



BOARD OF SUPERVISORS
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Department Name: Behavioral Wellness
Department No.: 043
For Agenda Of: October 6, 2020
Placement: Administrative
Estimated Time: N/A
Continued Item: No
If Yes, date from:
Vote Required: Majority

TO: Board of Supervisors

FROM: Department Alice Gleghorn, PhD, Director
Director(s): Department of Behavioral Wellness (805) 681-5220
Terri Maus-Nisich, Assistant County Executive Officer
County of Santa Barbara – County Executive Office (805) 568-3400
Contact Info: Chris Ribeiro, Chief Financial Officer
Department of Behavioral Wellness (805) 681-5220

SUBJECT: **Crestwood Behavioral Health, Inc. Champion Healing Center Mental Health Rehabilitation Center (MHRC) FY 20-24 Service Agreement**

County Counsel Concurrence

As to form: Yes

Auditor-Controller Concurrence

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

Recommended Actions:

That the Board of Supervisors:

- A. Approve, ratify and authorize the Chair to execute an Agreement for Services of Independent Contractor with **Crestwood Behavioral Health, Inc.**, a Delaware corporation, (“Crestwood”) (not a local vendor) for the provision of in-county Mental Health Rehabilitation Center (MHRC) services for a maximum contract amount not to exceed \$16,900,000 for the period of October 5, 2020 through June 30, 2024, inclusive of \$3,200,000 for FY 20-21; \$4,300,000 for FY 21-22; \$4,400,000 for FY 22-23; and \$5,000,000 for FY 23-24;
- B. Delegate to the Behavioral Wellness Director, or designee, the authority to make immaterial changes to the agreement; adjust the rate for special services to accommodate clients with acute needs, additional monitoring, or medical complexity and reallocate funds between funding sources during the term of the agreement, as long as there is no change to the Maximum Contract Amount; and amend the program goals, outcomes, and measures in Exhibit E, all without needing to return to the Board for a formal amendment to the

Agreement, subject to the Board's authority to rescind this delegated authority at any time;
and

- C. Determine that the above actions are government fiscal activities or funding mechanisms, which do not involve any commitment to any specific project which may result in a potentially significant physical impact on the environment and are therefore not a project under the California Environmental Quality Act (CEQA) pursuant to section 15378(b)(4) of the CEQA Guidelines.

Summary Text:

On March 10, 2020, the Board of Supervisors approved of a Memorandum of Understanding (MOU) (Attachment B) with Crestwood Behavioral Health Center, Inc. ("Crestwood") for the contribution of up to \$1 million in County funds for tenant improvements to convert the existing medical facility located at 303 South C Street, Lompoc, California, into an in-county Mental Health Rehabilitation Center (MHRC), hereafter referred to as the Champion Healing Center. In exchange, the County will receive access to a minimum of 32 MHRC beds for County mental health clients in need of long-term rehabilitative care services. Per the terms of the MOU, Crestwood will repay the contribution through a reduction in the daily bed rate charged to the County. On March 10, 2020, the Board directed BeWell to return for approval of the Service Agreement with Crestwood. Approval of the recommended actions will allow BeWell to move forward with the execution of the MHRC Service Agreement with Crestwood and will allow for services to be provided to BeWell clients as part of its Mental Health Services continuum of care.

Background:

BeWell provides a continuum of services to County residents, including inpatient treatment services to best meet the needs of individuals with severe mental illness. Institutions for Mental Disease (IMDs) are facilities including hospitals, nursing facilities, MHRCs, or other institutions of more than 16 beds that are primarily engaged in providing diagnosis, treatment, or care, of persons with mental illness, including medical attention, nursing care, and related services.

There are a limited number of these highly structured residential treatment services facilities in California. The County contracts with Crestwood at its IMD facilities in Kern, Shasta, and Santa Clara counties, where Crestwood provides intensive psychiatric mental health treatment, medical assessment, diagnosis and monitoring, and treatment groups for clients, including those diagnosed with co-occurring disorders, in locked facilities.

The Champion Healing Center will be the first and only IMD in Santa Barbara County. The availability of an in-county MHRC has long been a goal of BeWell. The Champion Healing Center offers broad opportunities to expand needed mental health services within Santa Barbara County. Anticipated public benefits include: freeing up beds at the Psychiatric Health Facility (PHF) by moving individuals who are not in acute crisis to a lower level of care so that individuals who are experiencing an acute phase of crisis requiring a higher level of care are able to receive treatment at the PHF; minimizing staff time and transportation costs associated with transporting clients out of county; more efficient step down into the community; benefits for institutionalized individuals to be closer to family and support systems within the County; and lower per day cost for beds. It also limits the use of high cost and inappropriate systems (such as emergency rooms and the criminal justice system). MHRCs are primarily engaged in providing long-term rehabilitative care for those with mental health issues to develop residents' skills to increase independence.

At the Champion Healing Center, Crestwood will generally provide 3 levels of care of increasingly enhanced services for clients at varying acuity levels for clients requiring a locked service setting. Additionally, Crestwood will offer a specialized level of care for clients requiring additional monitoring or medical complexity.

Performance Measures:

The Program Goals for Crestwood Champion Healing Center will be: 1) To reduce mental health and substance abuse symptoms for clients, resulting in reduced utilization of involuntary care and emergency rooms for mental health and physical health problems and 2) Assist clients in their mental health recovery process and with developing the skills necessary to lead independent, healthy, and productive lives in the community.

Crestwood will be held to the following Outcomes and Measures pertaining to the Champion Healing Center MHRC Service Agreement:

- Reduce the number of Incarcerations/Juvenile Hall per quarter to 5% or less.
- Maintain the average quarterly percentage of acute psychiatric inpatient admissions at 10% or less.
- Maintain the percent of clients hospitalized for physical health reasons per quarter at 10% or less.
- Maintain the percentage of discharged clients who transitioned to a higher level of care (i.e., State Hospital, locked IMD or long-term stabilization on inpatient unit) due to psychiatric conditions at 15% or lower.
- Maintain the percentage of discharged clients who transitioned to a lower level of care at 85% or more.

Fiscal and Facilities Impacts:

Budgeted: Yes

Fiscal Analysis:

<u>Funding Sources</u>	<u>FY 20-21 Cost</u>	<u>FY 21-22 Cost</u>	<u>FY 22-23 Cost</u>	<u>FY 23-24 Cost</u>	<u>Overall FY 20-24 Cost</u>
General Fund					
State	\$ 3,200,000.00	\$ 4,300,000.00	\$ 4,400,000.00	\$5,000,000	
Federal					
Fees					
Other:					
Total	\$ 3,200,000.00	\$ 4,300,000.00	\$ 4,400,000.00	\$5,000,000	\$ 16,900,000.00

Narrative: The above-referenced contract is funded by State funds. The funding source was included in the FY 2020-2021 Approved Budget. The funding sources will be included in the FY 2021-2022, FY 2022-2023, and FY 2023-2024 Proposed Budgets for Board approval.

Key Contract Risks:

As with any contract funded by State sources, there is a risk of future audit disallowances and repayments. BeWell contracts include language requiring contractors to repay any amounts disallowed in audit findings, minimizing financial risks to the County.

Special Instructions:

Please email one (1) complete executed Contract and one (1) minute order to cfoschaar@sbcbswell.org and bwelcontractsstaff@co.santa-barbara.ca.us.

Attachments:

Attachment A: Crestwood Behavioral Health, Inc. Champion Healing Center FY 20-24 Service Agreement

Attachment B: Crestwood Champion Healing Center MOU executed

Authored by:

Melanie Johnson/A. Foschaar