



BOARD OF SUPERVISORS
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Department Name: Behavioral Wellness
Department No.: 043
For Agenda Of: June 22, 2021
Placement: Administrative
Estimated Time:
Continued Item: No
If Yes, date from:
Vote Required: Majority

TO: Board of Supervisors
FROM: Department Pamela Fisher, PsyD., Acting Director
Director(s) Behavioral Wellness, (805) 681-5220
Contact Info: John Winckler, LMFT, Division Chief of Clinical Operations
(805) 708-8336
SUBJECT: Behavioral Wellness Mental Health Services - Transitions - Mental Health
Association First Amendment for FY 20-21 and Renewal Agreement for FY 21-
24

County Counsel Concurrence

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

Auditor-Controller Concurrence

As to form: Yes

Recommended Actions:

That the Board of Supervisors:

- A. Approve, ratify, and authorize the Chair to execute a First Amended Agreement for Services of Independent Contractor with **Transitions - Mental Health Association** (BC 20-028), a California nonprofit organization (not a local vendor), to add nursing/psychiatric technician staff positions and medication support services to Exhibit A-3 Lompoc Assertive Community Treatment (ACT) Program, relocate funds in the amount of \$51,000 between programs, and to extend the Agreement term to July 7, 2021 for the limited and sole purpose of transferring administrative information to the County with no other services being delivered beyond June 30, 2021 and with no change to the total Maximum Contract Amount not to exceed **\$2,670,927** for the period of July 1, 2020 through July 7, 2021 (Attachment A);
- B. Approve and authorize the Chair to execute a multi-year Agreement for Services of Independent Contractor with **Transitions - Mental Health Association**, a California nonprofit organization (not a local vendor), for the provision of adult and transition age youth specialty mental health services for FY 21-24, for a total Maximum Contract Amount not to exceed **\$5,271,572**, consisting of \$1,763,100 for FY 21-22, \$1,741,196 for FY 22-23 and \$1,767,276 for FY 23-24, for the period of July 1, 2021 through June 30, 2024 (Attachment B);

- C. Delegate to the Director of the Department of Behavioral Wellness or designee the authority, for the FY 21-24 Agreement, make immaterial changes to the Agreement per Section 26 of the Agreement; authorize additional services per Exhibits A-2 through A-5 of the Agreement; amend program staffing requirements per Exhibits A-2 through A-5 of the Agreement; reallocate funds between funding sources per Exhibit B of the Agreement; adjust the provisional rate per Exhibit B of the Agreement; and amend the program goals, outcomes, and measures per Exhibit E of the Agreement, all without altering the Maximum Contract Amount and without requiring the Board's approval of an amendment of the Agreement, subject to the Board's ability to rescind this delegated authority at any time; and
- D. Determine that the above actions are government funding mechanisms or other government fiscal activities, which do not involve any commitment to any specific project that may result in a potentially significant physical impact on the environment and are therefore not a project under the California Environmental Quality Act (CEQA) pursuant to section 15378(b)(4) of the CEQA Guidelines.

Summary Text:

This item is on the agenda to request approval, ratification, and authorization for the Chair of the Board of Supervisors (Board) to execute the First Amendment to the Agreement with Transitions - Mental Health Association (TMHA) to add medication support services and nursing staff to the ACT Program in Lompoc, relocate funds in the amount of \$51,000 from the Supportive Community Services North Program, due to staff vacancies, to the ACT Program, due to increased need for services, and extend the Agreement term to July 7, 2021 for the limited and sole purpose of transferring administrative information to the County with no other services being delivered beyond June 30, 2021 and with no change to the total Maximum Contract Amount not to exceed \$2,670,927 for FY 20-21. This item is also on the agenda to request Board approval to execute a multi-year contract with TMHA for FY 21-24 to deliver mandated specialty mental health services for adults and transition age youth (TAY) for a Maximum Contract Amount not to exceed \$5,271,572 for the for the period of July 1, 2021 through June 30, 2024. Behavioral Wellness (BWell) is also requesting delegation of authority for the FY 21-24 Agreement, make immaterial changes to the Agreement per Section 26 of the Agreement; authorize additional services per Exhibits A-2 through A-5 of the Agreement; amend program staffing requirements per Exhibits A-2 through A-5 of the Agreement; reallocate funds between funding sources per Exhibit B of the Agreement; adjust the provisional rate per Exhibit B of the Agreement; and amend the program goals, outcomes, and measures per Exhibit E of the Agreement, all without altering the Maximum Contract Amount and without requiring the Board's approval of an amendment of the Agreement, subject to the Board's ability to rescind this delegated authority at any time.

Background:

BWell provides specialty mental health services to Medi-Cal beneficiaries and other individuals to the extent resources allow, in part, through contracted services. The Board approved the TMHA contract on June 16, 2020 to deliver an array of specialty mental health services to adults and TAY with serious mental illness (SMI) or serious emotional disturbance (SED) in the Lompoc and Santa Maria areas.

This First Amended Agreement for FY 20-21 will add medication support services, along with a nursing staff position to the Lompoc ACT Program. A Registered Nurse will be added to work with the Team Leader/Administrator and Psychiatrist to ensure systematic coordination of medical treatment and the development and implementation of the medication policies. The addition of the position will give TMHA the ability to provide mandated services onsite rather than referring clients offsite for services. It will streamline and make service delivery and the continuum of care more cohesive. Relocation of funds

between programs will allow TMHA to utilize unspent funds due to staff vacancies to the ACT Program where there was an anticipated need for services due to issues that the COVID-19 pandemic exacerbated. Also, the First Amended Agreement will extend the Agreement term to July 7, 2021. Since the County will no longer be contracting with TMHA to provide ACT Program services, TMHA will cease providing these services at midnight on June 30, 2021 under the original terms of the Agreement. The extension of the term will allow TMHA adequate time to transfer administrative information to the County to facilitate a warm handoff for County client's receiving services with the new provider. All services delivery will not be provided beyond June 30, 2021 other than the ACT Program administrative tasks.

The TMHA multi-year Agreement will provide an array of services in FY 21-24. The Supported Community Services North Program in Santa Maria will provide treatment, rehabilitative, and supportive services to clients "in vivo," i.e., in regular community settings (such as home, apartment, job site), to adult clients in the Santa Maria area. The Recovery Learning Centers (RLCs) in Lompoc and Santa Maria will offer the Consumer-Led Program, family advocate, and peer technology suite services. The RCL Program will provide peer-support, self-help, and connections to community resources, including health and wellness activities, as well as a computer lab for clients to have access to computers and learn computer-related skills. Approval of the recommended actions will allow BWell adult and TAY clients with SMI or SED to access mandated specialty mental health services.

Contract Renewals and Performance Outcomes:

Lompoc ACT - During Q1 & Q2 of FY 20-21, TMHA met all of its outcome goals and served an average of 82 clients. There were 9 discharges. There was a total of 11 psychiatric inpatient admissions (7%) with a goal of 5% or less. There were 20 clients (12%) with emergency care for physical health with a goal of 10% or less. There were 10 physical health hospitalizations (6%) with a goal of 5% or less. There was one incarceration (1%) with a goal of 5% or less. An average of 75 clients had stable/permanent housing, or 91% with a goal of 90% or higher. There were 71 clients engaged in purposeful activities (44%) with a goal of 15% or higher. Out of the 9 discharges, 7 of the clients were discharged to a lower level of care (89%) with a goal of 85% or higher, and the other one was discharged to a higher level of care (11%) with a goal of 15% or less.

Community Supportive Services – TMHA served an average of 86 clients. There were 8 discharges. There was a total of 3 psychiatric inpatient admissions (2%) with a goal of 5% or less. There were 9 clients (5%) with emergency care for physical health with a goal of 10% or less. There were 10 physical health hospitalizations (6%) with a goal of 5% or less. There was one incarceration (1%) with a goal of 5% or less. An average of 82 clients had stable/permanent housing, or 95% with a goal of 90% or higher. There were 18 clients engaged in purposeful activities (11%) with a goal of 15% or higher. Out of the 8 discharges, 2 of the clients were discharged to a lower level of care (25%) with a goal of 85% or higher, and 2 were discharged to a higher level of care (25%) with a goal of 15% or less.

Consumer-Led RLCs:

Santa Maria served 79 unduplicated clients. TMHA served 32 meals and gave out 790 bags of groceries. It linked 5 clients to additional services. It conducted Zoom and in-person groups with topics such as "Breakfast with Friends", "Anxiety & Depression", "Creativity", "Gratitude & Wellness", "Seeking Safety", "WRAP", "Working on Wellness" (a collaboration with Growing Grounds farm), "Pumpkin Carving", "Bingo", "Voice Hearers Groups," and a "Crafts" group. There were 14 unduplicated and 78 duplicated clients who attended groups. TMHA hosted a summer BBQ event, at the RCL, with 40 clients. It also delivered or handed out 34 Thanksgiving meals. Christmas meal gift cards were given to 40 clients.

Lompoc served 109 unduplicated clients. TMHA served 1,138 meals and gave out 667 bags of groceries. It conducted Zoom and in-person groups with topics such as “Summer BBQ”, “Breakfast with Friends”, “Anxiety & Depression”, “Nintendo Wii Bowling”, “Creativity”, “Gratitude & Wellness”, “Seeking Safety”, “WRAP”, “Coffee Time”, “Morning Mindfulness”, “Fun with Friends”, “Arts and Crafts”, “Serenity”, “Satur-Stay”, “Yoga/Chi Gong Embracing Aging”, and “NAMI Peer to Peer.” There were 24 unduplicated and 72 duplicated clients who attended groups. Computer Labs: TMHA served 17 new unduplicated clients. Computer classes offered during Q1 – “How to Zoom!” TMHA also held a Thanksgiving feast and handed out / delivered dinners to over 100 clients. It held a New Year’s Zoom party (staff delivered party favors/supplies to clients. The party included games, health worksheets and a Zoom celebration).

Partners In Hope – The family services specialists have met or greatly exceeded outcomes in almost all areas. They provide services in both English and Spanish. Families were linked to additional services. They are now trained in Triple P-Positive Parenting Program, an evidence-based practice used now for over 40 years. They also offered parenting classes in English and Spanish during both Q1 & Q2.

TMHA received a telehealth grant, which provided them the opportunity to continue to support the ability to work remotely. The grant is being used to replace computers and purchase laptops, additional phones, IPADS, hotspots, and Zoom accounts.

Fiscal and Facilities Impacts:

Budgeted: Yes

Fiscal Analysis:

<u>Funding Sources</u>	<u>TMHA BC 20-028 First Amendment COST FY 20-21</u>	<u>TOTAL</u>
General Fund		
State	\$ 1,335,463.50	\$ 1,335,463.50
Federal	\$ 1,335,463.50	\$ 1,335,463.50
Fees		
Other:		
Total	\$ 2,670,927.00	\$ 2,670,927.00

<u>Funding Sources</u>	<u>COST FY 21-22</u>	<u>COST FY 22-23</u>	<u>COST FY 23-24</u>	<u>TOTAL</u>
General Fund				
State	\$ 881,550.00	\$ 870,598.00	\$ 883,638.00	\$ 2,635,786.00
Federal	\$ 881,550.00	\$ 870,598.00	\$ 883,638.00	\$ 2,635,786.00
Fees				
Other:				
Total	\$ 1,763,100.00	\$ 1,741,196.00	\$ 1,767,276.00	\$ 5,271,572.00

Narrative: The above-referenced amendment will not result in a change to the contract amount funded by State and Federal funds for FY 20-21. The funding sources for the contract renewal for FY 21-24 are included in the FY 21-22 Proposed Budget. For FY 22-23 and FY 23-24, the budget is contingent on the Board’s approval.

Key Contract Risks:

As with any contract funded with State and Federal sources, there is a risk of future audit disallowances and repayments through the State’s auditing process. The TMHA contracts include language requiring the contractor to repay any amounts disallowed in audit findings, minimizing financial risks to County.

Special Instructions:

Please send one (1) signature page and one (1) minute order for the amendment and the contract to: dmorales@sbcbswell.org and one to bswellcontractsstaff@co.santa-barbara.ca.us.

Attachments:

Attachment A: TMHA FY 20-21 BC 20-028 AM1

Attachment B: THMA FY 21-24 BC

Attachment C: TMHA FY 20-21 BC 20-028

Authored by:

D. Morales