

## **COUNTY OF SANTA BARBARA**

RESOLUTION HONORING FRIENDSHIP ADULT DAY CARE CENTER'S HELP ELDERS AT RISK TODAY (H.E.A.R.T.) PROGRAM

## **CALIFORNIA**

WHEREAS, the mission of Friendship Adult Day Care Center is to preserve and enrich the quality of life for aging and dependent adults through innovative programs that value the dignity and worth of every person. They provide respite, support and education enabling families and individuals to continue to be engaged in their community, careers and commitments; and

WHEREAS, Friendship Center serves individuals with dementia, developmental disabilities and other health challenges necessitating supervision, and who benefit from socialization and structured activities. Friendship Center's professional staff and programs provide it members with socialization, lively activities and balanced nutrition to avert feelings of isolation, loneliness and fear that manifest in depression and anxiety while enhancing the quality of life for all who attend; and

WHEREAS, Friendship Adult Day Center's H.E.A.R.T. (Help Elders At Risk Today) Program was established in 1976 to enable elder and dependent adults in need of day services utilize the Center's programs regardless of income or ability to pay; and

WHEREAS, the H.E.A.R.T. program subsidizes services for the nearly 70% of Friendship Center members and their families who qualify as low-income. Over half of caregivers are members of the "sandwich generation," adult children with full-time jobs, families and other responsibilities as well as caring for an aging or otherwise dependent family member and another 27% are spouses or friends who are themselves elderly; and

WHEREAS, Friendship Center's services enable many families to delay or avoid costly in-home care or residential care services for their dependent adult loved ones, therefore keeping families together;

NOW, THEREFORE, BE IT ORDERED AND RESOLVED that this Board of Supervisors honors and commends Friendship Adult Day Care Center's H.E.A.R.T. program for its dedication to providing quality care for seniors in our community;

Passed and adopted by the Board of Supervisors of Santa Barbara County, State of California this 15<sup>th</sup> day of March, 2011 by a unanimous vote of all members present.

ATTEST: Chandra Intalian

Clerk of the Board

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Supervisor - 1st District

Supervisor - 2nd District

Supervisor - 3rd District

Systervisor - 4th District

Supervisor - 5th District