



BOARD OF SUPERVISORS
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Department Name: ADMHS
Department No.: 043
For Agenda Of: 5-22-07
Placement: Administrative
Estimated Tme:
Continued Item: No
If Yes, date from:
Vote Required: Majority

TO: Board of Supervisors

FROM: Department Douglas C. Barton, Interim Director
Director(s) Alcohol, Drug & Mental Health Services 681-5220
Contact Info: Marianne Garrity, Assistant Director Administration 681-5220

SUBJECT: **Transitions Mental Health Association FY 06-08 Agreement: Vida Nueva Program**

County Counsel Concurrence

As to form: Yes

Auditor-Controller Concurrence

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

Recommended Actions:

- a) Approve and execute a contract amendment with Transitions Mental Health Association (a local vendor) to provide services to adults, older adults and youth with severe mental illness in Santa Barbara County, for the period of April 1, 2007 to June 30, 2008 in the amount of \$1,811,330.
- b) Authorize the Director of ADMHS to approve amendments to the proposed contract, provided that any such amendments do not exceed ten percent (10%) of the contract's dollar amount.

Summary Text:

The Mental Health Services Act (MHSA) passed by California voters in November 2004 provides resources to support county mental health programs and monitor progress toward statewide goals for serving children, transition-age youth, adults, older adults and families with mental health needs. The Board of Supervisors approved Santa Barbara County's MHSA Plan on November 22, 2005 and State DMH approval followed on June 30, 2006. The requested action implements one of nine approved MHSA programs, Vida Nueva for Adults/Older Adults and Transition Age Youth (TAY) which provides intensive community-based treatment, rehabilitation and support services to help mentally ill clients live independently in the community.

Background:

As part of the Santa Barbara Mental Health Collaborative, Transitions Mental Health Association will serve as the lead agency in operating the Vida Nueva program. Vida Nueva will be the first Assertive

Community Treatment (ACT) model program based in Lompoc, designed to provide locally based treatment directly to people with serious and persistent mental illnesses. Vida Nueva utilizes a team-based approach in the provision and coordination of services to adults and older adults with severe mental illness and TAY aged 16-25 with severe emotional disturbances. The program will provide individualized intensive support services designed to meet the unique needs of each client and may include mental health, physical health, substance abuse services, trauma assessments and goal-oriented recovery planning. In addition, services will be coordinated to assist clients with life skills including transportation and housing services, educational and vocational/ employment services. Additional features include 24/7/365 availability, a low client-staff ratio, and community-based services. Following best practices in mental health, Vida Nueva will feature a multidisciplinary team to serve as the point of responsibility for all client care for the program's clients. The treatment team will include a mental health practitioner, psychiatric nurse, peer/recovery assistants, personal service coordinators and alcohol and drug specialists qualified to treat individuals dually diagnosed with co-occurring mental illness and substance abuse conditions.

Performance Measure:

The contract with Transitions will provide wraparound services to 95 adults, 5 older adults, and 40 TAY clients with severe mental illness.

DMH has developed mandated assessment forms for collecting the data that will address these broad outcomes for clients in the Vida Nueva program. Outcome measures are specified in the provider's contract, and include:

- Maintenance of stable and permanent housing and reduction in incidents of homelessness, hospitalization, incarceration and foster care placement.
- Increased skill and success in vocational activities as measured by obtaining employment, hours worked per week, entering job training, salary, and hours spent volunteering in the community.
- Increased ability of clients to maintain their financial resources and sources of support.
- Decreased contact with law enforcement and the criminal justice system as measured by fewer arrests and jail days, maintenance of probation status, out-of-home placement status of youth as well as the ability of adult clients to maintain the care and custody of their children.
- Decreased necessity for crisis services including emergency room visits for physical health, mental health and substance abuse problems.
- Maintenance of physical health and management of physical health conditions.
- Decreased substance abuse among clients through prevention and early intervention (linking clients to substance abuse services) when a substance abuse problem is identified.

Fiscal and Facilities Impacts:

Budgeted: Yes

Fiscal Analysis:

<u>Funding Sources</u>	<u>Current FY Cost:</u>	<u>Annualized On-going Cost:</u>	<u>Total One-Time Project Cost</u>
General Fund	\$ -	\$ -	\$ -
State - MHSA	\$ 343,854.00	\$ 819,416.00	\$ 139,000.00
Federal - Medi-Cal	\$ 129,612.00	\$ 518,448.00	\$ -
Fees	\$ -	\$ -	\$ -
Other:	\$ -	\$ -	\$ -
Total	\$ 473,466.00	\$ 1,337,864.00	\$ 139,000.00

Narrative:

The Transitions contract will be funded by a combination of MHSA revenues, including Community Services & Support (CSS) and One-Time and Medi-Cal (FFP) revenue. The revenue sources will be reflected in the Adjusted Budget of MHSA Fund 0048, (Special Revenue Fund set up subsequent to the Adopted Budget) Federal and State Revenues – State Revenue Other, line item 4339 and Other Charges for Services, line item 5404. The proposed expenditures are included in Professional and Special Services, Line Item Account 7460 in MHSA Division. Execution of this amendment will not increase the use of general fund dollars by the ADMHS Department.

Special Instructions:

Please send one (1) fully executed copy of the contract, signature page and endorsed minute order to:

Alcohol, Drug & Mental Health Services
ATTN: Contracts
300 N. San Antonio Road Bldg. 3
Santa Barbara, CA 93110

Attachments:

Attachment 1 (Agreement with Transitions Mental Health Association)