

Behavioral Wellness Capital Housing & Care Continuum

July 2023



SANTA BARBARA COUNTY
DEPARTMENT OF
Behavioral Wellness
A System of Care and Recovery

Introduction

- 2016 Capital Facilities Report to Board of Supervisors
- Progress in key areas as related to treatment and housing options
- Comparison of needs based on published reports from Department of Health Care Services and the Rand Corporation
- Insufficient capacity in certain areas
- Critical factors for consideration

A Robust Behavioral Health Continuum of Care



A Piece of the System: Types of Facilities in Continuum

Acute

Facilities with the highest intensity level of medical and nursing support for patients in periods of acute psychiatric need. (Examples: Psychiatric Health Facility, Las Encinas, Vista del Mar)

Crisis

Facilities are mixed - some with available medical and nursing short term support to bridge individuals during periods of serious psychiatric crisis. (Examples: 23-hour bed Crisis Stabilization Unit, 30 day Crisis Residential) and emergency shelter placements.

Residential

A broad range of licensed facilities providing varying service intensity levels and longer-term stays. (Examples: Residential Treatment Facilities, Mental Health Rehabilitation Center (MHRC), Board & Cares)

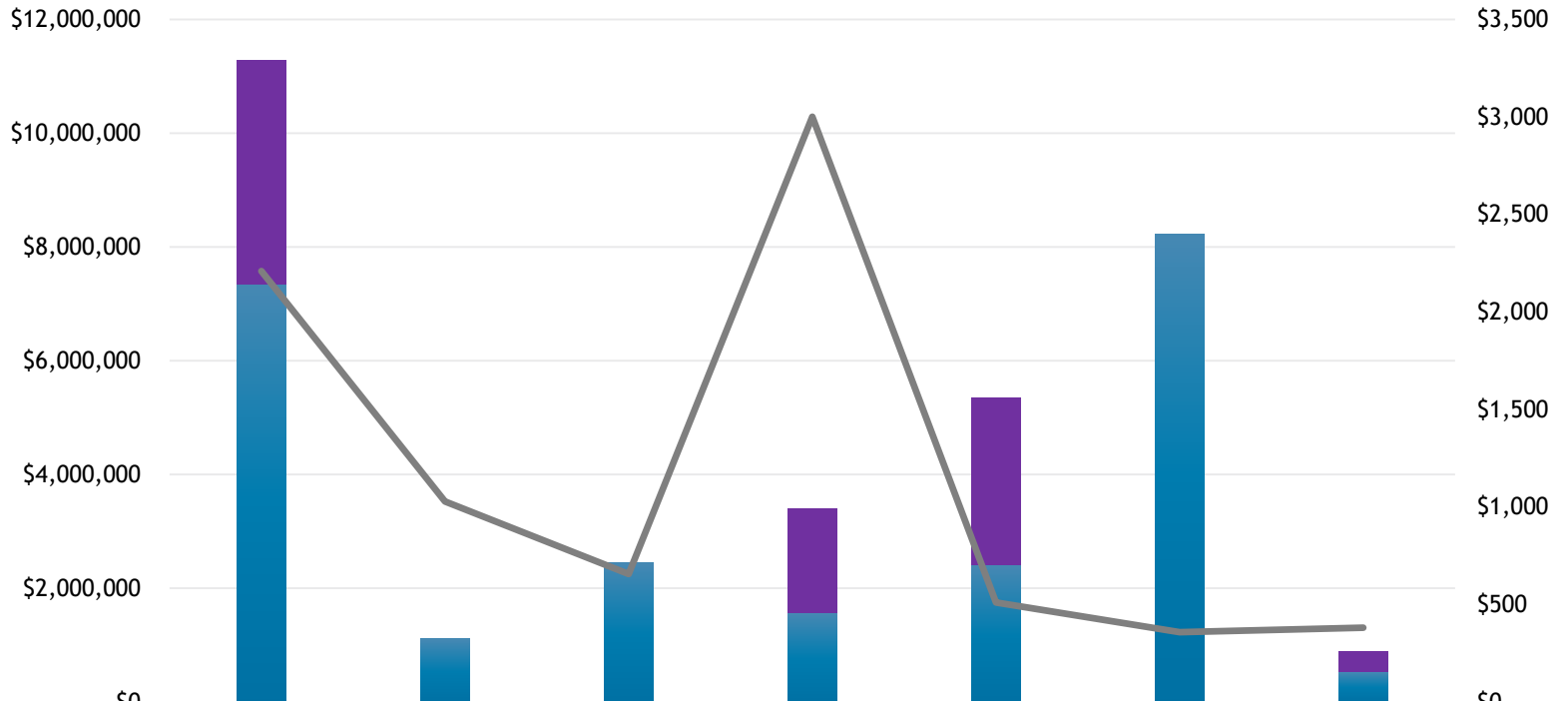
Permanent Supportive Housing

Housing with lower service intensity levels that may provide on-site support for client recovery and independent living skills. (Examples: Depot St. and Pescadero Lofts)



Inpatient & Crisis Residential Treatment

Budgeted FY 2023/24



	Psychiatric Health Facility	Out of County Inpatient	State Hospital	Crisis Stabilization Unit	Crisis Residential Treatment	MHRC	Detox beds (Withdraw Management 3.1 and 3.7)
Medi-Cal Revenue	\$3,937,500	\$0	\$0	\$1,831,600	\$2,936,800	\$0	\$359,015
Local Cost (Realignment / GFC)	\$7,349,500	\$1,109,400	\$2,447,800	\$1,570,400	\$2,402,800	\$8,215,000	\$538,100
Average Cost / day	\$2,209	\$1,028	\$655	\$3,000	\$510	\$357	\$381



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Acute

Facility Type	2016	2023	Progress
Locked Inpatient - County Operated	16	16	0
Locked Inpatient - Contracted Out of County	0	5	5
Inpatient - Hospitals (Cottage)	20	20	0
State Hospital - Out of County	5	9	4
Acute Detox - Out of County (Tarzana)	0	3*	3*
TOTALS	41	53	12

* Contracted beds to meet needs



RAND / DHCS Estimates - Central Coast Region (includes state hospital beds)

Acute psychiatric hospitals; psychiatric health facilities; general acute care hospitals with psychiatric wards; and acute beds at state hospitals.

RAND Report Beds Needed	DHCS Beds Needed	Current In-county Beds	Current Out of County Beds	Beds Needed
109	64	PHF: 16 Cottage Hospital: 20 Total = 36	State Hospital: 9 Contracted: 5	23 for DHCS (does not include State Hospital) 59 for RAND

Assessing the Continuum of Care for Behavioral Health Services in California | RAND Adult Psychiatric Bed Capacity, Need, and Shortage Estimates in California

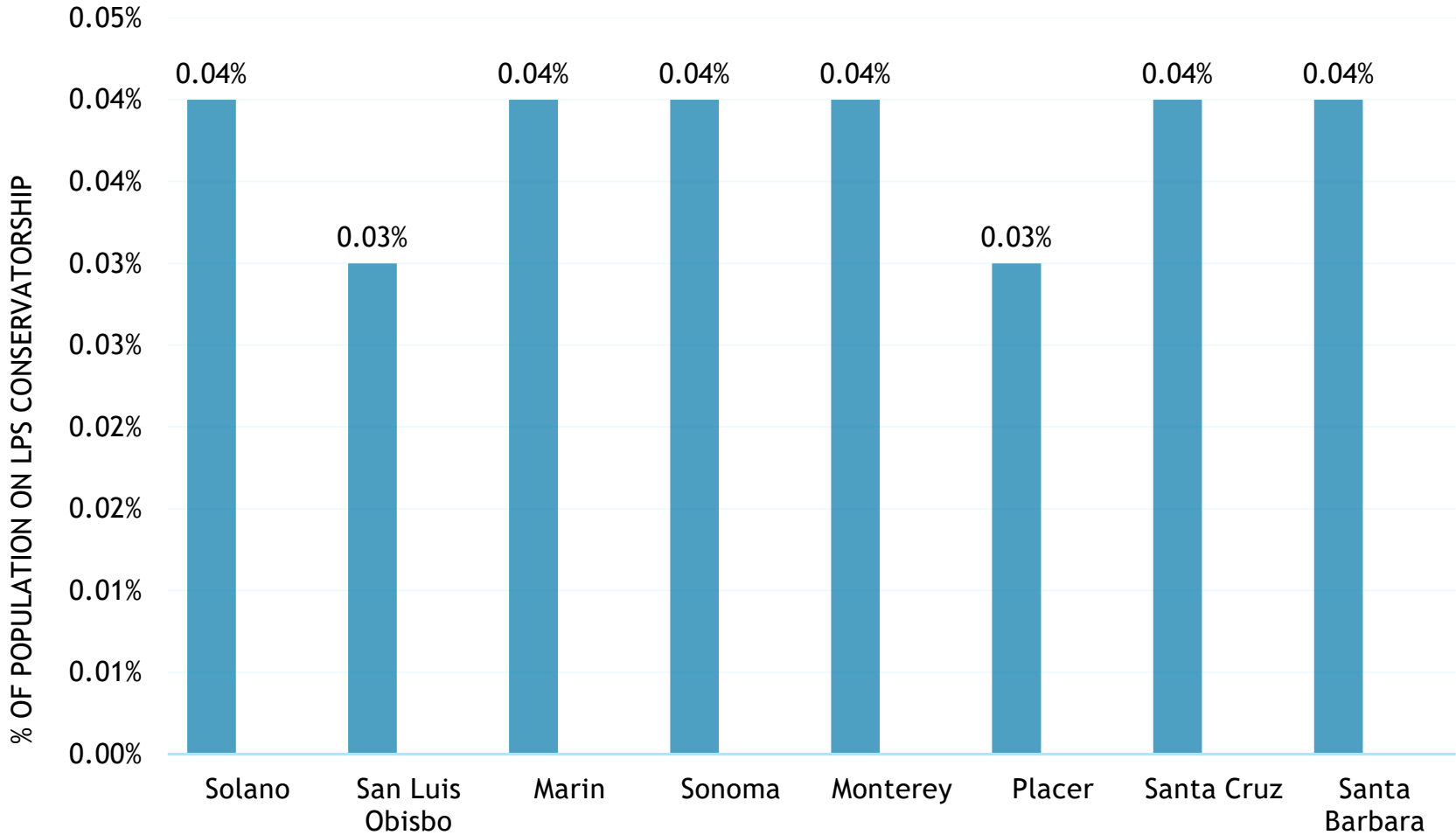
Crisis

Facility Type	2016	2023	Progress
Crisis Stabilization Unit - County Operated	8	8	0
Crisis Stabilization Unit - Marian*	0	8	8
Crisis Residential Treatment	12	32	20
Sobering Center	0	18	18
Emergency Shelter and Temporary Bridge Housing	50	46	-4
TOTALS	70	112	42

*Behavioral Wellness contracts for 2 beds



Percent Lanterman-Petris-Short (LPS) Conservatorships per Population vs. Comparison Counties



Sub-Acute Residential Facilities

Facility Type	2016	2023	Progress
Mental Health Rehabilitation Center	0	32	32
Skilled Nursing Facilities with Specialized Treatment Programs	0	0	0
TOTALS	0	32	32



RAND Results for Sub Acute Residential Facility Type

General or specialized subacute facilities; MHRCs; SNFs with specialized treatment programs; and institutions for mental disease.

RAND Report Beds Needed	In-County Beds Actual	Out of County Beds Actual	Beds Needed
103	Mental Health Rehabilitation Center: 32	Skilled Nursing and Specialized Programs: 57	14
		Intensive Residential Step down: 30	

Residential Treatment Facilities

Facility Type	2016	2023	Progress
Adult Residential Facilities - Current	32	65	33
Adult Residential Facilities - In Development	0	12	12
Alcohol and Other Drug Treatment	0	62	62
TOTALS	32	139	107



RAND Results for Residential Treatment Facilities

Adult residential treatment facilities; enhanced or augmented board-and-care facilities; social rehabilitation facilities

RAND Report Beds Needed	In-county Beds Actual	Beds Needed
94	Adult Residential Facilities: 65 actual and 12 in development AOD Residential: 65 Total = 142	48 over the recommendation

Permanent Supportive Housing

Facility Type	2016	2023	Progress
Permanent Supportive Housing Units	54	120	66
Currently funded expansion and pending construction	-	61	61
TOTALS	54	181	127

* RAND and DHCS do not have recommendation for this category.



Service Locations in Santa Barbara County



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Service Locations in Santa Barbara County

North County

Carmen Lane
Agnes St.
Sobering Center
Good Sam Transitional Center
Good Sam Recovery Point
Good Sam Tanglewood
Good Sam Hermosa House
McMillian Ranch
Jenny's Board and Care
Life House
Depot St.
West Cox Cottages
Transition Apartments
Rancho Hermosa

West County

Champion Center
Good Sam Recovery Way Home
Good Sam Another Road
Home Base on G St.
Homekey

South County

PHF
La Mirada
Crisis Stabilization Unit
Crestwood
Sobering Center
Stalwart Residences
CADA Adult Residential
Polly's House
Phoenix House
Mountain House
Via Vida
Casa Juana Maria
Alameda House
Cottage Grove House
Step Down Housing
Garden St.
Pescadero Lofts
Casa de Mural



Critical Factors for System Design Considerations Moving Forward

- Mental Health Services Act modernization
- State Behavioral Health Bridge Housing grant
- CalAIM and new benefit offerings
- Impacts of Felony to Stand Trial (FIST) commitments in county and subsequent legislative changes in behavioral health diversion
- Department of State Hospital Incompetent to Stand Trial Diversion & Community Based Restoration Infrastructure Project
- Senate Bill 43– Amend Section 1799.111 of Health & Safety Code for Mental Health
- California’s Behavioral Health Community-Based Organized Networks of Equitable Care and Treatment (BH-CONNECT) Demonstration
- CARE Court



Recommended Action

That the Board of Supervisors:

- A. Receive and file a presentation on housing and care continuum progress to serve individuals receiving specialty mental health and substance abuse recovery services within Santa Barbara County; and
- B. Determine that the above actions are exempt from the California Environmental Quality Act (CEQA) pursuant to section 15378(b)(5) of the CEQA guidelines, as organizational or administrative activities of governments that will not result in direct or indirect physical changes in the environment.

