



BOARD OF SUPERVISORS  
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors  
105 E. Anapamu Street, Suite 407  
Santa Barbara, CA 93101  
(805) 568-2240

Department Name: ADMHS  
Department No.: 043  
For Agenda Of: 7-15-08  
Placement: Administrative  
Estimated Tme:  
Continued Item: No  
If Yes, date from:  
Vote Required: Majority

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**TO:** Board of Supervisors

**FROM:** Department Ann Detrick, Ph.D., Director  
Director(s) Alcohol, Drug, and Mental Health Services, 805-681-5220  
Contact Info: Marianne Garrity, R.N., ADMHS Deputy Director 805-681-5220

**SUBJECT: FY 08-09 Agreements for Mental Health and Substance Abuse Services**

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**County Counsel Concurrence**

As to form: Yes

**Auditor-Controller Concurrence**

As to form: Yes

**Other Concurrence:** Risk Management

As to form: Yes

**Recommended Actions:** Consider recommendations regarding amendments to renew contracts for FY 08-09, as follows:

1. Approve and execute an amendment to the contract with Casa Pacifica (a local vendor) to continue providing children's mental health services for the period of July 1, 2008 through June 30, 2009 in the amount of \$3,816,213.
2. Approve and execute an amendment to the contract with Mental Health Systems, Inc. (not a local vendor) to continue providing alcohol and drug treatment services for the period of July 1, 2008 through June 30, 2009 in the amount of \$300,532.
3. Authorize the Director of ADMHS to approve amendments to the proposed contracts, provided that any such amendments do not exceed ten percent (10%) of each contract's dollar amount.

**Summary Text:**

Casa Pacifica provides services to Medi-Cal eligible youth with severe emotional disturbances (SED) and their families. Mental Health Systems provides outpatient alcohol and drug treatment services in the Santa Barbara and Santa Maria areas. Approval of the recommended actions will renew the contract agreement for FY 08-09.

**Background:**

**Casa Pacifica** provides mental health services to Medi-Cal eligible children with SED who are at-risk of being moved out of the community into institutional care. Casa Pacifica provides the following services: SAFTY (crisis response), wraparound services, Day Treatment residential program, outpatient mental health services for children at Casa Pacifica's shelter and Therapeutic Behavioral Services (TBS). TBS is a mandated Medi-Cal service designed to help children who are seriously disturbed and/or acting-out to avoid placement in a higher level of care such as a residential treatment facility or to help children make a successful move to a lower level of care such as returning home after residential treatment. This contract requires Board of Supervisors approval due to the implementation of revisions to several exhibits, including changes to the required reports, new financial provisions and outcomes exhibits. Casa Pacifica provided mental health services countywide to 464 clients in FY 06-07.

**Mental Health Systems, Inc.** provides Outpatient Drug Free treatment services including individual and group counseling and drug testing for Substance Abuse and Crime Prevention Act (SACPA) eligible clients with alcohol and/or drug problems and related co-occurring mental health or physical disorders. Mental Health Systems also provides treatment services to clients referred through the County's drug court, or Substance Abuse Treatment Court (SATC). Services are provided in Santa Barbara and Santa Maria. Mental Health Systems, Inc. provided treatment services to approximately 200 clients in FY 06-07.

**Performance Measure:**

Outcome evaluation is a part of ADMHS' Business Operations Improvements, as reported to the Board on March 11, 2008. Beginning in FY 08-09, Casa Pacifica, and all other children's mental health services providers, will collect and report the following outcome measures:

- Maintain children in their homes or community and as measured by the number of out-of-home placements (county and out-of-county);
- Return children placed out-of-home and out-of-county as measured by number of children returned to placement (home or out-of home);
- Improve quality of life for children as measured by increased skill and success in vocational and educational activities, employment status, if applicable;
- Reduced number of days in juvenile hall/jail/bookings as measured by number of incarceration days;
- Reduced hospitalization, crisis and acute care episodes as measured by hospital admissions, length of hospital stay, reduction in hospitalization costs;

Mental Health Systems provides services to the Alcohol and Drug Program (ADP). The need for additional outcome evaluation for ADP will be assessed during FY 08-09. The State of California Outcomes Measurement System established statewide required reporting. Some of the existing outcomes include:

- Seventy-five percent (75%) of clients admitted to treatment will complete a minimum of ninety (90) days;
- Seventy percent (70%) of clients will report no drug use thirty (30) days prior to successful discharge;
- Forty percent (40%) of SACPA clients and fifty percent (50%) of SATC clients will successfully complete treatment;

**Fiscal and Facilities Impacts:**

Budgeted: Yes

**Fiscal Analysis:**

<b><u>Funding Sources</u></b>	<b><u>Current FY Cost:</u></b>	<b><u>Annualized On-going Cost:</u></b>	<b><u>Total One-Time Project Cost</u></b>
General Fund			
State	\$ 2,043,346		
Federal	\$ 2,028,319		
Fees			
Other:	\$ 45,080		
Total	\$ 4,116,745	\$ -	\$ -

Narrative: The above referenced contracts are funded by a combination of State and Federal revenue. The funding sources for the Casa Pacifica contract are identified in the Adopted FY 2008-09 Budget, Federal and State Revenues (page D-164 in the FY 2008-09 County Budget Book, in the Children’s Division). The funding sources for the Mental Health Systems contract are identified in the Adopted FY 08-09 Budget, Federal and State Revenues (page D-156 in the FY 08-09 County Budget Book, in the Alcohol and Drug Program Division). Proposed expenditures for both contracts are included in the FY 2008-09 budget for Professional and Special Services. Execution of these contract amendments will not increase the use of general fund dollars by the ADMHS Department.

**Special Instructions:**

Please send one (1) complete copy of the amendment and one (1) minute order to:

Alcohol, Drug, and Mental Health Services  
 ATTN: Contracts Office  
 300 North San Antonio Road, Bldg. 3  
 Santa Barbara, CA 93110

**Attachments:**

FY 08-09 Amendment – Casa Pacifica  
 FY 08-09 Amendment – Mental Health Systems

**Authored by:**

C. Toma

**cc:**