



BOARD OF SUPERVISORS
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Department Name: ADMHS
Department No.: 043
For Agenda Of: 6-22-10
Placement: Administrative
Estimated Tme:
Continued Item: No
If Yes, date from:
Vote Required: Majority

TO: Board of Supervisors

FROM: Department Ann Detrick, Ph.D., Director
Director(s) Alcohol, Drug, and Mental Health Services, 681-5220
Contact Info: Marianne Garrity, R.N., ADMHS Deputy Director, 681-5220

SUBJECT: FY 10-11 Agreements for Adult Mental Health Services

County Counsel Concurrence

As to form: Yes

Auditor-Controller Concurrence

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

Recommended Actions:

Approve and execute the following contracts and amendments for Adult Mental Health Services for the period of July 1, 2010 to June 30, 2011, as follows:

1. Approve and execute a contract with Community Health Centers of the Central Coast (a local vendor) in the amount of \$474,161;
2. Approve and execute a contract with Mental Health Association in Santa Barbara County (a local vendor) in the amount of \$534,827;
3. Approve and execute a contract with Transitions Mental Health Association (a local vendor) in the amount of \$2,518,980;
4. Approve and execute a Contractor on Payroll agreement with George Bajor, M.D., in the amount of \$30,513;
5. Approve and execute a Contractor on Payroll agreement with Bob Black, M.D., in the amount of \$86,900;
6. Approve and execute a Contractor on Payroll agreement with Daniel Litten, M.D., for a total contract not to exceed \$60,000.

Summary Text:

The above listed contracts will provide for the continued provision of services to adults with mental illness during FY 10-11.

Background:

Approval of the recommended actions will provide for FY 10-11 Adult Mental Health Services including Community Based Organizations CBOs and psychiatrist services, as follows:

1. **Community Health Centers of the Central Coast (CHCCC)** provides accessible, affordable, and comprehensive healthcare services in strategically located health centers located in North Santa Barbara County. CHCCC will provide two new programs funded through the Mental Health Services Act (MHSA) Prevention and Early Intervention (PEI) component.

Through the Integrating Primary and Mental Health Care in Community Clinics program, CHCCC will screen all patients who receive primary care services for trauma and existing and/or emerging mental health conditions. This program adds a psychiatrist and licensed clinical social worker to provide assessment, treatment, and referral to individuals at risk for the development of a serious mental health condition. Further, the program provides the evidence-based IMPACT model which treats older adults experiencing depression and has been shown to more than double the effectiveness of depression treatment for older adults in primary care settings. At 12 months, about half of the patients receiving IMPACT care reported at least a 50% reduction in depressive symptoms, compared with only 19% of those receiving primary care services. This program will provide screening for all patients of the CHCCC, estimated at 2,250 and mental health services to an anticipated 340 individuals experiencing emerging mental health conditions.

In addition, Community Mental Health Educators (CMHE) will provide outreach and education, community engagement, information dissemination and linkage to mental health resources in the Santa Maria, Guadalupe, and Lompoc areas. CMHEs provide their services in the community, and are generally from the community they serve. CHCCC will focus on the Spanish-speaking and Mixtec-speaking population in North County, identified as a priority underserved or unserved community during the MHSA process. This program is estimated to provide outreach and education to approximately 1,075 individuals annually.

2. **Mental Health Association in Santa Barbara County (MHA)** provides residential and community mental health services to adults in the Santa Barbara area. MHA's Family Advocate offers services to 150 families of clients with serious mental illness through education, support and linkage to resources. The Casa Juana Maria program is an Adult Residential Facility providing in-home rehabilitation and support services to six residents. MHA also operates the Santa Barbara Consumer-Led Program that offers peer-support, self help and connections to community resources, including health and wellness activities. The Consumer-Led Program serves approximately 100 participants monthly.
3. **Transitions Mental Health Association (TMHA)**, through this consolidated contract, provides an array of mental health services to adults in the Lompoc and Santa Maria areas. The Lompoc Assertive Community Treatment (ACT) program is an evidence-based psychiatric treatment, rehabilitation and support service for clients with serious mental illness who demonstrate the need for this most intensive level of nonresidential community service. The Lompoc ACT program is intended to serve 100 adult and transitional age youth (aged 16-25) clients in the Lompoc area. Partners in Hope provides outreach, linkage to care and recovery-oriented activities to approximately 100 family members of adults and older adults with serious mental illness in Santa Maria and Lompoc. The Supported Housing North program provides treatment, rehabilitative and

supportive services to clients “in vivo” in regular community settings (e.g., home, apartment, job site) to 130 adult clients in the Santa Maria area. The Consumer-Led program, described under MHA, provides services to 75 unduplicated participants per month in Santa Maria and 60 unduplicated participants per month in Lompoc.

The Contractors on Payroll listed below provide psychiatric services to adults, including development, review, revision, and approval of client assessments, evaluations and treatment plans; prescription and administration of psychiatric medications, as needed; assistance to clients with symptom management and development of personal coping skills; medication education for clients and families; and training, education and support to ADMHS staff and multi-disciplinary team members. ADMHS has experienced continuing difficulty recruiting and retaining certain key staff, particularly, psychiatrists, to the area. Contractors on Payroll have helped to bridge the gap to provide needed mental health treatment capacity.

4. **George Bajor, MD**, provides psychiatric services at the Psychiatric Health Facility (PHF);
5. **Bob Black, MD**, provides psychiatric services at the PHF;
6. **Daniel Litten, MD** provides on-call backup coverage to the PHF physician and performs physical evaluations and legally mandated evaluation of individuals who are in seclusion and restraint at the PHF.

Performance Measure:

Approval of the recommended action will help ADMHS meet the following Recurring Performance Measure:

To improve the quality of life for members of the community with serious mental illness (including MHSA clients), the department will provide mental health services to accommodate 5300 unduplicated adult clients annually.

In addition, specific outcome measures for the service contracts with Community Health Centers of the Central Coast, Mental Health Association and Transitions Mental Health Association were included as Exhibit E to the contracts.

Fiscal and Facilities Impacts:

Budgeted: Yes

Fiscal Analysis:

<u>Funding Sources</u>	<u>Current FY Cost:</u>	<u>Annualized On-going Cost:</u>	<u>Total One-Time Project Cost</u>
General Fund			
State	\$ 2,497,074.50		
Federal	\$ 1,208,306.50		
Fees			
Other:			
Total	\$ 3,705,381.00	\$ -	\$ -

Narrative:

The above referenced contracts are funded by a combination of County, State and Federal revenue. The funding sources are identified in the FY 2010-11 Proposed Budget, Federal and State Revenues (page D-168 in the FY 2010-11 County Budget, in the Adult's Division and page D-180 in the Mental Health Services Act Division). The proposed expenditures are included in the FY 2010-11 Budget for Community Based Organization (CBO) Service Contracts Medi-Cal and Non- Medi-Cal. Execution of these contracts and amendments will not increase the use of general fund dollars by the ADMHS Department.

Special Instructions:

Please send one (1) complete copy of each amendment and one (1) minute order to:

Alcohol, Drug, and Mental Health Services
ATTN: Contracts Office
300 North San Antonio Road, Bldg. 3
Santa Barbara, CA 93110

Attachments:

Complete agreements/amendments with the following agencies are available in the office of the Clerk of the Board:

Community Health Centers of the Central Coast
Mental Health Association in Santa Barbara County
Transitions Mental Health Association
George Bajor, MD
Bob Black, MD
Daniel Litten, MD

Authored by:

D. Spahn

cc: