

**SECOND AMENDMENT TO AGREEMENT FOR SERVICES OF INDEPENDENT CONTRACTOR FOR  
EVIDENCED BASED PARENT EDUCATION**

**Santa Barbara County  
Department of Social Services**

***Second Amendment***

This is a *Second Amendment* (*Second Amendment to the Agreement*) to the Agreement for Services of Independent Contractor, by and between the **County of Santa Barbara** (COUNTY) and **CALM, Inc.** (CONTRACTOR).

**WHEREAS**, on December 11, 2018, COUNTY approved the Agreement for Services with Independent Contractor, number BC#19-158, (Agreement) with CONTRACTOR for the provision of Evidenced Based Parent Education;

**WHEREAS**, the initial term of the Agreement commenced on December 11, 2018, and expired on June 30, 2021; and

**WHEREAS**, on August 24, 2021, the COUNTY approved the First Amendment to the Agreement with CONTRACTOR to extend the initial term of the Agreement for four additional years from July 1, 2021 through June 30, 2025 (First Extension Period); and

**WHEREAS**, the parties now desire to amend the Agreement to update Exhibit A, Statement of Work, of the Agreement.

**NOW, THEREFORE**, for good and valuable consideration, the receipt and sufficiency of which is hereby acknowledged, COUNTY and CONTRACTOR agree as follows.

**The Agreement is amended as follows:**

1. Section 3, **SCOPE OF SERVICES**, of the Agreement is amended in its entirety:

CONTRACTOR agrees to provide services to COUNTY in accordance with EXHIBIT A-1 *for the period of July 1, 2021 through February 27, 2023 and EXHIBIT A-2 for the period of February 28, 2023 – June 30, 2025*, attached hereto and incorporated herein by reference.

2. Heading of **EXHIBIT A, STATEMENT OF WORK** is amended to state:

**EXHIBIT A-1  
STATEMENT OF WORK  
(July 1, 2021 – February 27, 2023)**

3. Add **EXHIBIT A-2, STATEMENT OF WORK** as attached.

In all other respects, the Agreement remains unchanged and shall remain in full effect.

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Second Amendment to the Agreement between the **County of Santa Barbara** and **CALM, Inc.**

**IN WITNESS WHEREOF**, the parties have executed this Second Amendment to the Agreement to be effective on the date executed by COUNTY.

**ATTEST:**

Mona Miyasato  
County Executive Officer  
Clerk of the Board

By: *Shirley O'Leary*  
Deputy Clerk

**COUNTY OF SANTA BARBARA:**

By: *Das Williams*  
Das Williams, Chair  
Board of Supervisors

Date: 5-16-23

**RECOMMENDED FOR APPROVAL:**

Social Services

DocuSigned by:  
By: *Daniel Nelson*  
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Department Head

**CONTRACTOR:**

**CALM, Inc.**

DocuSigned by:  
By: *Alana Walczak*  
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Authorized Representative

Name: Alana Walczak  
President and Chief Executive  
Title: Officer

**APPROVED AS TO FORM:**

Rachel Van Mullem  
County Counsel

DocuSigned by:  
By: *Paul Lee*  
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Deputy County Counsel

**APPROVED AS TO ACCOUNTING FORM:**

Betsy M. Schaffer, CPA  
Auditor-Controller

DocuSigned by:  
By: *Robert Geis*  
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Deputy

**APPROVED AS TO FORM:**

Greg Milligan, ARM  
Risk Management

DocuSigned by:  
By: *Samantha Francis*  
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Risk Management

**EXHIBIT A-2****STATEMENT OF WORK  
(February 28, 2023 – June 30, 2025)****I. BACKGROUND**

The County Department of Social Services (DSS) employs a Contractor on Payroll to provide social services through the Cuyama Valley Family Resource Center (CVFRC). A grant from First 5 Santa Barbara County provides partial funding for the Program Coordinator position to ensure that children ages 0 to 5 and their families have access to family support and school readiness services. The First 5 Request for Proposals identified the delivery of Evidence Based Parent Education (EBPE) as a strategic priority. The Contractor on Payroll is not qualified to deliver this service; therefore, DSS requested CALM, Inc. to submit a proposal for the delivery of EBPE. CALM, Inc. already has a relationship with CVFRC, as they have provided informal parenting support there for the past three years. First 5 granted funding to DSS for Cuyama for four years, beginning in Fiscal Year (FY) 2021-22. The DSS proposal included CALM, Inc. as a subcontractor.

**II. PROGRAM DESCRIPTION**

The Incredible Years Parenting Program (“Incredible Years program”) is an evidenced-based parenting program designed to strengthen parent-child interactions and attachment, reducing harsh discipline, and fostering parents’ ability to promote children’s social, emotional, and language development. Parent education reduces the risk of child abuse and neglect by encouraging positive parenting practices that promote safety, well-being, and permanency for children and families. The Incredible Years program also teaches parents how to build school readiness skills. Parents are encouraged to partner with teachers and day care professionals so they can promote children’s emotional regulation and social skills. Facilitators use video clips of real-life situational vignettes to support the training and trigger parenting group discussions, problem solving, and practice exercises.

The classes for parents will address the needs of participating families, and will focus on the following areas:

- a. Strengthen Parent-Child Interactions
- b. Nurturing Relationships
- c. Reduce Harsh Discipline
- d. Fostering parents’ ability to promote children’s social, emotional and language development
- e. Promote School Readiness
- f. Fostering parents’ ability to promote children’s academic and social skills
- g. Increase Social and Emotional Self-Regulation Skills

CVFRC will refer participants to the Incredible Years program. Participants will be parents or primary care givers of a child between the ages 0 to 5 years who reside in the Cuyama Valley.

**III. DUTIES AND RESPONSIBILITIES****A. CONTRACTOR shall:**

1. Implement the Incredible Years program:

- a. Provide Incredible Years parenting education program to participants, which is an evidence-based parenting program designed to strengthen parent-child interactions and attachment.
  - b. Demonstrate to participants how to reduce harsh discipline and foster parent's ability to promote children's social, emotional, and language development.
  - c. Encourage positive parenting practices to participants that promote safety, well-being, and permanency for children and families.
  - d. Provide the necessary tools to teach participants how to build school readiness skills.
  - e. Encourage participants to collaborate with teachers and day care professionals so they can promote children's emotional regulation and social skills.
  - f. Facilitators will utilize video clips of real-life situational vignettes to support training and trigger parenting group discussions, problem solving and practice exercises.
  - g. The Incredible Years program will be provided to participants annually for 12 weeks, with one 1.5 hour session each week.
  - h. CVFRC will refer participants to the Incredible Years program. Participants will be parents or primary care givers of a child between the ages 0 to 5 years.
2. Assign two bilingual/bicultural parent educators/home visitors to work with the CVFRC Program Coordinator.
  3. Create a plan for parent recruitment, scheduling, and implementation of one 12-week session of the evidence-based Incredible Years program curriculum, including, but not limited to the following:
    - a. Developing flyers to advertise the Incredible Years program class;
    - b. Completing intake assessments and administer pre-tests using Adult Adolescent Parenting Index (AAPI) and Protective Factors Survey (PFS) for each participant one to two weeks prior to the start of the Incredible Years program classes;
    - c. Setting up packets for each participant to include intake form, assessments and facilitator notes;
    - d. Preparing materials and learning objectives for each class session of the Incredible Years program classes;
    - e. Tracking weekly attendance of registered participants;
    - f. Providing one interactive group session per week for twelve weeks with each session lasting 1.5 hours;
    - g. Using the evidence-based Incredible Years program curriculum and delivering classes at the CVFRC with fidelity to the model;
    - h. Conducting at least one home visit with each family, a minimum duration of 30 minutes, to support and reinforce the Incredible Years program curriculum;
    - i. Completing follow-up assessments for each participant at the end of the 12-week program: the AAPI, the PFS and the First 5 Consumer Satisfaction Survey;

- j. Working with CVFRC Coordinator to plan a graduation ceremony for each participant who completes the Incredible Years program curriculum; and
  - k. Providing outcome data from the pre and post assessments and a summary narrative of services rendered, and outcomes achieved which are to be submitted biannually in January and July.
4. Provide supervision and training for parent educators/home visitors, and ensure follow-through with program implementation, documentation and DSS reporting requirements.
  - a. Alessa Guerrero-Vega and Eloisa Patterson shall be the individual(s) responsible for providing parent education and home visitation services specified hereunder.
5. CONTRACTOR may not substitute other persons without the prior written approval of COUNTY's DESIGNATED REPRESENTATIVE.

#### **IV. REPORTING REQUIREMENTS**

- A. CONTRACTOR will submit, at a minimum, bi-annual reports which include the following:
  1. Weekly attendance records of parents who participated in parenting classes;
  2. Record of home visits conducted by the parent educator/home visitor to support and reinforce Incredible Years program curriculum;
  3. Number of participants who complete the Incredible Years program course;
  4. Outcome data (pre and post assessment from PFS and AAPI; results of consumer satisfaction survey); and
  5. Narrative summary of services rendered and outcomes achieved.

#### **V. PERFORMANCE OUTCOMES**

- A. CONTRACTOR shall achieve the following outcomes:
  1. Seven parents will complete the Incredible Years program each year, attending at least 80% of classes.
  2. 85% of parents who complete the Incredible Years program will show increased family functioning in two or more areas, as measured by a pre and post assessment using the PFS.

3. 85% of parents who complete the Incredible Years program will show increased parenting skills and knowledge, as measured by a pre and post assessment using the AAPI.