



BOARD OF SUPERVISORS
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Department Name: Behavioral Wellness
Department No.: 043
For Agenda Of: June 7, 2016
Placement: Administrative
Estimated Time: N/A
Continued Item: No
If Yes, date from: N/A
Vote Required: Majority

TO: Board of Supervisors

FROM: Department Alice Gleghorn, Ph.D., Director
Director(s) Behavioral Wellness, 681-5220
Contact Info: Pam Fisher, Deputy Director
Behavioral Wellness, 681-5220

SUBJECT: Behavioral Wellness Contracts FY 16-17 - Mental Health/Alcohol and Drug Program Contracts

County Counsel Concurrence

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

Auditor-Controller Concurrence

As to form: Yes

Recommended Actions:

That the Board of Supervisors:

- A) Approve and authorize the Chair to execute an Agreement for Services of Independent Contractor with **Casa Serena** (a local vendor), for the provision of substance use disorder services for perinatal adults, not to exceed \$114,920 per fiscal year, for a total contract amount not to exceed **\$344,760** for the period July 1, 2016 through June 30, 2019.
- B) Approve and authorize the Chair to execute an Agreement for Services of Independent Contractor with **Coast Valley Substance Abuse Treatment Center** (a local vendor), for the provision of substance use disorder services, for a total contract amount not to exceed **\$895,905** for the period July 1, 2016 through June 30, 2017.
- C) Approve and authorize the Chair to execute an Agreement for services of Independent Contractor with **the Council on Alcoholism and Drug Abuse** (a local vendor), for the provision of substance use disorder services and children's mental health services, for a total contract not to exceed **\$1,803,555** for the period July 1, 2016 through June 30, 2017.

- D) Authorize the Director of Behavioral Wellness to amend Exhibit B-1 ADP (Schedule of Rates and Contract Maximum) within Alcohol and Drug Program (ADP) contracts approved by the Board to make changes to the County Maximum Allowable Rate for services delivered by ADP providers, as published in part by the State Department of Health Care Services and also set by Behavioral Wellness, without returning to the Board with a separate amendment, so long as the total contract maximum remains unchanged.
- E) Determine that the above actions are government fiscal activities or funding mechanisms which do not involve any commitment to any specific project which may result in potentially physical impact on the environment, and are therefore not a project under the California Environmental Quality Act (CEQA) pursuant to section 15378(b)(4) of the CEQA guidelines.

Summary Text:

The Santa Barbara County Behavioral Wellness Department provides a continuum of mental health and substance use disorder services to Santa Barbara County residents, in part through contracted providers including Community-Based Organizations (CBOs). Approval of the recommended actions will allow Behavioral Wellness to continue to provide mandated mental health, substance use, and ancillary services. In addition, making some contracts multi-year will prevent Behavioral Wellness from returning to the Board every year to renew all contracts.

Background:

The contracts being considered for approval provide various specialty mental health services to adults with serious mental illness, including alcohol and drug services.

Casa Serena: Casa Serena provides long term residential Alcohol and Other Drug treatment services and Alcohol and Drug Free Housing at three facilities to adult female clients who cannot obtain and maintain sobriety in less intensive treatment models such as Outpatient Drug Free (ODF) or Intensive Outpatient Programs (IOP). Contractor offers organized treatment services that feature a planned regimen of care in a 24 hour residential setting. The Programs are staffed 24 hours per day and provide intensive counseling and daily life skills training. Mutual/self-help group meetings are also available on site. The contract with Casa Serena provides funding for approximately 10 beds.

Coast Valley Substance Abuse Treatment Center: Coast Valley provides outpatient treatment services including individual and group counseling and drug testing in Santa Maria and Lompoc. Alcohol and other Drugs (AOD) treatment services are provided to Drug Medi-Cal (DMC) beneficiaries, as well as clients referred by the Santa Barbara County Drug Court and the SAMHSA Veterans Entering Treatment Services (VETS) grant. Coast Valley is projected to serve an average of 85 clients per month and 1020 clients total in FY 16-17

Council on Alcoholism and Drug Abuse (CADA): CADA provides both Alcohol and other Drugs (AOD) treatment services and Mental Health Services. CADA provides ADP outpatient individual and group treatment services to adults and adolescents, a detoxification program, and a drug prevention program designed for junior and senior high school youth in Santa Barbara County. Services are provided to Medi-Cal beneficiaries and individuals referred through the Courts, including the Clean and Sober Drug Court (CSDC) grant. CADA is anticipated to provide substance use disorder treatment

services to approximately 1,070 clients in FY 16-17. For Mental Health Services, CADA operates the Carpinteria Support, Treatment, Advocacy, and Referral Team (START). START staff from CADA and/or Family Service Agency with expertise in substance abuse and mental health prevention and treatment are assigned to each school in the Carpinteria area to provide mental health services to address mental health issues related to learning, behavior, and emotional problems as well as other school issues such as anxiety, bullying, alienation, and disengagement from classroom learning. CADA serves an average caseload of at least 40 clients through the START program.

Performance Measure:

Casa Serena - Casa Serena provides residential treatment and sober living services for women. The program served an average of 39 women and 6 children per quarter at the Main, Oliver and Grad Houses. Their contractual outcomes are for perinatal services and include successful completion of treatment and drug free births. There were no births in Quarters 1 or 2, and the average successful completion rate was good, at 53%.

Coast Valley - Coast Valley provides Outpatient Drug Free (ODF) treatment to youth and adults in Santa Maria and Lompoc, serving an average of 411 adults and 57 adolescents, respectively. As can be seen in the table below, the average successful treatment completion rates were lower than expected in the first two quarters. Lompoc youth and Santa Maria youth programs exceeded the goals for 30+ days in treatment and 90+ days in treatment. The adult programs in both regions approached the outcome targets.

ODF	30+ Days		90+ Days		Successful	
	Goal	Avg	Goal	Avg	Goal	Avg
Lompoc Adult	85%	82%	50%	45%	57%	33%
Lompoc Youth	38%	82%	31%	42%	40%	25.5%
Santa Maria Adult	90%	85%	66%	58%	47%	40.5%
Santa Maria Youth	56%	84%	24%	41%	57%	39.5%

Drug Overdose Prevention Education (DOPE) – Coast Valley is meeting DOPE expectations.

CADA – CADA has several contracted programs and, in general, has performed well on outcome indicators in Quarters 1 and 2. On average, CADA served 135 adult and 156 adolescent clients in Outpatient Drug Free (ODF) treatment. Although CADA did not meet the targets for clients remaining in treatment for 30+ days or 90+ days, the average successful treatment completion rates of 57% (adult) and 46% (adolescent).

ODF	30+ Days		90+ Days		Successful Completion	
	Goal	Avg	Goal	Avg	Goal	Avg
Adult	92%	78%	75%	52%	57%	57%
Adolescent		85%		57%		46%

Perinatal: CADA’s perinatal program served an average of 4.5 women and 6 children per Quarter and celebrated 100% drug free births (2/2).

Non Medical Detox: On average CADA has served 57 clients per quarter in detox. Clients can stay in detox up to a maximum of 14 days. Fewer clients than expected complete 5 days of treatment (64%, Mental Health/ADP FY 16-17 BL

goal 75%), and less are entirely drug free at discharge than expected (65.5%, goal 100%). However, clients are referred or transferred to treatment as expected and CADA’s detox exceeds expectations regarding readmission, with 100% of clients having no readmissions within 45 days of discharge.

Drug Overdose Prevention Education (DOPE) – CADA is meeting DOPE outcome expectations.

Many of the other programs and outcomes in CADA’s Exhibit E could not be evaluated at this time because either: a) they are reported annually, at the close of Q4, and/or b) another party is responsible for data collection and analysis (UCSB evaluators, Prevention Research Center for SPF SIG). Behavioral Wellness Alcohol & Drug Program staff conduct monitoring visits with programs and report that CADA is on track to achieve stated outcomes

The Council on Alcoholism and Drug Abuse’s START program served an average of 43 clients over the course of Quarters 1 and 2 in FY15/16. The START program successfully maintained children in their homes, with zero out-of-home placements and zero episodes of homelessness. All clients were engaged in purposeful activities such as school, employment or volunteers. There were no incarcerations or psychiatric inpatient admissions. Seventy-seven percent (77%) of clients had at least one Child and Adolescent Needs & Strengths assessment completed.

Fiscal and Facilities Impacts:

Budgeted: Yes

Fiscal Analysis:

Funding Sources	FY 16-17	FY 17-18	FY 18-19
General Fund			
State	\$ 1,407,190	\$ 57,460	\$ 57,460
Federal	\$ 1,407,190	\$ 57,460	\$ 57,460
Fees			
Other:			
Total	\$ 2,814,380	\$ 114,920	\$ 114,920

Narrative: The above reference contracts are funded by State and Federal funds. The funding sources are included in the FY 2016-2017 Proposed Budget and multiyear contracts are contingent on future budget approvals. Execution of these contracts will not increase the use of general fund dollars by Behavioral Wellness.

Key Contract Risks:

As with any contract funded by State and Federal sources, there is a risk of future audit disallowances and repayments. The dollars Behavioral Wellness collects from the Centers for Medicare and Medicaid Services (CMS) via the State for specialty mental health services provided to Medi-Cal beneficiaries are subject to a complex and lengthy cost settlement process. Behavioral Wellness is required to submit an annual cost report which reports all costs associated with providing mental health services for a given Fiscal Year (actual cost). The actual cost is one component that the State reviews when it performs its “cost settlement” process. In this process, the State settles to the lower of actual cost or Published Charges, which are the fees charged to the general public (as adopted by the contractor’s Board of Directors). The cost settlement process results in a preliminary settlement, which typically takes place two years after the audit. State audits for Medi-Cal funds for specialty mental health services typically

occur five years after the end of the fiscal year being audited. To address these risks and to minimize settlement amounts with contract providers, Behavioral Wellness calculates rates for Medi-Cal services provided by organizational providers on a quarterly basis. Regular reports to contractors on unclaimed and denied units allow providers to correct errors and maximize Medi-Cal penetration rates. Even with these measures, there is the risk that the State will disallow units of service or determine costs to be non-allowable, resulting in repayment. Behavioral Wellness contracts include language requiring contractors to repay any amounts disallowed in audit findings, minimizing financial risks to the County.

Special Instructions:

Please email one (1) signature page of each executed contract and one (1) minute order to:
admhscontractsstaff@co.santa-barbara.ca.us

Attachments:

Attachment A: Casa Serena FY 16-19 BC
Attachment B: Coast Valley FY 16-17 BC
Attachment C: CADA FY 16-17 BC

Authored by:

D. Morales