M.A.T program.

*Medication assisted treatment (M.A.T.) is a component of the new standard of care in the treatment of individuals with Opioid Use Disorders.*



# Northern Branch Jail Project

Negotiations for contracted healthcare services are nearing completion. The contract will be presented to the Board of Supervisors later this year.





***In 2018 the National Commission on Correctional Health Care (NCCHC) released a new set of standards for Adult Jails.***

***The Wellpath Director of Accreditation and Compliance conducted site surveys.***

## Survey Results

- Adult facility
  - Meeting 78% of Essential Standards
  - Meeting 65% of Important Standards
  - Adult facility has begun the application process for NCCHC
- Juvenile Facility
  - Meeting 73% of Essential Standards
  - Meeting 88% of Important Standards
  - Wellpath has begun the NCCHC application process for our Juvenile sites.

Both juvenile facilities were reaccredited by the Institute of Medical Quality (IMQ) in 2018. Wellpath and Probation are committed to maintaining IMQ accreditation along with NCCHC accreditation.



Thank you.



Annual Report of Services

# Santa Barbara County Detention Facilities

## 2018-2019





# Wellpath – The New CCS and CMGC



*We are the right people, striving to do the right thing. We will continue to create healthier communities wherever we go, wherever we grow - one patient at a time.*

- October of 2018, CFMG's parent company, Correctional Medical Group Companies (CMGC), joined with Correct Care Solutions (CCS) to form Wellpath
- 16,000 professionals at 550 facilities in 34 states across America and Australia
- Medical and behavioral healthcare services for more than 300,000 patients each day.
- Over 35 years in jails, prisons, psychiatric hospitals and treatment facilities.

# Community Outreach

- Wellpath & SBSO Custody Branch give 200 Holiday care packages to Santa Barbara's homeless two years in a row.
- SBSO-Wellpath softball raises \$1,200 for the Teddy Bear Cancer Foundation.



*Our commitment to patients and community.*



# Community Partnerships



- Common goals
  - Improve collaboration
  - Continuity of care
  - Reduce barriers to treatment in custody and during reentry
- Strong partnerships with County Behavioral Wellness and the Public Defender's Office
- Sheriff's Office Grievance Oversight Committee
- Sheriff's Office Behavioral Sciences Unit



# Staff Education

**Wellpath provides training year-round for S.B.S.O. recruits in the C.O.R.E. Academy as well as to Probation Juvenile Institution staff.**

**The training is built on the following critical areas:**

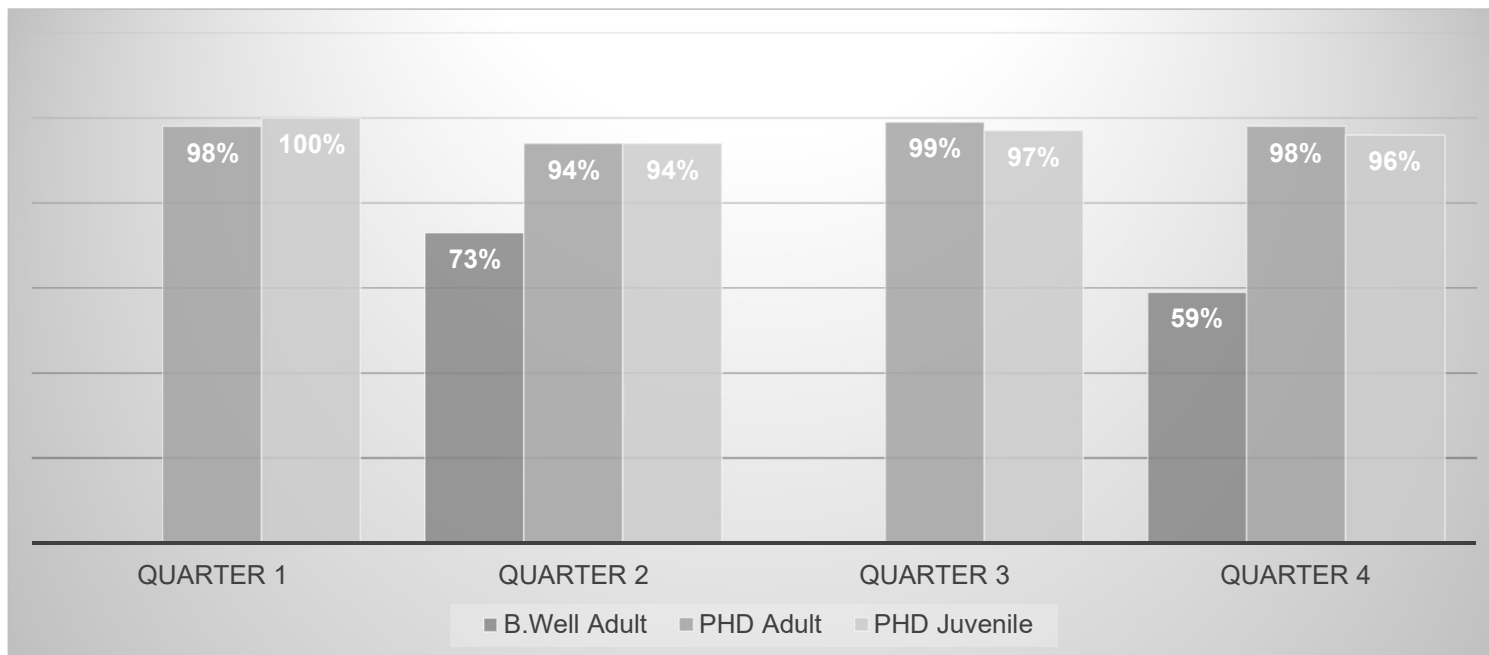
- Crisis intervention
- Suicide prevention and intervention
- Responding to medical and mental health emergencies
- Blood borne pathogens and standard precautions
- Common medical and mental health conditions encountered in custody
- HIPAA compliance



*The C.O.R.E. academy is taught by a Registered Nurse and Psychiatrist from Wellpath*

# Service Level Agreements

Behavioral Wellness and Public Health complete quarterly audits on the service level agreements (SLA) between Wellpath and Santa Barbara County Probation Department and the Sheriff's Office.







*New pregnancy coordinator oversees the collaborative care of all pregnant patients to ensure all standards are being followed and community standards are exceeded*

### **CQI areas for improvement:**

- Coordination of care and discharge of pregnant patients.

### **Improvement plan:**

- Pregnancy Coordinator
  - Oversees collaborative care of all pregnant patients.
  - Meets with patient within first 5 days of incarceration.
- All patients receive educational materials.
- Helps patients to understand their rights while incarcerated and their options for care.
- Patients provided with 6-month supply of prenatal vitamins and other resources, coupons and samples.

# Off-Site Clinic Services



- **Community Appointments**
  - Adult facility - **330**
  - Juvenile Hall and Boys Camp – **192**
    - Dental: **46%**
    - Optometry: **14%**
    - X-Ray: **14%**
- **Adult**
  - ED Send outs - **193** to both Santa Barbara and Goleta Valley Cottage Hospitals
  - Hospital Admissions - **63**
- **Juvenile**
  - ED Send outs - **13** to Marian hospital
  - Hospitalizations – **0**
  - 5585 hospitalizations - **2**

# Clinical Staffing

No staffing vacancies that exceeded 60 days

- **Adult facility:**

- 9.2 Licensed Vocational Nurse full time equivalents (FTE)
- 9 Registered Nurse FTE's
- 0.4 Medical Director FTE's
- 0.75 Nurse Practitioner FTE's.

- **Juvenile sites:**

- 3.05 Registered Nurse FTE's,
- 1.05 Licensed Vocational Nurse FTE's
- 0.6 Medical Director FTE's.

Services provided 0700-2100. No Mental Health or Dental services provided by Wellpath



# On-Site Clinic Services



## Adult Sick Call

- **16,095** sick call requests
- 9,944 completed by Registered Nurses
  - 1,070 by Family Nurse Practitioner
  - 314 by our contracted Medical Director
- Call slips triaged three times a day. An increase in access to care from previous year.
- Depending on the triage, requests are addressed in person same day or within 24 hours by medical or mental health staff.
- Patient encounters are possible because of our dedicated Medical Escort Team (MET's) - 4 Custody Deputies



# On-Site Clinic Services

## Juvenile Sick Call

- Sick call requests collected twice daily and triaged within 4 hours when nursing is on site.
- All triaged sick calls are seen by the RN within 24 hours.
- Staff contact on-call physician for any emergent or urgent medical need place youth on next physician sick call for non-urgent needs.

## Juvenile Hall

- **417** physician sick calls
- **234** physician annual exams
- **204** physician interval exams
- **63** chronic care visits
- **2,573** RN sick calls
- **116** RN interval exams
- **321** immunizations

## Los Prietos Boys Camp

- **191** physician sick calls
- **11** physician annual exams
- **73** chronic care visits
- **931** RN sick calls
- **44** immunizations





# On-Site Clinic Services



- **Radiology:**
  - Adult - **353** mobile diagnostics x-rays
- **Lab:**
  - Transitioned to Bioreference Laboratories
  - **3,601** adult laboratory tests submitted
  - **467** juvenile laboratory tests sent to Santa Barbara Public Health department's laboratory.
- **Dental:**
  - 16 – hours contracted to provide dental service per week to adults. Not contracted to provide dental to youth.
  - Adult - **908** on-site dental clinic visits completed
  - Juvenile Hall and Los Prietos Boys Camp - **90** community appointments

# In-Custody Deaths

## Adult In-custody deaths - 2

- **July 5<sup>th</sup>, 2018:** In-custody in facility death was the result of a suicide.
- **January 10<sup>th</sup>, 2019:** In-custody out of facility death. Patient had a terminal illness and was able to spend his last days surrounded by his loving family.

**Juvenile** - There were no in-custody deaths in the Juvenile Detention facilities.

# Correct Rx



- Transition from Diamond to Correct Rx
- Adult facility went from stock to patient specific medications. Juvenile Hall and Los Prietos stayed patient specific.
- Enhanced patient safety
- Recommend cost-saving alternatives
- Correct Rx provides detailed utilization reports
- We have noticed a decrease in waste, expired medications and medication errors since our switch to patient specific medications.

# Pharmaceutical Utilization and Management



## Medications Dispensed

### Adult: 377,533

- Average daily population: **963** adult inmate patients
- Population on medications: **29.6%**
- Population on psychotropic medications: **12%**
- Patients prescribed medications: **7,256** annually
- Patients prescribed psychotropic medications: **2,988** annually

*Correct Rx Pharmacy completed all quarterly pharmaceutical inspections in 2018 and 2019. This is a thorough 64-point evaluation and inspection. There were no issues noted during any of the audits. Please see Exhibit II for our medication utilization reports.*

### Youth: 23,890

#### Juvenile Hall

- Average daily population at Juvenile Hall: **38**
- Patients prescribed medications: **16.5** each month
- Patients prescribed psychotropic medications: **13.6** each month

#### Los Prietos Boys Camp

- Average daily population: **22**
- Patients prescribed medications: **6.9** each month
- Patients prescribed psychotropic medications: **3.5** each month

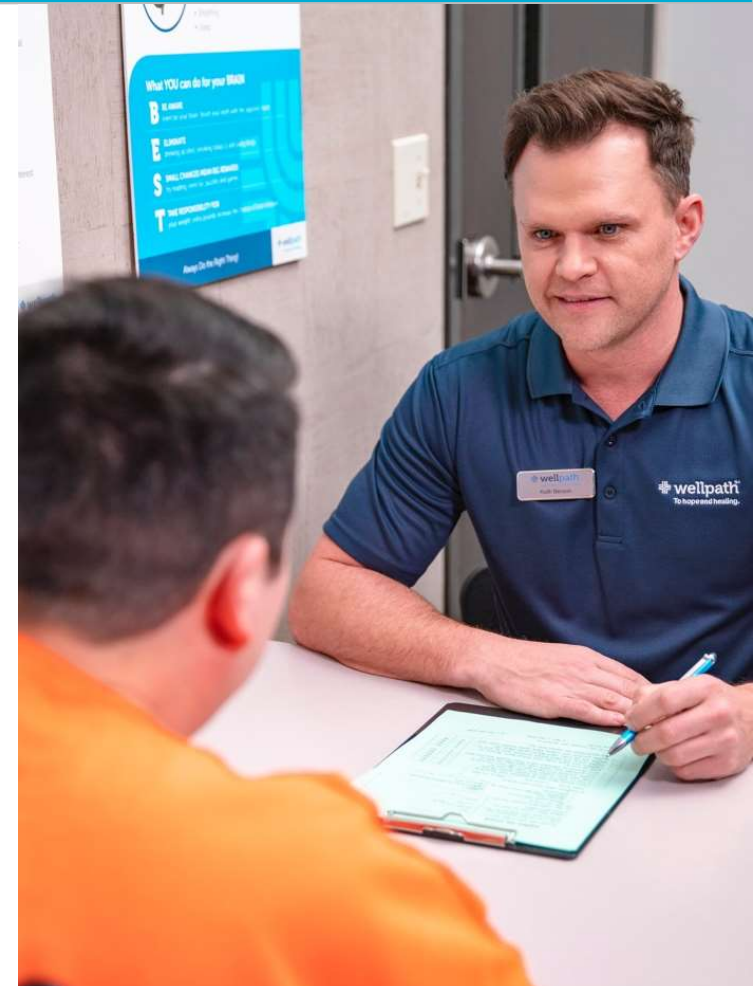
# Mental Health Overview

## Our Mental Health Professional staffing

- 1 - Psychiatrist - on-site 40 hours a week
- 2 - Psychiatric RNs (Board Certified Mental Health RNs).
- 3 - Full-time Licensed Marriage and Family Therapists (LMFT)
- 1 - Licensed Clinical Social Worker (LCSW)

## Patient Visits

- Psychiatric RNs: **3,200**
- LCSW/LMFT: **7,441**
- Psychiatrist: **2,045** visits and **670** Abnormal Involuntary Movement Scale (AIMS) assessments.





# Mental Health Overview

## **Seriously Mentally Ill (SMI) patients and patients deemed incompetent to stand trial (IST)**

- SMI and IST patients began to be tracked and communicated between Wellpath, Behavioral Wellness, and the Public Defender's Office.
- Formed the idea that patients could ultimately be stabilized and possibly eligible for re-assessment of competency.
- Two patients sentenced to the Department of State Hospitals and one to county Behavioral Wellness placement were restored to competency in our custody prior to a bed becoming available and they were re-evaluated for competency and the IST removed.

## **Patients unwilling to accept services, but who were deemed to be in need**

- Closely followed on segregation rounds and follow up appointments; services were repeatedly offered.
- Psychiatrist rounds attempt to gain the patients trust and encourage them to attend a psychiatry visit.
- Meetings and consultations held between clinicians and the psychiatrist when patient deemed to need extra engagement, even after multiple refusals, to prevent patients from falling through the cracks.
- Practice has significantly increased the number of patients willing to accept services and medication therapy.
- Also our goal to decrease the number of patients deemed incompetent to stand trial and expected to endure lengthy stays in custody while awaiting placement with the Department of State Hospitals.



## Medication Assisted Treatment Program



- Wellpath in conjunction with the Sheriff's Office, Probation, Behavioral Wellness, Cottage Hospital, Marian Hospital, the Public Defender's Office and the Drug Treatment Courts applied for a grant, "Expanding access to M.A.T. in County Criminal Justice Settings."
- The first cohort of this program with 21 other counties. August 2018 - January 2020.
- Initial grant funding: \$25,000 to cover the cost of attending the in person learning sessions and participation in other MAT related activities.
- Additional funding was also made available to each participating county.
- Santa Barbara received an additional \$160,000 to help implement the M.A.T. program within the jail.

*Medication assisted treatment (M.A.T.) is a component of the new standard of care in the treatment of individuals with Opioid Use Disorders.*



# Medication Assisted Treatment Program



- **M.A.T. Pilot Program**

- November 2018, Santa Barbara County Jail
- Began to provide substance use treatment with naltrexone (Vivitrol) to a select group of inmates with a history of opiate dependence and a willingness to get help.
- The pilot group has shown some success. At the end of March, 2019 four patients had been through the pilot M.A.T program.

*Medication assisted treatment (M.A.T.) is a component of the new standard of care in the treatment of individuals with Opioid Use Disorders.*



# Northern Branch Jail Project

Negotiations for contracted healthcare services are nearing completion. The contract will be presented to the Board of Supervisors later this year.





***In 2018 the National Commission on Correctional Health Care (NCCHC) released a new set of standards for Adult Jails.***

***The Wellpath Director of Accreditation and Compliance conducted site surveys.***

## Survey Results

- Adult facility
  - Meeting 78% of Essential Standards
  - Meeting 65% of Important Standards
  - Adult facility has begun the application process for NCCHC
- Juvenile Facility
  - Meeting 73% of Essential Standards
  - Meeting 88% of Important Standards
  - Wellpath has begun the NCCHC application process for our Juvenile sites.

Both juvenile facilities were reaccredited by the Institute of Medical Quality (IMQ) in 2018. Wellpath and Probation are committed to maintaining IMQ accreditation along with NCCHC accreditation.





Thank you.