



BOARD OF SUPERVISORS
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Department Name: ADMHS
Department No.: 043
For Agenda Of: 1-21-14
Placement: Departmental
Estimated Tme: 30 minutes
Continued Item: No
If Yes, date from:
Vote Required: Majority

TO: Board of Supervisors

FROM: Department Takashi Wada, MD, Interim Director
Director(s) Alcohol, Drug and Mental Health Services, 805-681-5220
Contact Info: Ole Behrendtsen, MD, Medical Director, 681-5220

SUBJECT: Santa Barbara County Psychiatric Health Facility

County Counsel Concurrence

As to form: N/A

Other Concurrence: N/A

As to form: Select_Concurrence

Auditor-Controller Concurrence

As to form: N/A

Recommended Actions:

That the Board of Supervisors receives and files a staff presentation regarding the Santa Barbara County Psychiatric Health Facility.

Summary Text:

At the Board of Supervisors hearing on May 21, 2013, the Board directed staff from the Alcohol, Drug and Mental Health Services Department (ADMHS) to return with a presentation regarding the Santa Barbara County Psychiatric Health Facility (PHF). Approval of the recommended action satisfies the Board's direction to ADMHS.

History:

ADMHS was founded in 1962, and at that time, took over operations of the County's acute Psychiatric Health Facility, which is now known as PHF. The Santa Barbara County PHF is a 16-bed facility that provides 24-hour acute inpatient care to individuals requiring psychiatric hospitalization per California Welfare and Institutions Code (WIC) Section 5150. The PHF is a Lanterman-Petris-Short designated facility and is the only acute psychiatric inpatient hospital that accepts Medi-Cal within Santa Barbara County. Services provided at PHF include psychiatry, clinical psychology, psychiatric nursing, social work, rehabilitation, drug administration, and appropriate food services. The PHF is licensed both as a

Psychiatric Hospital Facility by the California Department of Health Care Services and as an Acute General Hospital by the Federal Centers for Medicare and Medicaid Services (CMS).

Audits:

During Calendar Year 2011, two on-site audits took place examining the PHF's compliance with Conditions of Participation required by CMS in order for the facility to receive Medicare reimbursement.

In January 2011, the California Department of Public Health (DPH), on behalf of CMS, conducted an on-site review of PHF to determine if PHF met the Conditions of Participation as an Acute General Hospital (42 CFR Part 482). ADMHS subsequently received written audit findings from DPH which documented PHF deficiencies in the following areas, per General Acute Hospital requirements:

- Governing Body;
- Patient Rights;
- Quality Control;
- Nursing Services;
- Pharmaceutical Services;
- Food and Dietetic Services;
- Infection Control;
- Physical Environment.

ADMHS initiated significant changes in response to the audit, and in May 2011, the PHF was found to be in compliance with the Conditions of Participation as an Acute Hospital.

In August 2011, surveyors from the CMS San Francisco Regional Office conducted an on-site visit to the PHF to verify compliance with Federal Regulations 42 CFR 482.61 (Special Medical Records) and 42 CFR 482.62 (Special Staff Requirements). Essentially, these are regulations that cover PHF's operation as a Specialty Psychiatric Service within the overall status as an Acute General Hospital. ADMHS subsequently received written audit findings from the August, 2011 visit which documented PHF deficiencies in the following areas, per the Specialty Psychiatric Service requirements, including:

- Psychiatric Assessment Documentation;
- Treatment Planning;
- Group Programs and Activities;
- Social Work Oversight;
- Discharge Planning.

ADMHS again initiated substantial changes in response to the audit and, in December 2011, the PHF was found to be in compliance with the Conditions of Participation as a Specialty Psychiatric Service.

As a result of these two CMS audits, increased costs have been incurred at the PHF in order to assure ongoing regulatory compliance. Changes include increasing PHF staffing with the addition of a dietician to provide required oversight of dietary services, and a licensed Masters level Social Worker to provide required oversight of social services. There has also been a need to increase daily staffing levels on the unit to assure that, with a full PHF census of 16 clients, the acuity of client needs is consistently met. Services and supplies include increased food costs due to change in dietary provider and increased costs for pharmaceuticals and transportation. In December of 2012, ADMHS hired Dr. Leslie Lundt as the

PHF Medical Director. Dr. Lundt previously worked as the Medical Director at the Anka Ventura Crisis Residential Treatment Facility, and also as a psychiatrist for Ventura County Behavioral Health.

Changes/Challenges:

In 2012, the Board of Supervisors directed staff to retain the services of a consultant to review inpatient mental health delivery in Santa Barbara County. On May 21, 2013 the Board received a presentation and recommendations regarding the operation of the PHF from Health Management Associates. One of the recommendations approved by the Board was for staff to prepare a Request for Information (RFI) to request further data on the provision of inpatient psychiatric care within Santa Barbara County.

The RFI requested proposals to address unmet needs within Santa Barbara County which include: insufficient bed capacity in locked acute inpatient settings; providing inpatient psychiatric services to individuals who have acute medical needs that cannot be met on an outpatient basis and individuals with a primary diagnosis of chemical dependency or substance use, chemical intoxication or withdrawal, substance use delirium, require substance use detoxification, or are diagnosed with an eating disorder. The RFI requested that interested parties provide options on ways to provide efficient, cost-effective locked acute psychiatric inpatient services that meet County's needs. The RFI was released in August 2013 and responses were received in September 2013; the responses are being reviewed and staff will return to the Board with recommendations to improve inpatient operations

In addition to unmet needs, the costs of acute inpatient services continue to rise. ADMHS projects that FY 13-14 year end costs for contracted inpatient beds (acute and long-term) will exceed budgeted amounts by at least \$1.7 million. The Department is currently reviewing operational options and will present an update to the Board of Supervisors on the Department's financial status in February.

Special Instructions:

Please send one (1) copy of the Minute Order to:

Alcohol, Drug and Mental Health Services
Attn: Contracts
300 North San Antonio Road, Bldg. 3
Santa Barbara, CA 93110

Attachments:

PHF Presentation

cc:

County Executive Office