



BOARD OF SUPERVISORS
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Department Name: ADMHS
Department No.: 043
For Agenda Of: 3/15/11
Placement: Administrative
Estimated Tme: N/A
Continued Item: No
If Yes, date from:
Vote Required: Majority

TO: Board of Supervisors

FROM: Department Ann Detrick, Ph.D., Director
Director(s) Alcohol, Drug and Mental Health Services (805) 681-5220
Contact Info: Marianne Garrity, RN, CHC, Deputy Director (805) 681-5220

SUBJECT: FY 10-11 Adult Mental Health Services Contract Amendments

County Counsel Concurrence

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

Recommended Actions:

That the Board of Supervisors:

- 1) Approve and authorize the Chair to execute an amendment to the contract with Crestwood Behavioral Health Center (not a local vendor), an institute for mental disease, to increase the contract by \$270,000 for a total contract not to exceed \$775,000 through June 30, 2011.
- 2) Approve and authorize the Chair to execute an amendment to the contract with Sierra Vista Rehabilitation Center (not a local vendor), an institute for mental disease, to increase the contract by \$55,000 for a total contract not to exceed \$255,000 through June 30, 2011.
- 3) Approve and authorize the Chair to execute an amendment to the contract with Sylmar Health and Rehabilitation Center (not a local vendor) an institute for mental disease, to increase the contract \$25,000 for a total contract not to exceed \$265,000 through June 30, 2011.
- 4) Approve and authorize the Chair to execute an agreement with Davis Guest Home (not a local vendor) for the provision of adult residential treatment services, to increase the existing contract by \$30,000 for a total contract not to exceed \$105,000 through June 30, 2011.

Auditor-Controller Concurrence

As to form: Yes

Summary Text:

The Alcohol, Drug and Mental Health Services (ADMHS) Department provides mental health services to Santa Barbara County residents. ADMHS analyzes service levels throughout the Fiscal Year and makes adjustments to contracts accordingly. Approval of the recommended actions will allow ADMHS to continue to provide clients with critical mental health services throughout the remainder of FY 10-11. Over the last 12 months, ADMHS has focused on reducing the overall costs for inpatient services while ensuring clients receive services in the least restrictive and cost effective environments. The proposed contract amendments will adjust the mix of services consistent with assessed needs of clients but will not increase overall inpatient expenditures. For FY 10-11, ADMHS' overall inpatient expenditures are within budget projections.

Background:

ADMHS provides a continuum of services, including inpatient and residential treatment services to best meet the needs of individuals with severe mental illness

ADMHS examines the current caseload and historical use of Institutions for Mental Disease (IMD) and residential facilities in order to project the following year's contract amounts. During the year, placements are made after considering client's needs and availability of beds at each facility. ADMHS has determined that adjustments to the following contracts for FY 10-11 are necessary to compensate for the services they will provide. There are a limited number of these highly structured residential treatment services in California and none in Santa Barbara County.

- Crestwood Behavioral Health Center (Crestwood), Sierra Vista Rehabilitation Center (Sierra Vista) and Sylmar Health and Rehabilitation Center (Sylmar) are classified as IMDs which are hospitals, nursing facilities, or mental health rehabilitation centers of more than 16 beds that are primarily engaged in providing diagnosis and treatment to persons with mental illness, including medical attention, nursing care and related services. IMDs specialize in helping clients with challenging behaviors and in meeting rehabilitation goals.
 - Crestwood Behavioral Health, Inc, located in Kern, Shasta and Santa Clara counties, provides intensive psychiatric mental health treatment, medical assessment, diagnosis, and monitoring, and treatment groups for clients diagnosed with co-occurring disorders. The services are designed to return the client to community living through an active daily living and symptom management program. The amended contract will accommodate an average of approximately 12 Crestwood beds in FY 10-11.
 - Sierra Vista, located in San Bernardino County, provides a structured, comprehensive array of individual and group counseling, psycho-educational rehabilitation groups and classes, support groups, and recreational activities. Sierra Vista's program is one of the few residential treatment programs in the United States sensitive to the treatment needs of deaf/hearing-impaired residents with chronic, severe and persistent mental illness. One of the ADMHS clients residing at Sierra Vista requires additional supports for the deaf/hearing impaired. The amended contract will accommodate an average of approximately 4 beds at Sierra Vista in FY 10-11.
 - Sylmar, located in Los Angeles County, provides a highly structured treatment program that aims to help clients transition to a lower level of care. Sylmar is certified to provide Dual Diagnosis treatment. This facility has a higher staffing ratio in order to accommodate medically

complex or fragile individuals. The amended contract will accommodate an average of approximately 4 beds at Sylmar in FY 10-11.

- o Davis Guest Home is located in Modesto and provides residential treatment services to adult clients as a step down from IMDs. Davis Guest provides residents with support to enhance activities of daily living skills such as hygiene, budgeting, use of public transportation, and meal planning and food preparation; and opportunities to participate in socialization/ group interaction activities. The extension adds \$30,000 to the existing agreement for a new total contract amount of \$105,000, which requires Board of Supervisors approval and will cancel, nullify and supersede said Purchase Agreement. The amended contract will accommodate an average of approximately 4 beds at Davis Guest in FY 10-11.

Performance Measure:

Approval of the recommended actions will assist ADMHS in meeting the following Recurring Performance Measure: To improve the quality of life for members of the community with serious mental illness, the department will provide mental health services to accommodate 5,300 unduplicated clients annually.

Fiscal and Facilities Impacts:

Budgeted: Yes

Fiscal Analysis:

<u>Funding Sources</u>	<u>Current FY Cost:</u>	<u>Annualized On-going Cost:</u>	<u>Total One-Time Project Cost</u>
General Fund			
State	\$ 380,000.00		
Federal			
Fees			
Other:			
Total	\$ 380,000.00	\$ -	\$ -

Narrative:

The above referenced contracts are funded by State revenues. The funding source is identified in the FY 2010-11 Adopted Budget, Federal and State Revenues (pages D-168 and D-176 in the FY 2010-11 County Budget, in the Adult Mental Health Program Division and Inpatient Services Division). Execution of these amendments will not increase the use of general fund dollars by the ADMHS Department.

Special Instructions:

Please send one (1) minute order and one (1) complete copy of each contract/amendment to:

Alcohol, Drug and Mental Health Services
 Attn: Contracts
 300 North San Antonio Road, Bldg 3
 Santa Barbara, CA 93110

Attachments:

- Crestwood Behavioral Health Institute
- Sierra Vista
- Sylmar
- Davis Guest Home

Authored by:

E. Jeffery

cc: