



BOARD OF SUPERVISORS
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Department Name: Behavioral Wellness
Department No.: 043
For Agenda Of: November 6, 2018
Placement: Administrative
Estimated Time: N/A
Continued Item: No
If Yes, date from:
Vote Required: Majority

TO: Board of Supervisors

FROM: Department Alice Gleghorn, PhD, Director
Director(s) Behavioral Wellness, 681-5220
Contact Info: Pam Fisher, PsyD, Deputy Director of Clinical Operations
Behavioral Wellness, 681-5220

SUBJECT: Behavioral Wellness Alcohol and Drug Program –Drug Medi-Cal Organized
Delivery System (DMC-ODS) FY 18-19 Service Contracts

County Counsel Concurrence

As to form: Yes

Other Concurrence: Risk Management

As to form: Yes

Auditor-Controller Concurrence

As to form: Yes

Recommended Actions:

That the Board of Supervisors:

- A. Approve and authorize the Chair to execute an Agreement for services of Independent Contractor with the **Coast Valley Worship Center DBA Coast Valley Substance Abuse on Alcoholism and Drug Abuse Treatment Center** (Coast Valley) (a local vendor), to deliver substance use disorder services under the DMC-ODS, for a multi-year contract total not to exceed **\$4,373,997** for the period December 1, 2018 through June 30, 2021.
- B. Approve and authorize the Chair to execute an Agreement for services of Independent Contractor with the **Council on Alcoholism and Drug Abuse (CADA)** (a local vendor), to deliver substance use disorder services under the DMC-ODS, for a multi-year contract total not to exceed **\$3,510,016** for the period December 1, 2018 through June 30, 2021.
- C. Approve and authorize the Chair to execute an Agreement for Services of Independent Contractor with **LAGS Spine and SportsCare Medical Centers, Inc.** (LAGS) (not a local vendor), to deliver substance use disorder services under DMC-ODS, for a multi-year total contract not to exceed **\$1,625,201** for the period December 1, 2018 through June 30, 2021.

- D. Approve and authorize the Chair to execute an Agreement for Services of Independent Contractor with **Sanctuary Centers of Santa Barbara Inc.** (Sanctuary) (a local vendor), to deliver substance use disorder services under DMC-ODS, for a total multi-year contract not to exceed **\$2,843,470** for the period December 1, 2018 through June 30, 2021.
- E. Authorize the Director of Behavioral Wellness to exercise, as needed, the County's authority to terminate any of the above DMC-ODS contracts for convenience, cause, or nonappropriations, based on departmental operational needs or as directed by the state Department of Health Care Services (DHCS), without returning to the Board of Supervisors.
- F. Determine that the above actions are organizational or administrative actions of government that will not result in direct or indirect physical changes in the environment, pursuant to section 15378(b)(5) of the California Environmental Quality Act (CEQA) guidelines.

Summary Text:

Behavioral Wellness only budgeted for a six (6) month Alcohol and Drug Program (ADP) allocation under DHCS Agreement No. 17-19102 for FY 18-19, to ensure continuity of care during a delay in the implementation of the Organized Delivery System (ODS). However, on October 16, 2018, the Board of Supervisors approved the Intergovernmental Agreement No. 18-95148 between DHCS and Behavioral Wellness to deliver substance use disorder services under the DMC-ODS, effective December 1, 2018. At that time, we shared with the Board of Supervisors that once Behavioral Wellness implements ODS, the ADP portions of FY 18-19 contracts would be either amended or terminated based on the services approved under DMC-ODS. The DMC-ODS Agreement No. 18-95148 (FY 18-21) wholly replaces Agreement No. 17-94102 (FY 17-20) (see Attachment E, Notice from DHCS). Moving forward, Behavioral Wellness is seeking an express delegation of authority from the Board of Supervisors to carry out any directives from DHCS related to program or provider cancellations that may arise under the DMC-ODS contract, without returning to the Board of Supervisors.

The above referenced contracts are on the agenda to request approval of new contracts for Coast Valley, CADA, LAGS, and Sanctuary to deliver mandatory substance use disorder services under DMC-ODS and to continue CalWorks and substance abuse prevention treatment ancillary services. Approval of the recommended actions will allow Behavioral Wellness to continue to provide mandated substance use and ancillary services to clients needing care.

Background: The Santa Barbara County Department of Behavioral Wellness provides a continuum of mental health and substance use disorder services to Santa Barbara County residents, in part through contracted providers including Community-Based Organizations (CBOs). Behavioral Wellness contracted with Coast Valley (BC 18-245), CADA (BC 18-242), LAGS (CN22187), and Sanctuary (BC 17-050), to deliver ADP services through December 31, 2018 under the DHCS ADP Agreement No. 17-19102. With the Board of Supervisors and DHCS approval of the Behavioral Wellness Intergovernmental Agreement No. 18-95148 to deliver substance use disorder services under the DMC-ODS, these contracts needed to be re-issued to incorporate the new DMC-ODS state and federal regulations.

On October 15, 2018, Behavioral Wellness received a cancellation notice effective November 30, 2018, from DHCS of Agreement No. 17-94102 (Attachment E). All obligations to provide covered services under Agreement No. 17-94102 will automatically terminate on November 30, 2018. The County of Santa Barbara will be responsible for providing or arranging for covered services to beneficiaries until the effective date of cancellation. Behavioral Wellness has provided detailed instructions, training and support to providers to seamlessly transition clients over to DMC-ODS services. The State will remain

liable for processing and paying invoices for covered services prior to the cancellation until all obligations have been met.

For CADA, which provides both ADP and Mental Health Services, we will cancel the ADP programs under their FY 18-19 contract but their Mental Health Services programs will continue unchanged under the original contract through June 30, 2018.

New contracts needed to be established in order to submit billings under the DMC-ODS due to the new enhanced services and rates. Under DMC-ODS the contracted providers will provide the following mandated substance use disorder, CalWorks and ancillary SAPT services:

Coast Valley Substance Abuse Treatment Centers (Coast Valley): shall provide outpatient alcohol and other drug treatment for adolescents (age 12 to 20), Transition Age Youth (age 18 to 24) and adults (age 18 and older). Treatment services will include both individual and group counseling, and drug testing. Coast Valley's sites in Lompoc and Santa Maria are DMC certified to provide Outpatient Services (OS) American Society of Addiction Medicine (ASAM) Level 1 and Intensive Outpatient Services ASAM Level 2.1 (IOS), along with Case Management, Recovery Services, Drug Testing, Medication Assisted Treatment and Physicians Consultation services.

Council on Alcoholism and Drug Abuse (CADA): Under DMC-ODS, CADA shall provide outpatient alcohol and other drug treatment to adolescent, TAY, adult, and perinatal clients. CADA will serve clients at two Santa Barbara sites and one Santa Maria site which are DMC certified to provide OS ASAM Level 1 and IOS ASAM Level 2.1 along with Case Management, Recovery Services, Drug Testing, Medication Assisted Treatment and Physicians Consultation services.

Under SAPT and CalWorks funding, CADA will continue to also provide a Residential Detoxification Program offering a 12-bed facility, providing social model monitored residential detoxification services to help clients withdraw from alcohol and/or other drugs. Residential detoxification provides a safe, sober and supportive living environment for acute withdrawal and stabilization of clients to achieve sobriety and abstinence.

In addition, under SAPT Prevention funding, CADA will continue to provide the Friday Night Live and Club Live prevention programs, utilizing a youth leadership model designed for junior and senior high school youth in Santa Barbara County. The Program will maintain two prevention components: 1) the school-based Club Live (CL) and Friday Night Live (FNL) chapters, which are designed to build leadership skills, and prevent alcohol and other drug use among teens and 2) a Friday Night Live (FNL) Leadership Coalition.

LAGS: shall provide outpatient alcohol and other drug treatment to adult clients only. The Santa Maria site is DMC certified to provide OS ASAM Level 1 and IOS ASAM Level 2.1, along with Case Management, Recovery Services, Drug Testing, and Physician Consultation services. LAGS will also provide Additional Medication Assisted Treatment to assist adult clients enrolled in OS ASAM Level 1 and IOS ASAM Level 2.1 to obtain and maintain sobriety. Treatment services will include best practice individual and group counseling, and drug testing.

In addition, LAGS will also provide Naltrexone Medication Assisted Treatment (MAT) services to adult clients who have detoxified from opioid use, and will introduce clients to an ongoing process of recovery designed to reduce the harmful effects of AOD and achieve abstinence from AOD. Naltrexone treatment is provided in combination with counseling and behavioral therapies, to provide a whole-person approach to the treatment of Substance Use Disorders (SUD), and includes the use of Naltrexone tablets as directed only by prescribers trained in Substance Use Disorder (SUD) treatment.

Sanctuary: shall provide outpatient alcohol and other drug treatment at two sites to adult clients only. The two sites in Santa Barbara are DMC certified to provide OS ASAM Level 1 and IOS ASAM Level 2.1 services, along with Case Management, Recovery Services, Drug Testing, and Physicians Consultation services.

Approval of these contracts will allow Behavioral Wellness to continue to provide mandatory enhanced substance use disorder services, SAPT, and ancillary services with no disruption to clients needing care.

Contract Renewals and Performance Outcomes:

Coast Valley - provided FY 17-18 Outpatient Drug Free (ODF) treatment to youth and adults in Santa Maria and Lompoc. Coast Valley served an average of 450 adults and 71 adolescents per quarter. Overall, Coast Valley has performed well, with the exception of its rates for adolescent successful completion of treatment.

Outcome	Goal	Actual				Avg
		%	Q1 %	Q2 %	Q3 %	
Adult - <u>initiate</u> treatment (15+ days)	90					
Lompoc		94.8	96.8	94.5	96.7	95.7
SM		94.8	94.2	89.5	90.7	92.3
Adolescents - <u>initiate</u> treatment (15+ days)	90					
Lompoc		84.6	90.3	93.0	85.0	88.2
SM		96.8	85.2	84.6	100.0	91.6
Adults - <u>engage</u> in treatment (31+ days)	75					
Lompoc		94.7	90.9	97.9	91.5	93.7
SM		95.9	92.2	89.2	87.6	91.2
Adolescents - <u>engage</u> in treatment (31+ days)	80					
Lompoc		100.0	84.6	87.5	92.2	94.6
SM		100.0	100.0	100.0	100.0	100.0
Adults - <u>retained</u> in treatment (91+ days)	45					
Lompoc		75.0	62.1	59.6	61.9	64.7
SM		72.6	72.2	56.8	59.6	65.3
Adolescents - <u>retained</u> in treatment (91+days)	50					
Lompoc		100.0	53.8	62.5	43.0	65.0
SM		70.6	66.7	55.6	60.0	63.2
Adults - <u>successfully complete</u> treatment	50					
Lompoc		43.5	34.9	44.5	75.1	49.5
SM		72.6	64.4	62.2	74.2	68.4
Adolescents - <u>successfully complete</u> treatment	55					
Lompoc		-	23.1	37.5	84.4	48.3
SM		41.2	22.2	55.6	20.0	34.7

CADA – for FY 17-18 CADA had several Alcohol and Drug, and Mental Health funded programs. CADA provided outpatient individual and group treatment services to adults and adolescents, as well as a detoxification program. CADA is projected to provide substance use disorder treatment services to approximately 1,000 clients in FY 18-19.

Detox: In the detox program, CADA served an average of 40 clients each quarter during FY 17-18. Per their goal, 100% of clients had a negative drug test at discharge. CADA’s detox program exceeded expectations for the percentage of clients admitted to treatment (average 57.2%) and readmission rates within 45 days of discharge (average 94.4%).

Outcome	Goal	Actual				Avg
		Q1 %	Q2 %	Q3 %	Q4 %	
	%					%
Detoxify clients from alcohol and other drugs						
1. Clients will have a negative drug test at discharge	100	100.0	100.0	100.0	100.0	100.0
2. Clients admitted to treatment upon discharge	35	58.6	61.3	50.0	59.0	57.2
Reduce detoxification readmission rates						
3. Clients discharged from detoxification treatment will not have a readmission within 45 days of discharge	75	95.3	90.7	94.1	97.4	94.4

Perinatal: CADA’s perinatal program served nine clients across all quarters (average of two per quarter). All clients successfully graduated, and nine children were born free of alcohol and illicit drugs.

Outcome	Goal	Actual				Avg
		Q1 %	Q2 %	Q3 %	Q4 %	
	%					%
Provide SUD treatment for pregnant women						
1. Clients successfully complete treatment	70	100.0	100.0	100.0	100.0	100.0
2. Babies are born free of alcohol and illicit drugs	100	100.0	100.0	100.0	100.0	100.0

Substance Use Disorder (SUD) Treatment: CADA served an average of 140 adults and 67 adolescents per quarter in Outpatient Drug Free (ODF) treatment. CADA performed well this year; they met or exceeded all adult and adolescent outcome goals.

Outcome	Goal	Actual				Avg
		%	Q1 %	Q2 %	Q3 %	
Adult - <u>initiate</u> treatment (15+ days)	90	95.6	96.2	96.4	97.4	96.4
Adolescents - <u>initiate</u> treatment (15+ days)	90	94.0	98.0	92.6	98.2	95.7
Adults - <u>engage</u> in treatment (31+ days)	75	96.0	95.7	97.5	88.7	94.5
Adolescents - <u>engage</u> in treatment (31+ days)	80	93.9	90.5	76.9	100.0	90.3
Adults - <u>retained</u> in treatment (91+ days)	45	68.0	59.6	77.5	66.0	67.8
Adolescents - <u>retained</u> in treatment (91+days)	50	60.6	61.9	46.2	77.8	61.6
Adults - <u>successfully complete</u> treatment	50	52.0	48.9	67.5	54.7	55.8
Adolescents – <u>successfully complete</u> treatment*	55	63.6	71.4	30.8	72.2	59.5

*CalOMS status 1, 2 or 3: *successfully completed treatment 1) with or 2) without a referral or 3) left before completion with satisfactory progress*

LAGS - LAGS Medical Centers provides Intensive Outpatient Treatment (IOT) services to adults in Santa Maria. LAGS served an average of 35 adults per quarter. For FT 17-18 LAGS has performed well; they were less than 1% below meeting two goals and exceeded one goal. They performed 9% below their goal in client retention.

Outcome	Goal	Actual				Average
		%	Q1 %	Q2 %	Q3 %	
Adult - <u>initiate</u> treatment (15+ days)	90	100.0	93.0	79.4	84.6	89.3
Adults - <u>engage</u> in treatment (31+ days)	75	60.0	90.9	66.7	80.0	74.4
Adults - <u>retained</u> in treatment (91+ days)	45	20.0	45.5	33.3	46.7	36.4
Adults - <u>successfully complete</u> treatment	50	10.0	90.9	55.6	53.5	52.5

Sanctuary – For FY 18-19 Sanctuary Psychiatric Centers provides Outpatient Drug Free (ODF) treatment services and Intensive Outpatient Treatment (IOT) for clients with co-occurring disorders. These programs treat some of the most vulnerable and disabled clients, specifically those who have serious psychotic disorders such as schizophrenia, bipolar disorder or schizoaffective disorder, in conjunction with a substance use disorder.

Sanctuary served an average of 125 clients per quarter for FY 17-18, and performed well in three out of four outcomes. They did not meet their goal for successful completion of treatment.

Outcome	Goal	Actual				Average
		%	Q1 %	Q2 %	Q3 %	
Adult - <u>initiate</u> treatment (15+ days)	90	96.6	93.9	93.8	100.0	96.1
Adults - <u>engage</u> in treatment (31+ days)	60	83.3	100.0	97.1	95.0	93.9
Adults - <u>retained</u> in treatment (91+ days)	30	45.8	37.5	52.9	55.0	47.8
Adults - <u>successfully complete</u> treatment	35	8.3	-	23.5	12.5	14.8

Fiscal and Facilities Impacts:

Budgeted: Yes

Fiscal Analysis:

Funding Sources	Current FY 18-19 Cost:	Current FY 19-20 Cost:	Current FY 20-21 Cost:
General Fund			
State	\$ 1,474,638	\$ 2,350,852	\$ 2,350,852
Federal	\$ 1,474,638	\$ 2,350,852	\$ 2,350,852
Fees			
Other:			
Total	\$ 2,949,276	\$ 4,701,704	\$ 4,701,704
Grand Total			\$ 12,352,684

Narrative: The above reference contracts are funded by State and Federal funds. The funding sources are included in the FY 18-19 Adopted Budget. For FY 19-20 and FY 20-21 the budget is contingent on Board approval.

Key Contract Risks:

As with any contract funded by State and Federal sources, there is a risk of future audit disallowances and repayments. Behavioral Wellness contracts include language requiring contractors to repay any amounts disallowed in audit findings, minimizing financial risks to the County.

Special Instructions:

Please email one (1) complete executed contract and one (1) minute order for each vendor to dmorales@co.santa-barbara.ca.us and bwellcontractsstaff@co.santa-barbara.ca.us.

Attachments:

- Attachment A: Coast Valley FY 18-21 DMC-ODS BC
- Attachment B: CADA FY 18-21 DMC-ODS BC
- Attachment C: LAGS FY 18-21 DMC-ODS BC
- Attachment D: Sanctuary FY 18-21 DMC-ODS BC
- Attachment E: DHCS Cancellation Notice Agreement No. 17-94102

Authored by:

Denise Morales