

# BOARD OF SUPERVISORS AGENDA LETTER

Clerk of the Board of Supervisors

105 E. Anapamu Street, Suite 407 Santa Barbara, CA 93101 (805) 568-2240 Agenda Number:

Department Name: ADMHS
Department No.: 043
For Agenda Of: 6-23-09

Placement: Administrative

**Estimated Tme:** 

Continued Item: No

If Yes, date from:

Vote Required: Majority

**TO:** Board of Supervisors

**FROM:** Department Ann Detrick, Ph.D., Director

Director(s) Alcohol, Drug, and Mental Health Services, 681-5220

Contact Info: Marianne Garrity, R.N., ADMHS Deputy Director, 681-5220

**SUBJECT:** FY 09-10 Agreements for Children's Mental Health Services

### **County Counsel Concurrence**

**Auditor-Controller Concurrence** 

As to form: Yes As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

### **Recommended Actions:**

Approve and execute the following contracts for Children's Mental Health Services for the period of July 1, 2009 through June 30, 2010, as follows:

- 1. Approve and execute a contract with Child Abuse Listening & Mediation, Inc. (a local vendor) for Children's Mental Health Services in the amount of \$1,253,022;
- 2. Approve and execute a contract with Community Action Commission (a local vendor) for Children's Mental Health Services in the amount of \$2,314,886;
- 3. Approve and execute a contract with the Council on Alcoholism and Drug Abuse (a local vendor) for Children's Mental Health Services in the amount of \$113,770;
- 4. Approve and execute a contract with Casa Pacifica (a local vendor) for Children's Mental Health Services in the amount of \$3,651,851;
- 5. Approve and execute a contract with Family Service Agency (a local vendor) for Children's Mental Health Services in the amount of \$1,011,204
- 6. Approve and execute a contract with Mental Health Systems, Inc. (a local vendor) for Children's Mental Health Services in the amount of \$346,000;
- 7. Approve and execute a contract with Santa Maria Valley Youth & Family Center (a local vendor) for Children's Mental Health Services in the amount of \$1,133,912;
- 8. Approve and execute a contract with Sojourn Services, Inc. (a local vendor) for Children's Mental Health Services in the amount of \$1,645,005;

- 9. Approve and execute an amendment to the contract with Milhous Treatment Center (not a local vendor) for Children's Group Home services in the amount of \$150,000;
- 10. Approve and execute an amendment to the contract with Seneca Residential and Day Treatment Center, Inc. (not a local vendor) for Children's Group Home services in the amount of \$145,000;
- 11. Approve and execute an amendment to the contract with Victor Treatment Centers, Inc. (not a local vendor) for Children's Group Home services in the amount of \$125,000;
- 12. Authorize the Director of ADMHS to approve amendments to the proposed contracts, provided that any such amendments do not exceed ten percent (10%) of each contract's dollar amount.

#### **Summary Text:**

As previously reported to the Board, Alcohol, Drug and Mental Health Services (ADMHS) has implemented changes in the department's business operations. The implementation of changes in ADMHS' contracts is a multi-part effort which began in FY 08-09 with significant revisions for all Adult Mental Health Services contracts. The contractors listed above provide services to youth with serious emotional disturbances (SED) and their families. Approval of the recommended actions will implement new contracts to continue the services provided by the above listed contractors for FY 09-10. These contracts are being brought to the Board of Supervisors for approval due to the implementation of significant revisions to the contract format and content.

## **Background:**

ADMHS is comprised of several divisions including Children's Mental Health, Adult Mental Health, Alcohol and Drug Programs and Mental Health Services Act. Because the requirements in each division vary, ADMHS has worked to develop contract exhibits customized to the services offered and to comply with the appropriate governing State agency. The Children's services contracts were revised in FY 08-09 to include new financial provisions and reporting requirements. For FY 09-10, ADMHS has taken the next step and worked with program staff and contractors to customize the statements of work to each program. The new format includes detailed descriptions of the programs and services, criteria for referral/admission/service authorization/discharge, staffing requirements, and caseloads, among other improvements.

- 1. Child Abuse Listening and Mediation (CALM) provides mental health services to Medi-Cal eligible children with SED. CALM provides a Child and Family Specialist to work in collaboration with ADMHS staff on three regional Wraparound Teams, the SPIRIT Program, to serve children at greatest risk of out of home placement. CALM also provides Intensive In-Home mental health services which are provided in homes and community settings to improve client and family functioning. In addition, CALM's Therapeutic Foster Care program (HOPE) provides Intensive In-Home services to children in foster care. Intensive In-Home and HOPE aim to reduce the risk of placement outside of the home or community. CALM provided mental health services to 593 clients in FY 07-08.
- 2. Community Action Commission (CAC) provides mental health services to Medi-Cal eligible children with SED and their families county-wide. The Therapeutic Aid program provides behavioral intervention to assist youth to develop interpersonal and social skills, manage their behavior, and succeed in their home, school and community. The Parent Partner program offers support to parents of children enrolled in the ADMHS Clinic programs. Parent Partners work with

ADMHS clinical staff and families to assist in the planning and provision of treatment to children and families and to ensure the parent/family perspective is incorporated into all treatment planning decisions. Parent Partners all have the personal experiences of caring for a child with a special need. The programs also assist youth and their parents, family members, or caregivers to access needed services, develop skills, participate in care planning and treatment services. In addition, this contract provides Medi-Cal funding for specialty mental health services for children ages 0-5 through the Head Start programs located in Lompoc, Santa Maria and Santa Barbara. CAC provided mental health services to 533 clients in FY 07-08.

- 3. Council on Alcoholism and Drug Abuse (CADA) operates the Carpinteria Program Support, Treatment, Advocacy, and Referral Team (START), through this contract. A START team, comprised of staff from CADA and Family Service Agency with expertise in substance abuse and mental health prevention and treatment is assigned to each school in the Carpinteria area to provide intervention, referrals, programs and services to intervene as early as possible to address learning, behavior, and emotional problems as well as other school issues such as anxiety, bullying, alienation, and disengagement from classroom learning. CADA provided services to 70 clients in FY 07-08.
- 4. Casa Pacifica provides mental health services to primarily Medi-Cal eligible children with SED who are at-risk of being moved out of the community into institutional care in addition to helping kids return to the community. Casa Pacifica provides the following services: Day Treatment residential and outpatient mental health services for children at Casa Pacifica's shelter, Wraparound, Therapeutic Behavioral Services (TBS), and SAFTY. TBS is a mandated Medi-Cal service designed to help children with SED and/or those with intensive service needs to avoid placement in a higher level of care such as a residential treatment facility or to help children make a successful move to a lower level of care such as returning home after residential treatment. Casa Pacifica is anticipated to provide. Casa Pacifica's SAFTY program is a mobile crisis response program for children, youth, and their families throughout Santa Barbara County. Casa Pacifica provided mental health services to 531 clients in FY 07-08.
- 5. Family Service Agency (FSA) provides mental health services to children with SED and their families in the Lompoc and Santa Barbara areas. FSA provides Intensive In-Home services in clients' homes and community settings to improve client and family functioning and to reduce risk of placement outside of the home or community. FSA's Intensive In-School program provides mental health services to ADMHS clients whose mental health needs impair their ability to remain in a mainstream academic setting or who have a special education designation. FSA also provides individual and group counseling to clients through their School Based Services program, with a capacity of 135 slots, including 66 slots in the Carpinteria START School-Based program, described above. FSA provided mental health services to 483 clients in FY 07-08.
- 6. **Mental Health Systems** (MHS) provides the New Heights program which is designed to support the recovery of transition-age youth, aged 16 to 24, with SED or serious mental illness, in Lompoc and Santa Maria. New Heights uses a "whatever it takes" approach through multi-disciplinary teams comprised of County and Contractor staff to provide clients with recovery-focused services including mental health services, employment and education support and referrals, linkage to other service providers and community resources and socialization support. The program will serve 120 clients in FY 09-10.

- 7. Santa Maria Valley Youth and Family Center (SMVYF) provides mental health services to children with SED and their families in Santa Maria. SMVYF provides Intensive In-Home services in clients' homes and community settings to improve client and family functioning. The Therapeutic Foster Care program (HOPE) provides Intensive In-Home services to children in foster care. Intensive In-Home and HOPE aim to reduce the risk of placement outside of the home or community. Through the Intensive In-School program and outpatient mental health services SMVYF provides mental health services to ADMHS clients whose mental health needs impair their ability to remain in a mainstream academic setting or who have a special education designation. SMVYF provided mental health services to 448 clients in FY 07-08.
- 8. **Sojourn** provides mental health services countywide to children ages 0-6 with SED and their families in their natural environments (home, school, recreation, etc.). These services include mental health assessment and evaluation, individual and family therapy, individual and family rehabilitation services and case management. Services are provided by an interdisciplinary team of licensed clinical staff, child developmental specialists, and occupational therapists who are bi-lingual and bi-cultural. Sojourn provided mental health services to 336 clients in FY 07-08. Sojourn will serve approximately 350 clients in FY 09-10.

Milhous Treatment Center, Seneca Residential and Day Treatment Centers and Victor Treatment Centers provide Children's Group Home services. These agencies are certified by the state to provide Rate Classification Level (RCL) 14 residential services to children who have SED. The clients served by such agencies require 24/7 supervision, support and observation to maintain safety. ADMHS has implemented a revised Exhibit B (Financial Provisions) for these contracts for FY 09-10 which detail the funding, billing and cost reporting requirements specific to these types of agencies.

# Performance Measure:

Approval of the recommended action will assist ADMHS in meeting the following **Recurring Performance Measure:** Provide effective mental health care to 2,665 youth with serious emotional disturbances and their families.

In addition, specific outcome measures for the service contracts listed above have been incorporated into the contracts as Exhibit E.

# Fiscal and Facilities Impacts:

Budgeted: Yes

# Fiscal Analysis:

Funding Sources	Current FY Cost:		 nualized oing Cost:	Total One-Time Project Cost	
General Fund					
State	\$	5,632,219.00			
Federal	\$	6,257,433.00			
Fees					
Other:			\$ -		
Total	\$	11,889,652.00	\$ -	\$	-

Narrative: The above referenced contracts are funded by a combination of State and Federal revenue. The funding sources are identified in the FY 2009-10 Proposed Budget, Federal and State Revenues (page D-160 in the FY 2009-10 County Budget, in the Children's Division and page D-164 in the Mental Health Services Act Division). The proposed expenditures are included in the FY 2009-10 Budget for Professional and Special Services. Execution of these contracts and amendments will not increase the use of general fund dollars by the ADMHS Department.

### **Special Instructions:**

Please send one (1) complete copy of each amendment and one (1) minute order to:

Alcohol, Drug, and Mental Health Services ATTN: Contracts Office 300 North San Antonio Road, Bldg. 3 Santa Barbara, CA 93110

## **Attachments:**

Complete contracts with the following agencies are available in the office of the Clerk of the Board:

Child Abuse Listening and Mediation
Community Action Commission
Council on Alcoholism and Drug Abuse
Casa Pacifica
Family Service Agency
Mental Health Systems, Inc.
Santa Maria Valley Youth & Family Center
Sojourn Services, Inc.
Milhous Treatment Center
Seneca Residential and Day Treatment Centers
Victor Treatment Centers

# **Authored by:**

C. Toma