



BOARD OF SUPERVISORS
AGENDA LETTER

Agenda Number:

Clerk of the Board of Supervisors
105 E. Anapamu Street, Suite 407
Santa Barbara, CA 93101
(805) 568-2240

Department Name: Behavioral Wellness
Department No.: 043
For Agenda Of: July 17, 2018
Placement: Administrative
Estimated Time:
Continued Item: No
If Yes, date from:
Vote Required: Majority

TO: Board of Supervisors

FROM: Department Alice Gleghorn, Ph.D., Director
Director(s) Department of Behavioral Wellness 681-5220
Contact Info: Lindsay Walter, JD, Administration & Operations
Department of Behavioral Wellness 681-5236

SUBJECT: Behavioral Wellness - FY 18-19 Annual Update to the FY 17-20 Mental Health Services Act Three-Year Program and Expenditure Plan

County Counsel Concurrence

As to form: N/A

Other Concurrence:

As to form: N/A

Auditor-Controller Concurrence

As to form: N/A

Recommended Actions:

That the Board of Supervisors:

- A. Approve and adopt the Fiscal Year 18-19 Update to the Department of Behavioral Wellness' Mental Health Services Act Three-Year Program and Expenditure Plan, in accordance with Welfare and Institutions Code sections 5847-5848 and California Department of Healthcare Services (DHCS) requirements, including the following new sections presented in this update:
 - i. The 2017-2020 Three-Year Reversion Expenditure Plan, prepared in accordance with Welfare and Institutions Code section 5892.1;
 - ii. The Innovations Technology Suite Project Proposal; and
 - iii. The Innovations Resiliency Interventions for Sexual Exploitation (RISE) program extension through FY 2020; and
- B. Determine that these activities are exempt from California Environmental Quality Act review per CEQA Guidelines Section 15378(b)(4) since the recommended actions are governmental fiscal activities which do not involve commitment to any specific project which may result in potentially significant impact on the environment.

Summary Text:

This item is on the agenda to provide an update to the Board of Supervisors regarding the Mental Health Services Act (MHSA) Plan for Fiscal Year 18-19, for funded programs and services, as required by state law and in accordance with instructions and regulations from the California Department of Health Care Services (DHCS) and Mental Health Services Oversight and Accountability Commission (MHSOAC).

Approval of the recommended actions will allow Behavioral Wellness to comply with the state law requirement, per Welfare and Institutions Code Section 5847(a), that the obtain Board of Supervisors adopt the MHSA Plan and annual updates, and will ensure Behavioral Wellness continues to receive Mental Health Services Act funding in a timely manner. Additionally, in accordance with a new requirement set forth in Welfare and Institutions Code section 5892.1(c), this MHSA Plan Update includes the County's plan to expend by 2020 any MHSA funds subject to reversion as of July 1, 2017, which have been reallocated for their original purposes.

Background:

The Department of Behavioral Wellness provides specialty mental health services to individuals with specialty mental health needs, and to the extent resources allow, to uninsured children with Serious Emotional Disturbances (SED) and adults with Serious Mental Illness (SMI). The Mental Health Services Act (MHSA), passed by California voters in 2004, levied a 1% tax on annual incomes over \$1.0 million to increase funding for new and expanded mental health services.

The Fiscal Year 18-19 MHSA Plan Update provides information on the progress and improvements in Santa Barbara County's Behavioral Wellness system during FY 17-18, while outlining strategies for FY 18-19. One significant Department goal was to fulfill the objective of broad, diverse and inclusive stakeholder feedback and engagement to help direct the Department's efforts in program enhancement. Fiscal Year 2017-2018's stakeholder planning process was significantly expanded with thirteen meetings soliciting input and guidance from individuals and groups held from October 2017 through May 2018. Based on the input received during the three-year planning process, the Department continues to move forward on four key proposals:

- Operate a Transition Age Youth program as a Full Service Partnership;
- Reconsider the operations of the Justice Alliance Program;
- Increase programming at the Recovery Learning Centers; and
- Further integrate the existing Treatment Teams into Levels of Care.

The California Department of Health Care Services (DHCS) has initiated the first Reversion plan which authorizes Santa Barbara to request county MHSA funds that were unspent as of Fiscal Year 2014-15, which would have reverted to the State of California, to be reallocated back to the County. The Department's Reversion Plan includes supporting an extension of the Resiliency Interventions for Sexual Exploitation (RISE) Project and continued operations of our Peer Workforce and Training Team. Santa Barbara has also partnered with other counties in creating a peer support and technology innovations project which is the first joint statewide Innovations project.

Three-Year MHSA Reversion Expenditure Plan (Attachment 1 in the MHSA Plan Update)

On December 28, 2017, California DHCS issued Information Notice 17-059 which informed counties of the process DCHS will use to determine the amount of unspent MHSA funds subject to reversion or re-allocation back to counties, as of July 1, 2017. The Information Notice also described how counties may appeal determinations and required counties to create a plan by July 1, 2018 on how reverted funds are to be spent.

On July 10, 2017, Assembly Bill (AB) 114 (codified at Welfare and Institutions Code section 5892.1) went into effect and counties were notified that previously unspent MHSA funds would be reallocated back to the counties for the original allocation purposes. Based on revenue and expense reports filed through FY 16-17, the following funds from Prevention and Early Intervention (PEI), Workforce Education and Training (WET), and Resiliency Interventions for Sexual Exploitation (RISE) were reallocated to Santa Barbara County:

- PEI: \$2,207 will support current early outreach and prevention contracted programs;
- WET: \$431,577 will support continuance of the Consumer Empowerment Manager and Peer Expert Pool Employee Program in FY 18-19 and half of FY 19-20. The Consumer Empowerment Manager advises the Executive Team and providers on recovery principles, supervises the Peer Expert Pool, participates in a variety of quality assurance activities and facilitates monthly meetings of the Consumer and Family Member Advisory Committee/Peer Action Team. The program also employs consumers and family members choosing to enter or reenter the workforce and helps these staff build skills for their desired career goals; and
- RISE: \$259,272 will support this program in FY 2018-2019. RISE's goal is to increase the quality of services, including better outcomes, for girls and boys who are victims of, or at risk for, sexual exploitation through sexual trafficking.

Innovations Technology Suite Project Proposal (Attachment 4 in the MHSA Plan Update)

Recently the Department became aware of the multi-county technology collaboration focused on a Technology Suite of online communications designed to meet the needs of mental health clients. In August 2017, a presentation by Los Angeles County suggested that use of the Tech Suite could advance outreach and engagement of behavioral health clients in Santa Barbara County. As of April 12, 2018, 20 counties have expressed interest in participating in the Tech Suite and The Mental Health Oversight and Accountability Commission has approved at least four plans. CalMHSA will be acting as the fiscal agent for the project.

The Department proposes focusing on at least one component of the Technology Suite – Peer to Peer Chat and Digital Therapeutics (PPCDT) – for three at-risk and/or underserved populations:

- Adults discharged from psychiatric hospitals and/or recipients of crisis services;
- Transition-age youth who are students at colleges and universities; and
- Individuals age 16 and over living in geographically isolated communities.

We seek to deploy the PPCDT to improve peer support services and access to care focused on prevention, early intervention, family support and social connection to reduce hospitalizations and use of emergency services among individuals 16 and older.

The PPCDT proposal combines the proven, evidence-based tool of peer support and emerging online technology. Harnessing the well-documented power of peer support with the internet offers new opportunities for client engagement. Consequently, the Department of Behavioral Wellness seeks Innovative funding to test, implement, and evaluate the Peer-to-Peer Chat and Digital Therapeutics module with three underserved and/or at-risk populations. This would constitute the first initiative of its kind in Santa Barbara County.

Innovations Resiliency Interventions for Sexual Exploitation (RISE) (Pages 69-74 of the MHSA Plan Update)

On March 24, 2015, the Board of Supervisors approved the RISE project which provides services to young women victims of sex trafficking. Services are also offered to siblings and family members to decrease the chance of sibling involvement and increase the positive involvement of family members in promoting the recovery and reintegration of victims. The program is committed to the restoration and empowerment of young females exposed to, or at risk of, sexual exploitation and trafficking. Through trauma-specific services, collaborative partnerships and community outreach, RISE works to restore and reintegrate survivors, eradicate sexual exploitation and reduce the stigma surrounding sexual trauma in Santa Barbara County.

Input from our stakeholders and preliminary data identified an interest in a two-year extension of the program to achieve initial goals and provide service delivery for a longer time period, from which the additional data generated can be used to evaluate success and barriers and establish practice methods which can be replicated elsewhere. Currently, evaluation data are not robust enough to support conclusions about the outcomes of this program. Following the FY 16-17 data report issued by the University of California Santa Barbara, the Department initiated the Innovations Planning process to request an extension of the program for two years. Planning activity began in November 2017. During this community planning process, ten meetings were held for feedback on a request to extend the RISE program for another two years.

The request for the RISE Program extension was approved by the Behavioral Wellness Commission on June 20, 2018.

Fiscal and Facilities Impacts:

Budgeted: There are no budget impacts from the approval of the Mental Health Services Act Plan Update for Fiscal Year 18-19.

Fiscal Analysis:

<u>Funding Sources</u>	<u>Current FY Cost:</u>	<u>Annualized On-going Cost:</u>	<u>Total One-Time Project Cost</u>
General Fund			
State	\$ 36,322,900.00	\$ 36,322,900.00	
Federal	\$ 547,000.00	\$ 547,000.00	
Fees	\$ 30,548,000.00	\$ 30,548,000.00	
Other:	\$ 625,100.00	\$ 625,100.00	
Total	\$ 68,043,000.00	\$ 68,043,000.00	\$ -

Narrative: The MHSA Plan Update for FY 18-19 is based on the FY 18-19 adjusted budget as approved by the Board of Supervisors in June 2018. This reflects the total MHSA funds and other sources leveraged by those funds in the current MHSA fund budget. There is no current budget impact.

As the income tax that funds MHSA is paid by only a very small proportion of the population (approximately 1/10 of one percent of California taxpayers), it is subject to some variability from year to year. With limited fiscal growth anticipated, continued uncertainty about the future of the federal Affordable Care Act and the expanded Medicaid funding it provides to the Department, and the need to anticipate mandatory contributions to the new MHSA No Place Like Home initiative, continuing to focus on refining existing programs appears to be the most prudent manner for moving forward.

Special Instructions:

Please return one (1) Minute Order to Qiuana Lopez at qilopez@co.santa-barbara.ca.us and one (1) Minute Order to the Contracts Department at bwellcontractsstaff@co.santa-barbara.co.us.

Attachments:

Attachment A: MHSA Plan Update for FY 18-19

Authored by:

Qiuana Lopez and Lindsay Walter