
Profile

Ruth
First Name

Watkins Ackerman
Last Name

[Redacted]
Email Address

[Redacted]
Street Address

[Redacted]
Suite or Apt

[Redacted]
City

[Redacted]
State

[Redacted]
Postal Code

Indicate Supervisor Who Will Receive a Copy of your Application *

Second District - Janet Wolf

Home: [Redacted]
Primary Phone

Home: [Redacted]
Alternate Phone

Which Boards would you like to apply for?

Behavioral Wellness Commission : Appointed

Debra Manchester
Reference 1 Name

[Redacted]
Reference 1 Address

[Redacted]
Reference 1 Telephone

Social worker
Reference 1 Occupation

Julia Springer

Reference 2 Name

[Redacted Name]

Reference 2 Address

[Redacted Address]

Reference 2 Telephone

Retired former commissioner

Reference 2 Occupation

Joanne Rapp

Reference 3 Name

[Redacted Name]

Reference 3 Address

[Redacted Address]

Reference 3 Telephone

Community volunteer

Reference 3 Occupation

If you are now, or have ever been employed by the County of Santa Barbara, please list the department in which you worked, your title, and the dates you were employed.

Interests & Experiences

Please explain why you are interested in serving, and what experience you bring to the Committee. Attach additional documentation as necessary.

I have a long standing interest as a professional social worker and community volunteer. I have worked in Santa Barbara since 1970 in these areas and have served as President of the board of CALM, Alcohol and Drug Treatment Inc, the precursor to Project Recovery, and other agencies dealing with issues behavioral health.

Give any information explaining qualifications, experience, training, education, volunteer activities, community organization memberships, or personal interests that bear on your application for the above Board, Commission or Committee. Attach additional documentation as necessary.

Please see my resume. I founded Project Recovery to address chemical dependency and dual diagnosis issues. Etc.

Upload a Resume

Please attach any additional documents here

Demographics

Ethnicity

Caucasian/Non-Hispanic

Gender

Female

01/08/1943

Date of Birth

Education Completed:

PhD

Please Agree with the Following Statement

I agree that upon submission of this application all information provided is a matter of public record, and is subject to disclosure.

I Agree *

Ruth Watkins Ackerman, Ph. D., L.C.S.W.

[REDACTED]
[REDACTED]
[REDACTED]

RESUME

DEGREES:

Ph.D., The Fielding Institute, Santa Barbara, CA. Human and Organizational Systems (1994)

M.A., The Fielding Institute, Santa Barbara, CA. Human Services (1992).

M.S.W., University of California, Berkeley, CA. Social Welfare (1967)

B.A. University of Wisconsin, Madison, WI, History (1964)
Smith College, Northampton, MA, (1960-63)

LICENSES:

Licensed Clinical Social Worker, State of California, #LCSW 5312
Licensed Hypnotherapist, State of California

FACULTY AND HOSPITAL APPOINTMENTS:

Antioch University, Santa Barbara, CA
Community Colleges, State of California
Pacifica Graduate Institute, Santa Barbara, CA
University of Southern California, School of Social Work
Violet Oaklander Institute, Santa Barbara, CA

Cottage Hospital, Santa Barbara, Dept. of Child and Adolescent Psychiatry
Vista Del Mar Hospital, Ventura, CA

CERTIFICATIONS AND PROFESSIONAL AFFILIATIONS

Diplomat, American Board of Examiners in Clinical Social Work
Diplomat, Qualified Clinical Social Worker
Registered Trainer, National Acupuncture Detoxification Association
Certified EMDR Practitioner

Fellow, American Orthopsychiatry Association
Fellow, National Association of Social Workers
Fellow, Society for Clinical Social Work

National Association of Social Workers
National Acupuncture Detoxification Association
Santa Barbara Community College Lifetime Instructor Certification

EMPLOYMENT:

Psychotherapist, Private Practice, Santa Barbara.
Individual, family, child, marital and organizational counseling. Supervision and consultation in a variety of therapeutic modalities, including systems interventions (1973-Present).

Antioch University, Santa Barbara, Adjunct Faculty, (1989-2007).

Pacifica Graduate Institute, Adjunct Faculty (1993-2007).

University of Southern California, School of Social Work, (1995-96).

Santa Barbara Community Clinics, First Steps Perinatal Substance Abuse Treatment Project, consultant/supervisor, (2000-2003)

National Acupuncture Detoxification Association, Registered Trainer. Train NADA certified acupuncture detoxification specialists and licensed acupuncturist to train and certify those applying for NADA certification, (1995-present).

Acupuncture-based Chemical Dependency Treatment Program Development. Consultant to groups at start up of treatment services including courts, treatment programs, government agencies in the US and abroad (1989-present).

The Rand Corporation, Consultant, Perinatal Substance Abuse Treatment Project. Project design, research and clinical consultation (1994).

Santa Barbara Council on Alcoholism and Drug Abuse, Consultant for Project Recovery, and Community Substance Abuse Program Development (1988-2002).

Santa Barbara County Office of Alcohol and Drug Treatment. Grant Writer. Wrote successful \$100,000 for development and coordination of perinatal substance abuse treatment and resources, (1992-93).

Community Action Commission, Consultant, Homeless Substance Abuse Programming (1988-1989).

Alcohol and Drug Treatment, Inc. Founder and fund-raiser (1987-1990).

Family Therapy Instructor, teaching introductory and advanced classes in family therapy and couples counseling at agencies such as Family Service Agency, CALM, Family Therapy Institute, Santa Barbara Counseling Center (1981-Present).

Child Abuse Listening Medication (CALM). Clinical supervisor of interns (1984-1995).

Philadelphia Child Guidance Center. Trainee in Family and Marital Therapy, (Summer Practicum, 1981).

Children's Home Society, Psychiatric Social Work Consultant, (1978-1982).

California State Department of Health, Continuing Care Services. Case management services of children, adolescents and adults, developmentally disabled and emotionally disturbed. Included post hospitalization planning, resource development, consultation with other service agencies, family therapy, board and care group training facilitator, premarital counseling, sex-education, sheltered work and living placement supervision (1972-1976).

State of Alaska, Department of Social Services, Child Welfare, Anchorage. Protective services and foster placement services with abused and neglected children and their families (1968-1970).

San Francisco Department of Social Services, Child Welfare Protective Services. As above, including special caseload of substance abusing pregnant women (1967-1968).

Langley Porter Neuro-Psychiatric Institute, University of California Medical Center. Children's Services Psychotherapist, Graduate school placement. Inpatient and outpatient treatment of children, adolescents and adults(1966-1967).

Contra Costa County Child Welfare Services. Child Welfare Worker, (1966).

San Mateo County Child Welfare Services. Child Welfare Worker, Graduate school placement (1965-1966)

Division for the Blind , Los Angeles County Social Services, Case Manager/ Counselor(1964-1965)

PUBLICATIONS:

Ackerman, R. (1992). Auricular acupuncture treatment for chemical dependency, (Available from the National Acupuncture Detoxification Association Literature Clearing House, POB 1927 Vancouver, WA 98668-1927 [888] 765-6232.

Ackerman, R. (1993). Auricular acupuncture treatment for chemical dependency: A literature review. In A. Brumbaugh, Transformation and recovery. Santa Barbara, CA: Stillpoint Press.

Ackerman, R. (1993). So you want to start an acupuncture based chemical dependency treatment program... In A. Brumbaugh, Transformation and recovery. Santa Barbara, CA: Stillpoint Press.

Ackerman, R. (1994). The experience of women receiving auricular acupuncture treatment for chemical dependency during pregnancy. (Available from UMI Dissertation Services, #9530166, Ann Arbor, MI).

Ackerman, R. (Producer) & Ackerman, D. (Director). (1992). Treating pregnant and postpartum substance abusing women: Acupuncture for detoxification, preparation for counseling, and relapse prevention (Video). (Available from the

National Acupuncture Detoxification Association Literature Clearing House, POB 1927 Vancouver, WA 98668-1927 [888] 765-6232.

VOLUNTEER EXPERIENCE:

Project Recovery, Santa Barbara Council on Alcoholism and Drug Abuse, Founder and Consultant, (1989-present).

National Acupuncture Detoxification Association [NADA]. (1988-present). Board President, 1995-1999; Treasurer, 1991-1995). Current Annual Conference Chair.

Fund for Santa Barbara, Board President 1991; Grant Making Committee, (1991-1994; 1996-1999, 2001-2012).

Physician's Institute for Natural Medicine, Board of Trustees, (2001-2004).

Santa Barbara County Action Network, Board of Trustees, (2002-2008)

ACLU Santa Barbara Chapter, Board Member, (2002-2008).

League of Women Voters, Santa Barbara Chapter, Chair, Social Action Committee, (2000-2001).

The Dove Healing Trust, Center for Complimentary Medicine, San Francisco. Board of Trustees Vice President, (1995-1997).

Santa Barbara College of Oriental Medicine, Advisory Board, (1995-99).

Santa Barbara Women's Political Committee, (1990-present).

Parents to the Polls, (1997-1998).

Acupuncture and Recovery Treatment Services [A.R.T.S.], San Francisco, Advisory Board of Trustees, (1995).

Evaluation Team member, Multi Service Centers for the Homeless, San Francisco. Under the auspices of the alumni group from Fielding Institute, four-year consultation for program evaluation and development of resource centers for homeless individuals. (1990-1994).

Congressional Health Advisory Committee, Santa Barbara County. (1989-1991).

Alcohol and Drug Abuse Treatment Inc., Founder and President, Board of Trustees. Fund-raising and promotion of innovative drug treatment program. (1988-90).

Citizens Planning Association. Board Member (1995-2001).

Step Family Association, Advisory Board, (1987-present).

Family Therapy Institute. Board Member, Education, Committee, Faculty for Workshops, Consultant, (1979-present).

Junior League of Santa Barbara (1976-present).

Children's Creative Project, Board and Advisory Board, (1976-present).

CALM (Child Abuse Listening Mediation). Board of Trustees (Pres. 1978-1979 and 1980-1981), Trainer of Volunteers for Abuse Prevention Project 1977-1978. Fund-raising, grant writing. (1970-present).

Santa Barbara Middle School, Board Member, (1980-1982).

Smith College. Capital Campaign Area Chairperson, (1980-81).

Family Service Agency of S. B., Task Force for Child Guidance Clinic, (1980).

Advocates for Children's Emotional Health, County Schools, (1977-78).

South Coast Coordinating Council, (1976).

United Nations Association. Board member, (1975-1977).

Early Childhood Education Advisory Committee, Montecito Union School (1975-77).

Santa Barbara Museum of Art. Docent (1974-1977).

Planned Parenthood. Consultant on education for the retarded (1973-1976).

Santa Barbara Council for the Retarded. Residential Care Committee, (1973-1978).

El Montecito Nursery School. Board. 1970-1972. (Pres. 1972).

Welfare Rights Organization, Berkeley CA. Client Advocate (1966-1967).

East Los Angeles Youth Training Project, Youth Opportunities Board. Literacy Tutor, (1965).

Big Brother-Big Sister Project. Neighborhood House. Madison, WI. (1963).

Friends of SNCC, Pres. Smith College Chapter, (1962-63).