

**RESOLUTION PROCLAIMING
APRIL 6 – 12, 2015
PUBLIC HEALTH WEEK
IN SANTA BARBARA COUNTY**

WHEREAS, although the United States spends more on health care than comparable countries, numerous studies show we live shorter lives and struggle with more health issues such as diabetes, infant mortality, and heart disease across all socio-economic groups; and

WHEREAS, we can change our individual health and the health of our entire community by eating healthy foods, maintaining a level of physical activity, abstaining from tobacco use, and getting regular medical check-ups; and

WHEREAS, the three behaviors related to diet, activity and tobacco use contribute to four chronic diseases (vascular disease, cancer, lung disease and type 2 diabetes) causing over 50% of all deaths in Santa Barbara; and

WHEREAS, we can change the health of the nation in one generation if each of us take a pledge to improve our behaviors, make healthy choices, and make the health choice the easy choice for everyone in our community.

NOW, THEREFORE, BE IT HEREBY ORDERED AND RESOLVED that this Board of Supervisors of Santa Barbara County does hereby proclaim April 6 – 12, 2015 as Public Health Week and encourages all residents in Santa Barbara to log onto the Public Health Department Website to sign the pledge “Creating the healthiest nation starts with me”.

PASSED AND ADOPTED by the Board of Supervisors of the County of Santa Barbara, State of California, this 17th day of March, 2015, by a unanimous vote of all members present.

