



BOARD OF SUPERVISORS  
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors  
105 E. Anapamu Street, Suite 407  
Santa Barbara, CA 93101  
(805) 568-2240

**Department Name:** Behavioral Wellness  
**Department No.:** 043  
**For Agenda Of:** June 22, 2021  
**Placement:** Administrative  
**Estimated Time:**  
**Continued Item:** No  
**If Yes, date from:**  
**Vote Required:** Majority

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**TO:** Board of Supervisors  
**FROM:** Department: Pamela Fisher, Psy.D., Acting Director  
Director(s): Behavioral Wellness, (805) 681-5200  
**SUBJECT:** Behavioral Wellness Mental Health Services - Child Abuse Listening Mediation (CALM) Contract Renewal FY 21-22

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**County Counsel Concurrence**

As to form: Yes

**Auditor-Controller Concurrence**

As to form: Yes

**Other Concurrence:** Risk Management

As to form: Yes

**Recommended Actions:**

That the Board of Supervisors:

- A. Approve and authorize the Chair to execute an Agreement for Services of Independent Contractor with **Child Abuse Listening Mediation** (“CALM”), a California nonprofit corporation (a local vendor), for the provision of mental health services for FY 20-21, for a total Maximum Contract Amount not to exceed **\$3,046,311** for the period of July 1, 2021 through June 30, 2022;
- B. Delegate to the Director of the Department of Behavioral Wellness or designee the authority to suspend, delay, or interrupt services under the Agreement for convenience per Section 20 of the Agreement; make immaterial changes to the Agreement per Section 26 of the Agreement; authorize additional services per Exhibits A-2 through A-7 of the Agreement; amend program staffing requirements per Exhibits A-2 through A-7 of the Agreement; reallocate funds between funding sources per Exhibit B of the Agreement; adjust the provisional rate per Exhibit B of the Agreement; approve in writing in the year end cost settlement that use of the County Maximum Allowable rate was waived for settlement purposes per Exhibit B of the Agreement; and amend the program goals, outcomes, and measures per Exhibit E of the Agreement, all without altering the Maximum Contract Amount and without requiring the Board’s approval of an amendment of the Agreement, subject to the Board’s ability to rescind this delegated authority at any time; and
- C. Determine that the above actions are government funding mechanisms or other government fiscal activities, which do not involve any commitment to any specific project that may result in a potentially significant physical impact on the environment and are therefore a project under the

California Environmental Quality Act (CEQA) pursuant to section 15378(b)(4) of the CEQA Guidelines.

**Summary Text:**

The item is on the agenda to request authorization for Behavioral Wellness (“BeWell”) to renew the mental health agreement with “CALM” to provide mandated specialty mental health children and youth services to clients 21 years of age and younger for a Maximum Contract Amount not to exceed **\$3,046,311** for FY 21–22, along with the authority to suspend, delay, or interrupt services under the Agreement for convenience per Section 20 of the Agreement; make immaterial changes to the Agreement per Section 26 of the Agreement; authorize additional services per Exhibits A-2 through A-7 of the Agreement; amend program staffing requirements per Exhibits A-2 through A-7 of the Agreement; reallocate funds between funding sources per Exhibit B of the Agreement; adjust the provisional rate per Exhibit B of the Agreement; approve in writing in the year end cost settlement that use of the County Maximum Allowable rate was waived for settlement purposes per Exhibit B of the Agreement; and amend the program goals, outcomes, and measures per Exhibit E of the Agreement, all without altering the Maximum Contract Amount and without requiring the Board’s approval of an amendment of the Agreement, subject to the Board’s ability to rescind this delegated authority at any time. Approval of the recommended actions will allow BeWell to continue to provide various specialty mental health services to children and youth with serious emotional disturbances, including therapy and rehabilitation services.

**Background:**

CALM provides various mental health services to children, youth, and families countywide. For example, as part of the SPIRIT Program, CALM provides a Child and Family Specialist to work in collaboration with BeWell staff on three regional Wraparound teams that serve children that are at greatest risk of out-of-home placement. CALM provides Intensive In-Home (IIH) mental health services in home and community settings of child and youth clients and their families to improve client and family functioning. CALM’s Pathways to Well Being provides services to child and youth clients in foster care. CALM also provides early childhood mental health services through Mental Health Services Act (MHSA) Prevention, Early Intervention (PEI) and Medi-Cal funding to children between zero and five years old and their families. In addition, CALM provides short-term therapy to child clients and their families in an outpatient setting.

**Contract Renewals and Performance Outcomes:**

Through Quarter 2 of FY 20-21, CALM performed at the following level:

1. *Intensive In-Home (IIH)*: Most goals met and/or exceeded. Discharges to a higher level of care were higher than the expected outcome, and conversely, discharges to a lower level of care were lower than expected outcome. Child & Adolescent Needs & Strengths (“CANS”) and Pediatric Symptoms Checklist (“PSC”) data were not completed at expected outcome. CALM served an average of 41 unique clients per quarter with an average of 11 discharges per quarter. There were 4% with incarcerations/Juvenile Hall; 4% with inpatient psychiatric admissions; 97% with stable/permanent housing; 39% were discharged to a higher level of care; 61% were discharged to a lower level of care; 1% had out-of-primary home placement. CALM completed 90% of the CANS and 96% of the PSCs.
2. *SPIRIT Programs*: Most goals met and/or exceeded. Discharges to a higher level of care were higher than the expected outcome, and conversely, discharges to a lower level of

- care were lower than expected outcome. CANS and PSC data were not completed at expected outcome. CALM served an average of 30 unique clients per quarter with an average of 11 discharges per quarter. There were no incarcerations/Juvenile Hall. There were 3% with inpatient psychiatric admissions; 98% with stable/permanent housing; 98% were engaged in a purposeful activity; 18% were discharged to a higher level of care; 82% were discharged to a lower level of care; 2% had out-of-primary home placement. CALM completed 67% of the CANS and 98% of the PSCs.
3. *Pathways to Wellbeing*: Most goals met and/or exceeded. Discharges to a higher level of care were just slightly higher than the expected outcome, and conversely, discharges to a lower level of care were slightly lower than expected outcome. CANS and PSC data were slightly under the expected outcome. CALM served an average of 61 unique clients per quarter with an average of 12 discharges per quarter. There were no incarcerations/Juvenile Hall and no psychiatric inpatient admissions. About 99% had stable/permanent housing; 99% were engaged in a purposeful activity; 16% were discharged to a higher level of care; 84% were discharged to a lower level of care; 2% had out-of-primary home placements. CALM completed 95% of the CANS and 98% of the PSCs.
  4. *Managed Care Program*: Most goals met and/or exceeded. Discharges to a higher level of care were higher than the expected outcome, and conversely, discharges to a lower level of care were lower than expected outcome. CANS and PSC data were under the expected outcome. CALM served an average of 20 unique clients per quarter with an average of 6 discharges per quarter. There were no incarcerations/Juvenile Hall and no psychiatric inpatient admissions. All clients had stable/permanent housing, and all clients were engaged in a purposeful activity; 23% were discharged to a higher level of care; 77% were discharged to a lower level of care. There were no out-of-primary home placements. CALM completed 88% of the CANS and 94% of the PSCs.
  5. *Early Childhood Specialty Mental Health (ECSMH)*: All goals met and/or exceeded with the exception of the CANS and PSC data. CALM served an average of 142 unique clients per quarter with an average of 88 discharges per quarter. About 99% had stable/permanent housing; 100% were engaged in a purposeful activity; 3% were discharged to a higher level of care; 97% were discharged to a lower level of care. There was an average of 1% in out-of-primary home placements. CALM completed 87% of the CANS and 93% of the PSCs.
- Early Childhood Mental Health (ECMH)*: Most goals met and/or exceeded. Clients with stable/permanent housing was slightly lower than expected outcome. Discharges to a higher level of care were slightly higher than expected outcome. CANS and PSC data were slightly under the expected outcome. CALM served an average of 39 unique clients per quarter with an average of 10 discharges per quarter. About 92% had stable/permanent housing; 97% were engaged in a purposeful activity; 11% were discharged to a higher level of care; 89% were discharged to a lower level of care. There were no out-of-primary home placements. CALM completed 89% of the CANS and 88% of the PSCs.

**Fiscal and Facilities Impacts:**

Budgeted: Yes

**Fiscal Analysis:**

<b><u>Funding Sources</u></b>	<b><u>FY 21-22</u></b>	
General Fund		
State	\$	1,523,155.50
Federal	\$	1,523,155.50
Fees		
Other:		
Total	\$	3,046,311.00

Narrative: The above-referenced contract is funded by State and Federal funds. The funding sources are included in the FY 21-22 Proposed Budget.

**Key Contract Risks:**

As with any contract funded with State and Federal sources, there is a risk of future audit disallowances and repayments through the State’s auditing process. This contract includes language requiring CALM to repay any amounts disallowed in audit findings, minimizing financial risks to County.

**Special Instructions:**

Please send one (1) signature page and one (1) minute order to: [cshurland@co.santa-barbara.ca.us](mailto:cshurland@co.santa-barbara.ca.us) and one to [bwelcontractsstaff@co.santa-barbara.ca.us](mailto:bwelcontractsstaff@co.santa-barbara.ca.us).

**Attachments:**

Attachment A: CALM FY 21-22 BC

**Authored by:**

CD Shurland