

# Moving Forward with the California Master Plan for Aging

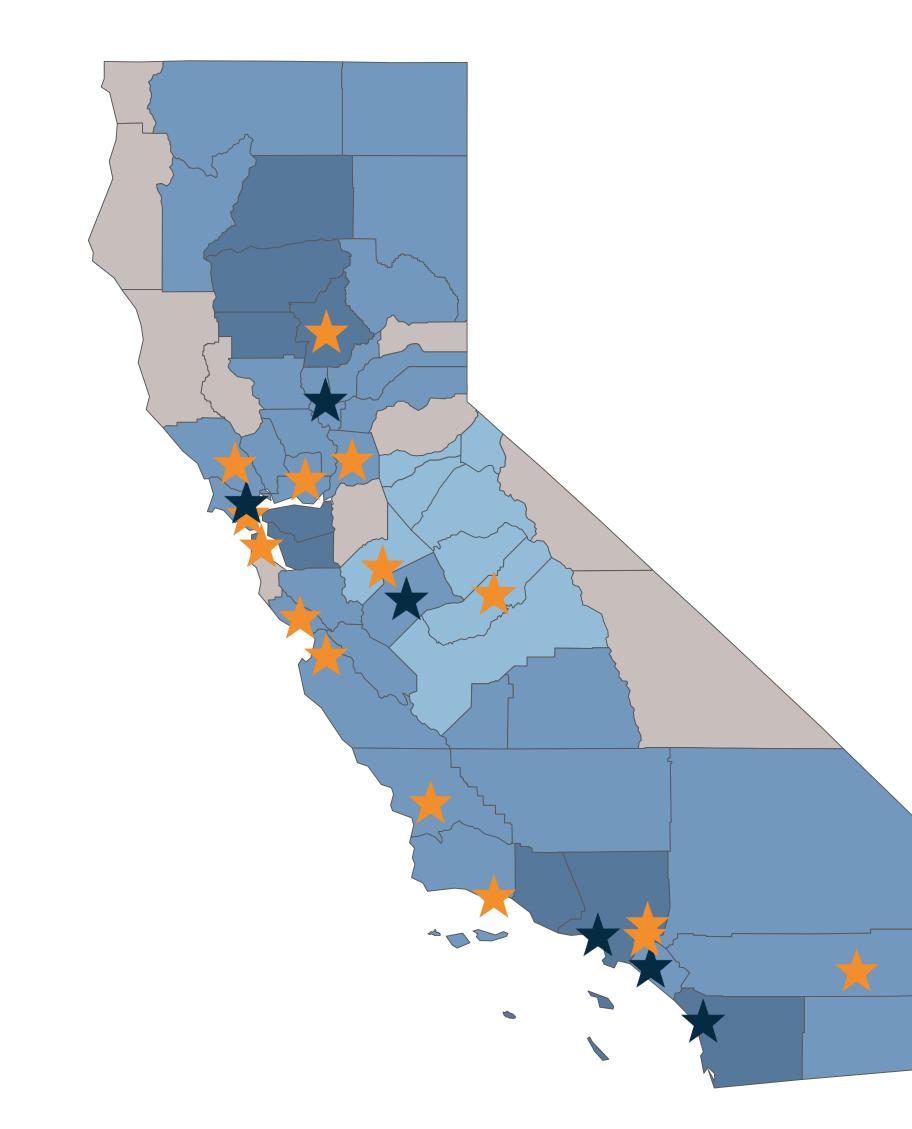
# A Blueprint for All Ages and Abilities

"The Master Plan for Aging calls on all California communities to build a California for All Ages & Abilities..."





#### Local Age- & Disability-Friendly Planning Across California



Status



Unknown



**Raising Awareness** 



Planning

Implementation

Local Aging & Disability Action **Planning Grantees** 





Round 2



# California Master Plan for Aging

- 23 Strategies
- 200+ Initiatives
- \$9.5 Billion in
  State Investments

#### 5 Bold Goals





#### Local Impact of Investments

- Aging and Disability Resource Center
- CalAIM Enhanced Care Management & Community Supports
- Caregiver Training
- Counseling, Case Management and Behavioral Health Services
- Digital Connections and Access to Technology
- Homeless Prevention
- Senior Nutrition Programs





# A Vision for Change

- Aging in the setting of one's choice
- Integrated systems of care
- Age and disability-friendly communities
- Support for caregivers and younger generation workforce





### Local Planning

#### Phase I

- Community Forum October 2021
- Adult & Aging Network Ad Hoc Committee
- Foundational Report

#### Phase II

- Community Convening -October 2023
- Local Aging & Disability Action Planning Grant
- Master Plan for Aging Advisory Committee
- Community Needs Assessment

#### **Phase III**

- Resource Assessment and Gap Analysis
- Draft Local Plan
- Community Review of Recommendations
- Plan Finalized and Approval







### 1 in 4 people will be age 60 or older in 2030



#### Over age 60:

- 1 in 3 struggle with poverty
- 1 in 3 live with a disability
- 1 in 5 have a chance of developing dementia
- 7 in 10 will require long-term care



### The Demographic Shift is More Than the Numbers

Santa Barbara County's older adult population is becoming more racially and ethnically diverse.

By 2060 the Latino/Hispanic population will represent the largest proportion of older adults.

Disability is on the rise, especially cognitive disorders.





# **Aging Well in Santa Barbara County** Key Findings from the Report



Strong foundation of services and supports



Larger context of fragmented programs/short-term funding cycles







Growing, diverse aging population with unmet needs Service providers stretched thin





# Housing as a Pilar of Aging Support

Need for expanded housing options throughout the county:

- Build on our exemplary models: Garden Court, Golden Inn and Village
- Account for needs across the continuum of care
- More housing options with services for cognitive/memory care

Engage city / county planners and developers



# "Housing that works considers

the needs of aging." – Dr. Margot Kushel, University of California, **San Francisco** SANTA BARBARA COUNTY









# Strengthening the Caregiver Network

- Workforce development
- Family caregiver support
- Addressing inequities



Invest in career pathways, connect caregivers to resources and respite care





# Aging in Place with Dignity & Support

- Access to Home and Community-Based services
- Integration of healthcare and social services
- Strategies to address complex needs



Align with state efforts to develop a comprehensive system of Home and **Community-Based Services** 

Map local strengths and gaps







## Phase II Next Steps

- Receive findings from Community Needs Assessment
- Engage cross-sector workgroups
- Conduct resource mapping / gap analysis
- Develop recommendations / present for community feedback
- Draft Local Plan / submit for approval



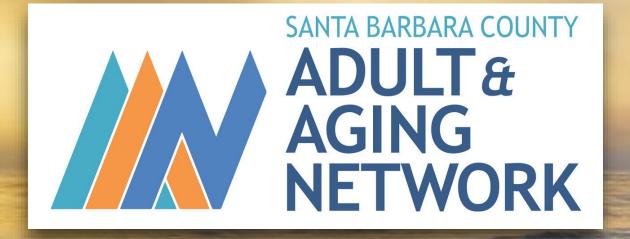












#### Thank you!



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