



BOARD OF SUPERVISORS  
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors  
105 E. Anapamu Street, Suite 407  
Santa Barbara, CA 93101  
(805) 568-2240

Department Name: 5<sup>th</sup> District Office  
Department No.: 011  
For Agenda Of: September 11, 2012  
Placement: Departmental  
Estimated Tme: 30 minutes  
Continued Item: No  
If Yes, date from:  
Vote Required: 4/5

---

**TO:** Board of Supervisors

**FROM:** Board Member Steve Lavagnino, 5<sup>th</sup> District Supervisor  
Contact Info: Cory Bantilan ext. 2187

**SUBJECT: Marian Regional Medical Center Proposal for a Consolidated Mental Health Treatment Center**

---

**County Counsel Concurrence**

As to form: Yes

**Auditor-Controller Concurrence**

As to form: Yes

**Other Concurrence: Risk Management**

As to form: Yes

**Recommended Actions:**

That the Board of Supervisors:

- A. Receive briefing and authorize the County Executive Officer to form a multidisciplinary team to conduct feasibility analysis of a Consolidated Mental Health Treatment Center Proposal provided by Marian Regional Medical Center (MRMC) and;
- B. If authorized, then expand the scope of the contract with Health Management Associates (HMA) to provide for technical assistance pertaining to this matter in the amount of \$15,500-and;
- C. Authorize transfer from Contingency 9898 to County Executive Office Program 1000-7510 Contractual Services in the amount of \$15,500 and;
- D. Determine that these activities are exempt from the California Environmental Quality Act review per CEQA Guideline Section 15061 (b) (3).

# Marian Regional Medical Center Proposal for a Consolidated Mental Health Treatment Center

September 11, 2012

---

## **Summary:**

On August 30, at the request of Supervisor Lavagnino, MRMC and County staff met to discuss county wide mental health service needs and opportunities. Specifically, MRMC provided a verbal conceptual proposal to the County to partner in the delivery of consolidated mental health services at the former hospital location. This item is now before the Board of Supervisors to provide direction to the County Executive Officer regarding continuing discussions with MRMC and, if authorized, conducting a feasibility analysis of the proposal.

## **Background:**

To respond to the needs of adults with acute psychiatric conditions, the County of Santa Barbara operates crisis services as well as a 16-bed Psychiatric Health Facility (PHF). The County also contracts for 12 crisis residential beds. In addition to in-county facilities, for FY12-13, the County Alcohol Drug and Mental Health Department (ADMHS) has allocated \$1.186 million for the purchase of five acute psychiatric beds annually at Vista Del Mar in Ventura. National benchmarking indicates the need for at least ten acute psychiatric beds for every 100,000 of adult population. Santa Barbara County presently has approximately 300,000 adults necessitating a potential for thirty acute psychiatric beds.

In the recent years due to lack of cross sector community wide mental health safety net services and facilities, additional demands have been placed on County wide emergency departments, the PHF as well as other County mental health programs and services. Recognizing this issue, on August 14, 2012 the Board of Supervisors awarded a contract to HMA to:

*Perform a comprehensive analysis and assessment of the ADMHS in-patient service systems delivery model (including psychiatric inpatient services, crisis residential an institutions for mental disease) and provide options and recommendations on service delivery models vs. the current facility service models.*

HMA has initiated work on this effort; however at the time of the preparation of the request for proposal and subsequent scope of work, this MRMC proposal was not specifically envisioned. The requested report and recommendations are however due to the County from HMA in late October 2012. Given the need to examine a variety of technical health care service standards, licensing, financing and facility issues, should the board authorize a feasibility analysis, it is recommended that a multidisciplinary team led by the County Executive Office be formed and that HMA's scope of work be expanded to specifically assess the feasibility of and related alternatives to the Consolidated Mental Health Treatment Center proposal.

The conceptual proposal provided by MRMC contains the following components:

- Repurposing of facilities located at 505 East Plaza Drive as a Consolidated Mental Health Treatment Center to include:
  1. North County Psychiatric Health Facility, operated by County
  2. Associated crisis response unit, potentially administered by a 3rd party vendor

# Marian Regional Medical Center Proposal for a Consolidated Mental Health Treatment Center

September 11, 2012

---

3. Substance abuse and treatment programs,
4. Geriatric-psych Unit operated by a vendor identified by MRMC.
5. Relocation of the Crisis and Recovery Emergency Services (CARES) crisis and CARES residential to the repurposed facility
6. Use of MRMC licensing to facilitate provision of services

Marian Regional Medical Center has requested an indication of the County's desire to participate in such an effort by October 31, 2012. As noted, each of the components of the proposal listed above must be analyzed in order understand the potential opportunities, benefits, risks to the County and affected stakeholders in the short and long term.

### **Fiscal and Facilities Impacts:**

Additional funding required for the expansion of the HMA contract authorized on August 14, 2012 is required from Contingency 9898 in the amount of \$15,500 .

### **Staffing Impacts:**

It is recommended that a multidisciplinary team be formed to conduct the feasibility analysis with the assistance of the professional consultants, HMA.

### **Special Instructions:**

N/A