



BOARD OF SUPERVISORS
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Department Name: Behavioral Wellness
Department No.: 043
For Agenda Of: June 7, 2016
Placement: Administrative
Estimated Time: N/A
Continued Item: No
If Yes, date from:
Vote Required: Majority

TO: Board of Supervisors

FROM: Department Alice Gleghorn, PhD, Director
Director(s) Department of Behavioral Wellness, 681-5229
Contact Info: Dr. Ole Berhendsten, Medical Director
Department of Behavioral Wellness, 681-5229

SUBJECT: Fiscal Year 16-17 Behavioral Wellness Out-of-County Client Services

County Counsel Concurrence

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

Recommended Actions:

That the Board of Supervisors:

Auditor-Controller Concurrence

As to form: Yes

- A. Approve and authorize the Chair to execute an Agreement for Services of Independent Contractor with **Aurora Vista Del Mar Hospital** (not a local vendor), for the provision of Acute Inpatient Services, for a total contract amount not to exceed **\$965,000** for the period July 1, 2016 through June 30, 2017.
- B. Approve and authorize the Chair to execute a First Amendment to the Agreement for Services of Independent Contractor with **California Psychiatric Transitions** (not a local vendor), an Institution for Mental Disease, to increase the total contract maximum for FY 15-16 to **\$319,200** and to extend the contract terms through FY 16-17 for an amount of **\$565,750**, for a new total contract amount not to exceed **\$884,950** for the period July 1, 2015 through June 30, 2017.
- C. Determine that these activities are exempt from California Environmental Quality Act review per CEQA Guidelines Section 15378(b)(5) since the recommended actions are government administrative activities which do not involve commitment to any specific project which may result in potentially significant physical impact on the environment.

Summary Text:

The Santa Barbara County Department of Behavioral Wellness provides a continuum of mental health and substance use disorder services to Santa Barbara County residents, including inpatient mental health treatment services. Approval of the recommended actions will allow Behavioral Wellness to continue to provide mental health services mandated by the California Welfare and Institutions Code. Contracts with facilities providing services at various levels of care are key to ensuring that the needs of clients are optimally met. Contracting with Aurora Vista Del Mar will fill a need for acute care when the Santa Barbara County Psychiatric Health Facility (PHF) is at hospitalization capacity, and contracting with California Psychiatric Transitions fills a need for ongoing residential services.

Background:

Aurora Vista del Mar (AVDM): Acute Psychiatric Hospitals are used only for clients with emergency mental health needs who are determined to be a danger to themselves or others or gravely disabled pursuant to Welfare and Institutions Code §5150, and meet medical necessity criteria, as defined in the California Code of Regulations Title 9 §1820.205. When the County's 16-bed Psychiatric Health Facility (PHF) is full, Santa Barbara County clients are placed at other out-of-county Acute Psychiatric Hospitals, primarily AVDM. The contract with AVDM provides funding for up to nine (9) County clients per day.

California Psychiatric Transitions (CPT): Institutions for Mental Disease (IMDs) are facilities including hospitals, nursing facilities, or other institutions of more than 16 beds that are primarily engaged in providing diagnosis, treatment, or care of persons with mental illness, including medical attention, nursing care, and related services. Due to the Federal IMD Exclusion, these highly structured residential treatment services are not reimbursable by Medi-Cal for clients between the ages of 21 and 65. There are a limited number of these services in California and none in Santa Barbara County. Therefore, ADMHS is currently responsible for approximately 110 clients residing in IMD-level placements outside of Santa Barbara County. In order to ensure that care is optimized, and lengths of stay do not exceed the medical necessity for the placement, clients in IMDs are monitored by ADMHS through attendance at formal case conferences, telephone case conferences, site visits, review of progress notes and reports from the facilities.

Located in Delhi, Merced County, CPT provides two on-site psychiatrists, a medical doctor, and 24-hour nursing staff. CPT also provides individualized care in a highly structured program focusing on activities of daily living, interactive groups, and work programs, helping clients to learn social and domestic skills that will prepare them for reentry into the community. A specialized CPT program focuses on clients with disruptive behaviors, helping clients to address, correct, and minimize the occurrence of these behaviors. In addition, CPT operates a facility tailored to the needs of misdemeanor-charged individuals who have been deemed incompetent to stand trial (IST), under California Penal Code section 1370.01. The IST program focuses on restoring trial competency, including understanding of courtroom proceedings, penalties, charges and defenses, and legal terminology.

Fiscal and Facilities Impacts:

Budgeted: Yes

Fiscal Analysis:

<u>Funding Sources</u>	<u>FY 15-16</u>	<u>FY 16-17</u>
General Fund		
State	\$ 319,200.00	\$ 1,530,750.00
Federal		
Fees		
Other:		
Total	\$ 319,200.00	\$ 1,530,750.00
		\$ -

Narrative: The above referenced contracts are funded by State funds. The funding source is included in the FY 2016-2017 Proposed Budget. Execution of these contracts may increase the use of general fund dollars by Behavioral Wellness if actual utilization is higher than budgeted. Behavioral Wellness will return to the Board should the actual utilization of IMD beds exceed the availability of State funding.

Key Contract Risks:

There is a risk that the number of contracted IMD and IMD-alternative beds may increase beyond what the department has projected. In that case, the department would return to the Board of Supervisors to request increases to the contract maximums where needed.

Special Instructions:

Please email one (1) complete copy of each executed contract and one (1) minute order to: admhscontractsstaff@co.santa-barbara.ca.us

Attachments:

- Attachment A: Aurora Vista Del Mar FY 16-17
- Attachment B: California Psychiatric Transitions FY 15-17 Am 1
- Attachment C: California Psychiatric Transitions BC 16-121

Authored by:

Q. Lopez