



COUNTY OF SANTA BARBARA CALIFORNIA

**RESOLUTION PROCLAIMING SEPTEMBER 2022
NATIONAL RECOVERY MONTH IN SANTA BARBARA COUNTY**

WHEREAS, the Santa Barbara County Behavioral Wellness Department provides, in partnership with community-based organizations, a Continuum of Care which includes the prevention, intervention, treatment, and recovery from mental health and substance use challenges promoting the message that behavioral health is essential to wellness; and

WHEREAS, Mental health and substance use disorders affect Santa Barbara County, and all communities nationwide; and, with commitment and support, those impacted can embark on a journey of improved physical health, emotional health, and overall wellness; and

WHEREAS, the Recovery Month theme, "Recovery is for Everyone: Every Person, Every Family, Every Community," celebrates all people that make the journey of recovery possible and spreads the message that people can and do recover every day; and

WHEREAS, Recovery Month promotes new evidence-based treatments for those battling addiction and focuses on recovery practices and the need for a strong recovery community with service providers who help people who are undergoing recovery. Through Recovery Month, people become aware and able to recognize the signs of mental health and substance use disorders and encourage people in need of recovery services to seek support and treatment, and

WHEREAS, The County of Santa Barbara Behavioral Wellness Department collaborates with partner agencies and community-based organizations in all areas of the county, to ensure everyone has an opportunity to achieve and sustain long-term recovery by improving their health and wellness, living a self-directed life, and striving to reach their full potential; and

WHEREAS, we encourage continued collaboration and integration of services to ensure success for individuals and groups who are in long term recovery; and

WHEREAS, a Recovery Month Observance will continue the work to improve the lives of those affected by mental health and substance use disorders by raising awareness and educating communities about the effective services that are available, and by celebrating all recovery achievements; and

NOW, THEREFORE, BE IT AND IT IS HEREBY ORDERED AND RESOLVED that this Board of Supervisors proclaims September 2022 as National Recovery Month in Santa Barbara County and encourages all residents to support men, women, youth and their families who are in drug and alcohol addiction treatment and mental health recovery programs throughout our community.

Passed and adopted by the Board of Supervisors of Santa Barbara County, this 20 day of September, 2022 by unanimous vote of all members present.



ATTEST: *Monica Reyesato*
Clerk of the Board

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Supervisor - 1st District
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Supervisor - 2nd District
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Supervisor - 5th District