



BOARD OF SUPERVISORS
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Department Name: Behavioral Wellness
Department No.: 043
For Agenda Of: March 16, 2021
Placement: Administrative
Estimated Time: N/A
Continued Item: No

If Yes, date from:
Vote Required: Majority

TO: Board of Supervisors
FROM: Department Alice Gleghorn, Ph.D., Director
Director(s) Department of Behavioral Wellness, (805) 681-5220
Contact Info: Chris Ribeiro, Chief Financial Officer
Department of Behavioral Wellness, (805) 681-5220
SUBJECT: California Psychiatric Transitions, Inc. - Agreement for FY 2020-2021

County Counsel Concurrence

As to form: Yes

Auditor-Controller Concurrence

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

Recommended Actions:

That the Board of Supervisors:

- A. Approve, ratify, and authorize the Chair to execute an Agreement for Services of Independent Contractor with **California Psychiatric Transitions, Inc.** (not a local vendor), an Institute of Mental Disease, for the provision of mental health services for the period of July 1, 2020 through June 30, 2021 for a contract maximum amount not to exceed \$350,000, inclusive of Purchase Order CN 24-351 in the amount of \$200,000, but which otherwise cancels, nullifies, and supersedes Purchase Order CN 24-351;
- B. Delegate to the Director of the Department of Behavioral Wellness or designee the authority to make immaterial changes to the Agreement without requiring formal amendment thereto and subject to the Board's authority to rescind this delegated authority at any time; and
- C. Determine that the above action is a government fiscal activity, which does not involve any commitment to any specific project that may result in a potentially significant physical impact on the environment and are therefore not a project under the California Environmental Quality Act (CEQA) pursuant to section 15378(b)(4) of the CEQA Guidelines.

Summary Text: The Department of Behavioral Wellness (BWell) provides a continuum of mental health and substance use disorder services to Santa Barbara County residents, in part through contracted providers, including Institutions for Mental Disease (IMDs). County executed a Purchase Order CN 24-351 with California Psychiatric Transitions, Inc. (CPT) in the amount of \$200,000 for Fiscal Year 2020-21, for intensive residential services. During the term of that Purchase Order, County anticipates CPT will provide, at the request of the County, a greater number of services than originally contemplated by that Purchase Order and will incur total expenses beyond the value of the Purchase Order. This item is on the agenda to request the Board enter into an Agreement for Services of Independent Contractor with CPT for a contract maximum amount not to exceed \$350,000 during the period of July 1, 2020 through June 30, 2021, inclusive of the \$200,000 under Purchase Agreement CN 24-351, but which otherwise cancels, nullifies, and supersedes Purchase Order CN 24-351. Approval of the recommended actions will allow Behavioral Wellness to continue to provide mandated mental health services.

Background: Institutions for Mental Disease (IMDs) are facilities including hospitals, nursing facilities, or other institutions of more than 16 beds that are primarily engaged in providing diagnosis, treatment, or care of persons with mental illness, including medical attention, nursing care, and related services. Contracts with facilities providing services at various levels of care are key to ensuring that the needs of clients are optimally met. Due to the Federal IMD Exclusion, these services are not reimbursable by Medi-Cal for clients between the ages of 21 and 65. There are a limited number of these highly structured residential treatment services in California. Behavioral Wellness contracts with IMDs that are licensed as Acute Psychiatric Hospitals, Skilled Nursing Facilities with Special Treatment Patches, and Mental Health Rehabilitation Centers. Due to limited bed availability at each IMD, Behavioral Wellness contracts with a number of IMDs throughout the State.

California Psychiatric Transitions (CPT), located in Delhi, Merced County, provides two on-site psychiatrists, a medical doctor, and 24-hour nursing staff. CPT also provides individualized care in a highly structured program focusing on activities of daily living, interactive groups, and work programs, helping clients learn social and domestic skills that will prepare them for reentry into the community. A specialized CPT program focuses on clients with disruptive behaviors, helping clients address, correct, and minimize the occurrence of these behaviors.

Performance Measure:

CPT services are highly structured and tailored to meet individual needs. Each of their programs offer a variety of services to promote recovery and integration back into the community. During Q1 and Q2 of FY 2020-2021, there were no incarcerations, acute psychiatric inpatient admissions, emergency care admissions or physical health admissions. However, there were two incidents that required a higher level of supervision, one in Q1 and one in Q2. During Q1 and Q2, progress for our clients were inconsistent, as may be expected at this level. Some recent challenges faced by the program includes maintaining the intensity of the program while implementing all the necessary safety precautions due to the COVID-19 pandemic. CPT has also taken extra measures to ensure that clients are able to virtually visit with case managers, conservators, and family members.

Fiscal and Facilities Impacts:

Budgeted: Yes

Fiscal Analysis:

Funding Sources	Cost FY 20-21	Total Cost FY 20-21
General Fund		
State	\$ 350,000.00	\$ 350,000.00
Federal		
Fees		
Other:		
Total	\$ 350,000.00	\$ 350,000.00

Narrative: The above referenced contract is funded by State funds. The funding source is included in the FY 2020-2021 Adopted Budget.

Key Contract Risks:

There is risk that the number of contracted IMD-alternative beds or clients needing special rates may increase beyond what the Department has projected. In that case, the Department would return to the Board of Supervisors to request an increase to the contract maximum where needed.

Special Instructions:

Please return one (1) Minute Order and one (1) complete copy of the Agreement to Denise Morales at dmorales@sbcbswell.org and bwelcontractsstaff@sbcbswell.org.

Attachments:

Attachment A: CPT FY 20-21 BC

Attachment B: CPT FY 20-21 PO CN 24-351

Authored by:

D. Morales