



BOARD OF SUPERVISORS  
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors  
105 E. Anapamu Street, Suite 407  
Santa Barbara, CA 93101  
(805) 568-2240

Department Name: ADMHS  
Department No.: 043  
For Agenda Of: 8/10/10  
Placement: Administrative  
Estimated Tme: N/A  
Continued Item: No  
If Yes, date from:  
Vote Required: Majority

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**TO:** Board of Supervisors

**FROM:** Department Ann Detrick, Ph.D., Director  
Director(s) Alcohol, Drug and Mental Health Services, 805-681-5220  
Contact Info: Marianne Garrity, R.N., Deputy Director, 805-681-5220

**SUBJECT: FY 10-11 Amendments for MHSA Programs**

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**County Counsel Concurrence**

As to form: Yes

**Auditor-Controller Concurrence**

As to form: Yes

**Other Concurrence:** Risk Management

As to form: Yes

**Recommended Actions:**

Approve and execute the following contract amendments for mental health services for the period of July 1, 2010 through June 30, 2011, as follows:

1. Approve an amendment to the contract with Mental Health Association in Santa Barbara County (a local vendor), increasing the contract \$56,700 for a total contract not to exceed \$591,527 through June 30, 2011.
2. Approve an amendment to the contract with Mental Health Systems, Inc. (a local vendor), increasing the contract \$121,640 for a total contract not to exceed \$467,640 through June 30, 2011.

**Summary Text:**

Alcohol, Drug and Mental Health Services (ADMHS) is awarding Mental Health Services Act (MHSA) Prevention and Early Intervention (PEI) plan funding, recently approved by the State Department of Mental Health. The MHSA PEI plan is designed to provide education to individuals and families, explain the process of accessing services, and foster greater awareness regarding mental illness. The components of the MHSA PEI plan will employ a wellness and recovery approach and include outreach, education and awareness, and early detection and intervention services.. The contract with Mental Health Association is being amended to add funding for Mental Health First Aid training throughout Santa Barbara County.

The contract with Mental Health Systems is being amended to add funding for Consumer Peer Recovery Specialists and Family Advocate staff who will serve on the Early Detection and Intervention Teams in Santa Barbara and Santa Maria.

**Background:**

Mental Health Association in Santa Barbara County (MHA) currently operates a residential treatment facility for adults with serious mental illness (SMI), a consumer-run drop-in center, and a family advocate program in South Santa Barbara County. The MHA amendment adds the Mental Health First Aid Program, funded through PEI, which is designed to give members of the public information about mental health conditions and provide them key skills to help someone who is developing a mental health problem or experiencing a mental health crisis. MHA staff will be certified by the National Council on Mental Health First Aid as a Mental Health First Aid instructor and will provide trainings in the three regions of the County. These trainings will help individuals who do not have clinical training assist someone experiencing a mental health crisis by teaching strategies including assessing risk, respectfully listening to and supporting the individual in crisis, and identifying and contacting appropriate professional help. The trainings will be offered to the general public, including friends and family of individuals with mental illness or addiction, professionals (i.e. police officers and primary care workers), school and college leadership, faith communities or anyone interested in learning more about mental illness and addiction, as well as mental health professionals who have direct contact with the public. MHA will train a minimum of 300 people per year through Mental Health First Aid program.

Mental Health Systems, Inc (MHS) New Heights program currently provides mental health services to transition-age youth (TAY), aged 16 – 25, who have been recently diagnosed with a mental illness or who are making the transition from the children’s system of care into the adult system of care. New Heights teams are comprised of MHS and ADMHS staff serving Lompoc and Santa Maria. The MHS amendment will add the Early Detection and Intervention Teams, funded through MHSA PEI, which provides early detection and prevention of serious mental illness in transition-age youth. The teams, comprised of ADMHS clinical staff and MHS’ Consumer Peer Recovery Specialists and Family Advocates, will serve Santa Maria and Santa Barbara. The teams provide therapy, community integration, employment and educational support and housing services and support. MHS’ Consumer Peer Recovery Specialists and Family Advocates provide peer and support services and outreach and education to transition-age youth and their families. Each team will have a capacity of 50 clients and their families.

**Performance Measure:**

Approval of the recommended actions will assist ADMHS in meeting the following **Recurring Performance Measure:** To improve the quality of life for members of the community with serious mental illness (including MHSA clients), the department will provide mental health services to accommodate 2,627 children and youth annually.

**Fiscal and Facilities Impacts:**

Budgeted: Yes

**Fiscal Analysis:**

<u>Funding Sources</u>	<u>Current FY Cost:</u>	<u>Annualized On-going Cost:</u>	<u>Total One-Time Project Cost</u>
General Fund			
State	\$ 178,340.00	\$ 189,586.00	
Federal			
Fees			
Other:			
Total	\$ 178,340.00	\$ 189,586.00	\$ -

**Narrative:**

The above referenced contract amendments are funded by State revenue. The funding source is identified in the 2010-11 Adopted Budget, Federal and State Revenues (page D-180 in the FY 2010-11 County Budget, in the Mental Health Services Act Division). Execution of this amendment will not increase the use of general fund dollars by the ADMHS Department.

**Special Instructions:**

Please send one (1) complete copy of each amendment and (1) minute order to:

Alcohol, Drug and Mental Health Services  
Attn: Contracts  
300 North San Antonio Road, Bldg 3  
Santa Barbara, CA 93110

**Attachments:**

Mental Health Association Contract Amendment  
Mental Health Systems, Inc Contract Amendment

**Authored by:**

E. Jeffery

**cc:**