

# SANTA BARBARA COUNTY BOARD AGENDA LETTER



Clerk of the Board of Supervisors  
105 E. Anapamu Street, Suite 407  
Santa Barbara, CA 93101  
(805) 568-2240

**Agenda Number:**  
**Prepared on:** 09/16/05  
**Department Name:** Alcohol, Drug & Mental Health  
**Department No.:** 043  
**Agenda Date:** 10/11/05  
**Placement:** Administrative  
**Estimate Time:**  
**Continued Item:** NO  
**If Yes, date from:**

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**TO:** Board of Supervisors

**FROM:** James L. Broderick, Ph.D., Director  
Alcohol, Drug & Mental Health Services

**STAFF CONTACT:** Carrie Topliffe, ADMHS Assistant Director - Administration  
805.681.4092

**SUBJECT:** The Early Childhood Mental Health Coordinator Contract.

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## Recommendation(s):

That the Board of Supervisors:

1. Approve and execute a Contractor on Payroll contract in the amount of \$54,000, to fund an Early Childhood Mental Health – Project Manager, **Sandra Fahey**, MFT, to provide program management, development and leadership to the Early Childhood Mental Health and Special Needs Collaborative in Santa Barbara County.
2. Authorize the Director of ADMHS to approve amendments to the proposed contract, provided that any such amendments do not exceed ten percent (10%) of the contract's dollar amount.

## Alignment with Board Strategic Plan:

The recommendation(s) are primarily aligned with Goal No. 2. A Safe and Healthy Community in Which to Live, Work and Visit.

## Executive Summary and Discussion:

The Early Childhood Mental Health – Project Manager is a licensed Mental Health Care Professional who will provide program management, development, and leadership to ADMHS' Early Childhood Mental Health – Special Needs programs. Among those programs are the programs previously referred to as the Prop.10/First Five programs as well as a broader group of providers, not receiving First Five funding, all working together within the Early Childhood Mental Health and Special Needs System of Care to serve our community children. Santa Barbara County, Children & Families Commission (First Five) was established in February 1999, in concert with the passage of the 1998 California Children and Families Act (Proposition

10) by California voters in November 1998. One of First Five's core initiatives is the Early Childhood Mental Health-Special Needs (ECMH-SN) initiative, a format change from previous years to include additional agencies serving a physical disability-based (special needs) population.

The Early Childhood Mental Health-Special Needs program enables Santa Barbara County to provide mental health treatment services to residents age birth through five years, and their families, with a coordinated, unified and non-duplicative approach. The ECMH-SN initiative enables ADMHS to develop an Early Childhood System-of-care. Services and partners other than those funded through First five are active members of the ECMH-SN System-of-Care. The ECMH-SN System-of-Care falls within the ADMHS Children's Mental Health Division and is overseen by the Children's Division Manager. Mental health treatment services are provided by Child Abuse Listening and Mediation (CALM), Santa Barbara County Office of Education (SBCEO) and Santa Maria Valley Youth and Family Center (SMVYFC) as "baby grantees" under ADMHS' funding contract with First Five. In addition, ADMHS clinics and myriad Community Based providers have come together with the First Five funded programs to provide the community with a unified approach to service delivery for this population. The Early Childhood Mental Health-Special Needs Project Manager, under ADMHS, provides the administrative leadership for the overall collaborative and ECMH-SN system.

The ECMH-SN initiative augments and leverages private funds and provides a match for Title IV-E funding to support early intervention, prevention, and family support services delivered through bi-lingual home visitors and specialist staff. In addition, Prop 10 dollars are leveraged by Medi-Cal and EPSDT dollars for many services delivered. The coordinated services provided through this initiative include individual and family counseling, health and development screenings and assessments; training, outreach and education; parent support and education and case management.

### **Performance Measures:**

The Early Childhood Mental Health-Special Needs Project Manager will assist ADMHS in meeting **Recurring Performance Measure (RPM) 0214**, to provide effective mental health services to 2,450 youth and their families.

The Early Childhood Mental Health-Special Needs Project Manager will also assist ADMHS in meeting **Recurring Performance Measure (RPM) 0198**, to provide high quality Mental Health services to children in order to keep the number of new out of home placements below 100 per year.

### **Mandates and Service Levels:**

Mental Health Services are mandated by the Welfare and Institutions Code, Section 5600.

### **Fiscal and Facilities Impacts:**

The recommended action has no impact on the General Fund Contribution. The funding sources for the Early Childhood Mental Health-Special Needs Project Manager contract are from a First Five Grant and Medi-Cal/EPSDT revenues reimbursed to the county. These funding sources are identified in the Adopted FY 2005-06, Budget page D-160, (line item 7460, in the Children's Services Division), Federal and State Revenues.

These actions will not result in a need for any additional facilities.

**Special Instructions:**

Please send one (1) fully executed copy of the contract and endorsed minute order to:

Alcohol, Drug & Mental Health Services  
ATTN: Contracts Office  
300 N. San Antonio Road  
Santa Barbara, CA 93110

**Concurrence:**

Auditor-Controller  
Risk Management