



BOARD OF SUPERVISORS
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Department Name: ADMHS
Department No.: 043
For Agenda Of: 7-1-14
Placement: Administrative
Estimated Tme: N/A
Continued Item: No
If Yes, date from:
Vote Required: Majority

TO: Board of Supervisors
FROM: Department Takashi Wada, MD, MPH, Interim Director
Director(s) Alcohol, Drug and Mental Health Services, 681-5220
Contact Info: Michael Evans, CFO/Assistant Director of Finance, 681-5220
SUBJECT: ADMHS FY 14-15 Contracts – Acute/IMD Contracts

County Counsel Concurrence

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

Auditor-Controller Concurrence

As to form: Yes

Recommended Actions:

That the Board of Supervisors:

- 1) Approve and authorize the Chair to execute an Agreement for Services of Independent Contractor with **Aurora Vista del Mar Hospital** (not a local vendor), for the provision of Acute Inpatient Services, for a total contract amount not to exceed **\$2,300,000** through June 30, 2015.
- 2) Approve and authorize the Chair to execute an Agreement for Services of Independent Contractor with **Merced Behavioral Center** (not a local vendor), an institution for mental disease, for a contract amount not to exceed \$200,000 per year, for a total contract of **\$600,000** through June 30, 2017.
- 3) Approve and authorize the Chair to execute an Agreement for Services of Independent Contractor with **Crestwood Behavioral Health Center, Inc.** (not a local vendor), an institution for mental disease, for a contract amount not to exceed \$1,000,000 per year, for a total contract of **\$3,000,000** through June 30, 2017.
- 4) Approve and authorize the Chair to execute an Agreement for Services of Independent Contractor with **Davis Guest Home** (not a local vendor), an enhanced board and care, for a contract amount not to exceed \$156,000 per year, for a total contract of **\$468,000** through June 30, 2017.

- 5) Approve and authorize the Chair to execute an Agreement for Services of Independent Contractor with **Psynergy Programs, Inc.** (not a local vendor), for the provision of adult residential mental health services, for a contract amount not to exceed **\$500,000 per year, for a total contract of \$1,500,000** through June 30, 2017.
- 6) Approve and authorize the Chair to execute an Agreement for Services of Independent Contractor with **Sierra Vista Rehabilitation Center** (not a local vendor) an institution for mental disease, for a contract amount not to exceed \$250,000 per year, for a total contract of **\$750,000** through June 30, 2017.
- 7) Approve and authorize the Chair to execute an Agreement for Services of Independent Contractor with **Sylmar Health and Rehabilitation Center** (not a local vendor) an institution for mental disease, for a contract amount not to exceed \$600,000 per year, for a total contract of **\$1,800,000** through June 30, 2017.
- 8) Determine that the above actions are government fiscal activities or funding mechanisms which do not involve any commitment to any specific project which may result in a potentially significant physical impact on the environment, and are therefore not a project under the California Environmental Quality Act (CEQA) pursuant to section 15378(b)(4) of the CEQA guidelines.

Summary Text:

The Alcohol, Drug and Mental Health Services (ADMHS) Department provides a continuum of mental health and substance use disorder services to Santa Barbara County residents, in part through contracted providers including Community-Based Organizations (CBOs). Approval of the recommended actions will allow ADMHS to continue to provide mandated mental health, substance use, and ancillary services. ADMHS is including the above contracts as part of one board letter to allow the Board of Supervisors and the public to get a full picture of the major (over \$100,000) providers of the highest levels of care for ADMHS clients, including Acute Psychiatric Hospitals, Institutions for Mental Disease (IMDs) and IMD-alternative facilities.

Background:

Institutions for Mental Disease (IMD): ADMHS provides a continuum of services, including inpatient treatment services to best meet the needs of individuals with severe mental illness. IMDs are facilities including hospitals, nursing facilities, or other institutions of more than 16 beds that are primarily engaged in providing diagnosis, treatment, or care of persons with mental illness, including medical attention, nursing care, and related services. Due to the Federal IMD Exclusion, these services are not reimbursable by Medi-Cal for clients between the ages of 21 and 65. There are a limited number of these highly structured residential treatment services in California and none in Santa Barbara County. ADMHS examines the current caseload and historical use of IMD facilities in order to project the following year's contract amounts within the Department's budget constraints. ADMHS contracts with IMDs that are licensed as Acute Psychiatric Hospitals (Aurora Vista del Mar), Skilled Nursing Facilities with Special Treatment Patches (Merced Behavioral Center, Crestwood Health and Rehabilitation Center, Sierra Vista Rehabilitation Center, and Sylmar Health and Rehabilitation Center), and Mental Health Rehabilitation Centers (some Crestwood facilities). Acute Psychiatric Hospitals are used only for clients with emergency mental health needs meeting the criteria of Welfare and Institutions Code (WIC) Section 5150, and rates are significantly higher due to the hospital license, versus other types of

IMDs, which are locked facilities used to treat ongoing psychiatric needs. Due to limited bed availability at each IMD, ADMHS contracts with a number of IMDs throughout the State.

ADMHS also contracts with IMD-alternative facilities, which are unlocked facilities providing highly structured residential programs for clients transitioning out of IMDs.

| Contractor | Approx. # of Beds (per day) | Summary |
|--|-----------------------------|---|
| Aurora Vista del Mar | 9 | Aurora Vista is the primary acute psychiatric inpatient hospital providing services to County clients in need of hospitalization when Santa Barbara County Psychiatric Health Facility (PHF) is at capacity. Individuals are admitted involuntarily if they are determined to be a danger to themselves or others or gravely disabled pursuant to Welfare and Institutions Code §5150, and meet medical necessity criteria, as defined in the California Code of Regulations Title 9 §1820.205. Aurora Vista provides psychiatric inpatient hospital services such as psychiatric assessment, medication management, individual and group psychotherapy, and intensive one to one supervision, as appropriate. ADMHS is continuing to utilize the services of Aurora Vista del Mar at the current bed usage for an additional year while ADMHS analyzes the effects of changes to the ADMHS crisis system on the need for acute psychiatric inpatient hospitalizations. |
| Merced Behavioral Center | 3 | Merced Behavioral Center, located in Merced County, provides intensive psychiatric mental health treatment, medical assessment, diagnosis, and monitoring in a locked setting. |
| Crestwood Behavioral Health Center, Inc. | 14 | Crestwood facilities, located in Kern, Shasta and Santa Clara counties, provides intensive psychiatric mental health treatment, medical assessment, diagnosis, and monitoring, and treatment groups for clients, including those diagnosed with co-occurring disorders, in locked facilities. These skill-building and symptom management services are designed to support clients in returning to community living as soon as possible. |
| Davis Guest Home | 5 | Davis Guest Home is located in Modesto and provides residential treatment services to adult clients as a step down from IMDs. Davis Guest provides residents with support to enhance activities of daily living skills such as hygiene, budgeting, use of public transportation, and meal planning and food preparation; and opportunities to participate in socialization/ group interaction activities. |

| Contractor | Approx. # of Beds (per day) | Summary |
|---|-----------------------------|--|
| Psynergy Programs, Inc. | 10 | Psynergy, with facilities located in the Bay Area, provides residential treatment services to adult clients as a step down from IMDs. Psynergy works with clients in IMDs to identify clients who may be ready to step down to a lower level of care, then works to step clients down through three progressions of residential care, with the eventual goal of equipping clients to return to Santa Barbara County to live independently. |
| Sierra Vista Rehabilitation Center | 4 | Sierra Vista, located in San Bernardino County, is a locked psychiatric facility for adults with severe mental illness. This IMD provides a structured, comprehensive therapeutic milieu of individual and group counseling, psycho-educational rehabilitation groups and classes, support groups, and recreational activities. Sierra Vista's program is one of the few residential treatment programs in the United States sensitive to the treatment needs of deaf/hearing-impaired residents with chronic, severe and persistent mental illness. |
| Sylmar Health and Rehabilitation Center | 8 | Sylmar is a locked facility for adults with severe mental illness located in Los Angeles County. Sylmar provides intensive psychiatric mental health treatment, medical assessment, diagnosis and monitoring, and treatment groups for clients, including those diagnosed with co-occurring disorders. This facility is able to accommodate medically complex or fragile individuals. |

Key Contract Risks:

There is risk that the number of contracted IMD and IMD-alternative beds may increase beyond what the department has projected. In that case, the department would return to the Board of Supervisors to request an increases to the contract maximums where needed.

Fiscal and Facilities Impacts:

Budgeted: Yes

Fiscal Analysis:

| Funding Sources | Current FY Cost: | Annualized On-going Cost: | Total One-Time Project Cost |
|------------------------|-------------------------|--------------------------------------|--|
| General Fund | | | |
| State | \$ 4,956,000.00 | | |
| Federal | \$ 50,000.00 | | |
| Fees | | | |
| Other: | | | |
| Total | \$ 5,006,000.00 | \$ - | \$ - |

Narrative:

The above referenced contracts are funded by State and Federal funds. The funding sources are included in the FY 2014-15 Adopted Budget. Execution of these contracts will not increase the use of general fund dollars by ADMHS.

Special Instructions:

Please send one (1) complete copy of each executed contract and one (1) minute order to:

Alcohol, Drug and Mental Health Services
 Attn: Contracts
 300 North San Antonio Road, Bldg 3
 Santa Barbara, CA 93110

Attachments:

1. Aurora Vista del Mar Contract
2. Merced Behavioral Center Contract
3. Crestwood Contract
4. Davis Guest Home Contract
5. Psynergy Contract
6. Sierra Vista Contract
7. Sylmar Contract