

BOARD OF SUPERVISORS AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors 105 E. Anapamu Street, Suite 407

Santa Barbara, CA 93101 (805) 568-2240 Submitted on: (COB Stamp)

Department Name: Behavioral Wellness

Department No.: 043

Agenda Date: December 16, 2025

Placement: Administrative Agenda

Estimated Time: N/A
Continued Item: No
If Yes, date from: N/A
Vote Required: Majority

TO: Board of Supervisors

FROM: Department Director: Antonette Navarro, LMFT, Director

Department of Behavioral Wellness

Contact: Melissa Wilkins, MPH, CADC-II, CCPS, Branch Chief of Alcohol and Drug

Programs, Department of Behavioral Wellness

SUBJECT: Third Amendment to the Services Agreement with Council on Alcoholism and Drug

Abuse (CADA) for Alcohol and Drug Program and Mental Health Services for Fiscal

Year 2023-2027

County Counsel Concurrence

Auditor-Controller Concurrence

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As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

As to form: Yes

Recommended Actions:

That the Board of Supervisors:

- a) Approve, ratify, and authorize the Chair to execute a Third Amendment to the Agreement for Services of Independent Contractor with Council on Alcoholism and Drug Abuse (CADA) (a local vendor) (BC 23-091) to terminate perinatal services from the Early Intervention Services, Outpatient Treatment Services, and Intensive Outpatient Treatment Services program as of October 29, 2025;to update the Designated Representative and Notices Contact for CADA; modify certain standard terms and conditions, certain general Alcohol and Drug Program programmatic provisions, Contingency Management program provisions relating to recovery principles, certain general Alcohol and Drug Program financial provisions, and service codes; and reduce the contract amount by \$139,400 for a revised, total maximum contract amount of \$15,179,350 with no change to the contract term of July 1, 2023, through June 30, 2027;
 - i) Approve, ratify, and authorize the Director of the Department of Behavioral Wellness' issuance of a Notice of Intent to Partially Terminate the Agreement (Attachment E);

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- ii) Approve and authorize the Director of Behavioral Wellness' issuance of a Notice of Partial Termination of the Agreement (Attachment F);
- iii) Approve, ratify, and authorize the Director of Behavioral Wellness or designee to take actions necessary for the partial wind-down of the Agreement, subject to the Board's ability to rescind this delegated authority at any time; and
- b) Determine that the above-recommended actions are not a project that is subject to environmental review under the California Environmental Quality Act (CEQA), pursuant to CEQA Guidelines sections 15378(b)(4), finding that the actions are governmental funding mechanisms and/or fiscal activities that will not result in direct or indirect physical changes in the environment.

Summary Text:

The Board of Supervisors is requested to authorize the Chair to execute the Third Amendment to the Agreement for Services with Council on Alcoholism and Drug Abuse (CADA). The Amendment terminates Perinatal Services which are substance use disorder services provided to pregnant and postpartum women utilizing Early Intervention Services, Outpatient Treatment Services and/or Intensive Outpatient Services and have substance use disorder diagnoses. The termination is effective October 29, 2025. CADA requested to terminate perinatal services due to a decline in referrals and reduced need for such services as well as limitations in organizational capacity, staffing, and physical space. Community members affected by the termination of this service will continue to have access to perinatal services through other providers contracted with BWell.

The Amendment also reduces the total maximum contract amount by \$139,400, for a revised total maximum contract amount of \$15,179,350, for the period of July 1, 2023, through June 30, 2027. Approval of the recommended actions will allow the Department to continue to provide primary treatment and prevention services to the community and allow CADA to focus on the ADP services they provide to the community.

Discussion:

CADA provides Early Intervention, Outpatient, and Intensive Outpatient substance use disorder services for adults and adolescents, as well as operates a residential treatment program which provides monitored residential treatment services to help members withdraw from alcohol and/or other drugs. CADA requested a partial Termination of the FY 2023-27 Agreement to end Perinatal Services, effective October 29, 2025. The amendment also modifies standard terms and conditions, certain general Alcohol and Drug Program programmatic provisions, Contingency Management program provisions relating to recovery principles, certain general Alcohol and Drug Program financial provisions, and service codes to comply with state and federal requirements,

Background:

The Santa Barbara County Department of Behavioral Wellness (BWell) provides a continuum of mental health and substance use disorder services to Santa Barbara County residents, in part, through contracted providers, including Community-Based Organizations (CBOs). CADA was selected as an Outpatient Treatment Services (OTS) and Residential Treatment Services (RTS) provider after a competitive bidding process.

On July 18, 2023, the Board of Supervisors approved to enter into an Agreement for Services for Independent Contractor with CADA (B 23-091), for the provision of Early Intervention, Outpatient, and Intensive Outpatient substance use disorder services for adolescents, adults and perinatal adults,

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as well as the operation of a residential treatment program, providing monitored residential treatment services to help members withdraw from alcohol and/or other drugs.

On June 18, 2024, The Board of Supervisors approved the First Amendment to the FY 2023-27 Agreement, which added contingency payment and contingency cost settlement provisions and incorporated changes for Medicare practitioner billing and State rate changes, with no change to the maximum contract amount. On June 3, 2025, the Board of Supervisors approved the Second Amendment to this Agreement, terminating the Mental Health: Carpinteria Support, Treatment, Advocacy and Referral Team (START) Program effective June 21, 2025, by request of the Contactor.

This Second Amendment also updated certain standard terms and conditions in compliance with state and federal requirements, updated schedule of rates, and increased the total maximum contract amount by \$216,300, for a revised total maximum contract amount of \$15,318,750, with no change to the contract term of July 1, 2023, through June 30, 2027.

Performance Measure:

The FY 2023-27 Agreement contains performance measures to monitor program implementation and improve staff proficiency. Program goals, outcomes, and measures can be found in Exhibit E of the Agreement. CADA provides reports on programming outcomes every quarter, by program and level of care. The current program goals being monitored include:

- 1. Treatment initiation and engagement (for adults and adolescents);
- 2. Retention in treatment for 90 days or more (for adults and adolescents);
- 3. Abstinence from primary drug at discharge;
- 4. Transfer to a lower level of care within 14 days following Residential Treatment or Withdrawal Management services; and
- 5. Successful completion of treatment.

Contract Renewals and Performance Outcomes:

Performance Outcome data is for FY 2024-2025: due to the transition to SmartCare, BWell is still in the process of final testing of data collection samples for accuracy of all identified outcome measures. As a result, some data points are not yet available and are not included in the summaries below. Q2 FY 2025-26 and ongoing data will allow for accurate performance outcome data. The following summaries highlight key data points for the 45 separate measures available for the fiscal year:

- Adult Outpatient Programs During the fiscal year, CADA served an average of 214 clients per quarter with an average of 98 discharges per quarter. Across both Santa Barbara and Lompoc adult programs, they met 13 out of the 15 goals with data available (in the 2 instances where they didn't meet the goals, they had 0-5 clients so not a concern). An average of 87% of clients engaged in treatment with a goal of 60% or 75% depending on the level of care. In Santa Barbara, an average of 46% of clients were retained in L1 treatment with a goal of 45%; this goal was unmet in Lompoc with an average of 38% of clients retained in L1 treatment (there were too few or no clients in L2.1 for both Santa Barbara and Lompoc to support meaningful outcomes).
- Adult Residential Treatment and Withdrawal Management Programs During the fiscal year, CADA served an average of 53 clients per quarter in L3.1 and L3.5 Residential Treatment with an average of 31 discharges per quarter; in Withdrawal Management they served an average of 10 clients per quarter with an average of 10 discharges per quarter. They met all goals for which data was available.
- Adolescent Outpatient Programs During the fiscal year, CADA served an average of 141 clients per quarter with an average of 62 discharges per quarter. Across Santa Barbara, Santa

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Maria, and Lompoc adolescent programs they met or functionally met all goals for which data was available.

 <u>Perinatal</u> – During the fiscal year, 6 clients were served. All goals were met. Goals include members abstinent of drugs at discharge, having drug free births and members who successfully completed treatment.

Fiscal and Facilities Impacts:

Budgeted: Yes

Fiscal Analysis:

| Funding Source | FY 2023-2024 | FY 2024-2025 | FY 2025-2026 | FY 2026-2027 | Total |
|-----------------------|--------------|--------------|--------------|--------------|--------------|
| General Fund | | | | | - |
| State | \$176,540 | \$144,400 | \$144,400 | \$5,000 | \$470,340 |
| Federal | \$204,300 | \$209,300 | \$209,300 | \$209,300 | \$832,200 |
| Fees | | | | | - |
| Medi-Cal | | | | | |
| Patient | \$3,418,210 | \$3,486,200 | \$3,486,200 | \$3,486,200 | \$13,876,810 |
| Revenue | | | | | |
| Total | \$3,799,050 | \$3,839,900 | \$3,839,900 | \$3,700,500 | \$15,179,350 |

The above-referenced Amendment is funded in combination of State and Federal funds. With the transition of CalAIM Payment Reform, the fee-for-service portion of the contract will be funded with Medi-Cal Patient Revenue which primarily consists of Federal funds. The amount of Federal funds is contingent on the member's aid code, and the State issued rate for the service. The Non-Medi-Cal portion of the contract is funded by a variety of sources including State Realignment and Federal Substance Use Prevention and Recovery Services Block (SUBG) Grant funds, and CalWORKs. This amendment reduces the contract maximum for FY 2026-27 by \$139,400 to remove Quality Assurance and Utilization Management Incentive Payment. This contract and associated funding sources were included in the Adopted Budget for FY 2023-24, FY 2024-25, and FY 2025-26. Funding will be included in BWell's proposed budget for FY 2026-27 but remain contingent on the Board of Supervisors' approval.

Special Instructions:

Please email one (1) complete, executed Amendment and one (1) Minute Order to Sara Hernandez at sahernandez@sbcbwell.or and to bwellcontractsstaff@sbcbwell.org.

Attachments:

Attachment A – CADA FY 2023-27 (BC 23-091), Third Amendment

Attachment B - CADA FY 2023-27 (BC 23-091), Second Amendment, Executed

Attachment C - CADA FY 2023-27 (BC 23-091), First Amendment, Executed

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Attachment D – CADA FY 2023-27 (BC 23-091), Board Contract, Executed

Attachment E – CADA Notice of Intent to Partially Terminate

Attachment F – CADA Notice of Termination

Contact Information:

Sara Hernandez Contract Analyst sahernandez@sbcbwell.org