

Santa Barbara County of

RESOLUTION NO. 26-107

RESOLUTION HONORING STRONGER STARTS DAY OF ACTION FOR CHILDREN IN SANTA BARBARA COUNTY

WHEREAS, the early years from prenatal through age five are critical to a child's healthy development, with approximately 90 percent of brain development occurring during this period and forming the foundation for lifelong health, learning, and success; and

WHEREAS, adverse childhood experiences (ACEs) and toxic stress response can negatively impact a child's physical and mental health, development, and long-term well-being, contributing to increased risks of chronic disease, developmental delays, and behavioral challenges; and

WHEREAS, nearly two million children in California have experienced ACEs, underscoring the importance of building upon family strengths and expanding access to early supports that promote resilience, health, and well-being; and

WHEREAS, safe, stable, and nurturing relationships and environments are proven to prevent and mitigate the effects of ACEs and toxic stress, strengthening family resilience and promoting positive outcomes for children and communities; and

WHEREAS, First 5 Santa Barbara County, in partnership with First 5 California, works to advance initiatives such as Stronger Starts to raise awareness of ACEs and toxic stress, equip parents and caregivers with tools and resources, and support systems of care that promote the healthy development and well-being of young children and families across Santa Barbara County.

NOW, THEREFORE, BE IT RESOLVED that the Board of Supervisors of Santa Barbara County does hereby declare May 9, 2026 as Stronger Starts Day of Action for Children, and encourages residents, organizations, and community partners to support efforts that promote early childhood development, strengthen families, and advance the health and well-being of young children throughout the county.

PASSED and adopted by the Board of Supervisors of Santa Barbara County, State of California, this 5th day of May 2026.



Maria Nizgorski
ATTEST: Clerk of the Board



[Signature]
Supervisor - 1st District

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Supervisor - 2nd District

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Supervisor - 3rd District

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Supervisor - 4th District

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Supervisor - 5th District

