



BOARD OF SUPERVISORS
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Department Name: Behavioral Wellness
Department No.: 043
For Agenda Of: June 21, 2016
Placement: Administrative
Estimated Time: N/A
Continued Item: No
If Yes, date from:
Vote Required: Majority

TO: Board of Supervisors
FROM: Department Alice Gleghorn, PhD, Director
Director(s) Behavioral Wellness 681-5220
Contact Info: Pam Fisher, Deputy Director, Chief of Clinical Operations
Behavioral Wellness 681-5220
SUBJECT: Fiscal Year 16-17 Behavioral Wellness - Mental Health Contract Renewals

County Counsel Concurrence

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

Auditor-Controller Concurrence

As to form: Yes

Recommended Actions:

That the Board of Supervisors:

- A. Approve and authorize the Chair to execute an Agreement for Services of Independent Contractor with **Mental Health Association in Santa Barbara County** (dba Mental Wellness Center) (a local vendor), for the provision of adult mental health services, for a total contract amount not to exceed **\$1,724,054** for the period of July 1, 2016 through June 30, 2017.
- B. Approve and authorize the Chair to execute an Agreement for Services of Independent Contractor with **Transitions Mental Health Association** (a local vendor), for the provision of adult mental health services, for a total contract amount not to exceed **\$2,608,297** for the period of July 1, 2016 through June 30, 2017.
- C. Determine that the above actions are organizational or administrative actions of government that will not result in direct or indirect physical changes in the environment, pursuant to section 15378(b)(5) of the California Environmental Quality Act (CEQA) guidelines.

Summary Text:

Behavioral Wellness provides specialty mental health services to Medi-Cal beneficiaries and other individuals to the extent resources allow, in part through contracted services. Approval of the recommended actions will provide for various specialty mental health services to adults, children and youth with serious emotional disturbances (SED) and their families, including mental health services such as therapy and rehabilitation services.

Background:

The contracts being considered for approval provide various specialty mental health services to adults with serious mental illness, including mental health services such as therapy and rehabilitation services.

Mental Health Association in Santa Barbara County (dba Mental Wellness Center (MWC)) provides residential and community mental health services to adults in the Santa Barbara area. MWC's Family Advocate offers services to families of clients with serious mental illness through education, support and linkage to resources. The Casa Juana Maria programs in an Adult Residential Facility providing in-home rehabilitation and support services to residents. MWC also operates the Santa Barbara Consumer-Led Program that offers peer-support, self-help and connections to community resources, including health and wellness activities, as well as a Computer Lab for clients to have access to computers and learn related skills.

Transitions Mental Health Association (TMHA) provides an array of mental health services to adults in the Lompoc and Santa Maria areas. The Lompoc Assertive Community Treatment (ACT) program is an evidence-based psychiatric treatment, rehabilitation and support service for clients with serious mental illness who demonstrate the need for this most intensive level of nonresidential community service. The Lompoc ACT program is intended to serve adult and transitional aged youth (aged 16-25) clients in the Lompoc area. Partners in Hope provides outreach, linkage to care and recovery-oriented activities to family members of adults and older adults with serious mental illness in Santa Maria and Lompoc. The Supported Community Services North program provides treatment, rehabilitative and supportive services to clients "in vivo" in regular community settings (e.g., home, apartment, job site) to adult clients in the Santa Maria area. The Consumer-Led program, described under the Mental Health Association, provides services to participants in Santa Maria and Lompoc.

Performance Measure:

MWC demonstrated positive outcomes for the Casa Juana Maria program, which serves 6 severely mentally ill clients in a long-term residential setting. Through Quarter 2 of FY15/16, 33% (2 of the 6 clients) were either employed, enrolled in school/training or volunteering. All clients maintained stable/permanent housing. There were no incarcerations or psychiatric inpatient admissions for clients living at Casa Juana Maria.

TMHA provides the North County Supported Housing program and the West County ACT program, both of which are Full Service Partnerships. Supported Housing served an average of 118 clients and ACT served an average of 102 clients during the first 6 months of FY15/16. Incarceration goals were met or exceeded by each program, keeping 10% or less of ACT and 3% or less of Supported Housing clients out of jail. As with incarcerations, both programs met or exceeded goals for minimizing psychiatric inpatient admissions. Supported Housing had 3 or fewer admissions per quarter, and ACT had 5 or fewer per quarter. Physical health-related hospital admissions were kept well below the goals for Supported Housing (achieved 7% or less) and ACT (achieved 3% or less). In Quarter 1, ACT had

more physical health-related emergency room visits than anticipated (34%, 35 of 102 clients), but in Quarter 2 the program exceeded the goal of reducing the number to 25 by minimizing admissions to 15. Supported Housing exceeded the emergency room visit goal of 17 per quarter with only 10 in Quarter 1 and 7 in Quarter 2. Both programs were very close to meeting targets for maintaining clients in stable/permanent housing. Supported Housing reached 94% (goal of 95%) and ACT reached 92% by Quarter 2 (goal of 93%). Twenty-six (26%) of ACT clients were employed, in school or volunteering, which was 5% below the target; however, Supported Housing exceed the goal of 10% by achieving 16% in Quarter 1 and 14% in Quarter 2. Finally, ACT successfully graduated 4 of 4 clients discharged to an equal or lower level of care. Supported Housing had 7 discharges, but only 4 went to an equal or lower level of care.

Fiscal and Facilities Impacts:

Budgeted: Yes **Fiscal Analysis:**

<u>Funding Sources</u>	<u>Current FY Cost:</u>	<u>Annualized On-going Cost:</u>	<u>Total One-Time Project Cost</u>
General Fund			
State	\$ 2,166,176	\$ 2,166,176	
Federal	\$ 2,166,176	\$ 2,166,176	
Fees			
Other:			
Total	\$ 4,332,351	\$ 4,332,351	

Narrative: The above referenced contracts are funded by State and Federal funds. The funding sources are included in FY 2016-2017 Proposed Budget.

Key Contract Risks:

As with any contract funded by State and Federal sources, there is a risk of future audit disallowances and repayments. The dollars Behavioral Wellness collects from the Centers for Medicare and Medicaid Services (CMS) via the State for specialty mental health services provided to Medi-Cal beneficiaries are subject to a complex and lengthy cost settlement process. Behavioral Wellness is required to submit an annual cost report which reports all costs associated with providing mental health services for a given Fiscal Year (actual cost). The actual cost is one component that the State reviews when it performs its “cost settlement” process. In this process, the State settles to the lower of actual cost or Published Charges, which are the fees charged to the general public (as adopted by the contractor’s Board of Directors). The cost settlement process results in a preliminary settlement, which typically takes place two years after the close of a Fiscal Year; however, the settlement process is not complete until the State completes the final audit. State audits for Medi-Cal funds for specialty mental health services typically occur five years after the end of the fiscal year being audited. To address these risks and to minimize settlement amounts with contract providers, Behavioral Wellness calculates rates for Medi-Cal services provided by organizational providers on a quarterly basis. Regular reports to contractors on unclaimed and denied units allow providers to correct errors and maximize Medi-Cal penetration rates. Even with these measures, there is the risk that the State will disallow units of service or determine costs to be non-allowable, resulting in repayment. Behavioral Wellness contracts include language requiring contractors to repay any amounts disallowed in audit findings, minimizing financial risks to County.

Special Instructions:

Please email the signature page for each contract and one (1) minute order to:
admhscontractsstaff@co.santa-barbara.ca.us.

Attachments:

Attachment A: Mental Wellness Center FY 16-17 BC

Attachment B: Transitions Mental Health Association FY 16-17 BC

Authored by:

DMorales