



BOARD OF SUPERVISORS  
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors  
105 E. Anapamu Street, Suite 407  
Santa Barbara, CA 93101  
(805) 568-2240

Department Name: ADMHS  
Department No.: 043  
For Agenda Of: 7-14-09  
Placement: Administrative  
Estimated Tme:  
Continued Item: No  
If Yes, date from:  
Vote Required: Majority

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**TO:** Board of Supervisors

**FROM:** Department Ann Detrick, Ph.D., Director  
Director(s) Alcohol, Drug and Mental Health Services 805-681-5220  
Contact Info: Marianne Garrity, R.N., Deputy Director, Administration  
681-5220

**SUBJECT: FY 09-10 Drug Medi-Cal Alcohol and Drug Program Agreement**

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**County Counsel Concurrence**

As to form: Yes

**Other Concurrence:** Risk Management

As to form: Yes

**Recommended Actions:**

That the Board of Supervisors consider recommendations regarding an Alcohol and Drug Program Drug Medi-Cal (DMC) service contract for FY 09-10, as follows:

1. Approve and execute a contract with Aegis Medical Systems, Inc. (not a local vendor) in the amount of \$1,100,000 for the period of July 1, 2009 through June 30, 2010.
2. Authorize the Director of ADMHS to approve amendments to the proposed contract, provided that any such amendments do not exceed ten percent (10%) of the contract's dollar amount.

**Summary Text:**

The State Department of Alcohol and Drug Programs (State ADP) allocates state and federal revenue to counties for the delivery of substance abuse prevention and treatment services and provides reimbursement to counties for such services. In accepting state or federal funds earmarked for alcohol and drug program services, counties are obligated to comply with federal and state laws, regulations and administrative policies specified as a condition of the receipt of funds. Aegis Medical Systems, Inc. provides Narcotic Replacement Therapy, detoxification and individual and group counseling to Drug Medi-Cal (DMC) clients.

**Background:**

ADMHS has worked to develop contract exhibits customized to the services offered by its contractors and to comply with the appropriate governing State agency. The contract with Aegis implements changes outlined in ADMHS’ ADP contracts board letter of June 23, 2009. It includes elimination of the Provider Workbook, which was developed several years ago as a supplemental document containing program specific and financial detail; this information is now encompassed in the new contract format. Narcotic Treatment Programs, such as the one operated by Aegis, adhere to specific requirements established by the State. The new contract incorporates the State ADP program requirements and includes detailed descriptions of the services, criteria for referral, admission, service authorization and discharge processes.

Aegis Medical Systems, Inc. (Aegis) provides methadone prescribed by a physician to alleviate withdrawal symptoms from narcotics. Aegis also conducts drug screening and provides individual and group counseling to clients. Clients who have substance abuse diagnoses and addictions to opiates receive services that support stabilization, rehabilitation and recovery. Services are provided at Aegis’ locations in Santa Maria and Santa Barbara. Aegis provided treatment services to approximately 300 unduplicated clients in FY 07-08.

Approval of the recommended action will provide for the continued availability of these services. The contract with Aegis was completed and submitted to Aegis for review and signature in May 2009. By the time a signed agreement was provided to the County by Aegis, the submission deadline for the July 14 Board hearing had passed. In an effort to ensure Aegis operates under an executed contract, and can continue to provide services in FY 09-10, this item is being submitted as an addition to the July 14 agenda.

**Performance Measure:**

Approval of the recommended action will assist ADMHS in meeting the following Recurring Performance Measure: to provide alcohol and other drug treatment services to 5,000 adults and youth.

In addition, the following performance goals, outcomes and measures have been incorporated into the FY 09-10 contract as Exhibit E:

Program Goal	Outcome	Measure
<ul style="list-style-type: none"> <li>❖ Medically stabilize narcotic dependent clients</li> <li>❖ Have clients replace all current drugs of abuse, narcotics especially, with Methadone or other prescribed narcotic replacement therapy.</li> <li>❖ Assist clients to develop the skills necessary to lead healthy and productive lives</li> </ul>	<ul style="list-style-type: none"> <li>✓ 100% of all Narcotic Treatment Program (NTP) clients admitted into program will have a complete physical examination</li> <li>✓ 60% of NTP clients will stop using drugs of abuse other than narcotic replacement</li> <li>✓ Decrease incarceration rates of NTP clients</li> <li>✓ Relapse rates of NTP clients will decrease by 50%</li> </ul>	<ul style="list-style-type: none"> <li>➤ Number of clients admitted to NTP</li> <li>➤ Number of readmissions to NTP</li> <li>➤ Number of clients complying with their treatment plans, including drug testing</li> <li>➤ Number of client arrests and jail days</li> </ul>

**Fiscal and Facilities Impacts:**

Budgeted: Yes

**Fiscal Analysis:**

<u>Funding Sources</u>	<u>Current FY Cost:</u>	<u>Annualized</u> <u>On-going Cost:</u>	<u>Total One-Time</u> <u>Project Cost</u>
General Fund			
State	\$ 550,000.00		
Federal	\$ 550,000.00		
Fees			
Other:			
Total	\$ 1,100,000.00	\$ -	\$ -

Narrative: The Aegis contract is funded by Drug Medi-Cal revenue. This funding source is identified in the Adopted FY 09-10 Budget, Federal and State Revenues, in the Professional and Special Services budget (page D-168 in the FY 09-10 Adopted Budget, in the Alcohol and Drug Program Division). Execution of this contract will not increase the use of general fund dollars by the ADMHS Department.

**Special Instructions:**

Please send one (1) copy of the executed contract signature pages and one (1) minute order to:

Alcohol, Drug, and Mental Health Services  
ATTN: Contracts  
300 North San Antonio Road, Bldg. 3  
Santa Barbara, CA 93110

**Attachments:**

The complete Aegis Medical Systems, Inc contract is available at the Clerk of the Board office.

**Authored by:**

C. Toma