

RESOLUTION PROCLAIMING  
THE WEEK OF SEPTEMBER 17-23  
AS NATIONAL WELLNESS WEEK  
IN SANTA BARBARA COUNTY

**WHEREAS**, National Wellness Week is celebrated September 17<sup>th</sup> to 23<sup>rd</sup> across the United States; and

**WHEREAS**, the goal of National Wellness Week is to inspire individuals, families, organizations, and communities to focus on their own and others' physical and mental health and wellness; and

**WHEREAS**, National Wellness Week's theme is *Living Wellness*, which emphasizes that wellness is not a static destination, but a continuous journey that guides our daily lives; and

**WHEREAS**, in honor of National Wellness Week, health care and other human service providers are urged to address the whole person and promote all aspects of wellness, including physical, social, emotional, spiritual, and environmental health; and

**WHEREAS**, in recognition of National Wellness Week, the County Santa Barbara, City of Santa Barbara, County Education Office, Santa Barbara Unified School District, and the Westside Boys & Girls Club will host a *Family Fun Day and Health Fair* on September 22<sup>nd</sup> from 10-5 at Bohnett Park with wellness activities and services provided from a variety of organizations;

**NOW, THEREFORE, BE IT ORDERED AND RESOLVED** that this Board of Supervisors does hereby proclaim, September 17<sup>th</sup> to 23<sup>rd</sup> 2012 as National Wellness Week in Santa Barbara County.

**PASSED AND ADOPTED** by the Board of Supervisors of Santa Barbara County, State of California, this eighteenth day of September by a unanimous vote of all members present.