

# SANTA BARBARA COUNTY BOARD AGENDA LETTER



Clerk of the Board of Supervisors  
105 E. Anapamu Street, Suite 407  
Santa Barbara, CA 93101  
(805) 568-2240

**Agenda Number:**  
**Prepared on:** 7/30/2004  
**Department Name:** Alcohol, Drug & Mental Health  
**Department No.:** 043  
**Agenda Date:** 8/17/04  
**Placement:** Administrative  
**Estimate Time:**  
**Continued Item:** NO  
**If Yes, date from:**

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**TO:** Board of Supervisors

**FROM:** James L. Broderick, Director  
Alcohol, Drug, and Mental Health Services (ADMHS)

**STAFF CONTACT:** Al Rodriguez, Manager, ADMHS - Alcohol and Drug Program  
(805) 681-5442

**SUBJECT:** Professional Service Contracts for Alcohol and Drug Program (ADP)

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## **Recommendation(s):**

That the Board of Supervisors:

- A. Approve and execute the following Negotiated Net Amount (NNA) treatment service agreements for a provisional amount of \$1,552,800, for the period July 1, 2004 through June 30, 2005, with the following organizations:
- 1) Council on Alcoholism and Drug Abuse, a local vendor, for alcohol and other drug prevention, detoxification and outpatient treatment services for a maximum contract amount of \$683,900;
  - 2) Good Samaritan Shelter, a local vendor, for alcohol and drug detoxification, transitional housing, case management and outpatient treatment services for a maximum contract amount of \$492,800;
  - 3) Zona Seca, a local vendor, for alcohol and drug outpatient treatment services for a maximum contract amount of \$376,100.
- B. Authorize the Director of Alcohol, Drug, and Mental Health Services to approve amendments to the proposed contracts, providing that any such amendments or modifications do not exceed ten percent (10%) of the total contract value.

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### **Alignment with Board Strategic Plan:**

The recommendation(s) are primarily aligned with Goal No. 2. A Safe and Healthy Community in Which to Live, Work, and Visit.

### **Executive Summary and Discussion:**

The State Department of Alcohol and Drug Programs (ADP) allocates state and federal revenue to counties for the provision of substance abuse, prevention and treatment services and provides reimbursement to counties for such services. The proposed contracts reflect anticipated service needs for the fiscal year (FY) 2004-2005. The proposed agreement with each of the listed organizations reflects ADP's efforts to increase access to alcohol and other drug treatment services especially in the North County. All of the providers listed offer treatment and ancillary services for adults, youth and families; with the Council on Alcoholism and Drug Abuse (CADA) providing a prevention program county-wide that serve youth.

The proposed agreement for CADA reflects their role in the delivery of a wide range of services many offered county-wide including Friday Night Live and Club Live prevention services; detoxification services offered through a co-location agreement with Casa Esperanza; and outpatient treatment services for youth and their families, pregnant and parenting women; and other adults referred from the criminal justice system, Public Health and Child Welfare Services. Good Samaritan Shelter provides outpatient treatment services to adults; supportive housing and case management services to pregnant women and women with children; and non-medical residential detoxification services in Santa Maria. Zona Seca, Inc. provides outpatient services for adults, pregnant women and women with children. They also serve youth and families referred to the Juvenile Drug Court program in Lompoc.

Approval of this action will allow these agencies to be reimbursed for agreed upon services provided in FY 04-05; and will authorize the Director of Alcohol, Drug, and Mental Health Services to approve future amendments and modifications that do not exceed ten percent (10%) of the original total contract value for each agency.

### **Performance Measures:**

The State has formed a work group that includes the counties to review and implement uniform performance measures for FY 04-05. While the proposed performance measures will be finalized by mid-year, we have developed some local measures for our local secondary prevention and treatment services that will be aligned to those developed in cooperation with the State. The following measures have been developed:

#### CADA

- Of 350 youth served in prevention, 90% will report abstinence from alcohol in the last 30 days;
- 21 Friday Night and Club Live chapters will be maintained through the county to provide youth with an opportunity to refrain from alcohol and other drug use and to organize in local areas against alcohol sales to minors
- Of 28 of pregnant women in treatment, 100% will test drug free 30 days prior to successful discharge
- Of 260 clients served in the detox program, 50% will successfully continue with other treatment services

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Good Samaritan Services:

- Of 250 total clients admitted seeking improved employment, 50% will show an improved change in employment status at discharge
- Of 37 of pregnant women in treatment, 100% will test drug free 30 days prior to successful discharge
- Of 211 clients served in the detox program, 50% will successfully continue with other treatment services

Zona Seca, Inc.

- Of 162 total unique clients served, 45% will discharge successfully
- Of 100 total clients admitted seeking improved employment, 50% will show an improved change in employment status at discharge
- Of 10 of pregnant women in treatment, 100% will test drug free 30 days prior to successful discharge

**Mandates and Service Levels:**

In accepting state or federal funds earmarked for alcohol and drug program services, counties are obligated to comply with federal and state laws, regulations, and administrative policies specified as a condition of the receipt of funds.

Each of the contractors provide non Medi-Cal treatment services in an outpatient and / or residential setting that includes individual and group counseling as well as drug testing.

CADA (Santa Barbara) provides treatment services in Santa Barbara, Santa Maria and prevention services throughout the County

- Non medical residential detoxification provides 12 beds that will serve approximately 168 clients at Casa Esperanza in Santa Barbara
- Individual and group counseling for 56 clients in Santa Barbara
- Youth and Family Treatment Center in Santa Barbara services 40 clients. Services include counseling, case management, family recovery, education and vocational services.
- Perinatal outpatient treatment, including case management and transportation serves 6 clients in Santa Barbara
- Highly structured, multi-level, treatment for 80 adults referred by the courts in Santa Maria
- Primary and secondary prevention services that include Friday Night Live/Club Live activities and leadership training throughout the county. FNL/CL provides 350 youth in 21 chapters comprised of about 15 students each. Leadership training on preventing alcohol, tobacco and other drug use is provided to 80 youth

Good Samaritan provides services in Santa Maria

- Non medical residential acute detoxification provides 8 beds
- Individual and group counseling services (including court referred clients) for 160 clients
- Perinatal residential treatment program provides 4 beds for women that are pregnant or in the post partum period

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- Perinatal case management and transportation is provided for approximately 37 clients

Zona Seca, Inc. (Santa Barbara) provides services in Lompoc

- Perinatal outpatient treatment services for 10 women including case management and transportation
- Youth and Family Treatment Center services 50 clients
- Highly structured, multi-level, treatment program consisting of individual and group counseling for 60 juveniles/adults referred by the courts

**Fiscal and Facilities Impacts:**

The recommended action has no impact on the current budgeted General Fund Contribution of \$110,517, which includes a \$56,000 mandated local match for State perinatal program funds. The revenue which supports the total provisional amount and the expenditures for these contracts is \$1,552,800 and has been appropriated in the Alcohol, Drug and Mental Health Services' (ADMHS)-ADP Adopted Budget 2004-05, on page D – 156. Actual funding amounts are contingent upon the final year-end cost reports. This action will not result in a need for any additional facilities.

**Special Instructions:**

Please return a minute order along with a copy of each contract to:

Al Rodriguez, Assistant Director-ADP  
Alcohol, Drug & Mental Health Services  
300 N. San Antonio Road  
Santa Barbara, CA 93110

**Concurrences:**

Auditor-Controller  
Risk Management