



BOARD OF SUPERVISORS
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Department Name: ADMHS
Department No.: 043
For Agenda Of: 4-3-07
Placement: Administrative
Estimated Tme:
Continued Item: No
If Yes, date from:
Vote Required: Majority

TO: Board of Supervisors

FROM: Department Douglas C. Barton, Interim Director
Director(s) Alcohol, Drug & Mental Health Services 681-5220
Contact Info: Marianne Garrity, Assistant Director Administration 681-5220

SUBJECT: Mental Health Services Act (MHSA) 3 Year Community Services and Support (CSS) Contract Acceptance

County Counsel Concurrence

As to form: Yes

Auditor-Controller Concurrence

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

Recommended Actions:

Authorize the Director of Alcohol, Drug & Mental Health Services to execute the agreement accepting the Mental Health Services Act Award for the provision of Mental Health Services in the amount of \$10,295,596 for FY 05-06, FY 06-07 and FY 07-08 from the California Department of Mental Health.

Summary Text:

The California Department of Mental Health (DMH) is awarding funds made available from the Mental Health Services Act (MHSA) to the Santa Barbara County Department of Alcohol, Drug and Mental Health Services (ADMHS) for Community Services and Support. The Community Services and Support is the first phase of MHSA and the funds are to be used to support the cost associated with the operation of the programs. The Board of Supervisors approved Santa Barbara County's MHSA Plan on November 22, 2005 and State DMH approval followed on June 30, 2006. The requested action authorizes the execution of the contract between the County and the State DMH.

Background:

The passage of Proposition 63, the Mental Health Services Act (MHSA) in November 2004 (effective January 1, 2005) provides an opportunity to increase funding, personnel and other resources to support county mental health programs and monitor progress toward statewide goals for serving children, transition-age youth, adults, older adults and families with mental health needs. The act is divided into five distinct phases: Community Services and Supports, Prevention and Early Intervention, Capital

Facilities, Information Technology and Education and Training. ADMHS is implementing the first phase of Community Services and Supports (CSS).

To apply for CSS funds, the Department was required to develop a community planning process. The planning process included a 3-day summit with 150 participants that provided opportunities for consumers, families, Community Based Organizations, County Agencies, and other interested persons to develop and create the 3-year program plan. In addition, the County CSS plan must adhere to “non-supplantation” requirements, i.e. MHSA funding may be used to expand current programs or implement new programs, however, it may not be used to replace existing funding or services.

Summary of New MHSA-Funded Programs in Santa Barbara County:

Based on community input from representatives of all key groups countywide, nine programs have been developed and approved by the State to receive MHSA Community Services and Supports funding. Positions for these programs were approved by the Board on September 26, 2006. The following summarizes the programs included in this phase of Santa Barbara County’s adopted plan:

- **Vida Nueva** will serve as the first ACT model program based in Lompoc. Vida Nueva is a team-based approach to the provision of treatment, rehabilitation, and support services that will provide wraparound services to 95 adults, 5 older adults, and 40 transition-age youth (16-25) with severe mental illness. Following best practices in mental health, Vida Nueva will feature a multidisciplinary team to serve as the point of responsibility for all client care for a fixed group of clients. The treatment team will provide all client services. Hallmark features include 24/7/365 availability, a low client-staff ratio, and community-based services. Implementation is pending execution of the final contract agreement, expected in April 2007 and anticipated program cost will be approximately \$1,386,766 annually.
- **SPIRIT** will deploy three wraparound teams, one at each of the regional ADMHS children’s service sites (Santa Barbara, Lompoc and Santa Maria) to provide full service partnership programs for children and youth with severe mental illness. Seventy -five children/youth (and their families) will be provided various types of assistance to support resiliency and promote recovery from mental illness. The SPIRIT teams will offer individualized services including child/youth peer mentoring; 24/7 crisis services and response; counseling support by mental health, alcohol, and drug staff and medication support. Children and youth served by SPIRIT will remain in their neighborhoods and homes whenever possible. The program has begun providing services, and anticipated program cost will be approximately \$216,845 annually.
- **Older Adult Response and Recovery Service (OARRS)** will be the first ACT model program designed to meet the specific needs of older adults with severe mental illness. OARRS coordinates available resources and will serve 100 individuals annually. OARRS will provide assessment, in-home supportive services and access to community resources to maintain older adults in their residences to the fullest extent possible and reduce involuntary care and out-of-home placements. One OARRS team will be based in Santa Barbara and serve South County. A second team will be based in Santa Maria in North County. In Lompoc, services to older adults will be provided through the Vida Nueva program. Implementation is pending execution of the final contract agreement, expected in April 2007 and anticipated program cost will be approximately \$817,400 annually.

- **CARES Mobile Crisis** will be an expanded service of the existing ADMHS Crisis and Recovery Emergency Services (CARES) to provide mobile services to clients in crisis and offering alternatives to hospitalization. Mobile crisis teams will collaborate with law enforcement on calls, which in the past have resulted in incarceration or involuntary care. The goal of CARES mobile crisis is to extend comprehensive crisis services to previously underserved and un-served individuals. MHSA funding will provide access to crisis services to an estimated 720 individuals annually throughout the county. The program has begun providing services, and anticipated program cost will be approximately \$806,920 annually.
- **New Heights** will be located in Lompoc and serve as a one-stop, drop-in center specifically for youth aged 16-25 with severe mental illness. New Heights will serve as a hub of support, services and social connection, available 24/7 for young adults. New Heights will utilize a self-help, peer, staff support model and the drop-in model is intended to serve as a safety net for youth entering adulthood. New Heights will serve approximately 200 individuals per year. Implementation is pending execution of the final contract agreement, expected in April 2007 and anticipated program cost will be approximately \$111,890 annually.
- **Partners in Hope** will be coordinated by the existing ADMHS Consumer Empowerment Program Manager. Supplementing existing service delivery teams, additional family partners and peer recovery staff will be hired to provide outreach, linkage to care and recovery-oriented activities, which include the WRAP (Wellness Recovery Action Plan) module, a self-management program focusing on improved quality of life. The program will be available in each ADMHS adult service delivery site in the three regions of the county (Lompoc, Santa Maria, and Santa Barbara). Building this important infrastructure will help ensure a client and family member-driven system, a guiding principle of the MHSA. Implementation is pending execution of the final contract agreement, expected in April 2007 and anticipated program cost will be approximately \$275,024 annually.
- **The Justice Alliance** will emphasize treatment for people with mental illness involved in the justice system. Licensed mental health professionals serving as court liaisons will facilitate wellness and recovery oriented services by providing assessments and linking individuals to appropriate treatment services. A focus will be placed on freeing individuals from incarceration and the debilitating effects of mental illness and substance abuse. The Justice Alliance will serve an estimated 187 individuals annually at the three regional superior court sites (Lompoc, Santa Maria, and Santa Barbara). The program has begun providing services, and anticipated program cost will be approximately \$273,396 annually.
- **Connections: Each One, Reach One** will use peer staff, family partner staff and mental health staff to provide culturally competent outreach and engagement for children and families in their natural community settings. Connections staff will be located at existing local community schools, primary care clinics and other strategic or remote community program sites still to be determined. They will work to connect with families and children with emotional or behavioral problems with or without substance abuse. Support groups, advocacy, outreach and celebrations will draw community members to these services. Anticipated benefits include developing rapport and trust and promoting hope as well as linkage to appropriate alcohol, drug and/or mental health services. Connections will serve approximately 500 individuals per year countywide. Implementation is pending execution of the final contract agreement, expected in April 2007 and anticipated program cost will be approximately \$225,352 annually.

- **Bridge to Care** will provide psychiatric medication evaluation, prescriptions and medication monitoring to stabilize people with co-occurring substance use and serious mental illnesses or meeting medical necessity being treated by local community alcohol and other drug treatment agencies. Funding and dual certification (for Mental Health services) will be provided to alcohol and other drug treatment sites in each region of the county. Agencies may propose securing the services of a contract physician or psychiatrist at an appropriate number of hours to offer a medication “bridge” for people in recovery programs awaiting assessment and intake at the mental health service delivery sites or who may be in need of short-term medication support that allows them to be diverted from outpatient clinics or ADMHS acute care service locations. Implementation is pending execution of the final contract agreement, expected in April 2007 and anticipated program cost will be approximately \$217,560 annually.

Performance Measure:

DMH has developed mandated assessment forms for collecting the data that will address these broad outcomes for clients in Full Service Partnerships (FSP) (Vida Nueva, OARRS and SPIRIT). No data collection has been mandated for General System Development or Outreach and Engagement programs; however ADMHS will utilize the assessment forms as appropriate to collect data on these programs. Outcome measures will be developed and included in the contracts with providers, which will be forthcoming for Board approval. The FSP indicators include information in the following areas:

- Maintenance of stable and permanent housing and reduction in incidents of homelessness, hospitalization, incarceration and foster care placement. (SPIRIT, CARES, Connections, New Heights, Vida Nueva, OARRS, Justice Alliance programs)
- Increased skill and success in educational activities as measured by increased school attendance, attaining higher levels of education, improved GPA, and decreased school behavior problems such as suspensions or expulsions. (SPIRIT, New Heights programs)
- Increased skill and success in vocational activities as measured by obtaining employment, hours worked per week, entering job training, salary, and hours spent volunteering in the community. (New Heights, Vida Nueva, OARRS, Partners in Hope, SPIRIT programs)
- Increased ability of clients to maintain their financial resources and sources of support. (New Heights, Vida Nueva, OARRS programs)
- Decreased contact with law enforcement and the criminal justice system as measured by fewer arrests and jail days, maintenance of probation status, out-of-home placement status of youth as well as the ability of adult clients to maintain the care and custody of their children. (Justice Alliance, CARES, SPIRIT, New Heights, Vida Nueva, Connections programs)
- Decreased necessity for crisis services including emergency room visits for physical health, mental health and substance abuse problems. (Justice Alliance, CARES, SPIRIT, New Heights, Vida Nueva, OARRS, Bridge to Care, Connections programs)
- Maintenance of physical health and management of physical health conditions. (OARRS, Vida Nueva programs)
- Decreased substance abuse among clients through prevention and early intervention (linking clients to substance abuse services) when a substance abuse problem is identified. (Bridge to Care, CARES programs)

For older adults, increased ability to sustain basic living skills, care for themselves and seek assistance when needed as indicated by Activities of Daily Living & Instrumental Activities of Daily Living. (OARRS program)

Fiscal and Facilities Impacts:

Budgeted: Yes

Fiscal Analysis:

<u>Funding Sources</u>	<u>Current FY Cost:</u>	<u>Annualized On-going Cost:</u>	<u>Total One-Time Project Cost</u>
General Fund	\$ -	\$ -	\$ -
State - MHSA	\$ 3,853,403.00	\$ 4,079,904.00	\$ 1,899,658.00
Federal	\$ -	\$ -	\$ -
Fees	\$ -	\$ -	\$ -
Other:	\$ -	\$ -	\$ -
Total	\$ 3,853,403.00	\$ 4,079,904.00	\$ 1,899,658.00

Narrative:

These MHSA funds and the related positions (22.25 FTEs) were appropriated by the Board on September 26, 2006. FY 06-07 anticipated funding from the State will be approximately \$5.7M, including \$3.8M for CSS program operations and administration and \$1.9M in one-time only funds. The use of the one-time funds is limited and must adhere to the purpose and time specified by the State in the approval notification. This initial planning estimate and allocation will cover a 3-year period (FY05-06, FY06-07 and FY07-08), with ongoing funding for CSS estimated at \$4.1M. It has since been determined that ongoing funding for Counties will be an annual State allocation and the funding level will be determined based on revenues collected by the State. The requirement to maintain a prudent reserve, to ensure sustainability of service levels in years with declining revenue sources (tax collections), has been removed from the Counties and placed with the State. Acceptance of this award requires no contribution from the General Fund.

This allocation award does not require any matching funds; however, it is anticipated that each program will leverage other funding sources and generate Medi-Cal, EPSDT and Medicare revenue where appropriate to supplement costs associated with the programs.

Special Instructions:

Please send one (1) fully executed copy of the contract, signature page and endorsed minute order to:

Alcohol, Drug & Mental Health Services
ATTN: Marianne Garrity, ADMHS Assistant Director, Administration
300 N. San Antonio Road Bldg. 3
Santa Barbara, CA 93110

Attachments:

Attachment 1 (Contract Agreement)