

# COUNTY OF SANTA BARBARA CALIFORNIA

**RESOLUTION PROCLAIMING  
THE MONTH OF FEBRUARY, 2012  
AS AMERICAN HEART MONTH AND  
THE DAY OF FEBRUARY 14, 2012  
AS "HANDS ONLY" CPR TRAINING DAY**

*WHEREAS, February is designated as American Heart Month by the American Heart Association to increase awareness about heart disease prevention and the behaviors that promote heart health; and*

*WHEREAS, heart disease is the leading cause of death nationally and locally, with an estimated 630,000 deaths per year in the U.S. and over 700 deaths per year in Santa Barbara County, with approximately 200 cardiac arrest victims being treated locally each year by the emergency medical services system; and*

*WHEREAS, the prompt delivery of cardiopulmonary resuscitation (CPR) more than doubles a cardiac arrest victim's chance of survival by helping maintain vital blood flow to the heart and the brain; and*

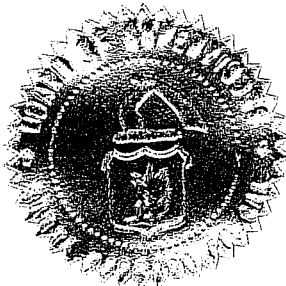
*WHEREAS, smoking, unhealthy diet, and lack of physical activity contribute to heart disease; and*

*WHEREAS, the Public Health Department is committed to reducing heart disease through prevention programs and performance improvement strategies; and*

*WHEREAS, on February 14, 2012, the Emergency Medical Services Agency, in collaboration with local hospitals and first responders, will be conducting community "Hands Only" CPR training to the public to help increase cardiac victims' survival.*

**NOW, THEREFORE, BE IT HEREBY ORDERED AND RESOLVED** that the Board of Supervisors of Santa Barbara County does hereby observe the month of February, 2012 as American Heart Month, and the day of February 14, 2012 as "Hands Only" CPR Training Day in an effort to prevent heart disease, save lives and respond effectively to those who experience cardiac arrest in the County of Santa Barbara.

**PASSED AND ADOPTED** by the Board of Supervisors of the County of Santa Barbara, State of California, this seventh day of February, 2012, by a unanimous vote of all members present.



Lozell  
Supervisor - 1st District

Grant Wall  
Supervisor - 2nd District

Debbie Fink  
Supervisor - 3rd District

Joni Gray  
Supervisor - 4th District

Sharon  
Supervisor - 5th District

ATTEST: Chandra Klatka  
Clerk of the Board