

TY OF SANTA BARBARA **CALIFORNIA**

RESOLUTION PROCLAIMING MAY 2011 AS MENTAL HEALTH MONTH

WHEREAS, the U.S. Surgeon General has found that one in every five Americans experiences a mental disorder in any given year and half of all Americans have such disorders at some time in their lives; and

WHEREAS, mental illnesses are far more common than cancer, diabetes, heart disease or arthritis and are real, treatable diseases that can affect anyone regardless of age, ethnicity or gender; and

WHEREAS, the Santa Barbara County Alcohol, Drug and Mental Health Services Department recognizes the importance of promoting mental wellness for all members of the community; and

WHEREAS, the Santa Barbara County Mental Health Commission supports proactive community collaborations to maximize the mental health of all people;

NOW, THEREFORE, BE IT RESOLVED AND ORDERED that this Board of Supervisors of the County of Santa Barbara proclaims the month of May 2011 as Mental Health Month and calls upon all Santa Barbara County citizens to fight the stigma associated with mental illness and reaffirm a commitment to supporting the mental health of all people in Santa Barbara County.

PASSED AND ADOPTED by the Board of Supervisors of Santa Barbara County, State of California, this 10th day of May 2011, by a unanimous vote of all members present.

Clerk of the Board

Supervisor - 4th District

Apervisor - 5th District