

Santa Barbara County Sheriff's Office CUSTODY OPERATIONS



The Mentally Ill Offender
October 6, 2015



SHERIFF'S GOALS

- Provide mental health care and services to inmates;
- Maintain continuity of care;
- Enhance and maintain the relationship with all stakeholders within the community; and
- Make the most efficient use of our resources.



MAIN POINTS TO BE REVIEWED

- Mental Health Statistics: *National & Our Jail System*
- Mental Health Contacts
- Recidivism
- Role of the Sheriff's Discharge Planner
- Custody Deputy Training
- Projected Northern Branch Jail: *What will be different?*



NATIONAL STATISTICS

- In 1955, there were 560,000 inmates in state hospitals. Today there are approximately 40,000.
- In 2007, 1.1 million inmates with mental illness were arrested.
- Approximately 500,000 are in jail or prison.
- Since 1955, the number of incarcerated individuals with mental illness in jails and prisons has grown by more than 400 percent.



MENTAL HEALTH CONTACTS WITHIN THE JAIL

- **FY13/14**-There were **6,128**
- **FY14/15**-There were **5,809**
- **FY15/16**-Fiscal Year-to-date there have been **1,278**

Note: FY15/16 July & August STATS only



RECIDIVISM

A research team headed by Amy Blank Wilson of the Mandel School of Applied Social Sciences examined recidivism rates for 20,112 inmates admitted to the Philadelphia jail system in 2003.

After four years, Wilson's team found different rates of recidivism among different groups of these inmates:

- 54% re-incarceration for people with severe mental illness;
- 66% for those with substance abuse problems; and
- 68% for those with co-occurring mental illness and substance abuse.



THE ROLE OF SHERIFF'S DISCHARGE PLANNER

Participates in a multi-disciplinary discharge planning team to include the **Public Defender's Office, Probation, and ADMHS (Alcohol, Drug & Mental Health Services)**.

- Interviews each inmate for their specific needs and coordinates services
- Assists with obtaining identification documents
- Arranges safe transportation upon discharge, including taxi service
- Makes referrals and will schedule first appointments
- Coordinates medications for release and interim (*also arranges for sober living and drug treatment*)
- Coordinates with specialty courts



CUSTODY DEPUTY TRAINING

- Mental Illness Overview: *Bipolar Disorder, Personality Disorders and Post-Traumatic Stress Disorder*
- Suicide Prevention
- Major Depression
- General Anxiety Disorder
- Anger Management
- Conflict Resolution
- Co-Occurring Disorders & Addictive Diseases
- PREA (*Prison Rape Elimination Act*)
- Self-Injurious Behavior
- Substance Abuse



CURRENT JAIL PROGRAMING

- **Sheriff Treatment Program:** *Thinking for a Change, Criminal and Addictive Thinking, Relapse Prevention, Release and Reintegration and Anger Management*
- **Cognitive Programs:** *Thinking for a Change (T4C)*
- **Educational Programs:** *Basic literacy and GED*
- **Vocational Programs:** *ServeSafe*
- **Life Skills Training:** *Anger Management and Grief Recovery*
- **Substance Abuse:** *Relapse Prevention, NA & AA*



NORTHERN BRANCH JAIL

AB900

Health Care Housing Unit

The design and infrastructure of the new jail will provide much needed improvements for the care of this type of inmate.

Serves as a dual purpose housing unit for the Medical & Mentally Ill.



NORTHERN BRANCH JAIL

HEALTH CARE HOUSING UNIT

- Family Reunification Room
- Own cell/space with natural light
- Video visitation capabilities
- Dedicated space for private meetings (*professional visitors*)
- Dedicated space for “therapeutic groups” to meet
- Outdoor recreation area

Space for group or individual sessions





NORTHERN BRANCH JAIL

The entire facility of AB900 has the potential to be utilized to our benefit.

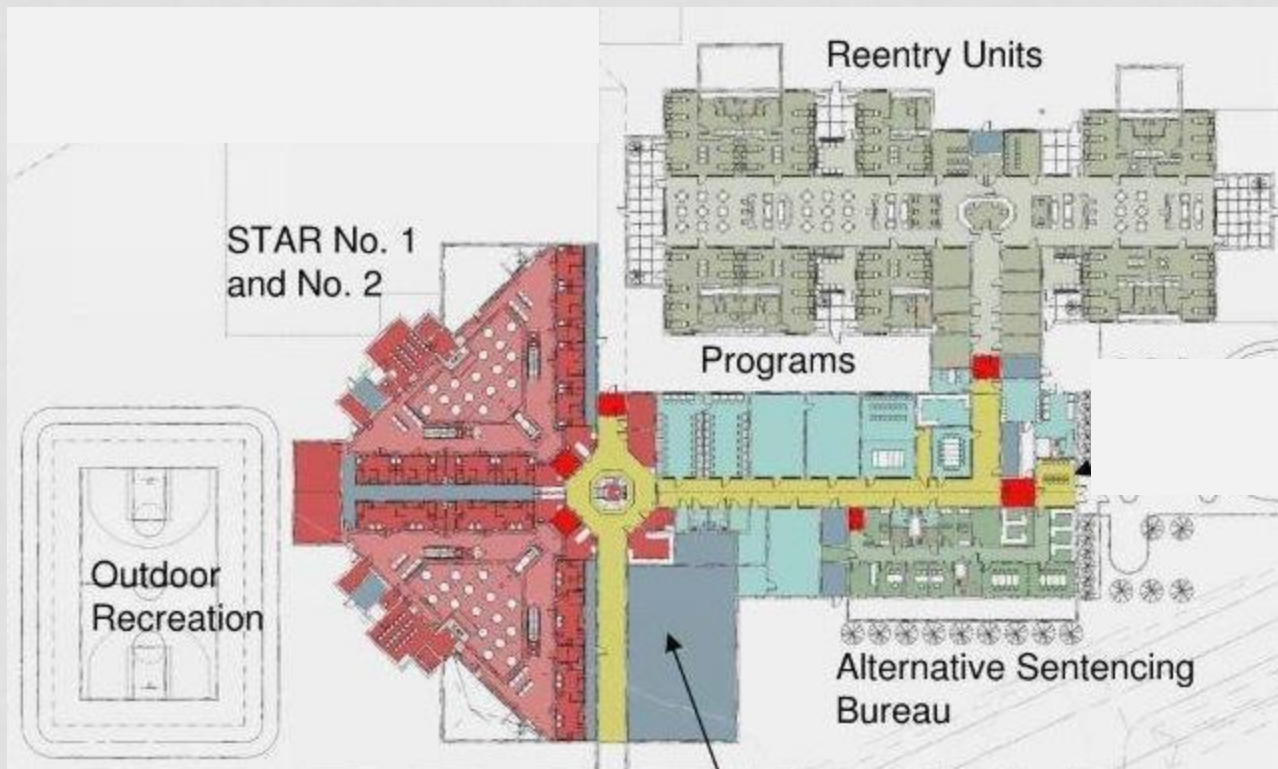
However, **SB1022** has aspects that can tie into the recovery plan for the mentally ill inmate and their successful re-entry into the community.



SB1022-S.T.A.R. COMPLEX

SHERIFF'S TREATMENT AND REENTRY

The Sheriff Treatment and Reentry Complex will focus on Treatment programs and reentry into the community.

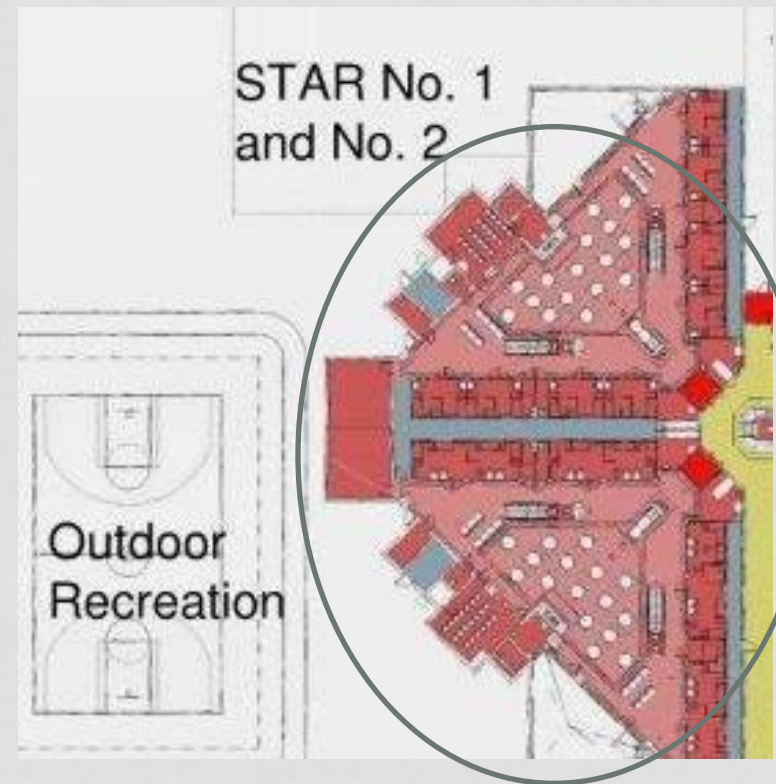




SB1022-S.T.A.R. COMPLEX

SHERIFF'S TREATMENT AND REENTRY

- **64 beds each (128 total)**
- 8-beds to a cell (S.T.A.R. 1)
- 4-beds to a cell (S.T.A.R. 2)
- Video visitation
- Programming within their housing units
- Access to separate classrooms
- Access to large outdoor recreation
- Large dayroom areas
- Access to family reunification room

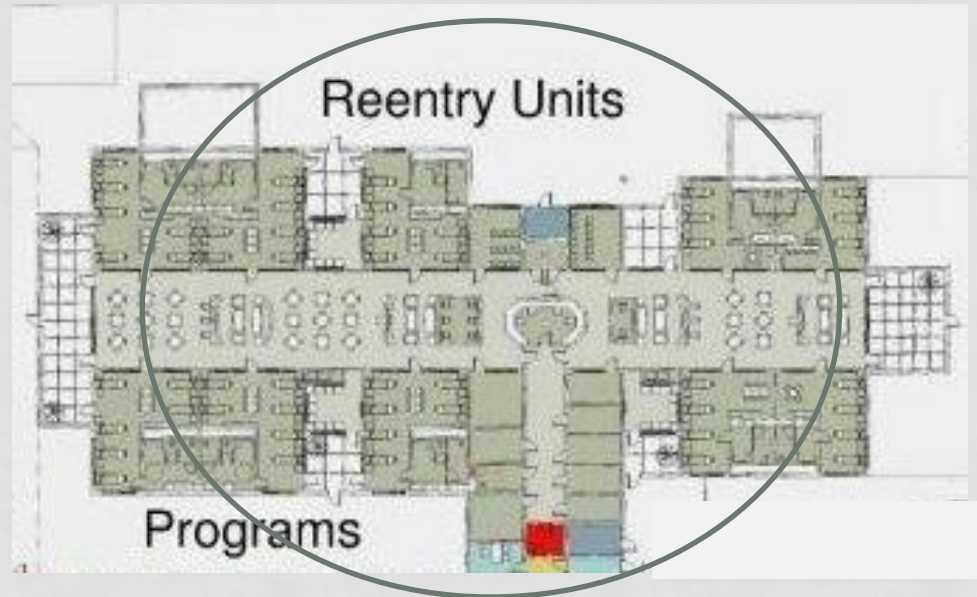




S.T.A.R. REENTRY UNITS

MALE AND FEMALE

- **100 beds (72 males/28 females)**
- Men-12 per cell and women-8 & 6 per cell
- Access to large outdoor recreation
- Access to large programming rooms
- Video visitation
- Large dayroom areas
- Training kitchen
- Vocational training spaces
- Computer lab & study areas
- Inmate laundry facilities
- Potential for inmate dog program
- Access to family reunification room





S.T.A.R. REENTRY PROGRAMING

ADDITIONAL DEDICATED SPACE & PROGRAMING



- **Project B.R.A.C.E.:** *Project Breaking Recidivism and Creating Empowerment.* This is a evidence-based counseling program
- **Most Vulnerable:** Addresses persons that have the greatest number of jail bookings & tend to be the county's most vulnerable population.
- **Post STP Housing:** Additional programming opportunities which will allow inmates that have completed the protective custody Sheriff's Treatment Program to participate in additional programming.
- **A.C.T.S.:** *Applied Correctional Transition Strategy Software*



Questions?