

# Improving Psychiatric Services for North County Residents

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Alcohol, Drug & Mental Health Services  
Collaborative Presentation to  
Board of Supervisors  
April 13, 2004

# OVERVIEW

**Dr. Broderick**

- Board direction at conclusion of June 2003 Budget Hearings to focus on psychiatric services in North County
- Long-Standing Need for Improved Crisis Services
- #1 ADMHS Departmental Goal 2003-04 & 2004-05

# Presentation Participants

## ADMHS

- James Broderick, Ph.D., Director
- Heidi Garcia, MFT, Assistant Director – Programs
- Al Rodriguez, Manager, Alcohol & Drug Program

## Advisory Board on Alcohol & Drug Problems/Mental Health Commission

- James Rohde, Chair, Advisory Board on Alcohol & Drug Problems
- Ann Eldridge, Chair, Mental Health Commission

## SLO Behavioral Health Services

- Dale Wolff, Ph.D., Director, Behavioral Health Services, County of SLO

## Marian Medical Center

- Charles J. Cova, President
- Todd Bailey, M.D., Director of Emergency Services

# Outline of Presentation

## Short-Term Goals

- Agreement with County of SLO for use of SLO PHF beds – Dr. Broderick
- Lompoc Adult Mental Health Consumer Self-Help Center – Heidi Garcia, MFT

## Intermediate Goal

- Santa Maria Crisis Stabilization Center (C.A.R.E.S.) – Al Rodriguez

## Long-Term Goal

- Collaborative Project to Develop a Regional Psychiatric Inpatient Unit for SLO & SB Counties – Dr. Dale Wolff, Charles J. Cova, Dr. Todd Bailey

## Community Input

- Comments from ADP Advisory Board & MH Commission -- James Rohde, Ann Eldridge

## North County has the most urgent needs for crisis services

- Approximately 5,300 North County residents are served annually through our community-based organizations and outpatient mental health clinics
- More than half of the calls for crisis assessment, i.e. 5150, to the Mental Health Assessment Team (MHAT) are from North County
- An average of one North County resident is hospitalized every day for acute psychiatric care, either in our Psychiatric Health Facility (PHF) or elsewhere.

## Community Needs (continued)

- Our PHF is currently the only facility in Santa Barbara County that accepts involuntary psychiatric admissions
- An average of 19 Santa Barbara County residents are sent out of county each month for inpatient treatment
  - e.g., Aurora Vista Del Mar in Ventura (children and adults)
- Population in North County is growing more quickly than South County

# Objectives

**Dr. Broderick**

- Diversion from hospital & institutions to community care whenever possible to make our clients more independent and confident in their abilities
- Shift costs from out-of-county hospitals to local services
- Improve the range of services in Lompoc & Santa Maria
- Reduce travel time to psychiatric inpatient care for North County residents
- Adjust to the loss of gero-psychiatric inpatient services in Santa Barbara County
- Add additional beds for South County residents at PHF in Santa Barbara

# Objectives

(continued)

- Provide a 24/7 “hub” for crisis services in North County in close collaboration with existing services
  - ADMHS clinics
  - Community-based organizations
  - Law enforcement
  - Shelters
  - Hospital Emergency Rooms
  - Mental Health Assessment Team
- Develop integrated care for persons in crisis due to mental illness and/or alcohol & other drug problems



# Agreement for SB Access to SLO PHF

Dr. Broderick

- SLO PHF is about 35 miles closer to Santa Maria than our own PHF
- SLO PHF regularly has open beds
- ADMHS is currently negotiating an agreement with SLO Behavioral Health Services for admitting Santa Barbara County residents to their PHF
- Funding: Shift costs from more distant facilities to SLO

# Lompoc Adult Mental Health Consumer Self-Help Center

Heidi Garcia, MFT

- New rehabilitation program for adults with mental illness in Lompoc
  - Community support is related to decreased need for hospitalization
- Operated by Transitions – Mental Health Association
  - Developed with significant feedback from clients and family members
- “Pilot” consumer self-help program for Santa Barbara County
- Funding: \$70,000 annually for start-up phase (FY 03-04) and ongoing operation (FY 04-05+)

# Santa Maria Crisis Stabilization Center

Al Rodriguez

- Location in North County for integrated services for people in crisis due to alcohol, drug, and/or mental health problems
- TSAC has allocated \$150,000 in seed money for FY 04-05 + additional funds from ADMHS + MediCal revenue
- Will build on existing services and be operated by a community-based organization(s) who will work closely with ADMHS, MHAT, Law Enforcement, and Marian Emergency Room physicians
- Local CBOs impacted by clients in crisis

# Regional Psychiatric Inpatient Unit MMC & SLO BHS & ADMHS

Dr. Broderick

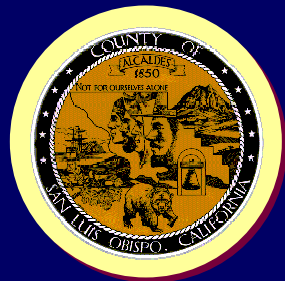
- Collaborative project in the very early stages of development
  - Marian Medical Center/Catholic Healthcare West
  - SLO County Behavioral Health Services
  - Santa Barbara County ADMHS
- Desire to create a regional psychiatric inpatient unit serving Northern Santa Barbara County & SLO
- Estimated 25 to 30 beds

# Regional Inpatient Unit (continued)

- Would operate as a “distinct part facility” of Marian Medical Center
  - Enables Medi-Cal reimbursement even for psychiatric facilities with more than 16 beds
  - Larger facility affords economies of scale for staffing, programming, overhead, etc.
- Benefits to Santa Barbara County
  - SLO location is closer for Santa Maria residents than our own PHF
  - Possibility of serving children, adults, and older adults

# Regional Inpatient Unit (continued)

- Current challenges in developing the project include:
  - Finding a suitable site for renovation
  - Collaborative effort to obtain capital for building renovation
  - Licensing and regulatory approvals
- Funding: Santa Barbara County would be asked to enter into a multi-year contract for a fixed number of beds
- Timeline – approx. 3 to 5 years



# San Luis Obispo County Behavioral Health Services

Dr. Dale Wolff

- SLO is enthusiastic about partnering with ADMHS & Catholic Healthcare West on inpatient psychiatric services
- A psychiatric unit large enough to serve Northern Santa Barbara County & San Luis Obispo County would have economic advantages for both

# SLO County

## Behavioral Health Services (continued)

- A regional unit could better serve special populations such as older adults and children, as well as mentally ill adults
- After the proposal is fully developed, a multi-year contract between the two counties would help San Luis Obispo County move forward.





**Chuck Cova**

- Marian is committed to collaborating with the public agencies in SLO & SB Counties to better meet community needs for psychiatric acute care
- Marian intends to be a key partner in the project team that is developing a proposal for a regional psychiatric inpatient unit

# Community Input

**Ann Eldridge, James Rohde**

- Long-standing interest in improved crisis services countywide
- Community roundtable in Santa Maria re: C.A.R.E.S. to receive community input prior to RFP process
  - co-hosted by ADMHS, Mental Health Commission, and Advisory Board on Alcohol & Drug Problems
- Late April/Early May

# Conclusion and Recommendations

**Dr. Broderick**

## Conclusion:

- ADMHS is taking action to improve psychiatric services for North County residents in several areas
  - Short-term, Intermediate, Long-term

## Recommendations:

- Provide conceptual approval for ADMHS to continue to develop the collaborative project proposal with Marian & SLO
- Authorize Dr. Broderick to continue to facilitate negotiations for new inpatient facilities with private providers and other available county services
- Q&A