



BOARD OF SUPERVISORS
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Department Name: Behavioral Wellness
Department No.: 043
For Agenda Of: June 18, 2019
Placement: Administrative
Estimated Time:
Continued Item: No
If Yes, date from:
Vote Required: Majority

TO: Board of Supervisors

FROM: Department Alice Gleghorn, Ph.D., Director
Director(s) Department of Behavioral Wellness 681-5220
Contact Info: Lindsay Walter, J.D., Administration & Operations
Department of Behavioral Wellness 681-5236

SUBJECT: Behavioral Wellness - FY 19-20 Annual Update to the FY 17-20 Mental Health Services Act Three-Year Program and Expenditure Plan

County Counsel Concurrence

As to form: N/A

Other Concurrence:

As to form: N/A

Auditor-Controller Concurrence

As to form: N/A

Recommended Actions:

That the Board of Supervisors:

- A. Approve and adopt the Fiscal Year 2019-2020 Update to the Department of Behavioral Wellness' Mental Health Services Act Three-Year Program and Expenditure Plan, **which was developed** in accordance with Welfare and Institutions Code sections 5847-5848 and California Department of Healthcare Services (DHCS) requirements; and
- B. Determine that the above-recommended actions are exempt from the California Environmental Quality Act per CEQA Guidelines Section 15378(b)(4) since the recommended actions are governmental fiscal activities which do not involve commitment to any specific project which may result in potentially significant impact on the environment.

Summary Text:

This item is on the agenda to provide an update to the Board of Supervisors regarding the Mental Health Services Act (MHSA) Plan for Fiscal Year 19-20, for funded programs and services, as required by state law and in accordance with instructions and regulations from the California Department of Health Care Services (DHCS) and Mental Health Services Oversight and Accountability Commission (MHSOAC).

Approval of the recommended actions will allow Behavioral Wellness to comply with the state law requirement, per Welfare and Institutions Code Section 5847(a), that the Board of Supervisors adopt the MHSA Plan and annual updates, and will ensure Behavioral Wellness continues to receive Mental Health Services Act funding in a timely manner. Additionally, in accordance with a new requirement set forth in Welfare and Institutions Code section 5892(b)(2) this MHSA Plan Update includes a prudent reserve assessment. This assessment is required every five years in order to recognize establishment of a Prudent Reserve that does not exceed 33 percent of the average Community Services and Supports (CSS) revenue received for the Local Mental Health Services Fund in the preceding five years.

Background:

The Department of Behavioral Wellness provides specialty mental health services to individuals with specialty mental health needs, and to the extent resources allow, to uninsured children with Serious Emotional Disturbances (SED) and adults with Serious Mental Illness (SMI). The MHSA, passed by California voters in 2004, levied a 1% tax on annual incomes over \$1.0 million to increase funding for new and expanded mental health services.

The Fiscal Year 19-20 MHSA Plan Update provides information on the progress and improvements in Santa Barbara County's Behavioral Wellness system during FY 18-19, while outlining strategies for FY 19-20. The Department coordinated a robust planning process including five stakeholder meetings in February and March to solicit input and guidance from individuals and groups. Additional feedback was received April 23, 2019 to May 22, 2019 during the thirty-day draft plan public posting period; and, the Behavioral Health Commission held a Public Hearing on May 30, 2019. Based on the input received during the three year planning process, the Department continues to move forward with review and implementation of four key proposals:

- Operate a Transitional Aged Youth program as a Full Service Partnership;
- Reconsider the operations of the Justice Alliance Program;
- Increase programming at the Recovery Learning Centers; and
- Further integrate the existing Treatment Teams into Levels of Care.

Program Highlights from the Fiscal Year (FY) 19-20 MHSA Plan Update include:

- Children's Crisis Triage Program (page 67 of the FY 19-20 MHSA Plan Update)

The Children's Crisis Triage Program (CCTP) was awarded in the Spring of 2018 by a MHSOAC grant. This grant funds two full time licensed Practitioners for three years. Two half-time Parent Partner (PP) positions will be funded with Medi-Cal and MHSA funds. The Practitioners and PPs will work as a team to respond to children/adolescents (up to age 21) who are experiencing a mental health crisis in the community. The teams may respond to the home, school or hospitals to assess for 5585/5150 criteria, write holds if indicated or deescalate the situation and provide safety planning and link to ongoing community mental health services. The CCTP Teams will also play a vital role in the emergency departments (ED) when there are children/adolescents in the ED's on psychiatric hold awaiting placement in an inpatient psychiatric facility. The Practitioners will

work closely with the youth to provide crisis intervention, short-term therapy services aimed at helping the youth develop coping skills, and hopefully resolve the crisis so that the hold can be rescinded and the child returned to the community with an extensive safety plan and therefore avoid an inpatient psychiatric hospitalization. The PPs will focus services on the parent/caregiver using a peer wellness model. They will also assist the parent/care giver with skill building, behavioral interventions, encourage parent involvement and engagement in services, resources and referrals all aimed at developing a home environment that will prevent recurrent crisis situations and support the youth in returning home.

- Crisis Residential North (page 68 of the FY 19-20 MHSA Plan Update)

This 10 Bed Crisis Residential Facility is presently under construction and is scheduled to open Fall 2019. It is located in Santa Maria and will serve individuals for stays up to 30 – 90 days. In an effort to increase crisis services infrastructure statewide, Senate Bill 82 Grant funds sponsored the infrastructure and initial start-up costs. Ongoing services will be contracted for with Community Services Support (CSS) funding in partnership with Community-Based Organizations.

- Cultural Competency and Diversity Plan and Achievements (page 97-98 of the FY 19-20 MHSA Plan Update)

A new addition to the regular MHSA Plan Update process includes highlights regarding Behavioral Wellness' Cultural Competency and Diversity Plan for FY 19-20 and achievements in FY 18-19. According to language interpreter utilization data for 2017, Mixteco is the second-most prevalent language at Behavioral Wellness service sites. A Mixtec Culture and Mental Health training was created in response, to better engage our service providers with the Mixtec population.

Through partnerships made available by the Reducing Racial and Ethnic Disparities (RED) grant awarded to the department from the California Board of State and Community Corrections, UCSB led research has identified areas for growth. As a result, customized implicit bias training focused on clinical assessment, diagnosis, and treatment practices within the behavioral health setting have been offered. Furthermore, new policy and procedures have been developed to address system-wide cultural competency, while new contracts have been developed to assure availability of in-person interpretation needs for county-operated service locations.

Fiscal and Facilities Impacts:

Budgeted: There are no budget impacts from the approval of the MHSA Plan Update for Fiscal Year 19-20.

Fiscal Analysis:

<u>Funding Sources</u>	<u>Current FY Cost:</u>	<u>Annualized On-going Cost:</u>	<u>Total One-Time Project Cost</u>
General Fund			
State	\$ 36,064,700.00	\$ 37,803,100.00	
Federal	\$ 1,812,500.00	\$ 643,300.00	
Fees	\$ 28,375,900.00	\$ 30,461,300.00	
Other:	\$ 397,600.00	\$ 458,000.00	
Total	\$ 66,650,700.00	\$ 69,365,700.00	\$ -

Narrative: The FY 19-20 MHSA Plan Update is based on the FY 19-20 adjusted budget as approved by the Board of Supervisors in June 2019. This reflects the total MHSA funds and other sources leveraged by those funds in the current MHSA fund budget. There is no current budget impact to the general fund.

As the income tax that funds MHSA is paid by only a very small proportion of the population (approximately 1/10 of one percent of California taxpayers), it is subject to some variability from year to year. With limited fiscal growth anticipated, continued uncertainty about the future of the federal Affordable Care Act and the expanded Medicaid funding it provides to the Department, and the need to anticipate mandatory contributions to the new MHSA No Place Like Home initiative, continuing to focus on refining existing programs appears to be the most prudent manner for moving forward.

In addition, included in the FY 19-20 MHSA Plan Update is the newly required prudent reserve assessment per Welfare and Institutions Code section 5892(b)(2). The assessment was submitted to DHCS on April 8, 2019. As of July 1, 2018, the prudent reserve balance was \$2,023,113. Based on the five year assessment period, \$4,790,468 is the 33% maximum that could be contributed to the Prudent Reserve should funds be available.

Special Instructions:

Please return one (1) Minute Order to Qiuana Lopez at qilopez@co.santa-barbara.ca.us and one (1) Minute Order to the Contracts Department at bwellcontractsstaff@co.santa-barbara.co.us.

Attachments:

Attachment A: MHSA Plan Update for FY 19-20

Authored by:

Qiuana Lopez and Lindsay Walter