



BOARD OF SUPERVISORS
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Department Name: Behavioral Wellness
Department No.: 043
For Agenda Of: March 21, 2017
Placement: Administrative
Estimated Time: N/A
Continued Item: No
If Yes, date from:
Vote Required: 4/5

TO: Board of Supervisors

FROM: Department Alice Gleghorn, PhD, Director
Director(s) Department of Behavioral Wellness, 681-5220
Contact Info: John Doyel, Alcohol and Drug Program Manager, 681-5220

SUBJECT: Behavioral Wellness FY 16-17 Alcohol and Drug Program Contract Increases and Budget Revision Request

County Counsel Concurrence

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

Auditor-Controller Concurrence

As to form: Yes

Recommended Actions:

That the Board of Supervisors:

- A. Approve and authorize the Chair to execute a Third Amendment to the Agreement for Services of Independent Contractor with **Coast Valley Worship Center DBA Coast Valley Substance Abuse Treatment Center** (a local vendor), for the provision of substance use disorder services, to increase the contract by **\$100,000** for a total Contract amount not to exceed **\$1,134,122** through June 30, 2017;
- B. Approve, and authorize the Chair to execute a Second Amendment for Services of Independent Contractor with **Council on Alcoholism and Drug Abuse** (a local vendor), for the provision of substance use disorder services, to increase the Alcohol and Drug Program (ADP) funding by **\$20,825** for a new contract amount not to exceed **\$1,824,380** through June 30, 2017;
- C. Approve and authorize the Chair to execute a Third Amendment to the Agreement for Services of Independent Contractor with **Good Samaritan Shelter, Inc.** (a local vendor), for the provision of substance use disorder services, to increase the contract by **\$125,000** for a maximum amount not to exceed **\$1,875,138** through June 30, 2017;

- D. Approve a Budget Revision Request (BRR# 0004916) increasing appropriations of \$245,825 in Behavioral Wellness Department, Alcohol and Drug Programs Fund for Services and Supplies funded by unanticipated revenue from Federal Drug Medi-Cal funds (\$200,000) and State Aid-Drug Medi-Cal (\$45,825).
- E. Determine that the above actions are government fiscal activities or funding mechanisms which do not involve any commitment to any specific project which may result in a potentially physical impact on the environment, and are therefore not a project under the California Environmental Quality Act (CEQA) pursuant to section 15378(b)(4) of the CEQA guidelines.

Summary Text:

The Santa Barbara County Department of Behavioral Wellness (Behavioral Wellness) provides a continuum of mental health and substance use disorder services to Santa Barbara County residents, in part through contracted providers including Community-Based Organizations (CBOs). The above referenced contracts are on the agenda to request approval to increase Drug Medi-Cal funds due to unanticipated increased service needs. Approval of the recommended actions will allow Behavioral Wellness to continue to provide mandated substance use and ancillary services.

Background:

Behavioral Wellness is mandated by the California Welfare and Institutions Code to provide services to individuals with substance use issues in Santa Barbara County. Behavioral Wellness provides these services primarily through contracted providers. Services include outpatient treatment, specialized perinatal substance use treatment, and prevention services.

Coast Valley Substance Abuse Treatment Center: Coast Valley provides outpatient treatment services including individual and group counseling and drug testing in Santa Maria and Lompoc, and Alcohol and other Drugs (AOD) treatment services which are provided to Drug Medi-Cal (DMC) beneficiaries. In addition, they provide services to clients referred by the Santa Barbara County Drug Court and the SAMHSA Veterans Entering Treatment Services (VETS) grant. Due to an unanticipated increase in Alcohol and Drug Services for Outpatient Treatment, Behavioral Wellness is increasing Coast Valley's Lompoc Outpatient Treatment program's Drug Medi-Cal funds by \$40,000 and Santa Maria Outpatient Treatment program's Drug Medi-Cal funds by \$60,000, for a total contract increase of \$100,000.

Council on Alcoholism and Drug Abuse (CADA): CADA provides outpatient individual and group treatment services to adults and adolescents, a residential detoxification program, and a drug prevention program designed for junior and senior high school youth in Santa Barbara and Santa Maria. Services are provided to Medi-Cal beneficiaries and individuals referred through the Courts.

The Residential Detoxification Program offers a 12 bed facility, providing social model monitored residential detoxification services to help clients withdraw from alcohol and/or other drugs. Residential detoxification provides a safe, sober and supportive living environment for acute withdrawal and stabilization of clients to achieve sobriety and abstinence. Due to a growing use of alcohol and/or other drugs, there has been increased Residential Detoxification treatment program utilization and increased costs to maintain the 24/7 program. Behavioral Wellness is increasing the contract by \$20,825 for a total contract maximum in Alcohol and Drug Program funds not to exceed \$1,717,535 and for a total contract maximum not to exceed \$1,824,380 (inclusive of \$106,845 in Mental Health funds).

Good Samaritan Shelter, Inc.: Good Samaritan provides services in North County including outpatient individual and group counseling, residential detoxification, and drug testing. Good Samaritan provides perinatal treatment services including a transitional living center and individual and group counseling for pregnant and parenting women as well as perinatal and residential programs funded through a grant from SAMHSA. Behavioral Wellness is increasing Good Samaritan’s contract by \$100,000 due to increased needs for Drug Medi-Cal alcohol and drug services in the following programs; Santa Maria Recovery Point, Santa Maria Project Premie, Lompoc Turning Point, and Lompoc Recovery Center. In addition, Good Samaritan was awarded \$25,000 for 10 clients at their Casa De Familia site in Santa Maria for Intensive Outpatient Treatment (IOT) through a competitive provider request for proposal process. They were awarded IOT is due to an increased need in the community. Behavioral Wellness is increasing the contract by \$125,000 in Drug Medi-Cal Funds for a maximum amount not to exceed \$1,634,138 in Alcohol and Drug Program funds and an overall contract maximum amount not to exceed \$1,875,138 (inclusive of \$241,000 in Mental Health funds).

Performance Measure:

ADP contracted programs services are subject to performance measures set forth in the original Agreements at Attachment E, Program Goals, Outcomes and Measures, including percentages of clients completing treatment and the success of the treatment.

Coast Valley Substance Abuse Treatment Center - Coast Valley provides Outpatient Drug Free (ODF) treatment to youth and adults in Santa Maria and Lompoc, serving an average of 238 adults and 42 adolescents per quarter. Overall, Coast Valley has performed well, with the exception of successful completion of treatment goals, which have not always been met due to relapsing or client may leave the program in: Q1 Adult, Lompoc and Q1 Adolescent, Lompoc and Santa Maria).

	Initiate Treatment (15+ Days)				Engage in Treatment (31+ Days)				Retained in Treatment (91+ Days)				Successfully Completed Treatment			
	Goal	Actual		Avg	Goal	Actual		Avg	Goal	Actual		Avg	Goal	Actual		Avg
		Q1 %	Q2 %			Q1 %	Q2 %			Q1 %	Q2 %			Q1 %	Q2 %	
Adult	TBD	93%	95%	94%	75%	89%	97%	93%	45%	64%	79%	71%	50%	63%	73%	68%
Adolescents	TBD	92%	89%	90%	80%	95%	100%	98%	50%	63%	69%	66%	55%	48%	100%	74%

The Council on Alcoholism and Drug Abuse - Overall CADA’s ADP and MH funded Programs have performed very well on outcome indicators in Quarter 1 (Q1) and Quarter 2 (Q2) of FY 16-17.

Friday Night Live and Club Live (FNL/CL) Prevention. CADA’s FNL and CL programs are performing well. Some performance measures are currently coming at a lower level than the targets, but that is due to outreach programs historically are planned for the second semester (Q3&Q4); FNL/CL is on track to meet annual goals.

Perinatal: CADA’s perinatal program successfully graduated three (3) women from treatment in Q1 and four (4) in Q2. There were six (6) births in Q1 and Q2 and 100% were drug free.

Residential Detoxification: CADA served 88 clients in detox in Q1 and Q2. As expected, 100% of clients are drug free at discharge. CADA’s detox exceeds expectations both in terms of the percentage of clients admitted to treatment (80.5%) and readmission rates within 45 days of discharge (2%).

Screening, Brief Intervention and Referral to Treatment (SBIRT) school – based/adolescent - The Department is in the process of developing SBIRT expectations and outcomes and has asked CADA to report the service numbers listed below. As can be seen below, CADA is providing high volume SBIRT services.

SBIRT	Q1 & Q2
Clients Screened	340
Individual Sessions	1,345
Group Sessions	1,165
Family Group Sessions	24
Referrals to Treatment	48
Admissions to Treatment	4

Substance Use Disorder (SUD) Treatment: On average, each quarter, CADA served 165 adult and 47 adolescent clients in Outpatient Drug Free (ODF) treatment. CADA met or exceeded all outcome goals in both Q1 and Q2.

SUD	Initiate Treatment (15+ Days)				Engage in Treatment (31+ Days)				Retained in Treatment (91+ Days)				Successfully Completed Treatment			
	Goal	Actual		Avg	Goal	Actual		Avg	Goal	Actual		Avg	Goal	Actual		Avg
		Q1 %	Q2 %			Q1 %	Q2 %			Q1 %	Q2 %			Q1 %	Q2 %	
Adult	TBD	94%	98%	96%	75%	90%	89%	89%	45%	67%	56%	62%	50%	58%	55%	56%
Adolescents	TBD	91%	96%	94%	80%	92%	88%	90%	50%	73%	63%	68%	55%	46%	100%	73%

Support, Treatment, Advocacy and Referral Team (START): CADA served 56 students in Q1 and Q2. START met and/or exceeded nearly all expectations in Q1 and Q2, with the exception of 10% improvement in the Child and Adolescent Needs and Strengths (CANS) domains.

Good Samaritan Shelter Services Inc. - Good Samaritan has many contracted ADP programs and generally demonstrated good outcomes in the first 6 months of FY16/17. All programs perform very well in terms of initiating clients (15+ days), with an average of 89% program initiation. As can be seen below, other results vary by program/clientele. Casa de Familia has not reached program goals this year, but they primarily serve veterans and shelter campus clients; their outcome expectations may therefore need to be adjusted to better fit the populations they serve. The Lompoc program is newer and is struggling to achieve outcomes; however, outcomes did improve greatly between Q1 and Q2.

	Engaged in Treatment (31+ days)				Retained in Treatment (91+ days)				Successful Completion			
	Goal	Actual		Avg	Goal	Actual		Avg	Goal	Actual		Avg
		Q1%	Q2%			Q1%	Q2%			Q1%	Q2%	
Good Samaritan	75%	74%	79%	77%	45%	40%	56%	48%	50%	58%	53%	56%
Casa de Familia	75%	67%	38%	52%	45%	11%	13%	12%	50%	33%	25%	29%
Lompoc	75%	54%	73%	64%	45%	21%	33%	27%	50%	25%	53%	39%

Perinatal: Good Samaritan successfully graduated fifty-five (55) women from perinatal treatment in Q1 and fifteen (31) in Q2. These women represent 65% of those discharged, 5% less than the 70% goal. However, there were nine (9) births in Q1 and Q2 and 100% were drug free.

Residential Detoxification: Good Sam served 194 clients in detox in Q1 and Q2. As expected, 100% of clients are drug free at discharge. Good Sam’s detox exceeds expectations both in terms of the percentage of clients admitted to treatment (70.5%) and readmission rates within 45 days of discharge (1%).

Fiscal and Facilities Impacts:

Budgeted: No

Fiscal Analysis:

<u>Funding Sources</u>	<u>Current FY Cost:</u>	<u>Annualized On-going Cost:</u>	<u>Total One-Time Project Cost</u>
General Fund			
State	\$ 45,825.00		
Federal	\$ 200,000.00		
Fees			
Other:			
Total	\$ 245,825.00	\$ -	\$ -

Narrative: The above referenced contracts are funded by State and Federal funds; approval of the requested Budget Revision will not result in any increased General Fund expenditures. The Budget Revision Request is necessary to increase appropriations for Alcohol and Drug Program (ADP) CBOs’ residential detoxification services, and to reflect additional Affordable Care Act (ACA) Drug Medi-Cal services. Behavioral Wellness is requesting an increase in Services and Supplies of \$245,825 with \$200,000 in additional Drug Medi-Cal services provided by Coast Valley and Good Samaritan and an increase in State Aid-Drug Medi-Cal Funds of \$45,825 for Residential Detoxification services provided by CADA. These costs are funded by these revenue streams.

Key Contract Risks:

As with any contract funded by State and Federal Sources, there is a risk of future audit disallowances and repayments.

Staffing Impacts:

Legal Positions:

FTEs:

Special Instructions:

Please send one (1) minute order and executed contracts to: dmorales@co.santa-barbara.ca.us

Attachments:

- Attachment A: Coast Valley FY 16-17 AM 3
- Attachment B: Coast Valley FY 16-17 AM 2
- Attachment C: Coast Valley FY 16-17 AM 1
- Attachment D: Coast Valley FY 16-17 BC
- Attachment E: CADA FY 16-17 AM 2
- Attachment F: CADA FY 16-17 AM 1
- Attachment G: CADA FY 16-17 BC
- Attachment H: Good Samaritan FY 16-17 AM 3
- Attachment I: Good Samaritan FY 16-17 AM 2
- Attachment J: Good Samaritan FY 16-17 AM 1
- Attachment K: Good Samaritan FY 16-17 BC
- Attachment L: BRR #0004916

Authored by:

Denise Morales/SS