



BOARD OF SUPERVISORS  
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors  
105 E. Anapamu Street, Suite 407  
Santa Barbara, CA 93101  
(805) 568-2240

Department Name: ADMHS  
Department No.: 043  
For Agenda Of: 6-23-09  
Placement: Administrative  
Estimated Tme:  
Continued Item: No  
If Yes, date from:  
Vote Required: Majority

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**TO:** Board of Supervisors

**FROM:** Department Ann Detrick, Ph.D., Director  
Director(s) Alcohol, Drug, and Mental Health Services, 681-5220  
Contact Info: Marianne Garrity, R.N., ADMHS Deputy Director, 681-5220

**SUBJECT: FY 09-10 Agreements for Adult Mental Health Services**

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**County Counsel Concurrence**

As to form: Yes

**Auditor-Controller Concurrence**

As to form: Yes

**Other Concurrence:** Risk Management

As to form: Yes

**Recommended Actions:**

Approve and execute the following contracts for Adult Mental Health Services for the period of July 1, 2009 through June 30, 2010, as follows:

1. Approve and execute an amendment to the contract with PathPoint (a local vendor) in the amount of \$1,129,478;
2. Approve and execute an amendment to the contract with Transitions Mental Health Association (a local vendor) in the amount of \$1,317,117;
3. Approve and execute an amendment to the contract with Mental Health Association (a local vendor) in Santa Barbara County in the amount of \$539,257;
4. Approve and execute an amendment to the contract with Aurora Vista del Mar (not a local vendor) in the amount of \$900,000;
5. Approve and execute an amendment to the contract with Maxim Healthcare Services, Inc. (a local vendor) in the amount of \$149,150;
6. Approve and execute a Contractor on Payroll agreement with Nubia Swain, MD in the amount of \$45,760;
7. Approve and execute a Contractor on Payroll agreement with Herman Schornstein, MD in the amount of \$45,760;
8. Approve and execute a Contractor on Payroll agreement with William Vollero, MD in the amount of \$95,680;
9. Authorize the Director of ADMHS to approve amendments to the proposed contracts, provided that any such amendments do not exceed ten percent (10%) of each contract's dollar amount.

**Summary Text:**

In FY 2008-09, Alcohol, Drug and Mental Health Services (ADMHS) began to implement changes in the department's business operations. ADMHS made significant revisions to its contracts for Adult Mental Health Services with Community Based Organizations (CBO). In FY 08-09, ADMHS conducted a Request for Proposals process and awarded contracts to vendors for Adult Mental Health Services including Supported Housing. ADMHS also reconfigured regional Day Rehabilitation Centers to consumer-led programs that offer peer-support, self help and connections to community resources, including health and wellness activities. The above listed contracts will provide for the continued provision of services to adults with mental illness during FY 09-10.

**Background:** Approval of the recommended actions will continue contracts for FY 09-10 for Adult Mental Health Services with CBOs as well as renew other adult services contracts for inpatient hospital, temporary nursing and psychiatrist services, as follows.

1. **PathPoint** provides mental health case management services to approximately 60 residents of the El Carrillo apartments, located in Santa Barbara. In addition, the Vocational Services Program, offers clients the opportunity for paid work experiences and assessment of their vocational skills and interests. PathPoint also provides Supported Housing services which are designed to help individuals get and keep community housing in apartments or other independent living arrangements. The Supported Housing program provides mental health services to 130 clients.
2. **Transitions Mental Health Association (TMHA)**, through this consolidated contract, provides the Lompoc ACT program (formerly Vida Nueva) and Partners in Hope Programs. Lompoc ACT serves 100 adult and transitional age youth (aged 16-25) clients in the Lompoc area. Partners in Hope provides outreach, linkage to care and recovery-oriented activities to families of clients with serious mental illness in Santa Maria, Lompoc, and Santa Barbara. Partners in Hope serves approximately 100 family members of adults/older adults with serious mental illness annually.
3. **Mental Health Association in Santa Barbara County (MHA)** provides residential and community mental health services to adults in the Santa Barbara area. MHA's Family Advocate offers services to 150 families of clients with serious mental illness through education, support and linkage to resources. The Casa Juana Maria program is an Adult Residential Facility providing in-home rehabilitation and support services to six residents. MHA also operates the Santa Barbara Consumer-Led Program that offers peer-support, self help and connections to community resources, including health and wellness activities. The Consumer-Led Program serves approximately 100 participants monthly.
4. **Aurora Vista del Mar (Aurora Vista)**, located in Ventura, is the closest psychiatric inpatient hospital that can accommodate client referrals from Alcohol, Drug, and Mental Health Services (ADMHS). Aurora Vista is the primary acute psychiatric inpatient hospital providing services to county clients in need of hospitalization when Santa Barbara County Psychiatric Health Facility (PHF) is at capacity. Aurora Vista provides psychiatric inpatient hospital services such as psychiatric assessment, medication management, individual and group psychotherapy, and intensive one to one supervision, as appropriate. Acute psychiatric inpatient hospital services are provided to clients who cannot be safely treated at another level of care. In FY 08-09, through March 2009, there were 237 client admissions for a total of 1,566 hospital bed days.

5. **Maxim Healthcare Services, Inc.**, (Maxim) provides temporary nursing personnel at ADMHS facilities. Temporary nursing personnel provide additional nursing coverage at ADMHS inpatient and outpatient clinics if staffing shortages arise. The temporary nursing personnel supplied by Maxim perform direct patient care services, such as administering medication, medication counseling and support, and patient observation. Maxim personnel have provided temporary coverage at the Psychiatric Health Facility, Santa Barbara Adult Outpatient Clinic, and Crisis and Recovery Emergency Services (CARES) South. Approval of the recommended actions will allow ADMHS to continue to access temporary nursing personnel to provide coverage of critical nursing functions at ADMHS clinics and facilities when such temporary staff needs arise.

The Contractors on Payroll listed below provide psychiatric services to adults, including development, review, revision, and approval of client assessments, evaluations and treatment plans; prescription and administration of psychiatric medications, as needed; assistance to clients with symptom management and development of personal coping skills; medication education for clients and families; and training, education and support to ADMHS staff and multi-disciplinary team members. ADMHS has experienced continuing difficulty recruiting and retaining certain key staff, particularly, psychiatrists, to the area. Contractors on Payroll have helped to bridge the gap to provide needed mental health treatment capacity.

- 6. **Nubia Swain, MD** provides psychiatric services at the Santa Maria Adult Outpatient Clinic.
- 7. **Herman Schornstein, MD** provides psychiatric services at the Santa Barbara Adult Outpatient Clinic.
- 8. **William Vollero, MD** provides psychiatric services for the Lompoc ACT program.

**Performance Measure:**

Approval of the recommended action will help ADMHS meet the following Recurring Performance Measure:

Provide effective mental health care for 5,300 adults with serious mental illness.

In addition, specific outcome measures for the service contracts with PathPoint, Mental Health Association and Transitions Mental Health Association were included as Exhibit E to the contracts.

**Fiscal and Facilities Impacts:**

Budgeted: Yes

**Fiscal Analysis:**

<u>Funding Sources</u>	<u>Current FY Cost:</u>	<u>Annualized On-going Cost:</u>	<u>Total One-Time Project Cost</u>
General Fund			
State	\$ 2,874,400		
Federal	\$ 1,347,802		
Fees			
Other:		\$ -	
<b>Total</b>	<b>\$ 4,222,202</b>	<b>\$ -</b>	<b>\$ -</b>

Narrative: The above referenced contracts are funded by a combination of State and Federal revenue. The funding sources are identified in the FY 2009-10 Proposed Budget, Federal and State Revenues (page D-156 in the FY 2009-10 County Budget, in the Adults Division, page D-172 in the Hospital and Jail Services Division and page D-164 in the Mental Health Services Act Division). The proposed expenditures are included in the FY 2009-10 Budget for Professional and Special Services. Execution of these contracts and amendments will not increase the use of general fund dollars by the ADMHS Department.

**Special Instructions:**

Please send one (1) complete copy of each amendment and one (1) minute order to:

Alcohol, Drug, and Mental Health Services  
ATTN: Contracts Office  
300 North San Antonio Road, Bldg. 3  
Santa Barbara, CA 93110

**Attachments:**

Complete agreements/amendments with the following agencies are available in the office of the Clerk of the Board:

PathPoint Amendment  
Transitions Mental Health Association Amendment  
Mental Health Association in Santa Barbara County Amendment  
Aurora Vista del Mar Amendment  
Maxim Healthcare Services, Inc. Amendment  
Nubia Swain, MD Contractor on Payroll agreement  
Herman Schornstein, MD Contractor on Payroll agreement  
William Vollero, MD Contractor on Payroll agreement

**Authored by:**

C. Toma