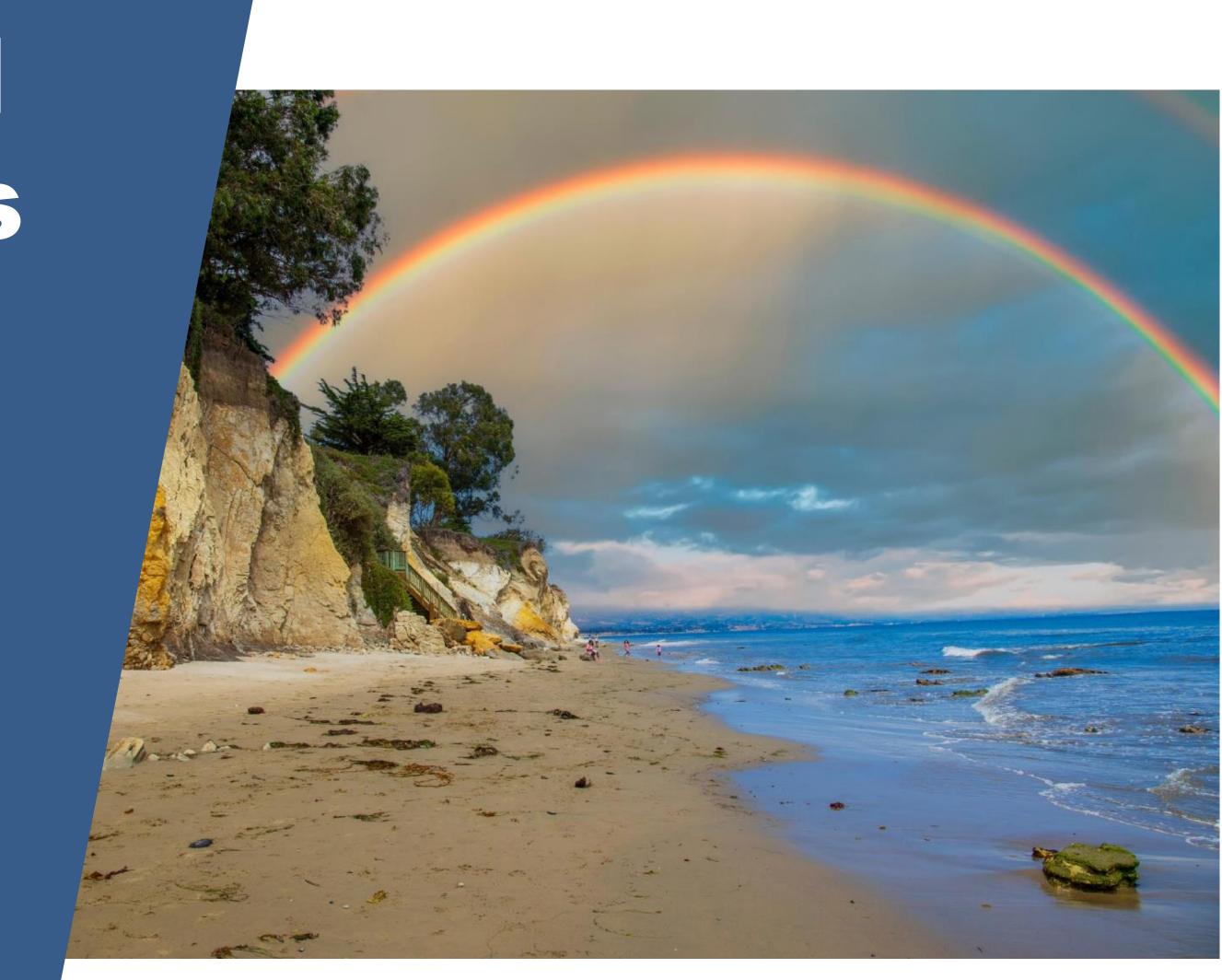


Moving Forward with the California Master Plan for Aging

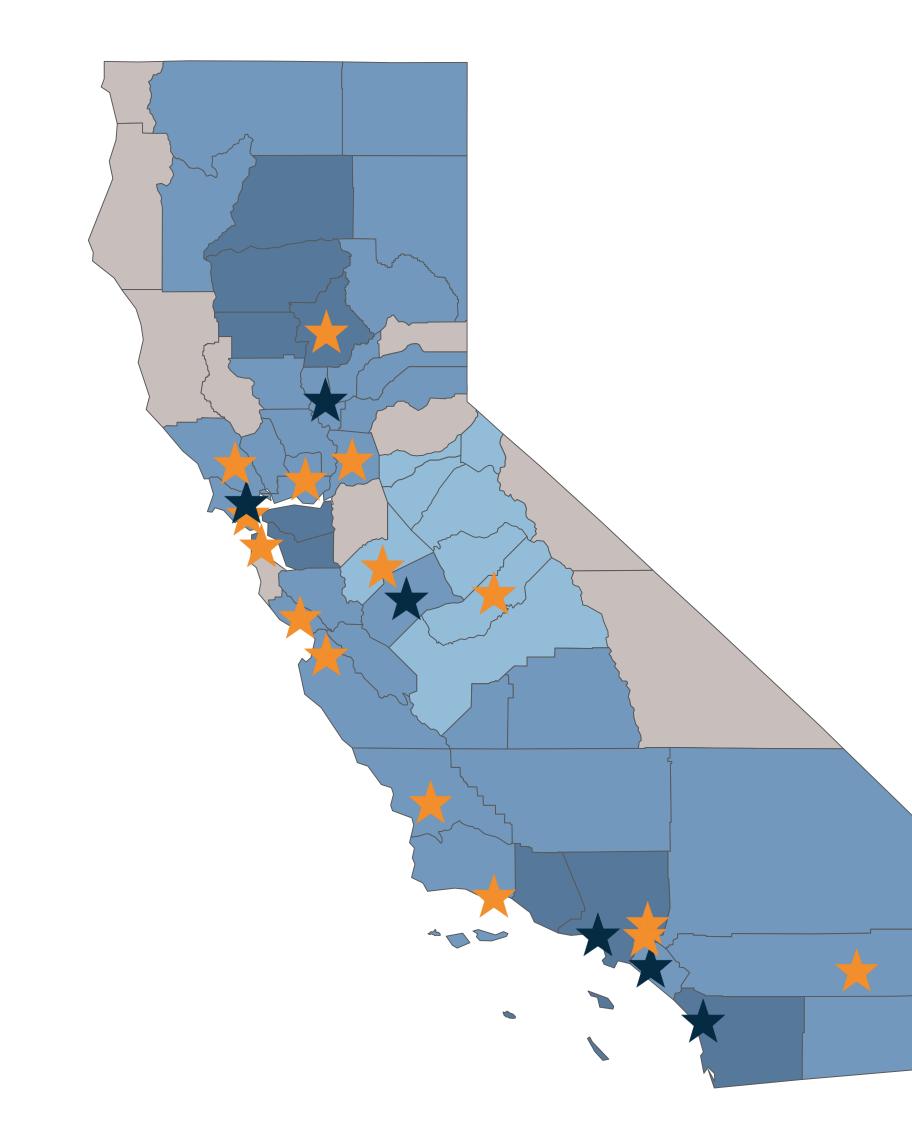
A Blueprint for All Ages and Abilities

"The Master Plan for Aging calls on all California communities to build a California for All Ages & Abilities..."





Local Age- & Disability-Friendly Planning Across California



Status



Unknown



Raising Awareness



Planning

Implementation

Local Aging & Disability Action **Planning Grantees**





Round 2



California Master Plan for Aging

- 23 Strategies
- 200+ Initiatives
- \$9.5 Billion in
 State Investments

5 Bold Goals





Local Impact of Investments

- Aging and Disability Resource Center
- CalAIM Enhanced Care Management & Community Supports
- Caregiver Training
- Counseling, Case Management and Behavioral Health Services
- Digital Connections and Access to Technology
- Homeless Prevention
- Senior Nutrition Programs





A Vision for Change

- Aging in the setting of one's choice
- Integrated systems of care
- Age and disability-friendly communities
- Support for caregivers and younger generation workforce





Local Planning

Phase I

- Community Forum October 2021
- Adult & Aging Network Ad Hoc Committee
- Foundational Report

Phase II

- Community Convening -October 2023
- Local Aging & Disability Action Planning Grant
- Master Plan for Aging Advisory Committee
- Community Needs Assessment

Phase III

- Resource Assessment and Gap Analysis
- Draft Local Plan
- Community Review of Recommendations
- Plan Finalized and Approval







1 in 4 people will be age 60 or older in 2030



Over age 60:

- 1 in 3 struggle with poverty
- 1 in 3 live with a disability
- 1 in 5 have a chance of developing dementia
- 7 in 10 will require long-term care



The Demographic Shift is More Than the Numbers

Santa Barbara County's older adult population is becoming more racially and ethnically diverse.

By 2060 the Latino/Hispanic population will represent the largest proportion of older adults.

Disability is on the rise, especially cognitive disorders.





Aging Well in Santa Barbara County Key Findings from the Report



Strong foundation of services and supports



Larger context of fragmented programs/short-term funding cycles







Growing, diverse aging population with unmet needs Service providers stretched thin





Housing as a Pilar of Aging Support

Need for expanded housing options throughout the county:

- Build on our exemplary models: Garden Court, Golden Inn and Village
- Account for needs across the continuum of care
- More housing options with services for cognitive/memory care

Engage city / county planners and developers



"Housing that works considers

the needs of aging." – Dr. Margot Kushel, University of California, **San Francisco** SANTA BARBARA COUNTY









Strengthening the Caregiver Network

- Workforce development
- Family caregiver support
- Addressing inequities



Invest in career pathways, connect caregivers to resources and respite care





Aging in Place with Dignity & Support

- Access to Home and Community-Based services
- Integration of healthcare and social services
- Strategies to address complex needs



Align with state efforts to develop a comprehensive system of Home and **Community-Based Services**

Map local strengths and gaps







Phase II Next Steps

- Receive findings from Community Needs Assessment
- Engage cross-sector workgroups
- Conduct resource mapping / gap analysis
- Develop recommendations / present for community feedback
- Draft Local Plan / submit for approval















Thank you!



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