

# Stepping Up California Update

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Council on Mentally III Offenders

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Board of State and Community Corrections, 2590 Venture Oaks Way, Sacramento, CA 95833



#### **Council of State Governments Justice Center**

















National nonprofit, nonpartisan membership association of state government officials

**Represents all three branches** of state government

Provides **practical advice** informed by the best available evidence

#### Our Behavioral Health Work



learning.csgjusticecenter.org

Developing a Mental Health Court:

An Interdisciplinary Curriculum

Statewide Law Enforcement, Mental Health Efforts trategies to Support and Sus

**BJA** 

IUSTICE # CENTER

Implications of The Affordable Care Act on People Involved with the Criminal Justice System

THE BUREAU OF JUSTICE ASSISTANCE USTICE & MENTAL HEALTH COLLABORATION PROGRAM





# STEPPINGUP

**California** 





Chief Probation Officers of California



Launch in Sacramento May 2015









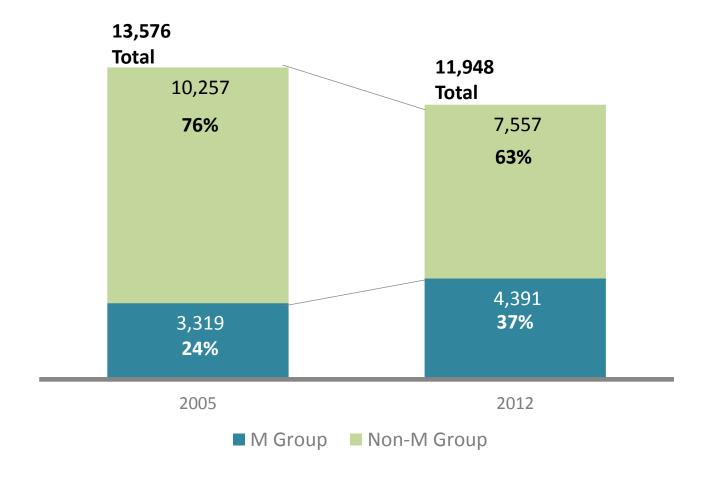
Counties Step Up but Face Key Challenges: Why is it so hard to fix?



## Jails Report Increases in the Numbers of People Mental with Illnesses

#### NYC Jail Population (2005-2012)

Average Daily Jail Population (ADP) and ADP with Mental Health Diagnoses



## Key Challenges Counties Face: Observations from the Field

Being data driven

practices

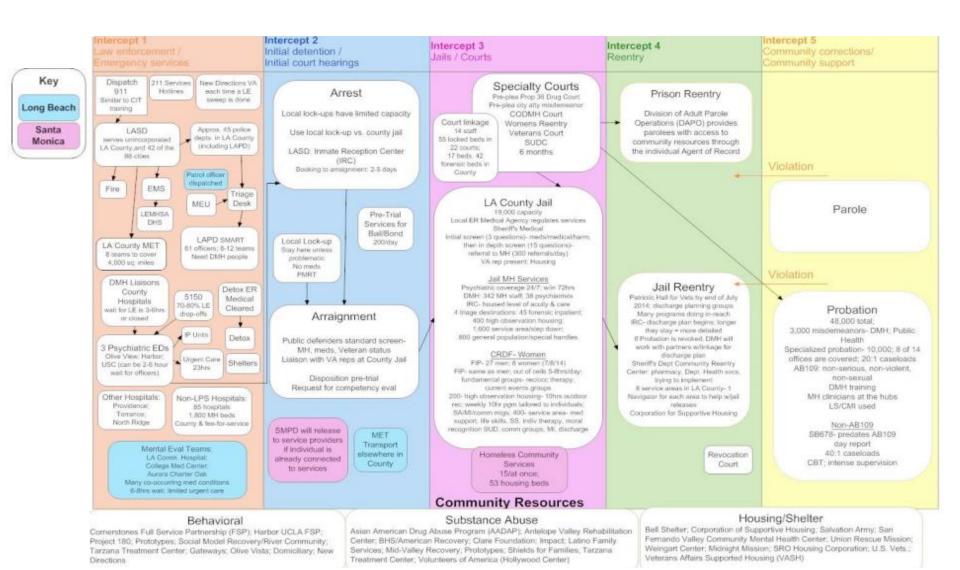
3.

Using best | Continuity of care

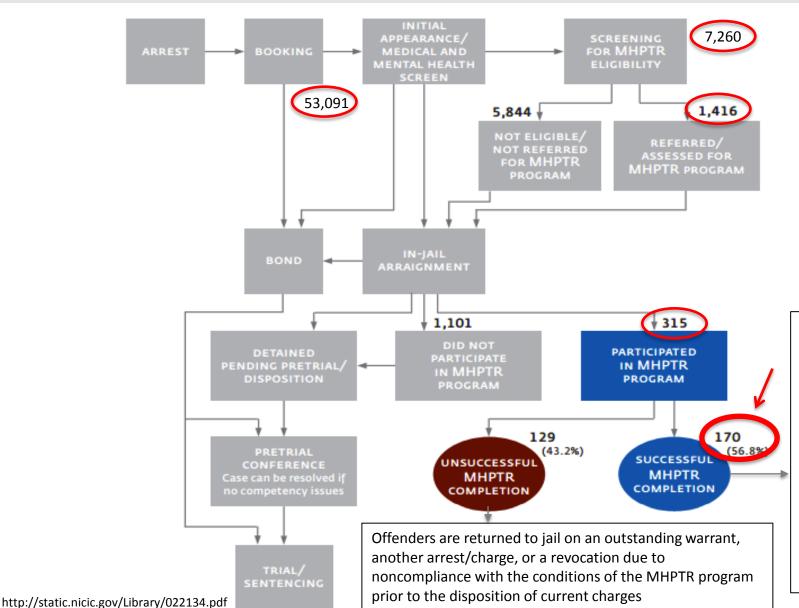
Measuring results

#### Challenge 1 - Being data driven:

#### Policymakers Face Complex Systems with Limited Information



#### Completion of Mental Health Pretrial Release Program



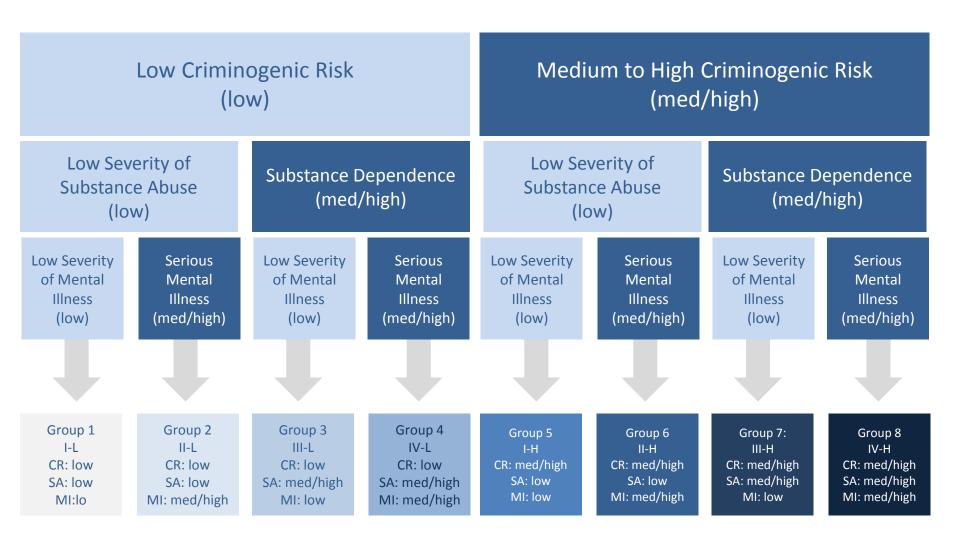
Offenders have satisfied their charges with the court system without further arrests. Time in program for successful participants varies depending on when participants satisfy their charges without further arrests

## Challenge 2 – Using Best Practices:

Not Knowing the Target Population

	County A	County B	County C	County D
Mental Health Assessment				<b>√</b> -
Substance Abuse Assessment			<b>√</b> _	
Risk Assessment	<b>√</b> -			

## Challenge 2 – Using Best Practices: A Framework for Prioritizing Target Population

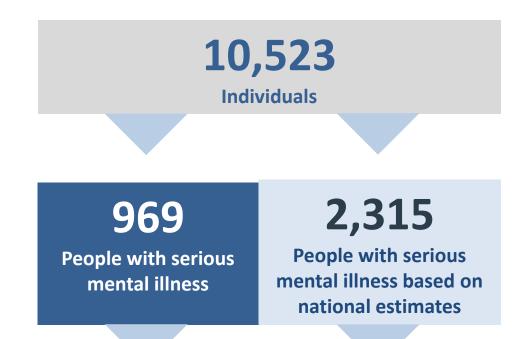


## Challenge 2 – Using Best Practices: Addressing Dynamic Needs

Dynamic Risk Factor	Need	
History of antisocial behavior	Build alternative behaviors	
Antisocial personality pattern	Problem solving skills, anger management	
Antisocial cognition	Develop less risky thinking	
Antisocial associates	Reduce association with criminal others	
Family and/or marital discord	Reduce conflict, build positive relationships	
Poor school and/or work performance	Enhance performance, rewards	
Few leisure or recreation activities	Enhance outside involvement	
Substance abuse	Reduce use through integrated treatment	

#### Challenge 3 – Continuity of Care

Existing Services Only Reach a Small Fraction of Those in Need



Received treatment in the community

1,706

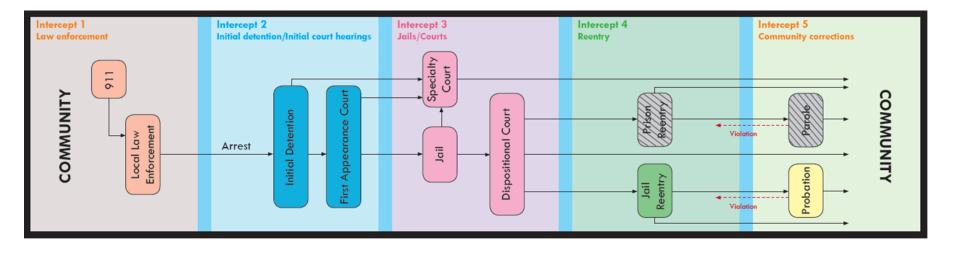
Did NOT receive treatment in the Community

1,389

HIGH/
MOD RISK

#### Challenge 4 – Tracking Progress:

#### Focusing County Leaders on Key Outcomes Measures



Outcome measures needed to evaluate impact and prioritize scare resources

## Reduce

the number of people with mental illness booked into jail

## Shorten

the length of stay for people with mental illnesses in jails

#### 3.

#### Increase

the percentage of people with mental illnesses in jail connected to the right services and supports

#### 4

#### Lower

rates of recidivism

## Effective Strategic Plans: How do we more forward?



### Counties Nationwide are Stepping Up



Counties that have passed resolutions (251)

Over 100 million people reside in Stepping Up counties

## How do We Know if a County is Positioned to Reduce Number of People with Mental Illness in Jail?

## Six Key Questions

- 1. Is your leadership committed?
- 2. Do you have timely screening and assessment?
- 3. Do you have baseline data?
- 4. Have you conducted a comprehensive process analysis and service inventory?
- 5. Have you prioritized policy, practice, and funding?
- 6. Do you track progress?

## 50 Counties Attend the National Stepping Up Summit



California sent the most teams of any state

## Overarching Goal



There will be fewer people with mental illnesses in our jails tomorrow than there are today.

# **STEPPINGUP**

**California** 





Chief Probation Officers of California







- Launch in Sacramento May 2015
- 19 Counties have passed Resolutions
- 4 Counties at National Summit
- 58 County survey of practices





#### 19 California Counties Have Stepped Up; More Engaged



**El Dorado** Alameda Mendocino Santa Cruz **Calaveras Imperial** Merced Solano **Contra Costa** Kern **Orange** Sonoma **Del Norte** Los Angeles Riverside Yolo Yuba Madera Santa Clara

## Perception of Current Practices: Statewide Survey









- 124 Responses from Sheriffs, Behavioral Health Directors,
   Chief Probation Officers and designees
- Representing all 58 counties
  - Responses to be grouped by: Region, Size, Profession
    - Perceptions not "Proof"
    - Questions follow themes from national Stepping
       Up initiative, including "6 Questions County
       Leaders Need to Ask"

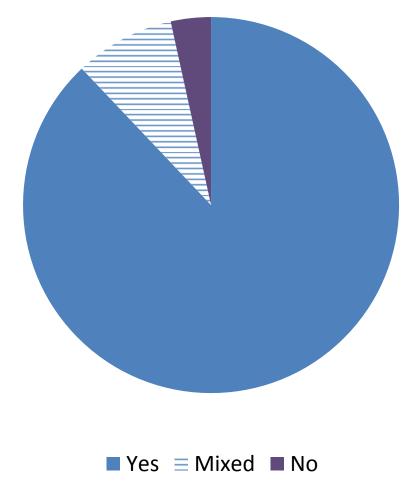
http://www.counties.org/general-information/california-county-map



### A significant issue across the state

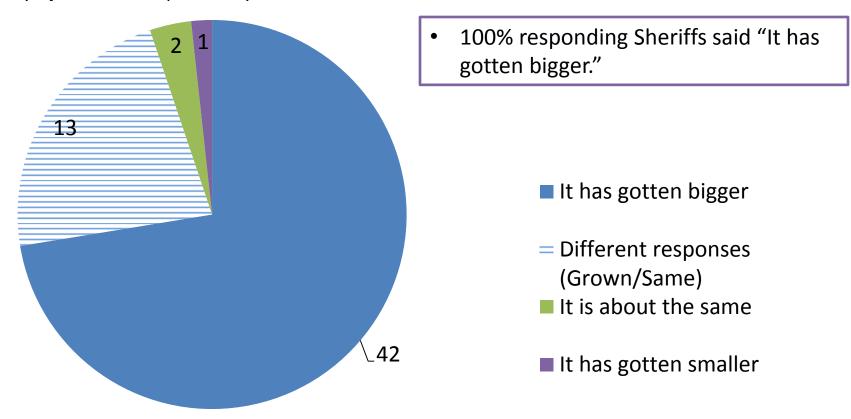
Question 1: Is the number of people with mental illnesses who are involved with the criminal justice system a significant issue in your county?

- 51 counties report "Yes"
- 2 counties report "No"
- 5 counties had different responses from different respondents



# Most Counties Report Increased # of People with Mental Illness in Jail

Question 2: What is your impression of the number of people with mental illnesses in your county's jails over the past five years?



### Perception of Current Practices: Coming Soon

#### Additional analyses will cover

- Current efforts underway
- Current screening/assessment practices for mental health, substance use, and criminogenic risk
- Capacity to measure prevalence and its drivers:
  - Admissions
  - Average length of stay
  - Connections to community-based care
  - Returns to jail
- Barriers: Needed treatment capacity, Other needs
- Innovative approaches

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- Stepping Up CA Summit
- Resources and support for counties



## **THANK YOU**

## For more information, contact:

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