

COUNTY OF SANTA BARBARA

RESOLUTION PROCLAIMING MAY
MENTAL HEALTH AWARENESS MONTH
IN SANTA BARBARA COUNTY

CALIFORNIA

WHEREAS, mental health is essential to everyone's overall health and well-being; and

WHEREAS, individuals and families can be affected by issues arising from mental health complications which can lead to times of difficulty and stress in their lives; and

WHEREAS, prevention is an effective way to reduce the burden of mental health conditions and there is a strong body of research that supports specific tools that we can use to better handle challenges and protect our health and well-being; and

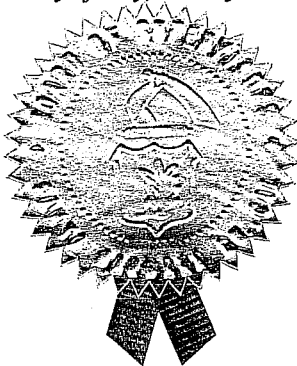
WHEREAS, with effective treatment, those individuals with mental health conditions can recover and lead full and productive lives; and

WHEREAS, the Friends of the Mental Wellness Center have organized their inaugural Walk for Mental Wellness on Sunday, May 6th, 2012 to promote improved understanding of mental health issues and to increase resources for the Recovery Learning Center at the Fellowship Club in Santa Barbara; and

WHEREAS, providing adequate mental health education and support is a community responsibility that includes partnerships with businesses, schools, government agencies, healthcare providers, community organizations and citizens, all of whom share in the burden of mental health problems;

NOW, THEREFORE, BE IT AND IT IS HEREBY ORDERED AND RESOLVED that this Board of Supervisors proclaims May as Mental Health Awareness Month in Santa Barbara County and commends the Friends of the Mental Wellness Center for their efforts to improve mental health in our community.

Passed and adopted by the Board of Supervisors of Santa Barbara County, State of California this 8th day of May, 2012 by a unanimous vote of all members present.



ATTEST: Chanda Keller
Clerk of the Board

Loell
Supervisor - 1st District

Gaut Wolf
Supervisor - 2nd District

William Lane
Supervisor - 3rd District

Joni Gray
Supervisor - 4th District

J. Davini
Supervisor - 5th District