

**COUNTY OF SANTA BARBARA**  
 RESOLUTION PROCLAIMING SEPTEMBER, 2014  
 NATIONAL RECOVERY MONTH  
 IN SANTA BARBARA COUNTY

**CALIFORNIA**

WHEREAS, the Santa Barbara County mental health, alcohol and drug prevention, intervention, treatment and recovery Continuum of Care providers promote the message that behavioral health is essential to wellness, and that prevention and treatment is effective in increasing awareness to the substance use disorder recovery process; and

WHEREAS, the Journal of American Medical Association has seen a correlation between people who have a severe mental health condition and who have a substance abuse problem. In the United States, more than 537,000 people die each year as a consequence of alcohol, drugs and tobacco use causing one-in-four deaths per year; and

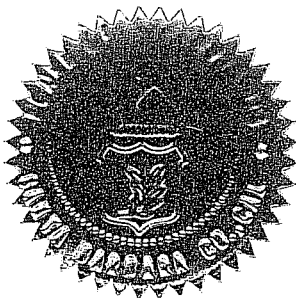
WHEREAS, this year's Recovery Month theme "Join the Voices of Recovery: Speak Up, Reach Out" focuses on preventing and overcoming mental and substance abuse disorders in achieving healthy lifestyles, both physically, spiritually and emotionally; and

WHEREAS, the County of Santa Barbara ADMHS Department supports recovery programs in all areas of the county to ensure everyone has an opportunity to achieve and sustain long-term recovery and healthy lifestyles; and

WHEREAS, we must encourage relatives and friends of people with mental and/or substance use disorders to implement preventative measures, recognize the signs of a problem, and guide those in need to appropriate treatment and recovery support services;

NOW, THEREFORE, BE IT AND IT IS HEREBY ORDERED AND RESOLVED that this Board of Supervisors proclaims September, 2014 as National Recovery Month in Santa Barbara County and encourages all residents to support men, women, youth and their families who are in drug and alcohol addiction treatment and mental health recovery programs throughout our community.

Passed and adopted by the Board of Supervisors of Santa Barbara County, this 2<sup>nd</sup> day of September, 2014 by unanimous vote of all members present.



*Monroe Hayes*  
 ATTEST: \_\_\_\_\_  
 Clerk of the Board

*110011*  
 \_\_\_\_\_ Supervisor - 1st District  
*Janet Wolf*  
 \_\_\_\_\_ Supervisor - 2nd District  
*Sharon Kan*  
 \_\_\_\_\_ Supervisor - 3rd District  
*Pete L. Allen*  
 \_\_\_\_\_ Supervisor - 4th District  
*J. Duran*  
 \_\_\_\_\_ Supervisor - 5th District